Most of the runs begin at Roberts Pavillion with some beginning at Mills and Foothill (.5 miles north of Roberts Pavillion on Mills). There are a few that you have to drive to and the driving directions are listed. There are maps of the local area with distances at the end of the document.

Scripps-Towne (Butte)- 5.95 miles
http://www.gmap-pedometer.com/?r=500115
Go up Mills to Radcliffe and turn left. Turn left on Indian Hill. Turn right on Scripps. Turn left on Towne. Turn left on Butte. Follow Butte as it turns into 8th. Run through campus to Roberts.

Scripps-Towne (Harrison)- 6.3 miles
http://www.gmap-pedometer.com/?r=500117
Go west on 6th Street. Follow the bend as 6th turns into Harrison. Turn right on Towne. Turn right on Scripps. Turn left on Indian Hill. Turn right on Radcliffe. Turn right on Mills. Take Mills to Roberts.

Towne-Baseline- 6.6 miles
http://www.gmap-pedometer.com/?r=187010
Run up Mills to Baseline. Turn left. Turn left on Towne. Turn left on Harrison. Turn left into Pilgrim Place and follow the street as it bends and becomes 6th. Run 6th back to Roberts.

Extended Scripps-Towne (Butte)- 7.2 miles
http://www.gmap-pedometer.com/?r=533460
Go east on 6th Street. Turn left on Claremont. Follow the street as it bends. Turn left on Monte Vista. Turn left on Baseline. Turn left on Mills. Turn right on Radcliffe. Turn left on Indian Hill. Turn right on Scripps. Turn left on Towne. Turn left on Butte. Follow Butte as it becomes 8th Street. Run through campus to Roberts.

Extended Scripps-Towne (Harrison)- 7.5 miles
http://www.gmap-pedometer.com/?r=533461
Go east on 6th Street. Turn left on Claremont. Follow the street as it bends. Turn left on Monte Vista. Turn left on Baseline. Turn left on Mills. Turn right on Radcliffe. Turn left on Indian Hill. Turn right on Scripps. Turn left on Towne. Turn left on Harrison. Follow Harrison as it bends and becomes 6th Street. Follow 6th Street back to Roberts.

Fulton Loop- 7 miles
http://www.gmap-pedometer.com/?r=183842
Go up Mills to Platt. Go west on Platt/12th. Turn left on Mountain and then turn right on Santa Clara. Stay on Santa Clara as it bends and becomes Amador. Stay on Amador as it turns into Richbrook. Turn left on Mural. Turn right on Silverdale and then left on Merrifield. Turn right on Grove and take that all the way to Fulton. Turn left on Fulton. Turn left on Bonita. Take Bonita to Garey and then turn left. Turn right on Harrison. Turn left into Pilgrim Place and follow the bend to 6th Street. Take 6th back to Roberts.

Mountain-Miramar- 7.45 miles
http://www.gmap-pedometer.com/?r=192252
Go on the track through the gate by the apartments to Claremont. Go up Claremont/Monte Vista all the way to Miramar. Turn left on Miramar. Take Miramar to where it ends at Forbes and then take the little bike path behind the park. Turn left on Indian Hill and then right on Mount Carmel. Follow Mount Carmel as it twists and then take a right on Sage and a left on Mountain. Turn left on Harrison and go through Pilgrim Place to 6th and back to Roberts.

Parks Run- 9.3 miles
http://www.gmap-pedometer.com/?r=216425
The rule for this run is that at least one foot must touch the park. Simply running by the park is not allowed. Go west on 6th and then take a left onto College. Turn right on Bonita and run past the tiny park in the Village. Turn right on Indian Hill. Take Indian Hill all the way up to Scripps and turn left. Turn left on Mountain and then right on Hood (the second right). Turn right on Niagara (the third right). Turn left on Syracuse and then immediately turn right on Danbury. Take Danbury back to Scripps, turn left on Scripps and then right on Towne. Turn left on Ridgefield and then turn left on Woodbend. Turn left on Hillsdale and then right on Towne. Take Towne to Butte and then turn left on Butte. Turn right on Mountain and then left on Harrison. Turn right on Cambridge and go past Arrow to Doane. Turn left on Doane. Turn left on Guilford and then turn right on Vista. Follow Vista as it turns into Oak Park (Indian Hill is where the street changes names). Turn left on College and then turn right into the dog park. Run through the park to Eldar and keep going east. Hop the fence to get onto Mills and then run up Mills/Claremont up to 6th. Turn left on 6th and head home.

Pomello- 4.85 miles, 5.15 from the dorms, 5.95 from Roberts Pavilion (add a lap for 10k)
http://www.gmap-pedometer.com/?r=533468
Start at the corner of Mills and Foothill. Run up Mills. Turn right on Pomello. Turn right on Padua. Turn right on Claremont and follow the street as it bends. Turn right on Foothill.

Padua-Mills- 6.15 miles from the corner of Mills and Foothill, 7.2 miles from Roberts.
http://www.gmap-pedometer.com/?r=533469
Run up Mills to Mount Baldy Road. Turn right. Turn right on Padua. Turn right onto Claremont and follow the street as it bends. Turn right onto Foothill. If starting at Roberts Pavilion turn left onto Mills and run through Mudd down to Roberts.

Padua-Padova-Mills- 6.75 miles
http://www.gmap-pedometer.com/?r=533471
Start at Mills and Foothill. Go up Mills to Mt. Baldy Road. Turn right on Mt. Baldy and left on Padova. Follow Padova as it bends and at the top just past the theater make a hard right onto Padua. Run down Padua/Monte Vista and turn right onto Claremont. Turn right onto Foothill and run to Mills.

Towne-Bike path- 8.4 miles
http://www.gmap-pedometer.com/?r=533470
Go west on 6th Street. Follow the bend as 6th turns into Harrison. Turn right on Towne. Follow Towne past Baseline to the start of the bike path. Turn right on the bike path. Follow the bike path to Mills. Turn right on Mills. Run Mills to Roberts.
Padua-Bike path- 10.2 miles
http://www.gmap-pedometer.com/?r=533472
Go west on 6th Street. Follow the bend as 6th turns into Harrison. Turn right on Towne. Follow Towne past Baseline to the start of the bike path. Turn right on the bike path. Follow the bike path to Mills. Turn right on Mills. Turn left on Mt. Baldy Road. Run Mt. Baldy to Padua. Turn right on Padua. Turn right on Claremont. Turn right on 6th Street. Finish at the benches.

Miramar-Mills- 5.4 miles (Run starts outside Roberts)
http://www.gmap-pedometer.com/?r=780372
Go up Mills to Miramar and then turn left. At the end of Miramar take the bike path behind the sports park and then turn left on Indian Hill. Turn left on 10th and then right on Yale. Turn left on 8th and then follow that back through campus to the start.

Bonelli Shoreline Loop - 6.6 miles
http://www.gmap-pedometer.com/?r=183888
To get to Bonelli, take Arrow west to Fairplex. Turn left on Fairplex and then turn right on Wright. Drive to almost the end of the street and then park there. To do the run, go west on Puddingstone and then turn left at the park entrance. When the road bends go straight onto the dirt road. A few hundred meters later, there will be a trail off to the left that goes down to the creek. Cross the creek and continue on the trail. When you meet back with the road take a hard right and run on the road through the trailer park. Stay on the road and go through the narrow gate. Turn right at the T intersection and continue following the road. After the bridge veer away from the shoreline and go through the gate. Go to the end of the parking lot and then veer right and hook back up with the trail. Follow the trail that hugs the shoreline until it ends and then go to the left on the road. Turn right at the T intersection and run across the dams. Just before the stop sign, there will be a trail off to the right. Take that trail and follow it as it parallels Puddingstone. Run Puddingstone back to the start.

Bonelli Loop (through Picnic Valley) - 7.1 miles
http://www.gmap-pedometer.com/?r=244735
Go west on Puddingstone and then turn left at the park entrance. When the road bends go straight onto the dirt road. A few hundred meters later, there will be a trail off to the left that goes down to the creek. Cross the creek and continue on the trail. When you meet back with the road take a hard right and run on the road through the trailer park. Stay on the road and go through the narrow gate. Turn left at the T intersection. Turn right at the next intersection and then follow the road. Turn right at the next major intersection. Go through the narrow gate. Go to the end of the parking lot and then veer right and hook back up with the trail. Follow the trail that hugs the shoreline until it ends and then go to the left on the road. Turn right at the T intersection and run across the dams. Just before the stop sign, there will be a trail off to the right. Take that trail and follow it as it parallels Puddingstone. Run Puddingstone back to the start.

Live Oak - Variable, ~2.25 miles to the tunnel, ~5.4 miles to the gate, 7.65 to Top of Mountain
http://www.gmap-pedometer.com/?r=724654
To get to the trail, take Baseline west. After you pass Emerald, look for a drainage canal on your right. Park on the street.
To do the run, follow the trail along the canal. Shortly after you start, you will need to cross the canal as a fence blocks your path. Follow the trail as it winds its way along the creek. Stay on the main trail whenever you get to an intersection. Shortly after the flat area at the top, you will find yourself in a streambed. Head off to the left (under/near the pipe) and go up the hill and then make a hard right turn. Go through the gate and continue on the trail. You will eventually hit another gate. If you go right you will head off towards Top of Mountain. If you go left you will head down the Wilderness Park trail.

Top O’ Mountain – variable, out and back (best for runs under 50 minutes), groomed dirt trail
http://www.gmap-pedometer.com/?r=6828889
To get to the trail, take Baseline west. Turn right on Mountain Ave and head all the way to the top of the hill. Park at the very top of Mountain ave, be aware of fire lane areas.
Run east along Via Santa Catarina until you get to the trail head to Johnson’s Pasture. Follow the trail, staying left (continuing uphill) at the first fork where Johnson’s Pasture trail joins up to the Wilderness Park trail. Continue along the main trail after that until you turn around.

Wasteland - 9.7 miles
http://www.gmap-pedometer.com/?r=533477
Go east on 6th Street. Turn left onto Claremont. Follow Claremont as it turns into Monte Vista. Turn right on Miramar. Go straight on Miramar. Go over the hill and cross the stream. Get on the trail and then turn left at the ditch. Go all the way to the end of the trail and then make a hard left turn onto the road. Follow the road and hop the gate to get onto Mt. Baldy Road. Turn left on Padua. Turn right on Pomello. Turn left on Mills. Follow Mills to Roberts Pavillion.

Wasteland 2 - 9.85 miles
http://www.gmap-pedometer.com/?r=533478
Go east on 6th Street. Turn left onto Claremont. Follow Claremont as it turns into Monte Vista. Turn right on Miramar. Go straight on Miramar. Go over the hill and cross the stream. Get on the trail and then turn left at the ditch. Go all the way to the end of the trail and then make a hard left turn onto the road. Take the trail that branches off from the road and then veer off onto the trail to the right. Stay on that trail as it winds down and when it dead-ends at a T-intersection make a right. At the next T-intersection make another right and follow the trail until you see the gate at Pomello. Get on Pomello. Turn left onto Mills. Take Mills to Roberts Pavillion.

Wilderness Park- 11 miles from Roberts, 10 miles from Mudd
http://www.gmap-pedometer.com/?r=2224K
Go up Mills. At the very top of Mills go into the parking lot on the left. Get ready for pain. Go through the gate and go straight on the trail (the right hand trail). After about a mile and a half there will be a trail going off to the right. DO NOT TAKE THIS TRAIL!! Go left and stay on the trail for another mile and a half. You will see a trail going downhill on you left. Take that trail, which will lead you back to the bottom of the park. Run back down Mills.

Garey-Grove-7.65 miles
http://www.gmap-pedometer.com/?r=279489
Go up Mills to Baseline. Turn left on Baseline and then turn left on Live Oak Canyon. Turn right on East College Way and then left on Garey. Turn left on Grove. Turn left on Towne and
then turn right onto Butte. Take Butte/8th back to campus and then run past Collins and across Parents Field back to Roberts Pavillion.

Boring Bike path (aka Urban Renewal, formerly known as Urban Decay)
http://www.gmap-pedometer.com/?r=293366
To Mountain: 2.4 miles, To Euclid: 3.5 miles. There is water at Central, at Mountain, and just after Euclid. The bike path goes for over 13 miles with a dirt path alongside after six miles.

Go out the gate by the apartments and go east on 6th. Turn right on Monte Vista and cross the street. Turn left onto the path.

Distances: Claremont to Monte Vista: approx. 0.33 miles
Monte Vista to Central: 0.48 miles
Central to Benson: 0.485 miles
Benson to Mountain: 0.6 miles
Mountain to San Antonio: 0.522 miles
San Antonio to Euclid: 0.532 miles
Distances do not include street crossings (i.e. they are the length of the block)

Softer Euclid 10 Miler- 10 miles
http://www.gmap-pedometer.com/?r=1576874
Start at Roberts Pavillion and go east on 6th. Turn right on Monte Vista and then turn left onto the bike path. Run the bike path to Euclid and turn left. Turn left on 16th. Turn left on Mills and follow it back to the gate at Roberts. Run to the track and run to the start of the first exchange zone (just before the 100m mark). For eight miles start at the corner of Baseline and Monte Vista and run 30m farther on the track.

La Verne 8 Miler- 8 miles
http://www.gmap-pedometer.com/?r=21127
Go west on 6th Street and follow the bend to Harrison. Turn right on Harrison and go all the way to Garey. Turn left on Garey and then turn right onto Bonita. Turn right on D Street and then turn right on 8th (the third right, it will be right after the school). Turn left on White and then right on Grove. Turn left on Towne and right on Butte. Follow Butte as it becomes 8th. When 8th dead-ends by the bookstore and library keep going straight on the sidewalk and then run past Collins onto Parents Field. Run through the gate to the track and finish at the first light pole.

La Verne 10 Miler- 10 miles
http://www.gmap-pedometer.com/?r=21135
Go west on 6th Street and follow the bend to Harrison. Turn right on Harrison and go all the way to Garey. Turn left on Garey and then turn right onto Bonita. Take Bonita all the way to Kuns Park (just past A Street.) Loop Kuns Park and then go back the way you came on Bonita (east). Turn left on D Street and then turn right on 8th (the third right, it will be right after the school). Take a left on White and then take a right on Grove. Take a left on Towne and then a right onto Butte. Take a left on Mountain and then a right on 12th. Take a right on Mills and run down to Roberts Pavillion and through the gate to the track. Run almost a full lap on the track and finish at the scoreboard.
Euclid-24th - 13.4 miles
http://www.gmap-pedometer.com/?r=291358
Go east on 6th Street to Euclid. Turn left on Euclid. Run all the way up Euclid to 24th (the fire station). Turn left on 24th. Turn left on San Antonio. Turn right on 23rd. Follow 23rd as it bends south and becomes Mildura Ave. Turn right on Benson. Turn right on Baseline/16th. Turn left on Mills and run back to Roberts Pavillion.