NCAA DIVISION III PHILOSOPHY

20.11 Division III Membership Requirements
Colleges and universities in Division III place highest priority on the overall quality of the educational experience and on the successful completion of all students’ academic programs. They seek to establish and maintain an environment in which a student-athlete’s activities are conducted as an integral part of the student-athlete’s educational experience, and in which coaches play a significant role as educators. They also seek to establish and maintain an environment that values cultural diversity and gender equity among their student-athletes and athletics staff. (Revised: 1/10/95, 1/9/06 effective 8/1/06) To achieve this end, Division III institutions:

a) Place special importance on the impact of athletics on the participants rather than on the spectators and place greater emphasis on the internal constituency (e.g., students, alumni, institutional personnel) than on the general public and its entertainment needs;

b) Shall not award financial aid to any student on the basis of athletics leadership, ability, participation or performance; (Revised: 7/24/07)

c) Encourage the development of sportsmanship and positive societal attitudes in all constituents, including student-athletes, coaches, administrative personnel and spectators;

d) Encourage participation by maximizing the number and variety of athletics opportunities for their students;

e) Assure that the actions of coaches and administrators exhibit fairness, openness and honesty in their relationships with student-athletes;

f) Assure that athletics participants are not treated differently from other members of the student body;

g) Assure that athletics programs support the institution’s educational mission by financing, staffing and controlling the programs through the same general procedures as other departments of the institution. Further, the administration of an institution’s athletics program (e.g., hiring, compensation, professional development, certification of coaches) should be integrated into the campus culture and educational mission; (Revised: 1/9/06 effective 8/1/06)

h) Assure that athletics recruitment complies with established institutional policies and procedures applicable to the admission process; (Adopted: 1/12/04 effective 8/1/04)

i) Assure that academic performance of student-athletes is, at a minimum, consistent with that of the general student body; (Adopted: 1/9/06 effective 8/1/06)

j) Assure that admission policies for student-athletes comply with policies and procedures applicable to the general student body; (Adopted: 1/9/06 effective 8/1/06)

k) Provide equitable athletics opportunities for males and females and give equal emphasis to men’s and women’s sports;

l) Support ethnic and gender diversity for all constituents; (Adopted 1/12/99)

m) Give primary emphasis to regional in-season competition and conference championships; and

n) Support student-athletes in their efforts to reach high levels of athletics performance, which may include opportunities for participation in national championships, by providing all teams with adequate facilities, competent coaching and appropriate competitive opportunities.

The purpose of the NCAA is to assist its members in developing the basis of consistent, equitable competition while minimizing infringement on the freedom of individual institutions to determine their own special objectives and programs. The above statement articulates principles that represent a commitment to Division III membership and shall serve as a guide for the preparation of legislation by the division and for planning and implementation of programs by institutions and conferences.
DEPARTMENTAL MISSION

The Department of Intercollegiate Athletics supports and extends the missions of the UW-Oshkosh by shaping an environment that promotes excellence in student achievement, academic success and personal growth; and identifies and communicates the needs and concerns of student-athletes to the University community and beyond. The Department of Intercollegiate Athletics is committed to providing an equitable multi-sport athletic program for male and female students.

DEPARTMENTAL VISION

We envision a culture where student-athletes are proud of UW-Oshkosh and have positive personal, social and civic values that foster academic and athletic success.

DEPARTMENTAL CORE VALUES

We believe the promotion and enhancement of student learning and personal development is the primary purpose of Intercollegiate Athletics.

We believe student learning and personal development includes the development of intellectual, emotional, social, physical, spiritual and ethical capacities.

We value a diversity of people and culture and believe a diversity of ideas and values should be promoted and sustained in our campus community.

We value collaboration and partnership with students, each other, and with all segments of the University and larger Oshkosh community.

We have a high regard and high expectations for all individuals associated with intercollegiate athletics at all times.

We expect that they conduct themselves ethically, with dignity and honesty, and in accordance with all institutional, conference, NCAA and other appropriate rules and regulations.

We value providing a clean, safe, attractive, and accessible campus environment to ensure the health and welfare of our student-athletes.

We believe that all work is valuable, all work has dignity and all workers deserve respect.

UNIVERSITY LEARNING OUTCOMES

• Knowledge of human cultures and physical and natural world
• Identification and objective evaluation of theories and assumptions
• Critical and creative thinking
• Written and oral communication
• Quantitative literacy
• Technology and information literacy
• Teamwork, leadership and problem solving
• Knowledge of sustainability and its applications
• Civic knowledge and engagement – local and global
• Intercultural knowledge and competence
• Ethical reasoning and action
• Foundations and skills for lifelong learning
• Synthesis and advanced accomplishment across general and specialized studies
• Subject matter mastery in a major
CODE OF ETHICAL CONDUCT FOR STUDENT-ATHLETES

The University of Wisconsin Oshkosh Department of Intercollegiate Athletics Code of Student Athlete Conduct embodies the principles and standards intended to guide student-athletes in maintaining a proper level of conduct.

1. Student-athletes shall strive to perform to the best of their abilities both academically and athletically. Learning in both the classroom and the intercollegiate athletics program is necessary if emotional, social, and intellectual as well as athletic growth is to occur.

2. Student-athletes shall strive to complete their university experience with a degree in their field of choice.

3. Student-athletes shall adhere to all team, institutional, conference, and National collegiate Athletic Association rules and regulations. Participation in intercollegiate athletics is a privilege.

4. Student-athletes understand and respect the opportunity afforded them as members of intercollegiate teams and will contribute to maintaining those opportunities for all student-athletes. The personal integrity of each and every member of the team is valued and respected.

5. Student-athletes shall conduct themselves on and off the field in a way that brings credit to the team, the athletics program, and the university.

6. Student-athletes shall refrain from and oppose all manner of personal abuse, and harassment of others, whether verbal, physical, emotional, or sexual.

7. Student-athletes shall model inclusive behavior, support cultural diversity and oppose all types of discrimination, including but not limited to racism, sexism, and homophobia.

8. Student-athletes shall demonstrate respectful behavior towards opponents, official, teammates, spectators, and media in their athletic pursuits.

9. Student-athletes shall demonstrate and encourage positive life style choices, especially in relation to drugs, performance enhancing products, alcohol, and tobacco use.

10. Student-athletes shall not participate in illegal gambling. Wagering, or betting in any form on any athletic activity is prohibited.

STUDENT COMPLAINT POLICY

Complaints against any staff member should refer to the University of Wisconsin Oshkosh Student Handbook found on the university’s website.

GUIDELINES FOR STUDENT-ATHLETE ELIGIBILITY

This guideline sheet is intended to assist with student-athlete eligibility at UW Oshkosh. Any questions or concerns should be directed to either the Head Coach or the Director of Athletics.

1. **Continuing Eligibility for Credits and GPA**
   A. To participate your second year, you must have accumulated at least 24 credits and have a minimum 2.0 GPA.
   B. To participate your third year, you must have accumulated at least 48 credits and have a minimum 2.0 GPA.
   C. To participate your fourth year, you must have accumulated at least 72 credits and have a minimum 2.0 GPA
   D. Repeat courses count only once in your 24, 48 and 72 credit calculation. If you are repeating a course, make sure you don't count these credits if you achieved a "D" or better the first time.

2. **Transfer Eligibility Requirements**
   A. In order to be eligible to compete your first year as a transfer you must have both academically and athletically eligible at your prior institution.
B. Transfer credits are counted at face value the first two semesters (if consecutive) you are here at UW Oshkosh. After that your credits for eligibility are determined by how many credits our institution has accepted. Make sure you check and see how many credits UW Oshkosh has accepted and how many you will need to pass your first year to remain eligible.

C. Your GPA for your initial certification here at UW Oshkosh is also calculated using all past work at your previous institutions. After your first semester, your GPA for eligibility purposes is determined by the GPA you achieve for work completed at UW Oshkosh. Make sure you achieve at least a 2.0, if you are in your third or fourth year of eligibility, if you entered a collegiate institution for the first time before 8/1/02. If you entered a collegiate institution for the first time after 8/1/02, you must have a 2.0 GPA after completion of your first season of competition or completion of 24 credit hours.

D. If there are any semesters in which you have not been enrolled as a full-time student since graduating from high school, you must notify the Director of Athletics. The Athletic Director will need phone numbers and addresses of family members or employers to verify that you were not enrolled at another institution. This is a conference policy. We must check all gaps in your records.

3. Other Related Eligibility Issues
   A. You must be enrolled as a full-time student in order to practice and compete. A full-time student is defined as a student enrolled for a minimum of 12 credits. Do not drop below 12 credits.
   B. You are only eligible to compete for four seasons. If you participate in a contest or practice after the first game you have used a year of eligibility.
   C. You have 10 semesters in which to complete you four seasons of competition. A semester is defined as any semester in which you were enrolled as a full-time student on the first day of classes for the semester. If you drop below full-time after the first day of classes you are still charged with a semester of attendance.
   D. All Athletes must be re-certified at the beginning of each semester.
   E. If you are injured before completion of the first half of the season and have not participated in more than 30% of the contests for that season, you may qualify for a Medical Hardship. See your Head Coach if you think you qualify.

4. Outside Competition
   A. You became ineligible, if during any part of your team's intercollegiate season; you compete on any outside team. During your team's season do not participate in any type of organized activities in your sport either in Oshkosh or elsewhere. Even if you think the activity is meaningless, check before you participate.

   This Guideline is only intended to address the most common eligibility questions. It is not intended to include all possible eligibility circumstances. If you have any questions regarding eligibility, please see your Head Coach or the Director of Athletics.

“All nutrition/dietary supplements carry some risk of containing an NCAA banned substance because they are not well regulated and may be contaminated. Failure to check out any supplement with your sports medicine staff prior to use may result in a failed appeal for a positive drug test. Student-athletes are responsible for anything they ingest”

PLAYING AND PRACTICE SEASON

The following is an excerpt from the NCAA Manual dealing specifically with playing seasons, in-season practice and out-of-season practice.

17.01.1 Institutional Limitations. A member institution shall limit its organized practice activities, the length of its playing seasons and the number of its regular-season contests and/or dates of competition in all sports, as well as the extent of its participation in noncollegiate-sponsored athletics activities, to minimize interference with the academic programs of its student-athletes (see Figure 17-1).

17.02.1 Athletically Related Activities.
17.02.1.1 Athletically Related Activities. The following are considered athletically related activities: (Adopted: 1/10/91 effective 8/1/92)
   (a) Practice, which is defined as any meeting, activity or instruction involving sports-related information and having an athletics purpose, held for one or more student-athletes at the direction of, or supervised by, any member or members of an institution’s coaching staff. Practice is considered to have occurred if one or more coaches and one or more student-athletes engage in any of the following activities:
      (1) Field, floor or on-court activity;
      (2) Setting up offensive or defensive alignment;
      (3) Chalk talk;
      (4) Lecture on or discussion of strategy related to the sport;
      (5) Activities using equipment related to the sport;
A.

If you need help, you must inform people of this need.

A. Advisor

1. When you registered for classes you were given an advisor. Who is this? Where is his/her office? Telephone number? You should inform your advisor of your situation.
B. Your Professor
   1. Know his/her name and office location.
      a. If you are having difficulty in a class, you have a right to see your professor and discuss the situation. Many will be very helpful, especially if you attend class on a regular basis.

C. Head Coach

D. If you are having difficulty with a math class, you can go to the Math Tutor Lab, Swart Hall Room 113.

E. If you are having difficulty writing a paper, you can go to the Writing Lab, Student Success Center.

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RULES FOR ALUMNI & FRIENDS

The University of Wisconsin-Oshkosh is committed to operating its athletics programs with the highest degree of integrity, and in compliance with all the rules and regulations of the Wisconsin Intercollegiate Athletic Conference (WIAC) and the National Collegiate Athletic Association (NCAA). Alumni and friends of UW Oshkosh are expected to adhere to the rules and regulations of the NCAA and WIAC with the same degree of integrity.

The sections below are intended to give alumni and friends a basic understanding of NCAA and WIAC rules and regulations, which pertain to them. However, the list is not comprehensive. Please contact the athletic department with any questions or concerns you have pertaining to NCAA or WIAC rules and regulations.

The Basics...

Institutional Control

It is the responsibility of all NCAA member institutions to control its intercollegiate athletics program in compliance with all of the rules and regulations set forth by the NCAA and the WIAC.

Responsibility

The University of Wisconsin-Oshkosh accepts responsibility for the conduct of its athletics program. This responsibility includes the actions of its staff members and any other organizations or persons engaged in activities in activities promoting the athletic interests of the institution. (Alumni & Friends)

Compliance

Institutions must monitor their program to assure compliance and to identify and report to the NCAA instances in which compliance has not been achieved. An institution found to have violated NCAA or WIAC is subject to disciplinary and corrective actions as determined by the NCAA or WIAC conference office.

Any individual engaging in conduct that is determined to be a violation on NCAA legislation can lose their benefits and privileges he or she receives from their association with his/her respective institution.

Definitions to know...

A prospective student-athlete A prospective student-athlete ("prospect") is a student who has started classes for the ninth grade. In addition, a student who has not started classes for the ninth grade becomes a prospective student-athlete if the institution provides such an individual (or the individual’s relatives or family) any financial assistance or other benefits that the institution does not provide to prospective students generally. An individual remains a prospective student-athlete until one of the following occurs (whichever occurs earlier):

(a) The individual officially registers and enrolls in a minimum full-time program of studies and attends classes in any term of a four-year collegiate institution’s regular academic year (excluding summer); or
(b) The individual participates in a regular squad practice or competition at a four-year collegiate institution.

A representative of an institution’s athletics interests in defined as: A “representative of the institution’s athletics interests” is an individual who is known (or who should have been known) by a member of the institution’s executive or athletics administration to:

(a) Have participated in or to be a member of an agency or organization promoting the institution’s intercollegiate athletics program;
(b) Have made financial contributions to the athletics department or to an athletics booster organization of that institution;
(c) Be assisting or to have been requested (by the athletics department staff) to assist in the recruitment of prospects;
(d) Be assisting or to have assisted in providing benefits to enrolled student-athletes or their families; or
(e) Have been involved otherwise in promoting the institution’s athletics program.

A representative of Athletics interests Once an individual is identified as such a representative, the person retains that identity indefinitely.

The act of recruiting This is any solicitation of a prospect or a prospect’s family member (or guardian) by an institutional staff member or by athletics representative of the institution for the purpose securing the prospect’s enrollment and participation in the institution’s intercollegiate athletics program.

An extra benefit This is any special arrangement by an institutional employee or an athletic representative to provide a student-athlete or the student-athlete’s representative or friend a benefit not expressly authorized by the NCAA legislation.

PRINCIPLES OF SPORTSMANSHIP

Individuals employed by (or associated with) a member institution to administer, conduct or coach intercollegiate athletics and all participating student-athletes shall act with honesty and sportsmanship at all times so that intercollegiate athletics as a whole, their institutions and they, as individuals, shall represent the honor and dignity of fair play and the generally recognized high standards associated with wholesome competitive sports.

ACADEMIC INTEGRITY

The University of Wisconsin Oshkosh is committed to a standard of academic integrity for all students. The system guidelines state: "Students are responsible for the honest completion and representation of their work, for the appropriate citation of sources, and for respect of others’ academic endeavors." (s. UWS 14.01, Wisconsin Administrative Code). Students are subject to disciplinary action for academic misconduct, which is defined in s. UWS 14.03, Wisconsin Administrative Code.

CLASS ATTENDANCE

While attendance and punctuality are under the control of each instructor, students are expected to be present for each regularly scheduled class session. Students are directly responsible to each of their instructors for attendance.

Instructors may initiate their own policy regarding attendance and are expected to announce their policy to each class, but it is the responsibility of the student to know the policies of the instructor.

There are certain activities, beyond the classroom, that may, with University approval, be considered as field trips, which are all-university in nature, e.g. athletics, debate trips, and certain music trips. Students are excused from class for all university type events and circumstances beyond the student’s control such as extended illness, medical emergency, and family emergency. Students may not be penalized for these excused absences as long as appropriate documentation is provided to the instructor in a timely manner. In all cases of absence, excused or otherwise, the student is responsible for completing missed work. The instructor is not required to do extra teaching unless so assigned.

If a student will be absent from class for emergencies, medical reasons or exceptional personal reasons, the student is responsible, if capable of doing so, for contacting instructors individually or through their departments. If the student, family member, or friend are not able to contact instructors or the student will be absent more than three (3) class days, the Dean of Students office may be asked to send notification of the absence as reported to staff.

For more information regarding attendance, refer to GEN 4.B.5, GEN 4.B.9, and GEN 4.B.10 in the Faculty and Academic Staff Handbook, which is available in the Office of the Provost, D335.

ATHLETIC TEAM TRAVEL POLICY

A. If the athlete is 18 or over and desires to seek alternative transportation to or from an athletic event, he/she must:
   1. Submit an Athletic Travel Release Form
   2. Have the Athletic Travel Release Form approved by the Athletic Director at least one day before the trip is scheduled to begin.
B. If the athlete is under 18 and desires to seek alternative transportation to or from and athletic event, he/she must:
1. Have the Athletic Travel Release Form signed by a parent or legal guardian.
2. Submit an Athletic Travel Release Form.
3. Have the Athletic Travel Release Form approved by the Athletic Director at least one day before the trip is scheduled to begin.

C. Completed Athletic Travel Release Form must be filed in the Athletic Director’s office.

D. If a parent, legal guardian or spouse arrives at an event and wants to take a participant with them this will be acceptable.

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WHAT TO DO IF YOU ARE INJURED
Healthcare Services

• What to do in an emergency?
  Call 911 or campus security at 424-1212 for any life threatening or serious injury.

• Injury evaluation and treatment policy
  The athletic training room policy for evaluation and treatment of injuries will be on a scheduled basis. Taping and simple health care procedures will also have designated times. Student-athletes involved in, in-season sports will be given first priority. It is impossible to get you on the field or court if you come in right before practice is to begin. The athlete is expected to arrive early enough to complete his/her entire treatment program and/or taping before practice begins. Treatment will not be an excuse for being late for practice. Failure to come for treatments by an injured athlete will be interpreted as that individual’s unwillingness to cooperate with little desire to return to competition or that an athlete is healthy and can participate in practice because he/she is healthy.

• To whom should I report my injury?
  You should notify your team’s certified athletic trainer of any injury occurring during practice or event time. In order to better serve our athletes, it is necessary to report all injuries independent of their severity. If you do not know who your certified athletic trainer is, you may stop by the Kolf Athletic Training room to be evaluated during athletic training room hours or call 920-424-7142 to schedule an appointment or leave a message.

• What happens after my evaluation?
  After a certified athletic trainer has evaluated your injury, he/she will make a determination of the need for referral to a physician. If a referral is warranted, you will be scheduled for an appointment to the appropriate team physician. Referrals to other physician’s will be made on an as-needed basis. If a referral is not necessary, you will be provided with a treatment and rehabilitation program by a certified athletic trainer. All athletes have a right to see another physician outside of the UW Oshkosh network as long as an athlete sees a certified athletic trainer and team physician first. This process is done to maintain better communication, thus providing better quality of healthcare to the athlete. UW Oshkosh athletics utilizes the Lead Physician at the Student Health Center for general medical conditions and illnesses. Athletics also has an orthopedic physician and chiropractor visit the athletic training room once per week for athletic musculoskeletal injuries.

• In need of an evaluation after athletic training hours?
  If the injury is of an emergent nature, you should seek medical attention at an emergency room or urgent care facility. If you are having difficulty walking or functioning normally you should visit your family physician or walk-in clinic for care. Many muscle and bone injuries will benefit from the following: Rest, Ice, Compression, Elevation, and Support. If it is at all possible, do not use the affected area as this may cause further aggravation. Please notify your certified athletic trainer as soon as you can after being seen for an injury, so appropriate care and rehab may be rendered to enable an athlete to get back to activity.

UW OSHKOSH INTERCOLLEGIATE ATHLETIC DEPARTMENT
HEALTH INSURANCE POLICY

All students participating in intercollegiate athletics must have adequate health insurance coverage for any injuries incurred while participating. If a student athlete is not covered under an adequate health insurance policy, he/she must obtain coverage before participating in any University of Wisconsin Oshkosh Intercollegiate Athletic Program. The University of Wisconsin Oshkosh and its Intercollegiate Athletic Department are not financially responsible for any medical bills incurred by students involved in any Intercollegiate
Athletic Program. Medical information must be on file with the University of Wisconsin Oshkosh Athletic Training Staff prior to ANY participation in intercollegiate athletics by the student.

1. All students must show proof of health insurance coverage in order to participate in practice and competition.
2. Student athletes that need to purchase health insurance may do so through the University Student Health Center located in Radford Hall or may see their Certified Athletic Trainer to obtain other options of health insurance coverage.
3. The NCAA requires that all student athletes have a minimum of $90,000 worth of medical coverage. The NCAA through a catastrophic athlete injury insurance program covers all students starting at $90,000.
4. The University of Wisconsin Oshkosh Intercollegiate Athletic Department and the Wisconsin Intercollegiate Athletic Conference DOES NOT provide insurance coverage for student athletes and is not financially responsible for any medical costs associated with an athlete’s injury.

**WARNING:** “NO HELMET CAN PREVENT ALL HEAD OR ANY NECK INJURIES A PLAYER MIGHT RECEIVE WHILE PARTICIPATING IN FOOTBALL. DO NOT USE THIS HELMET TO BUTT, RAM OR SPEAR AN OPPOSING PLAYER. THIS IS IN VIOLATION OF THE FOOTBALL RULES AND SUCH USE CAN RESULT IN SEVERE HEAD OR NECK INJURIES, PARALYSIS OR DEATH TO YOU AND POSSIBLE INJURY TO YOUR OPPONENT.”

-NOCSEA

This football helmet is in compliance with the standards set forth by the NOCSAE football helmet test standard.

**Helmet Forewarning**

**Injuries in Football**

**Purpose of Football Helmet**

Football helmets were designed to offer some protection to the players head, not the neck and spine. Football helmets were originally designed to reduce the incidence of skull fractures and to minimize the occurrence of head and scalp lacerations. These primary objectives have been met with today's helmets.

A football helmet is **NOT** designed to protect the neck. A football helmet cannot prevent cervical dislocation or fracture resulting in spinal cord injury or quadriplegia.

A football helmet **CANNOT** prevent closed head or brain injuries including concussion that might occur as a result of participating in the game of football.

This helmet has **NOT** been designed to be used as a weapon in the sport of football. The use of the helmet with improper blocking and/or tackling techniques by the athlete may result in serious injury to the athlete and/or the opposing player. Injury may also occur as a result of accidental contact while playing football.

**Head Injuries**

Injury to the head and brain can occur as a result of participation in football. Football helmets do not eliminate the risk of sustaining a concussion.

When a player receives a blow to his head or a sudden jolt to his body that results in a sudden acceleration/deceleration force to the head, a player may suffer injury to the brain. This may result in the player sustaining a concussion. When a player receives a concussion he may experience a state of confusion with associated headaches. A player may also feel disoriented, dizzy, or unable to walk on his own. This is commonly referred to as having your “bell rung” or “getting dinged.” If the player experiences any of these symptoms, he should take himself out of play and not return to play until he has been examined by a doctor and receives permission from the doctor to return to play.

Minor or more serious blows to the head may produce acceleration/deceleration forces to the brain causing subdural hematoma (a bleeding injury of the tissues inside the skull and/or diffuse axonal injury (a shear injury of the brain inside the head often resulting in permanent damage and sometimes death). A football helmet **CANNOT** prevent the acceleration or deceleration or rotation of the brain within the head causing injury to the brain.

Athletes who have suffered a head or brain injury or any symptoms associated with a head injury should not return to play until they have been examined and received clearance from their doctor. If an athlete suffers a head injury, and returns to play before the symptoms of that injury have cleared, the athlete may suffer what is known as second impact syndrome (“SIS”).

This syndrome occurs when an athlete who experiences a head injury, often a concussion or worse injury, sustains a second head injury before symptoms associated with the first injury have cleared. Typically, the athlete suffers post-concussional symptoms after the first
head injury. These may include dizziness, headache, disorientation, nausea, loss of consciousness or memory. Before these symptoms resolve, which may take days, weeks, months or even longer; the athlete returns to competition and receives a second blow to the head.

The second blow may be of a very minor nature, perhaps involving a blow to the chest, side or back that merely causes the head to rotate imparting forces to the brain. However, within seconds or minutes of this second blow, and athlete can lose consciousness and suffer severe brain damage or death.

This helmet cannot prevent closed head or brain injuries that might occur as a result of participating in the game of football.

(a) **INJURIES TO THE NECK AND CERVICAL**

A football helmet is not designed to prevent injury to the neck or cervical spine including, but not limited to, cervical dislocation or fracture resulting in spinal cord injury and possibly paralysis. Never use any part of the helmet or facemask as a point of contact. If a player lowers his head and the helmet is used as a point of contact, and in particular the front, top or crown of the helmet, the cervical spine is placed at risk of catastrophic injury. When a player places his head in a position that causes forward flexing of the neck and straightening of the spine, the player is at risk of experiencing an overload of energy to the spine at the time of impact, causing it to buckle or fracture, resulting in paraplegia (damage to the spinal cord causing paralysis to the legs and other body parts) or quadriplegia (damage to the spinal cord causing paralysis to the legs, arms and other body parts).

**PLAY BY THE RULES**

It is important that each player understands and follows the rules of football each time he walks on to the field.

**NCAA**

Rule 1, Section 24, Article 1 SPEARING

Spearing is the intentional use of the helmet in an attempt to punish an opponent.

Rule 9, Section 1, Article 2L

No player shall intentionally use his helmet (including the face mask) to ram or butt an opponent.

Rule 9, Section 1, Article 21

No player shall intentional use his helmet (including face mask) to ram or butt an opponent.

Rule 9, Section 1, Article 2M

There shall be no spearing

Rule 9, Section 1, Article 2N

No player shall intentionally strike the runner with the crown or top of his helmet.

**REMEMBER: FOOTBALL IS A DANGEROUS SPORT. INJURIES MAY OCCUR AS A RESULT OF INTENTIONAL OR ACCIDENTAL CONTACT WHILE PARTICIPATING IN FOOTBALL. EVEN IF YOU FOLLOW THE RULES, THERE IS A CHANCE THAT YOU CAN STILL BE INJURED. NEVER USE THE HELMET OR THE FACEMASK AS A POINT OF CONTACT.**

**NATIONAL FEDERATION**

Rule 2, Section 39

Spearing is the intentional use of the helmet in an attempt to punish the opponent.

Rule 2, Section 4, Article 2

Face tackling is driving the facemask, frontal area or top of the helmet directly into the runner.

Rule 9, Section 4, Article 2 Illega personal contact

No player shall: I butt, block, face tackle or spear. J. Intentionally use his helmet to butt or ram an opponent.

"THE RULES AGAINST INTENTIONAL BUTTING, RAMMING OR SPEARING THE OPPONENT WITH THE HELMET OR HEAD ARE THERE TO PROTECT THE HELMETED PERSON AS WELL AS THE OPPONENT BEING HIT. THE ATHLETE WHO DOES NOT COMPLY WITH THESE RULES IS A CANDIDATE FOR CATASTROPHIC INJURY. NO HELMET CAN OFFER PROTECTION TO THE NECK."

**RISK OF PLAYING FOOTBALL**

Make no mistake about it; football is a sport of contact and collision. Each time you step on the field there is a chance that you, a fellow teammate, or an opponent may be seriously injured. These injuries can include a broken bone or more serious injuries to the brain or cervical spine, which could render a player, paralyzed or even result in death. Due to the size and speed of players who play football, the risk of injury has never been greater. You can reduce the risk of injury by obeying the established rules. Never use your head to make contact.
It is up to you the player, the coaches, and the officials to ensure that the game is played according to the rules. The rules are intended to reduce the risk of injury. Even when the game is played by the rules, there is always a risk that serious injuries may occur accidentally. This is the risk you assume in participating in a contact sport, which is sometimes violent.

If you do get injured and particularly if you suffer a head injury, don’t play until your doctor is satisfied that you have recovered. It’s that simple. It is up to you to inform your coach when you have been injured so that your coach, parents and/or doctor can assess the nature and extent of your injury before you return to play. If you play football while injured, you increase the risk of sustaining a more serious injury.

**COMPLIMENTARY TICKETS**

**General Guidelines**

A. **Purpose of Complimentary Tickets:**
   1. Complimentary tickets are used to allow persons admission free of charge to athletics contests where admission is normally charged.

B. **Types of Complimentary Tickets:**
   1. Season Tickets- Admission to all home athletic contests;
   2. Single Game Tickets- Admission to one event only.

C. **Persons Eligible for Complimentary Tickets:**
   1. Personnel performing duties directly related to conduct of home athletic events
   2. Personnel responsible for administration of the intercollegiate athletic program.
   3. Such other persons as permitted or required under the rules of the athletic conferences with which UW Oshkosh is affiliated.
   4. Visitors/guests of the University and/or Athletic Department- those who are invited by an authorized person to attend an athletic event, such as prospective student-athletes; prospective contributors of funds or services; high school coaches, state, local, national, and foreign dignitaries, and persons to be honored or otherwise recognized during an athletic event;
   5. Athletic Personnel-full or part time employees of the Athletic Department.

**Administrative Rules for Assignment of Complimentary Season or Single Event Tickets**

A. Season and/or single event ticket requests must be authorized by Athletic Director and record kept of all requests granted.

B. Individuals authorized to request complimentary tickets must do so in writing on form provided, must clearly indicate purpose of request and be approved by the Athletic Director.

**Categories of Recipients**

A. Chancellor’s office/guests- number of tickets to be determined by Chancellor in consultation with Athletic Director.

B. Athletic Department- all employees are entitled to two season tickets/passes or the number equivalent to immediate family. While in attendance employees will be responsible for security at the athletic events.

C. Student-Athletes- the number of admission permitted to each athlete is two to be used for immediate family only.

D. Visiting Institutions- There are no tickets issued to visiting institutions.

**EQUIPMENT ROOM**

A. All athletes are required to have written permission from their head coaches and physicals completed prior to checking out any athletic equipment.

B. All athletes are responsible for uniforms and equipment issued them. In addition they are required to sign an equipment checkout card. Failure to return equipment will result in a cash payment or billed to a student account.

C. When possible, practice equipment will be issued to athletes.

D. When possible, athletic lockers will be issued in respective locker rooms.

E. Game uniforms will be issued after the equipment room has received a list from the head coach.

**TITLE IX COMPLIANCE STATEMENT**
The University of Wisconsin Oshkosh is fully aware and maintains full compliance at all times with Title IX and the educational amendments of 1972. The university is committed to fully complying with Title IX and its provisions. Self-evaluation of the University of Wisconsin Oshkosh athletics program for compliance with Title IX and its regulations is taken very seriously and is an ongoing process within the athletic department.

**Title IX:**

“No person in the United States shall, on the basis of sex, be excluded from participation in, be denied benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance.”

Title IX became law on June 23, 1972.

Title IX jurisdiction requires the presence of three elements:
- Education Program
- Federal Financial Aid
- Allegations of Sex Discrimination

Title IX does not require that the education program be public, nor even a school *per se.* Among the non-school entities which have been drawn within the reach of Title IX are athletic leagues and city recreation programs.

**Enforcement Avenues:**
- In-House Complaint
- Office for Civil Rights Complaint
- Lawsuit

There are three avenues of enforcement and their selection is totally within the inclination of the complainant. In-house complaints, tendered to the institution’s required ‘Title IX designated employee’, may be made by anyone. Office for Civil Rights (OCR) complaints similarly may be made by anyone. Both carry only the potential for a promise from the school to go forth and sin no more; the OCR complaint also carries the never-yet-used possibility of the removal of federal funds. A lawsuit may only be filed by a plaintiff who has legal standing (ex: coach or student-athlete) but carries with it the potential for money damages (compensatory and punitive).

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**GENDER EQUITY**

The University is committed to complying with NCAA operating principles regarding the participation of women in intercollegiate athletics and with Title IX regulations as interpreted to date by the United States Department of Education, Office of Civil Rights (OCR). To help maintain compliance in this area are the University established specific goals and objectives in 13 program areas that will help ensure that similar sport programs are treated equitably and student-athletes receive equitable access to resources, regardless of gender. More specifically, the University is committed to providing equitable:

1. Athletics-related aid for male and female student-athletes;
2. Participation opportunities for male and female student-athletes;
3. Equipment and supplies for male and female student-athletes;
4. Game and practice times for male and female student-athletes;
5. Travel and per diem allowances for male and female student-athletes;
6. Access to tutors and other educational resources (e.g., study hall, computer lab, advising) for male and female student-athletes;
7. Number and quality of coaches for like sports up to the NCAA allowable maximum while providing equitable compensation;
8. Locker rooms, practice and competitive facilities for male and female student-athletes;
9. Medical and training facilities and services for male and female student-athletes;
10. Use and availability of housing and dining facilities and services for male and female student-athletes;
11. Public communications and athletics public relations staff coverage of each sport;
12. Secretarial and administrative support, office space, and equipment for like sports; and
13. Prospective student-athlete recruiting resources for like sports.

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**INTERNET USAGE**

Student-athletes must be concerned with any behavior that might embarrass themselves, their teams, and/or the University. This includes any activities conducted online.
The University of Wisconsin-Oshkosh supports and encourages the individuals’ expression of the first amendments rights of free speech. This includes participating in online social networking sites (e.g. myspace.com, facebook.com).

The University and the Athletics Department does not place any restrictions on the use of these sites by student-athletes. We remind you that as a member of the UW Oshkosh Intercollegiate Athletics Department, you are a representative of the university and always in the public eye. Please keep the following points in mind as you participate on social networking web sites.

Before participating in any online community, understand that anything posted online is available to anyone on the planet. Any text or photo placed online is completely out of control the moment it is placed online – even if you limit access to your site.

Do not post information, photos, or other items online that could embarrass you, your team or the University. This includes information, photos, and items that may be posted by others on your page.

Be aware of whom you add as a friend to your site – many people are looking to take advantage of student-athletes, while others want to get close to student-athletes to give them a sense of membership in the team.

Exercise caution as to what information you post on your website about your whereabouts or plans. You could be opening yourself up to predators such as stalkers, rapists, and thieves.

The University, including coaches and administrators, has the right to monitor these websites.

That student-athlete could face discipline and even dismissal for violation of standards of philosophies of the University, the Athletics Department and/or the NCAA.

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OTHER HELP AREAS

Financial Aid Problems:
Contact: Kim Donat
Financial Aid Office
Dempsey Hall Room 104
Phone: 424-3377

Health and Non-Athletic Injuries:
Contact: Student Health Center
Radford hall
Phone: 424-2424

Personal Problems:
Contact: Your Head Coach or Counseling Center
Student Success Center
Suite 240
Phone: 424-2061

Emergency Health Care:
Contact: Oshkosh Fire & Rescue
Phone: 1212---on campus
911----off campus

Campus Parking:
Contact: Parking Office
Blackhawk Commons Lower Level
Phone: 424-4455

Residence Hall Problems:


**PREGNANCY POLICY**

The purpose of this policy is to develop guidelines to protect the health and confidentiality of the student-athlete and unborn child, while assisting medical providers, coaches and administrators with uniform guidelines that address the pregnant student-athlete’s care. Athletics and exercise throughout pregnancy is generally safe for a period of time, but must be carefully monitored with limitations applied as necessary.

Procedures If You Become Pregnant: Any athlete who becomes pregnant while participating in Intercollegiate Athletics at the University of Wisconsin Oshkosh is highly encouraged to inform the Director of Athletics or Assistant Director of Athletics of their pregnancy as soon as possible. The Director/Assistant Director of Athletics will inform the Head Coach (with the athlete’s permission) of the specific sport and discuss all NCAA and eligibility rules with the student-athlete and coach. The Director/Assistant Director of Athletics will then inform the Head Athletic Trainer about the pregnant student-athlete. The Head Athletic Trainer will review the procedures of this policy and will refer the student-athlete to an Obstetrical Provider of her choice. The Head Athletic Trainer will confirm any guidelines set by the Obstetrical Provider with the student-athlete and also inform the Head Coach if and when there may be limitations imposed. All information communicated between the aforementioned positions will be confidential. No pregnancy will be forced to terminate in order to participate in athletics. The Team Physician is available to meet with the student athlete any time during the process if she has any questions or needs advice.

What Forms of Exercise Should Be Avoided? The American College of Obstetricians and Gynecologists recommend that any activity in which there is a high risk of falling, such as gymnastics, should be avoided. Other sports to avoid during pregnancy include contact sports, such as basketball and soccer, which can result in harm to the athlete and baby. Whatever sport the pregnant student-athlete is participating in, needs to be cleared by her Obstetrical Provider.

What Should The Pregnant Athlete Be Aware of During Pregnancy? The pregnant student-athlete will undergo many physical changes as the pregnancy progresses and these changes in the body can make certain positions and activities risky for the mother and baby. During regular obstetrical visits, the pregnant athlete should remind her provider about her sport and current activities, so proper guidance can be given. It is recommended to try and avoid activities that involve jumping, jarring motions or quick changes in directions. Also, the risk of overheating during pregnancy increases, which can result in loss of fluids and dehydration. The pregnant athlete should wear loose clothing during activity that will help the body remain cool. She should drink plenty of water. The pregnant athlete also should consume extra daily calories, because of pregnancy requirements and sport related exercise. Nutritional information can be obtained from her Obstetrical Provider or the Dietician at the Student Health Center. Heavy lifting or similar activities that require straining or any type of valsala maneuver should be avoided. Exercises for the back or in a supine position should be avoided after the first trimester.

If Student-Athlete Chooses To Compete When Pregnant:

1. Student-athlete should communicate sporting activities with her Obstetrical Provider and should be made aware of the potential risks of her particular sport and exercise in general when pregnant.

2. Student-athlete should be encouraged to discontinue exercise when feeling over-exerted or if they experience any of the following warning signs to terminate exercise when pregnant.

Warning Signs To Terminate Exercise When Pregnant:

1) Vaginal Bleeding
2) Shortness of Breath Before Exercise
3) Dizziness
4) Headache
5) Chest Pain
6) Calf Pain or Swelling
7) Muscle Weakness
8) Uterine Contractions
9) Decreased Fetal Movement
10) Fluid Leaking From Vagina

Student-athlete should follow the recommendations of her Obstetrical Provider in coordination with the Head Athletic Trainer. Student-athlete should take care to remain well hydrated and to avoid over-heating.

After Delivery or Pregnancy Termination: After the student-athlete gives birth or decides to terminate a pregnancy, medical clearance by the Obstetrical Provider will be needed. This is to ensure the student-athlete’s safe return to athletics. After pregnancy, physiologic changes continue for approximately 4-6 weeks. Care should be taken to properly progress the student-athlete back to activity and competition.

Medical Insurance for Pregnancy: It is mandatory that everyone participating in Intercollegiate Athletics at UW Oshkosh have health insurance. You should contact your health insurance for coverage and benefits of pregnancy. The UW Oshkosh Intercollegiate Athletic Department does not pay for any health insurance plans or any pregnancy related costs.

Availability of Help at UW Oshkosh: If a student-athlete is concerned and does not know if they are pregnant, or if they are experiencing stresses or other complications that may affect their physical and mental health, UW Oshkosh offers different services and counseling to help the student-athlete cope successfully. Male athletes whose partner may be pregnant and may be experiencing stress or other complications are also encouraged to seek these services. The following is a list with phone numbers of these services:

<table>
<thead>
<tr>
<th>Department</th>
<th>Service (s)</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Health Center</td>
<td>Pregnancy Testing/ Guidance of Activity/Education/ Counseling</td>
<td>920-424-2424</td>
</tr>
<tr>
<td>Sports Medicine</td>
<td>Guidance of Activity/ Counseling</td>
<td>920-424-7138</td>
</tr>
<tr>
<td>Counseling Center</td>
<td>Counseling</td>
<td>920-424-2061</td>
</tr>
<tr>
<td>Dean of Students</td>
<td>Class Difficulties/ Problems</td>
<td>920-424-3100</td>
</tr>
<tr>
<td>Childrens Learning and Care Center</td>
<td>Daycare</td>
<td>920-424-0260</td>
</tr>
</tbody>
</table>

NCAA GAMBLING POLICY

The following individuals shall not knowingly participate in sports wagering activities or provide information to individuals involved in or associated with any type of sports wagering activities concerning intercollegiate, amateur or professional athletics competition: (Adopted: 1/8/07 effective 8/1/07)

(a) Staff members of an institution’s athletics department;
(b) Nonathletics department staff members who have responsibilities within or over the athletics department (e.g., chancellor or president, faculty athletics representative, individual to whom athletics reports);
(c) Staff members of a conference office; and
(d) Student-athletes.

10.3.1 Scope of Application.
The prohibition against sports wagering applies to any institutional practice or any competition (intercollegiate, amateur or professional) in a sport in which the Association conducts championship competition, in bowl subdivision football and in emerging sports for women. (Adopted: 1/8/07 effective 8/1/07)

10.3.1.1 Exception.
The provisions of Bylaw 10.3 are not applicable to traditional wagers between institutions (e.g., traditional rivalry) or in conjunction with particular contests (e.g., bowl games). Items wagered must be representative of the involved institutions or the states in which they are located. (Adopted: 1/8/07 effective 8/1/07)

10.3.2 Sanctions.
The following sanctions for violations of Bylaw 10.3 shall apply:
(a) A student-athlete who engages in activities designed to influence the outcome of an intercollegiate contest or in an effort to affect win-loss margins (“point shaving”) or who participates in any sports wagering activity involving the student-athlete’s institution shall permanently lose all remaining regular-season and postseason eligibility in all sports. (Adopted: 1/8/01 effective 8/1/01, Revised: 1/8/07 effective 8/1/07)
(b) A student-athlete who participates in any sports wagering activity, through the Internet, a bookmaker or a parlay card, shall be ineligible for all regular-season and postseason competition for a minimum period of one year from the date of the institution’s determination that a violation has occurred and shall be charged with a loss of a minimum of one season of eligibility. If the student-athlete is later determined to have been involved in a later violation of any portion of Bylaw 10.3, the student-athlete shall permanently lose all remaining regular-season and postseason eligibility in all sports. (Adopted: 1/8/01 effective 8/1/01, Revised: 1/12/04 effective 8/1/04 for any athletics participation occurring on or after 8/1/04, 1/8/07 effective 8/1/07)

AGENTs

An individual shall be ineligible for participation in an intercollegiate sport if he or she ever has agreed (orally or in writing) to be represented by an agent for the purpose of marketing his or her athletics ability or reputation in that sport. Further, an agency contract not specifically limited in writing to a sport or particular sports shall be deemed applicable to all sports, and the individual shall be ineligible to participate in any sport.

12.3.1.1 Representation for Future Negotiations. An individual shall be ineligible per Bylaw 12.3.1 if he or she enters into a verbal or written agreement with an agent for representation in future professional sports negotiations that are to take place after the individual has completed his or her eligibility in that sport.

12.3.1.2 Benefits from Prospective Agents. An individual shall be ineligible per Bylaw 12.3.1 if he or she (or his or her relatives or friends) accepts transportation or other benefits from: (Revised: 1/14/97)
(a) Any person who represents any individual in the marketing of his or her athletics ability. The receipt of such expenses constitutes compensation based on athletics skill and is an extra benefit not available to the student body in general; or
(b) An agent, even if the agent has indicated that he or she has no interest in representing the student-athlete in the marketing of his or her athletics ability or reputation and does not represent individuals in the student-athlete’s sport. (Adopted: 1/14/97)

HAZING

The University supports the anti-hazing laws of Wisconsin. All forms of hazing are prohibited. Hazing is any activity expected of someone on a team (or group) that humiliates, degrades, abuses, or endangers, regardless of the person’s willingness to participate. Disciplinary action for any form of hazing will be determined by the University, head coach, sport administrator, and/or Director of Athletics.

Hazing activities are generally considered to be: physically abusive, hazardous, and/or sexually violating. The specific behaviors or activities within these categories vary widely among participants, groups and settings. While alcohol use is common in many types of hazing, other examples of typical hazing practices include: personal servitude; sleep deprivation and restrictions on personal hygiene; yelling, swearing and insulting new members/rookies; being forced to wear embarrassing or humiliating attire in public; consumption of vile substances or smearing of such on one’s skin; brandings; physical beatings; binge drinking and drinking games; sexual simulation and sexual assault.

DISCLOSURE OF STUDENT-ATHLETE OR STAFF CHANGE STATUS

The sports information director has the responsibility to inform media, opponents and other important constituents (e.g., conference office) of significant developments in the status of student-athletes and staff. Disclosure of injuries affecting availability for competition or suspensions or dismissals due to violations of team, Department of Athletics, University or NCAA policy will be handled with the highest degree of sensitivity for the University, Department of Athletics, student-athlete and staff. Disclosure may be limited or prohibited in the case of legal or University disciplinary action. It is the intention of the Department of Athletics to establish a consistent delivery of disclosure necessary for the maintenance of appropriate relationships with media, opponents and other important constituents.

Any information given to the media regarding a student-athlete’s injury outside of name, body part injured, and playing status will require an authorization obtained from the student-athlete in question via the sports medicine staff.

In the event of suspension from competition of a student-athlete or coach, or the dismissal from a team or the department of same, the Director of Athletics will inform the assistant athletic director of media relations of the disciplinary action and resulting penalty. If deemed necessary by the Director of Athletics, a discussion between the involved parties will take place and afterward an acceptable disclosure statement will be issued by the assistant athletic director of media relations. Ordinarily, the statement will include the individual’s name
and sport and a brief description of the penalty (suspension/dismissal) with the appropriate and approved language related to the disciplinary action. This description may be as simple as “violation of department policy.” No further comment is necessary, and coaches, student-athletes and staff will refrain from further comment to anyone. In the event of non-renewal of contract or resignation of a coach (or other staff member), specific procedures under the direction of the Director of Athletics will be in effect.

**COMPETITIVE PLAY MISCONDUCT**

This is defined as physical or verbal abuse of an official, coach, opponent, or spectator, throwing objects or inciting players or spectators into inappropriate actions or behavior. This type of conduct is not acceptable and may result in temporary or permanent suspension as deemed appropriate depending on the circumstances. Any penalty for competitive play misconduct is generally handled by the WIAC Commissioner’s office. (WIAC Bylaw 10.3). However, the Athletic Department may choose to institute separate disciplinary action.

**RESIDENT HALL MISCONDUCT**

All residence hall disciplinary action will be handled through the Office of Residence Life. The Athletic Department and your coach will be informed of all disciplinary actions. Consequently, the Athletic Department may choose to institute additional disciplinary action than that imposed by the Office of Residence Life.

**ALCOHOL, TOBACCO AND DRUG USE**

The University of Wisconsin Oshkosh is concerned about the damaging effects of alcohol and other drugs on the physical, mental, social, emotional, and intellectual well-being of our student-athletes. The use, misuse, and abuse of alcohol and other drugs are recognized by the University of Wisconsin Oshkosh Athletic Department to be a major deterrent to performance, health, and wellness in general. The following policies and procedures are intended to promote responsible decision-making and general awareness within the University of Wisconsin Oshkosh Athletic Department including student-athletes, coaching staff, administrators, and support staff. All regulations supported by the Athletic Department are in accordance with University, local, state, and federal laws and policies. **This policy does apply year round while attending and representing the University of Wisconsin Oshkosh Intercollegiate Athletics.**

Participation in UW Oshkosh athletics is a privilege with responsibilities. The following defines the standards and expectations for conduct, specific to the student-athlete, related to the use of alcohol and other drugs.

**TOBACCO POLICY**

The use of tobacco is prohibited in connection with any intercollegiate athletic function. A function is defined as any activity that is held as a team whether it be meetings, practices, games or informal workouts on and off the grounds of the University of Wisconsin Oshkosh (NCAA bylaws 11.1.7 and 17.1.12). This also includes related activities in the training rooms, locker rooms, and weight-training facilities.

**ALCOHOL USE POLICY**

The University of Wisconsin Oshkosh does not condone the irresponsible use of alcohol and seeks to promote an environment in which choosing not to drink is socially acceptable. We firmly believe that the use of alcohol can be detrimental to the physical and mental well being of its student-athletes. The use of these substances can seriously interfere with the performance of individuals as students and as athletes and can be dangerous to the student-athlete and his/her teammates. The following rules and regulations apply. It is appropriate for coaches and teams to set higher standards of conduct.

The University of Wisconsin Oshkosh Athletic Department Regulations:

A student-athlete who violates any of the general local, state, and federal laws governing alcohol regulations or the University of Wisconsin System and the University of Wisconsin Oshkosh regulations would be subject to the penalties outlined in this policy and/or action through the Office of Student Life.

No alcoholic beverages will be permitted on the University of Wisconsin Oshkosh property or at any Athletic Department sponsored event.
Exemptions are granted at the discretion of the Chancellor and in accordance with state regulations.

No student-athlete or student-manager, while actively participating in a University of Wisconsin Oshkosh Athletic Department sponsored activity (i.e. team meals, team practice, away trips, or hosting student recruits, etc.), will be permitted to purchase, consume, possess, distribute, sell or be under the influence of alcohol. Road trips are defined as a period of time starting with departure from campus to time of return or as released by the head coach.

Student-athletes serving as hosts for prospective student-athletes are not to take the prospect into any environment where alcohol is distributed in an uncontrolled manner. Consumption or possession of an alcoholic beverage in the presence of a prospective student-athlete during a campus visit is prohibited.

Penalties:
Student-athletes who violate the above rules and regulations regarding alcohol will face the sanctions outlined below. **Offenses will accumulate throughout a student-athlete's period of intercollegiate eligibility at the University of Wisconsin Oshkosh.** Failure to fulfill sanctions may result in suspension from the team’s regular season contests.

First Offense:
1. Student-athlete will have a conference with Head Coach.
2. Student-athlete will be required to apologize to his/her team.
3. Alcohol education course (at the cost of the student-athlete)
4. Disciplinary probation for a minimum of one year.
5. Signed statement of understanding of conduct policy and consequences of future violations.

Second Offense:
1. Student-athlete will have a conference with Head Coach and Athletic Director.
2. Student-athlete will be required to apologize to his/her team.
3. Additional alcohol education course (at the cost of the student-athlete).
4. Extend disciplinary probation.
5. Student-athlete will be suspended for 25% of team’s regular season contests, which may include post-season contest dates, and can carry over to the next season. If the student-athlete is a multi-sport participant the suspension will continue into the next sport. A student-athlete may not sign up for a sport for which they have not previously participated in order to fulfill their suspension. Contests will be defined by the NCAA for each individual sport. Attendance and participation at practice during the suspension period will be required.
7. Residence hall relocation and/or ban likely, if incident occurred in the residence hall.

Third Offense:
1. Student-athlete will have a conference with Head Coach and Athletic Director.
2. AODA (alcohol and other drug abuse) Assessment
3. Student-athlete will be suspended for 50% of team’s regular season contests, which may include post-season contest dates, and can carry over to the next season. If the student-athlete is a multi-sport participant the suspension will continue into the next sport. A student-athlete may not sign up for a sport for which they have not previously participated in order to fulfill their suspension. Contests will be defined by the NCAA for each individual sport. Attendance and participation at practice during the suspension period will be required.
4. Residence hall contract cancellation and/or ban, if incident occurred in a residence hall.
5. 8-10 page paper on responsibility, life choices, possibility of suspension.

Fourth Offense:
1. Student-athlete will have a conference with Head Coach and Athletic Director.
2. Student-athlete will be suspended from all further intercollegiate athletic participation at the University of Wisconsin Oshkosh.
3. Suspension from the University for a period of one semester to two years.

The preceding penalties present general guidelines for typical violations; however any single violation may result in more serious sanctions depending on the severity of that specific incident. Coaches retain the ability to enforce additional penalties. Additionally, a minor violation may result in less severe sanctions than the general guidelines since the athletic administration (Athletic Director, Assistant Athletic Director, and Senior Woman Administrator) and the head coach of the respective sport has the discretion to review each case and determine if the violation is appropriate to the offense.
Disciplinary probation means that a student may remain enrolled at the university as long as the student complies with specified standards of conduct and completes all assigned disciplinary sanctions.

**NCAA STUDENT-ATHLETE STATEMENT & DRUG TESTING CONSENT**

14.1.3 Student-Athlete Statement.

14.1.3.1 Content and Purpose. Before participation in intercollegiate competition each academic year, a student-athlete shall sign a statement in a form prescribed by the Management Council in which the student-athlete submits information related to eligibility, recruitment, financial aid, amateur status, previous positive drug tests administered by any other athletics organization and involvement in organized gambling activities related to intercollegiate and professional athletics competition under the Association's governing legislation. Failure to complete and sign the statement shall result in the student-athlete's ineligibility for participation in all intercollegiate competition. Violations of this bylaw do not affect a student-athlete's eligibility if the violation occurred due to an institutional administrative error or oversight, and the student-athlete subsequently signs the form; however, the violation shall be considered an institutional violation per Constitution 2.8.1. *(Revised: 1/10/92 effective 8/1/92, 1/14/97, 2/19/97)*

14.1.3.2 Administration. The following procedures shall be used in administering the statement: *(Revised: 8/4/89, 12/5/06, 4/13/10)*

   (a) The statement shall be administered individually to each student-athlete by the athletics director or the athletics director’s designee before the student’s participation in intercollegiate competition each academic year;

   (b) The athletics director and head coach in the sport in which the student-athlete participates shall sign each statement as required by the prescribed form;

   (c) The athletics director and head coach in the sport shall sign the affirmation of eligibility form; and *(Revised: 4/11/06, 8/3/06)*

   (d) The statement shall be kept on file by the athletics director and shall be available for examination on request by an authorized representative of the NCAA.

14.1.3.3 Institutional Responsibility—Notification of Positive Test. The institution shall promptly notify in writing the NCAA vice president for student-athlete affairs regarding a student-athlete’s disclosure of a previous positive test for banned substances administered by any other athletics organization. *(Adopted: 1/14/97 effective 8/1/97)*

14.1.4 Drug-Testing Consent Form.

14.1.4.1 Content and Purpose. Each academic year, a student-athlete shall sign a form prescribed by the Management Council in which the student consents to be tested for the use of drugs prohibited by NCAA legislation. Failure to complete and sign the consent form before competition shall result in the student-athlete’s ineligibility for participation (i.e., practice and competition) in all intercollegiate athletics. *(Adopted: 1/10/92 effective 8/1/92, Revised: 1/16/93, 1/10/95 effective 8/1/95, 1/14/97, 4/13/10)*

14.1.4.2 Administration. The following procedures shall be used in administering the form (see Constitution 3.2.4.6): *(Adopted: 1/10/92 effective 8/1/92, Revised: 4/13/10)*

   (a) The consent form shall be administered individually to each student-athlete by the athletics director or the athletics director’s designee each academic year;

   (b) The athletics director or the athletics director’s designee shall disseminate the list of banned drug classes to all student-athletes and educate them about products that might contain banned drugs. All student-athletes are to be notified that the list may change during the academic year, that updates may be found on the NCAA website (i.e., www.ncaa.org) and informed of the appropriate athletics department procedures for disseminating updates to the list; and

   (c) The consent forms shall be kept on file by the athletics director and shall be available for examination on request by an authorized representative of the NCAA.

14.1.4.3 Effect of Violation. A violation of Bylaw 14.1.4 or its subsections shall be considered an institutional violation per Constitution 2.8.1; however, the student-athlete’s eligibility shall not be affected provided the student-athlete signs the consent form. *(Adopted: 4/13/10)*

**UW OSHKOSH DRUG POLICY**

The Athletic Department strongly believes that the illicit use of drugs (excluding those drugs prescribed by a physician to treat a specific medical condition) can be detrimental to the physical and mental health well-being of its student-athletes, no matter when such use would
occur during the year. In addition to being against the law, the use of drugs can seriously interfere with the performance of individuals as student-athletes and be injurious to student-athletes and their teammates, particularly when participating in athletic competition or practice.

Membership and participation on an athletic team at the University of Wisconsin Oshkosh is a privilege. The University of Wisconsin Oshkosh prohibits the use of drugs or substances listed as the NCAA’s list of banned substances by any student-athlete who participates. The University of Wisconsin Oshkosh is committed to developing and maintaining an environment that encourages and fosters drug-free competition.

At the beginning of each athletic year, a student-athlete must sign the NCAA and University of Wisconsin Oshkosh drug-testing consent form. This form allows the NCAA and University of Wisconsin Oshkosh to test student-athletes for banned substances. The following rules and regulations apply to you:

1. **Drug Screening Procedure:**
   The drug screening program applies to all student-athletes, in-season and out-of-season. Participants may be screened for any and/or all of the NCAA banned substances based on reasonable suspicions obtained by a university representative(s). Reasonable suspicion is defined as suspicion based on specific, personal and/or direct observation that the university representative(s) can describe concerning any of the four areas that warrant further investigation: appearance, behavior, speech, or odor.

2. **Contact Meeting:**
   A student-athlete under reasonable suspicion for use of a banned substance will be notified by the Athletic Director or coach to report within 24 hours for a contact meeting. The meeting, to be conducted with the Athletic Director, Certified Athletic Trainer(s), and the Head Coach, will outline to the student-athlete the reasons he/she is considered to be under reasonable suspicion for the use of a banned substance and the penalties associated. The student-athlete will be provided with the opportunity to admit or deny the allegations. If a denial is made, the student-athlete will then be informed of the screening protocol and ask to submit thereto.

3. **Specimen Collection/Screening:**
   Screening for banned substances will be conducted through the use of a urine specimen. There will be no intrusive testing through the use of blood samples. All tests will be evaluated at the NCAA threshold for each banned substance. After being shared with the student-athlete, all test results will remain confidential and secured by the Athletic Director. This information will be released only to those University staff and medical staff on a need to know basis (who include, but are not limited to, the Chancellor, Athletic Director, Team Medical Personnel, Certified Athletic Trainers, Head Coach(s), and the University Health and Counseling Center).

4. **Penalties:**
   A student-athlete who tests positive for a banned drug other than a “street drug” shall be withheld from competition in all sports for a minimum of 365 days from the drug test collection date and shall lose a year of eligibility.

   A student-athlete who tests positive for a “street drug” shall be charged with the loss of competition during a minimum of 50 percent of a season in all sports (at least the first 50 percent of all contests or dates of competition in the season following the positive test).

   A student-athlete who tests positive a second time for the use of any drug other than a “street drug” shall lose all remaining regular season and postseason eligibility in all sports. A combination of two positive tests involving street drugs (e.g., marijuana, THC or heroin), in whatever order, will result in the loss of an additional year of eligibility.

   Additionally, the following applies:

- For a positive test, the student-athlete will be required to attend an AODA assessment as a requirement to be reinstated and;
- The student-athlete must submit to a substance screening and test negative in order to be reinstated and;
- The student-athlete may be required to submit to future unannounced substance screening for one (1) year from the reinstatement date. If the student-athlete should test positive at anytime during that year, then immediate and permanent dismissal from any further participation in intercollegiate athletics will result.
If the student-athlete denies the use of a banned substance and tests negative, the allegations of reasonable suspicion will be dropped and no further action will be taken.

2) **Refusal to submit to screening:**
Any student-athlete who refuses to submit to screening will be treated as having had a positive test result for the purpose of imposing disciplinary action pursuant to this policy. The student-athlete’s record, however, will appropriately reflect the fact that the discipline was based on his/her refusal to submit to screening rather than as a consequence of a positive test result.

3) **Payment for Drug Screening:**
The University of Wisconsin Oshkosh will fund all initial substance screenings. Following the initial test, the student-athlete is required and responsible for payment of all additional screening as required by this policy. The screening facility will charge the Athletic Department for all screenings. The Department will then place these charges on the student-athlete’s campus billing account. Failure to pay for these substance screenings may result in an academic hold being placed on a student-athlete’s records as well as the loss of athletic eligibility until said bill is paid in full.

5) **Appeals Board:**
A student-athlete may submit an appeal in writing to the Athletic Director. Thereafter, an Appeals Board will be assembled within 30 days of written request. The Appeals Board will consist of the following:
- Athletic Director
- Senior Woman Administrator
- One Athletic Trainer (not from the student-athlete’s sport)
- One Male Sport Head Coach (not from the student-athlete’s sport if applicable)
- One Female Sport Head Coach (not from the student-athlete’s sport if applicable)
- One Male SAAC Representative (not from the student-athlete’s sport if applicable)
- One Female SAAC Representative (not from the student-athlete’s sport if applicable)
- One Faculty Athletic Representative Who Represents the Student-Athlete’s Sport
- Chair of the Intercollegiate Athletic Committee or Their Designated Representative

All documents relevant to the appeal will be available to the Appeals Board five (5) days prior to the meeting. All documents must not leave the Athletic Department. Upon review, each member of the Board will determine if a conflict of interest exists. If a conflict does exist, a replacement will be selected by the Athletic Director.

The student-athlete requesting the appeal may present his or her case to the Board at the time of the meeting. The Board may ask questions to the student-athlete relevant to the case. The student-athlete will then be asked to leave while the Board discusses the case behind closed doors.

Once discussion concludes, a call to vote should be requested. A closed ballet will be taken. The Athletic Director will tally the votes. In case of a tie as a result of an abstention, discussion will continue until a call to vote is requested for the second time. A second closed ballet will be taken. In the case of a second tie, the decision is that of the Athletic Director.

The decision of the Appeals Board is final.

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**“SAFE HARBOR” PROGRAM**

The “Safe Harbor” program is in place to allow student-athletes that may have a drug or alcohol problem to self report and receive treatment. The student-athlete must comply with the treatment plan; otherwise the student-athlete will be placed in the penalty phase, based on initial screening.