Initially founded in 1851, the University of the District of Columbia has a rich history. Chartered in 1974, the University of the District of Columbia is the only fully-accredited public institution of higher education in the nation’s capital. As an urban land-grant university, it supports a broad mission of education, research and community service and offers bachelors and masters degrees in the College of Arts and Science; School of Business and Public Administration; School of Engineering and Applied Sciences; and College of Agriculture, Urban Sustainability and Environmental Studies. Also included in the university system is the David A. Clarke School of Law. In August 2009, the University of the District of Columbia inaugurated a new, stand-alone Community College which offers more than 20 associate degree and certificate programs as well as over 25 Workforce Development programs to prepare students for successful careers and academic advancement.

As the District’s alma mater, the University of the District of Columbia attracts students of every age from the Washington, DC region, the nation and the world—providing innovative, results-driven programs that enrich our city with educated, qualified students, ready to work and contribute to its overall prosperity and quality of life. More than 25 nations are represented in the student body. The University of the District of Columbia extends beyond its campus footprint, offering easy access to world-famous monuments, political intrigue and cultural attractions everywhere you look. An education here opens doors to opportunities that can only be found in the nation’s capital.
Directions to UDC Campus

From Washington, DC:

From Southeast/Southwest Washington- Take Pennsylvania Avenue West or South Capitol Street North to (I-395) Southwest Freeway-Follow the Southwest Freeway to the Maine Avenue exit- Follow Maine Avenue until it merges with Independence Avenue - Follow Independence Avenue to 17th Street, NW. – Turn right on 17th Street, NW and continue on 17th until it becomes Connecticut Avenue, NW. – Continue on Connecticut Avenue for approximately 5 miles to Van Ness Street, NW- Turn left on Van Ness Street, NW- The UDC Campus will be on the right-Turn right into parking garage entrance.

From Northwest Washington- Take Connecticut Avenue West to Van Ness Street, NW-Turn left on Van Ness Street, NW- The UDC Campus will be on your right. Turn right to enter the UDC parking garage.

From Northeast Washington- Take Michigan Avenue, NE to Irving Street, NW to Kenyon Street NW- Follow Kenyon Street, NW to Park Road, NW- Follow Park Road, NW until it bears right to become Tilden Street at a traffic light. Follow Tilden Street, NW to Connecticut Avenue, NW- Turn right on Connecticut Avenue, NW- Follow Connecticut Avenue, NW to Van Ness Street, NW- Turn left on to Van Ness Street, NW- the UDC Campus will be on your right-Turn right to enter the UDC parking garage.

From Maryland:

From I-95- Take I-95 South to I-495 East, to the Connecticut Avenue South exit- Follow Connecticut Avenue South to Chevy Chase Circle- Go through Chevy Chase Circle to continue on Connecticut Avenue, NW- Follow Connecticut Avenue, NW to 4200 block to UDC Campus-Turn right on Van Ness Street, NW- Turn right to enter the UDC parking garage.

From I-270- Take I-270 to I-495 East, to Connecticut Avenue South exit- Follow Connecticut Avenue South to Chevy Chase Circle- Go through Chevy Chase Circle to continue on Connecticut Avenue, NW- Follow Connecticut Avenue, NW to 4200 block to UDC Campus- Turn right on Van Ness Street, NW- Turn right to enter the UDC parking garage.

From Northern Virginia West:
From I-66- Take exit I-495 East, to Connecticut Avenue South exit- Follow Connecticut Avenue South to Chevy Chase Circle- Go through Chevy Chase Circle to continue on Connecticut Avenue, NW- Follow Connecticut Avenue, NW to 4200 block to UDC Campus- Turn right on Van Ness Street, NW- Turn right to enter the UDC parking garage.

From Northern Virginia South:
From I-395 – Take I-395 north to 14th Street, NW in Washington, DC- Follow 14th Street, NW to I Street, NW- Turn left onto I Street, NW- Follow I Street, NW to 17th Street, NW- Turn right on 17th Street, NW and follow it until it becomes Connecticut Avenue, NW- Continue on Connecticut Avenue, NW for approximately 5 miles to Van Ness Street, NW- Turn left on Van Ness Street, NW- The UDC Campus will be on the right-Turn right into the UDC parking garage entrance.
Visiting team buses and vans should park in the area next to the tennis courts in the circle fronting building 46, off Windom Place, NW. Windom Place is located between Yuma Street and Veazey Terrace on the University side of Connecticut Avenue, NW. Please call University of the District of Columbia Police with any questions or for further parking instructions at (202) 274-5050.
Van Ness Campus Building Directory

32 Mathematics/Academic Advising Center
38 Student Services/Book Store
38 Career Services/Center
39 Administration/Financial Aid/School of Business
41 Arts & Sciences/Library
42 Engineering
44 Life Sciences
46 Auditorium/Music/Dance & Theater
47 Athletic Center
52 Law School/Paths Program Lab
Dear Visiting Trainer,

On behalf of the University of the District of Columbia we would like to welcome you and your team to the campus of the University of the District of Columbia - home of the Firebirds.

If you have any special requests, do not hesitate to contact the Assistant Director of Athletics for Sports Medicine, Alison Hammer.

University of the District of Columbia’s athletic training facility is located in Building 47. The training room will be open to participating athletes two hours before a scheduled contest. A Certified Athletic Trainer (ATC) will be on site for every home varsity contest.

- Visiting teams should bring their own training supplies. None will be provided.
- Ice is available.
- A table is set up in the athletic training room for taping.
- Towels are not provided for the visiting team.

Sincerely,

Assistant Director of Athletics for Sports Medicine
Alison Hammer
Facilities Information

Locker Room

Locker Room facilities are only available in Building 47. Visiting teams need to bring their own towels and locks. The locker room will be secured during contests.

Practice Times

Visiting teams should contact Associate Director of Athletics for Internal Operations, Jason Imperati, to schedule practice times or for more information: jason.imperati@udc.edu or 202-274-6796.

UDC Gymnasium
Sports Information

Media Information
The Sports Information Office serves as the primary contact for the media to obtain information about the athletic program at the University of the District of Columbia. The Office provides news releases, final game statistics, schedules, media guides and other printed resource materials in support of the athletic program. The Sports Information Office also maintains the University's Official Athletic Web Site, and can be reached by telephone at (202) 274-5064, by FAX at (202) 274-5065, and by E-mail (eric.zedalis@udc.edu).

Media Credentials
Requests for credentials should be made to the Sports Information Office at least 24 hours prior to each game. Credentials may be picked up prior to gameday at the University of the District of Columbia Sports Information Office in the Sports Complex (Bldg. 47), B-level, or at the ticket window immediately before the start of a game.

Media Parking
Media are welcome to park above the Days Inn garage on Yuma Street, across from the UDC Tennis Courts.

Interview Policy
Coaches and athletes are available for interviews. Please contact the Sports Information Office to schedule all interviews at least 24 hours in advance so that a mutually agreeable time can be arranged.

Game stories, schedules, results and other athletic related matters can be accessed through the official athletic site of the University of the District of Columbia, www.udcfirebirds.com, or the University’s web site at www.udc.edu (click on the athletic link).

Please follow Firebird Athletics:
Web: www.udcfirebirds.com
Twitter: UDCAthletics
Facebook: UDC Athletics
Instagram: UDCAthletics
Youtube: UDCAthletics1
Hotels

Days Inn Connecticut Avenue

Proud sponsor and next door neighbor of UDC Athletics!

4400 Connecticut Ave., NW
Washington, DC 20008
800-952-3060 (mention UDC Visitors Guide)
Local Media Outlets

Newspapers

Washington Post
1150 15th Street, NW
Washington, DC 20071
(202) 334-7350
FAX: (202) 334-7685

Washington Afro-American
1612 14th Street, NW
Washington, DC 20009-4307
(202) 332-0080
FAX: (202) 939-7461

Washington Informer
3117 Martin Luther King, Jr. Avenue, SE
Washington, DC 20032
(202) 561-4100

Associated Press
2012 K Street, NW
Washington, DC 20006
(202) 641-9660
FAX: (202) 776-9570

Northwest Current
5185 MacArthur Blvd., NW
Suite 102
Washington, DC 20016
(202) 244-7223
FAX: (202) 363-9850

FAX: (202) 895-3010

TV Stations

WRC-TV (4)
40001 Nebraska Avenue, NW
Washington, DC 20016
(202) 885-4000
Fax: (202) 885-4002

WUSA-TV (9)
4100 Wisconsin Avenue, NW
Washington, DC 20016
(202) 895-5600
FAX: (202) 363-6472

WTTG-TV (5)
5151 Wisconsin Avenue, NW
Washington, DC 20016
(202) 895-3026

Radio

Radio One WOL (1450 AM)
(Channel 169 XM)
5900 Princess Parkway
Lanham MD 20706
(301) 429-2665

WTEM Radio (980 AM)
1801 Rockville Pike
Rockville, MD 20852
(301) 231-7798
FAX: (301) 881-7798
Staff Directory

Director of Athletics
Patricia Thomas
P: (202) 274-5024
E: pthomas@udc.edu

Senior Associate Director of Athletics for Compliance
Joseph Lang
P: (202) 274-6314
E: jlang@udc.edu

Associate Director of Athletics for Internal Operations
Jason Imperati
P: (202) 274-6796
E: jason.imperati@udc.edu

Assistant Director of Athletics for Communications
Eric Zedalis
P: (202) 274-5064
E: eric.zedalis@udc.edu

Assistant Director of Athletics for Sports Medicine / Senior Woman Administrator
Alison Hammer
P: (202) 274-6269
E: alison.hammer@udc.edu

Aquatics Director
Lauren Fuchs
P: (202) 274-5343
E: lauren.fuchs@udc.edu

Faculty Athletics Representative
Dr. Thomas Bullock
P: (202) 274-6216
E: tbullock@udc.edu

Administrative Assistant
Sandra Smith
P: (202) 274-5095
E: sjsmith@udc.edu
Coaching Staff

**Men’s Basketball**

**Head Coach**
Mike Riley  
P: (202) 274-6379  
E: mriley@udc.edu

**Assistant Coach**
Terrell Stokes  
P: (202) 274-6352  
E: tstokes@udc.edu

**Women’s Basketball**

**Head Coach**
DeWayne Burroughs  
P: (202) 274-6175  
E: dewayne.burroughs@udc.edu

**Assistant Coach**
John Nakpodia  
P: (202) 274-6175  
E: john.nakpodia@udc.edu

**Assistant Coach**
Jaresha Obey  
P: (202) 274-6175  
E: jaresha.obey@udc.edu

**Men’s Lacrosse**

**Head Coach**
Scott Urick  
P: (202) 274-5762  
E: scott.urick@udc.edu

**Assistant Coach**
Rodger Colbert  
P: (202) 274-5762

**Women’s Lacrosse**

**Head Coach**
Melynda Brown  
P: (202) 274-6297  
E: melynda.brown@udc.edu

**Assistant Coach**
Kirkland Lewis  
P: (202) 274-6024  
E: kirkland.lewis@udc.edu

**Volunteer Assistant Coach**
Christopher Brown

**Men’s Soccer**

**Head Coach**
Matthew Thompson  
P: (202) 274-5074  
E: mlthompson@udc.edu

**Assistant Coach**
Danny Wadeson  
P: (202) 274-5328  
E: Daniel.wadeson@udc.edu

**Men’s / Women’s Tennis**

**Head Coach**
Dickie Mahaffey  
P: (202) 274-5966  
E: tmahaffey@udc.edu

**Women’s Cross Country/Track & Field**

**Head Coach**
Alton McKenzie  
P: (202) 274-5381  
E: amckenzie@udc.edu

**Volunteer Assistant Coach**
Kevin Murphy
Emergency Phone Numbers

Fire, Medical & Police  911

Metropolitan Police Department  202-727-4326
(Non-emergency)

District of Columbia Fire Department  202-727-4326
(Non-emergency)

UDC Campus Police  202-274-5050

UDC Athletic Trainer  202-274-6269