SWIM SCHOOL DIRECTOR

The Willamette Swim School Director is Brent Summers, Head Swim Coach at Willamette University.

For more information please contact Assistant Director Erin McVeigh at emcveigh@willamette.edu or 503-370-6686

PRIVATE LESSONS

Willamette Swim School also offers private lessons. Please contact Erin McVeigh for more information.

30 Minutes for $30 | 5 Lessons for $125

* Private lessons during the spring are very limited and subject to lane availability.

LOCATION

The Willamette Swim School takes place at the Willamette University Natatorium in the Sparks Center on the WU Campus. Parking at Willamette is free during Swim School sessions.

CANCELLATION POLICY

Classes will be held only if there is more than one child participating. Parents will be notified of any changes one week prior to the start of the session.

Mail registration form, medical waiver and fees to:
Willamette University Swim School
900 State St. Salem, OR 97301
Checks payable to Willamette University Swimming. Medical waiver must be signed by parent/guardian and on file before being allowed to participate.
The purpose of the Willamette Swim School is to provide quality stroke instruction to your child with the utmost regard for water safety and current ability. We accomplish this task by providing experienced instructors, fun, well-prepared classes for your child, and goals so they can progress their skills.

SCHOOL AGE LESSONS – AGES 8 & UP

Level 1
An introductory class for novices. Skills taught include back and front float, breath holding, exhaling in water, sculling, kicking, and water safety and respect. These classes are taught with no more than 4 students per instructor.

Level 2
Building on the skills taught in either Level 1 or Adv. Cub Cat, students will learn proficiency kicking on back and front, rhythmic breathing, and full arm movements for freestyle and backstroke up to 25 yards. Possible Skills Include: breaststroke kick, elementary backstroke, and diving skills. These classes are taught with no more than 4 students per instructor.

CUB CATS – AGES 3-7

Cub Cat 1
An entry level class for our youngest swimmers. Instructors teach basic water skills, and emphasize pool safety and fun. Skills include safe pool entry and exit, blowing bubbles, bobs, and floating on both front and back. Students will be introduced to kicking on their front and back. These classes are taught with no more than 3 students per instructor.

Cub Cat 2
Building on the skills taught in Cub Cat 1, students learn to glide and kick on their back and front, as well as preliminary freestyle and backstroke arms. Students may also begin learning side breathing in addition to jumping into deep water and swimming to safety. Classes are taught with no more than 3 students per instructor.

Advanced Cub Cat
Building on the skills taught in Cub Cat 2, students learn proper freestyle and backstroke technique with proficiency up to 10 yards. Students will begin learning elementary backstroke and basic diving skills. These classes are taught with no more than 4 students per instructor.

RELEASE AUTHORIZATION:

EMERGENCY TREATMENT

I understand that I am required to maintain and carry medical insurance in an amount sufficient to cover any injuries sustained by the participant resulting from participation while participating in any activity related to the Willamette University Swim School. I verify that the insurance coverage information attached herewith is accurate and true. This required coverage shall remain in full effect during the entire duration of the undersigned’s participation in the Willamette University Swim School.

PHOTO RELEASE

I do hereby grant permission to the Willamette University and its employees or representatives, to take and use: photographs, videotape and/or digital images of my child for use in promotional materials pertinent to the Willamette University Swim School program in printed or electronic publications or materials.

I authorize the use of these images indefinitely without compensation to me. All negatives, positives, prints, digital reproductions and videotape shall be the property of Willamette University.

PARENT/GUARDIAN SIGNATURE    DATE