INTERCOLLEGIATE ATHLETICS

• MIT supports one of the broadest intercollegiate athletic programs in the world. With 33 varsity sports, MIT provides the most intercollegiate offerings among Division III institutions in America.
• MIT’s primary league affiliation lies with the New England Women’s and Men’s Athletic Conference (NEWMAC) as a Division III member of the NCAA, while the Engineers’ rowing programs compete at the Division I level.
• The NEWMAC is widely considered one of the top Division III conferences in the New England region.
• Although crew is the only classified Division I program, cross country, fencing, rifle, sailing, squash, track and field, and water polo regularly compete against Division I opponents.

ATHLETIC EXCELLENCE

• MIT finished sixth in the annual Learfield Director’s Cup standings in 2018-19. The Engineers have now finished in the top-11 in the country 10 straight years dating back to the 2009-2010 academic year.
• MIT athletes have authored 45 individual national championships and have won 24 team championships. Yorai Shaoul ’21 won the triple jump at the 2019 NCAA Division III Indoor and Outdoor Track and Field Championships, while Jay Lang ’22 captured the three-meter diving crown at the NCAA Division III Swimming and Diving Championship. In addition, the squash team claimed the Summers Cup, marking the program’s first national championship title.
• The men’s outdoor track and field team was the runner-up at the 2019 NCAA Division III Championship, marking its highest finish in program history. At the same meet, Alec Redeker ’20 and Yorai Shaoul ’21 finished second in the high jump and long jump, respectively. At the 2019 NCAA Division III Swimming and Diving Championship, Deborah Wen ’21 was the runner-up on the one-meter diving board, while Bouke Edskes ’20 captured second place in the 100 yard butterfly.
• MIT student-athletes have earned at least 70 All-America honors every season since 2009 and totaled 88 accolades in 2018-19.
• The Engineers collected 12 NEWMAC Championships in 2018-19 and leads the league in overall titles won. MIT won the NEWMAC Presidents Cup for both the men’s and women’s programs for the fifth time in the seven-year history of the award. The Presidents Cup is an all-sports award given to the top overall men’s and women’s programs in the conference. MIT has won at least one of the Cups each year that they have been presented.
• In 2018-19, MIT had 22 nationally-ranked teams and saw 16 teams participate in NCAA Championship events.
• Men’s tennis has reached the NCAA Regional Championships in 22 of the last 23 years while the women’s tennis team advanced to the NCAA Elite Eight in back-to-back years (2018 and 2019) and won its fourth straight NEWMAC Championship.
• Men’s cross country and track and field have combined to win 48 of the last 50 league championships.
• 30 Graduates have participated in the Olympic Games, winning three Gold, three Silver, and four Bronze medals.
• MIT had two student-athletes drafted by Major League Baseball in 2017 as Austin Filiere ’17 was selected by the Chicago Cubs in the eighth round and David Hesslink ’17 was picked by the Seattle Mariners in the 34th round. Filiere and Hesslink join Jason Szuminski ’00 (2000 – San Diego Padres; 27th round) and Alan Dopfel ’72 (1972 – California Angels) as the only Engineers to ever be drafted. Szuminski was the first MIT graduate to play in one of America’s four major professional sports as a pitcher for the Padres in 2004.

ACADEMIC EXCELLENCE

• MIT is the all-time Division III leader in producing Academic All-Americas (318). The Engineers rank second across all NCAA divisions behind only the University of Nebraska (338).
• In 2018-19, the Engineers received 23 Google Cloud Academic All-America honors from CoSIDA, marking the third straight year with 20 award winners. Abby Bertics ’19 (volleyball) was named the Google Cloud Academic All-America of the Year for Division III, resulting in MIT’s fourth all-time selection. For the second year in a row, Udgam Goyal ’19 was the Academic All-America Athlete of the Year for football, while Tim Roberts ’19 was chosen as the Academic All-America Athlete of the Year for men’s basketball.
• An Institute-record four student-athletes received the NCAA Elite 90 Award during the 2018-19 academic year. This award is presented to the student-athlete with the highest cumulative grade-point average participating at the finals site for each of the NCAA's 90 championships. Across all divisions, MIT is second with 17 awards and ranks first among NCAA Division III programs. Stanford holds the overall lead with 18 as the Engineers recently passed Alabama.
• Three-sport and four-time Academic All-America honoree Louise Jandura ’84 was inducted into the Google Cloud Academic All-America Hall of Fame. She joined Jennifer (Harris) Troser ’91, who was inducted in 2001.
• Margaret Guo ’16 (swimming and diving) became the first MIT student-athlete and fourth Division III student-athlete to be named the NCAA Woman of the Year in 2016. The program honors the academic achievements, athletics excellence, community service and leadership of graduating female college athletes from all three divisions.

PHYSICAL EDUCATION AND WELLNESS

• Each quarter, MIT offers over 50 sections and more than 25 types of instructional activity courses. There are additional specialty courses including Outdoor Education (backpacking, kayaking, parkour, rock climbing, SCUBA, skiing and snowboarding).
• Each course at MIT teaches health and wellness concepts as well as specific skill instruction.
• The six-week quarter schedule allows students to try two courses per semester. Approximately 45,000 registrants participate each year.
• As part of the General Institute Requirements, each student must earn eight points through courses and complete the swim requirement. A student earns two points per course.
• Being a member of a varsity team or the ROTC counts toward the fulfillment of the Physical Education and Wellness requirement.
RECREATIONAL SPORTS

• DAPER records nearly 900,000 individual visits during the year and serves 14,000 annual members.
• Over 200 programs are offered throughout the year: aquatic and fitness training including group exercise classes, private and group instructional classes, American Red Cross safety training, and specialty events.
• MIT recreational sports collaborates with over 21 academic and administrative departments on campus to provide programming, leadership opportunities, and a learning laboratory environment for research.
• The recreational sports program is committed to improving the quality of life and building community on the MIT campus through the development of campus-wide collaborative programs such as Getfit@MIT, MindHandHeart, Step Your Way, EngineerYourHealth plus, Orientation, DSL Wellness Fair and many more wellness-related events and programs.

CLUB SPORTS

• MIT features one of the nation’s most expansive club programs with over 1,100 participants and more than 30 teams, seven of which are martial arts clubs. Club sports provide a great opportunity for students to try a new activity and connect with a group on campus.
• All club teams are led and organized by MIT students and are governed by the student-led Club Sports Council.
• There are two categories of clubs: instructional and competitive. Instructional clubs offer formal training under the supervision of professional instructors.
• Competitive clubs participate in regional and national-level tournaments, with many ranking in the nation’s top 10.

INTRAMURALS

• MIT’s intramural sports program offers 20 sports each year, with divisions in each to accommodate various skill levels.
• Teams and leagues at MIT are student-led, and the most popular intramural sports are soccer, ice hockey, and basketball.
• Approximately 3,000 students, faculty, staff, alumni, and spouses participate in intramurals each year. About 30% of all undergraduate students participate in at least one intramural sport each year.

FACILITIES

• MIT’s athletic complex of 10 buildings and 26 acres of playing fields is one of the most expansive in New England.
• The Al ‘51 and Barrie Zesiger Sports and Fitness Center features a three-story natatorium, complete with an Olympic-size swimming pool, a separate six-lane, 25-yard instructional pool, a myriad of fitness rooms, six international squash courts, a multipurpose activity court, and the DAPER administrative offices.
• The 20 acres of outdoor fields include recently renovated baseball and softball diamonds, 16 tennis courts and a track complex that was judged one of the nation’s finest track and field facilities upon opening in 2000. The 12 outdoor courts were completely renovated in the summer of 2018 with a new playing surface, new fencing, and new lighting. The home to varsity tennis and physical education and wellness classes, the facility is one of the top venues in the Northeast.
• Henry G. Steinbrenner ’27 Stadium was dedicated in 1978 by former New York Yankees owner George Steinbrenner and his two sisters and was rededicated in 2009 after the addition of a new entryway. The gift was made in honor of their father, who won a national championship in track as an MIT undergraduate. Dedicated in October 2008, Bob and Eveline Roberts P ’10 Field is located within Steinbrenner Stadium and features a Field Turf artificial playing surface and lights. Roberts Field serves as the home for MIT’s football, men’s lacrosse, and soccer teams.
• In 2016, newly-constructed grandstands which seat 1,100 spectators at Steinbrenner ’27 Stadium were dedicated “In Appreciation of the Generosity from the Families and Alumni of Men’s and Women’s Soccer.” In addition, a new pressbox was installed, the sound system was replaced and state-of-the-art bathrooms were installed just inside the gates of Steinbrenner ’27 Stadium.
• In 2017, DAPER renovated its track and field complex and was named the Sherie and Don (1961) Morrison Track. A member of MIT’s track and field team from 1958-61, Don ranks among the program’s all-time leaders in the long jump. The home of MIT’s track and field program, Morrison Track features a Beynon BSS 2000 surface and a Hobart finish as the Olympic caliber system features a force reduction layer of butyl rubber and full-depth color Polyurethane that is finished with a customized surface texture engineered to meet the intense demands of competition. All of the field competition areas were also fully resurfaced, along with upgrades of the wiring for the timing systems.
• Jack Barry Field, completely renovated in the summer of 2011, is one of the finest facilities of its kind in New England and is the home of the MIT field hockey and women’s lacrosse teams.
• The David Flett duPont Athletic Center is equipped with a pistol and rifle range, fencing room, wrestling room, squash courts, the Paul Rudovsky ’66 Indoor Golf Range, and additional instructional rooms for dance and martial arts. The basketball and volleyball teams practice and compete in Rockwell Cage.
• Alumni Pool and Wang Fitness Center, housed in the Stata Center on the East side of campus, features a 25-yard pool as well as a shallow water instructional pool, group exercise studio, and a fitness center.
• MIT’s athletic facilities extend to the water where the Engineers helped make the Charles River the birthplace of intercollegiate sailing and a historic site for intercollegiate crew. The banks of the Charles are home to the Walter C. Wood Sailing Pavilion, the oldest university sailing pavilion in the world, and the Harold W. Pierce Boathouse.
• In 2010, patrons voted the Zesiger Center “Boston’s Best Gym” through City Voter’s A-List.

MIT ATHLETIC BRAND

• MIT’s athletic teams are known as the Engineers. Developing its roots as a technology-based university, the term Engineers has been affectionately used to describe MIT’s athletic teams since the turn of the 20th century. The term “Tech” is even older and dates back to the 1880s when the Institute was simply known as Technology.
• Cardinal Red and Silver Gray were adopted as the official colors for MIT in 1876. Cardinal Red stood for 1,000 years on land and sea in England’s emblem; it comprises half of the stripes on America’s flag; it has always stirred the heart and mind of man; and it stands for ‘red blood’ and all that ‘red blood’ stands for in life. Silver Gray was chosen to evoke the quiet virtues of modesty, persistency and gentleness.
• MIT’s official mascot is the beaver. Simply put, the beaver is nature’s engineer and was chosen as the official mascot for the Institute in 1914 because of its remarkable mechanical skills and habits of industry.
• Branded merchandise can be purchased at the main desk of the Zesiger Center and online at www.mitathletics.com.