Rhode Island College
Department of Athletics and Recreation

2018-19 Visitors Information Guide
Intercollegiate Athletics and Recreation

ADMINISTRATION
Director of Athletics, Intramurals and Recreation
Donald E. Tencher (401) 456-8007
e-mail: dtencher@ric.edu

Associate Athletic Director
Jo-Ann D’Alessandro (401) 456-9882
e-mail: jdalessandro@ric.edu

Assistant Director of Athletics for External Affairs
Scott Roy (401) 456-8515
e-mail: sroy@ric.edu

Assistant Athletic Director for Athletic and Recreational Facilities
Andy Coughlin (401) 456-4683
e-mail: acoughlin@ric.edu

Assistant to the Athletic Director
Eric Blanchard (401) 456-6345
e-mail: eblanchard@ric.edu

Secretary for Intercollegiate Athletics
Carol Peck (401) 456-8007
e-mail: cpeck@ric.edu

ATHLETIC DEVELOPMENT STAFF
Assistant Athletic Director for Development
Paul Adams (401) 456-8961
e-mail: padams@ric.edu

Executive Director of the Anchor Club
Arthur Pontarelli (401) 456-8863
e-mail: apontarelli@ric.edu

ATHLETIC MEDIA RELATIONS STAFF
Assistant Athletic Director for Media Relations and Promotions
Scott Gibbons (401) 456-8516
e-mail: sgibbons@ric.edu

Assistant Sports Information Director
Dan Booth (401) 456-6344
e-mail: dbooth@ric.edu

ATHLETIC MEDICINE STAFF
Assistant Athletic Director for Athletic Medicine and Club Sports
Justin Sjovall (401) 456-8397
e-mail: jsjovall@ric.edu

Head Athletic Trainer
Carlo Cantarella (401) 456-4686
e-mail: ccantarella@ric.edu

Assistant Athletic Trainer
Andrea Dunn (401) 456-8161
e-mail: adunn@ric.edu

STUDENT-ATHLETE SUCCESS CENTER STAFF
Coordinator of Student-Athlete Development
Tony Rainone (401) 456-1952
e-mail: arainone@ric.edu
**RECREATION CENTER STAFF**

Assistant Director of Athletics for Recreation and Intramurals  
Gerald Shellard (401) 456-8136  
e-mail: gshellard@ric.edu

Coordinator of Recreation and Fitness Programs  
Morgan Tullar (401) 456-8227  
e-mail: mtullar@ric.edu

Coordinator of Aquatics  
Ron Sutherland (401) 456-8238  
e-mail: rsutherland@ric.edu

Coordinator of Intramurals  
Eric Alleyne (401) 456-400  
e-mail: ealleyne@ric.edu

Recreation Center Front Desk Coordinator  
Dorene Ziroli (401) 456-8397  
e-mail: dziroli@ric.edu

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**Intercollegiate Athletics and Recreation**

**OTHER IMPORTANT NUMBERS**

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Intercollegiate Athletics Fax</td>
<td>(401) 456-8514</td>
</tr>
<tr>
<td>Athletic Training Room</td>
<td>(401) 456-8161</td>
</tr>
<tr>
<td>Recreation Center</td>
<td>(401) 456-8400</td>
</tr>
<tr>
<td>Recreation Center Fax</td>
<td>(401) 456-4637</td>
</tr>
<tr>
<td>RIC Campus Security</td>
<td>(401) 456-8201</td>
</tr>
<tr>
<td>Donovan Dining Center</td>
<td>(401) 456-8207</td>
</tr>
</tbody>
</table>

**COACHES**

**Baseball**

Frank Holbrook, Head Coach  
(e-mail: fholbrook@ric.edu)  
(401) 456-8258

Joe Vigeant, Assistant Coach  
(e-mail: jvigeant@ric.edu)  
FAX (401) 456-8514

Pete Olson, Assistant Coach  
(e-mail: polson@ric.edu)

**Men’s Basketball**

Tom Glynn, Head Coach  
(401) 456-8075

Robert Nelson, Assistant Coach  
(e-mail: rnelson@ric.edu)  
FAX (401) 456-4637

Daniel Jones, Assistant Coach  
(e-mail: djones1@ric.edu)

Mark Holmes, Coordinator of Operations  
(mholmes@ric.edu)

**Women’s Basketball**

Jenna Cosgrove, Head Coach  
(e-mail: jcosgrove@ric.edu)  
(401) 456-8156

Vandell Andrade, Assistant Coach  
(e-mail: vandrade@ric.edu)  
FAX (401) 456-4637

Alex Moore, Assistant Coach  
(email: amoore@ric.edu)

Nicole Stacy, Coordinator of Operations  
(e-mail: nstacy@ric.edu)

**Men’s & Women's Cross Country**

Timothy Rudd, Head Coach  
(e-mail: trudd1@ric.edu)  
(401) 456-4617

Assistant Coach, Autumn Wosencroft  
(e-mail: awosencroft@ric.edu)  
FAX (401) 456-8514

**Men’s Golf**

Gene St. Pierre, Head Coach  
(e-mail: estpierre@ric.edu)  
(401) 456-8829  
FAX (401) 456-8514

**Women’s Golf**

Debbie Johnson, Assistant Coach  
(e-mail: djohnson@ric.edu)  
(401) 456-8133  
FAX (401) 456-8514
Intercollegiate Athletics and Recreation

Women’s Gymnastics
Monica Mesalles Nassi, Head Coach (e-mail: mnassi@ric.edu) (401) 456-8215
FAX (401) 456-8514

Women’s Lacrosse
Jessica Spurr, Head Coach (e-mail: jspurr@ric.edu) (401) 456-4616
Morgan Tullar, Assistant Coach (e-mail: mtullar@ric.edu) FAX (401) 456-8514

Men’s Soccer
John Mello, Head Coach (e-mail: jlmello@ric.edu) (401) 456-8251
Dom Petrarca, Assistant Coach (e-mail: dpetrarca@ric.edu) FAX (401) 456-8514

Women’s Soccer
Christina Pirri, Head Coach (e-mail: ctavana@ric.edu) (401) 456-8252
Alex Place, Assistant Coach FAX (401) 456-8514

Softball
Brian Claypool, Head Coach (e-mail: bclaypool@ric.edu) (401) 456-8259
Greg Lamanna, Assistant Coach (e-mail: glamanna@ric.edu) FAX (401) 456-8514

Women’s Swimming
Barry Fontaine, Head Coach (e-mail: bfontaine@ric.edu) (401) 456-8007
FAX (401) 456-8514

Men’s Tennis
Adam Spring, Head Coach (e-mail: aspring@ric.edu) (401) 456-1954
FAX (401) 456-8514

Women’s Tennis
Adam Spring, Head Coach (e-mail: aspring@ric.edu) (401) 456-1954
Sadie Campanella, Assistant Coach (e-mail: scampanella@ric.edu) FAX (401) 456-8514

Men’s Indoor and Outdoor Track and Field
Nick Palazzo, Head Coach (e-mail: npalazzo@ric.edu) (401) 456-4617
Chris Fernandes, Assistant Coach (e-mail: cfernandes@ric.edu) FAX (401) 456-8514
Assistant Coach, Autumn Wosencroft (e-mail: awosencroft@ric.edu)

Women’s Indoor and Outdoor Track and Field
Timothy Rudd, Head Coach (e-mail: trudd1@ric.edu) (401) 456-4617
Chris Fernandes, Assistant Coach (e-mail: cfernandes@ric.edu) FAX (401) 456-8514
Autumn Wosencroft, Assistant Coach (e-mail: awosencroft@ric.edu)

Women’s Volleyball
Sherri Heard, Head Coach (e-mail: sheard@ric.edu) (401) 456-8641
Jenn Cabral, Assistant Coach (e-mail: jcabral@ric.edu) FAX (401) 456-8514

Wrestling
Jay Jones, Head Coach (e-mail: jjones@ric.edu) (401) 456-4615
Jonathan Murray, Assistant Coach (e-mail: jmurray@ric.edu) FAX (401) 456-8514
John Altieri, Assistant Coach (e-mail: jaltieri@ric.edu)
Athletic Training Services

TO: Athletic Teams Visiting Rhode Island College

FROM: Justin Sjovall, Assistant Athletic Director for Athletic Medicine

RE: Athletic Training Services at Rhode Island College

On behalf of the Athletic Department, I would like to welcome you to Rhode Island College. Please feel free to contact me if you or your team have any special requirements, or if you have any questions.

**STAFF:**

Justin Sjovall  
Assistant Athletic Director for Athletic Medicine  
(401) 456-8397  
e-mail: jsjovall@ric.edu

Carlo Cantarella  
Head Athletic Trainer  
(401) 456-4686  
e-mail: ccantarella@ric.edu

Andrea Dunn  
Assistant Athletic Trainer  
(401) 456-8161  
e-mail: adunn@ric.edu

A certified athletic trainer will be present or immediately available at all home events. If your team will be traveling without an athletic trainer, we will be happy to assist with any pre-game taping. Please provide all taping supplies and any special information needed for pre-game taping. At this time, our teams will be traveling without an athletic trainer. I would appreciate any reciprocal coverage that you may be able to supply. If you are unable to supply reciprocal coverage, please notify me as soon as possible.

The Athletic Training Room is located on the first floor of The Murray Center and will be open two hours before each scheduled competition. The training room is equipped with hydrocollator packs, whirlpools, ultrasound, and electric stimulation. If your team is traveling without a Certified Athletic Trainer, a written prescription from a physician, or a note from the A.T.C., must be presented in order for the treatment to be administered.
Media Relations Services

TO: Athletic Teams Visiting Rhode Island College

FROM: Scott Gibbons, Asst. Dir. of Athletics for Media Relations and Promotions

RE: Media Relations Services at Rhode Island College

Contact Mailing and Phone Information

Scott Gibbons
Assistant Director of Athletics for Media Relations and Promotions
Rhode Island College
600 Mount Pleasant Avenue
Providence, RI 02908
e-mail: sgibbons@ric.edu
Phone (401) 456-8516
Fax (401) 456-8514

Dan Booth
Assistant Sports Information Director
Rhode Island College
600 Mount Pleasant Avenue
Providence, RI 02908
e-mail: dbooth@ric.edu
Phone (401) 456-6344
Fax (401) 456-8514

A representative from the Rhode Island College sports information department will be present at all home events. RIC will provide statisticians for all home events. We will be happy to send the results to your school, and to your local and national media outlets, upon request. At this time, most of our teams will be traveling without a statistician. I would appreciate any reciprocal coverage that you may be able to supply.

The sports information office is located on the second floor (main entrance level) of The Murray Center. We have a designated visiting media area, which is equipped with a phone and internet access, located in the main office.

Please contact me if you need additional information, or if you have any questions.
## LODGING & DINING

*The Providence Marriott is the official host hotel for the Rhode Island College Department of Intercollegiate Athletics, Intramurals and Recreation.*

### HOTELS

<table>
<thead>
<tr>
<th>Hotel</th>
<th>Address</th>
<th>Phone Number</th>
<th>Website</th>
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</thead>
<tbody>
<tr>
<td>Providence Marriott</td>
<td>Charles and Orms Street</td>
<td>(401) 272-2400</td>
<td></td>
</tr>
<tr>
<td>Holiday Inn</td>
<td>21 Atwells Ave.</td>
<td>(401) 831-3900</td>
<td></td>
</tr>
<tr>
<td>Biltmore Hotel</td>
<td>11 Dorrance St.</td>
<td>(401) 421-0700</td>
<td></td>
</tr>
<tr>
<td>Comfort Inn</td>
<td>1940 Post Road</td>
<td>(401) 732-0470</td>
<td></td>
</tr>
<tr>
<td>Courtyard by Marriott</td>
<td>32 Exchange Street</td>
<td>(401) 272-1191</td>
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### RESTAURANTS

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Big Tony’s Restaurant Pizzeria</td>
<td>525 Eaton Street</td>
<td>(401) 490-000</td>
<td><a href="http://www.bigtontypizzari.com">www.bigtontypizzari.com</a></td>
</tr>
<tr>
<td>Buffalo Wild Wings</td>
<td>51 Dowling Village Blvd.</td>
<td>(401) 765-2806</td>
<td><a href="http://www.buffalowildwings.com">www.buffalowildwings.com</a></td>
</tr>
<tr>
<td>Chick-fil-A</td>
<td>1500 Bald Hill Road</td>
<td>(401) 615-3423</td>
<td><a href="http://www.cfarestaurant.com/baldhillroad">http://www.cfarestaurant.com/baldhillroad</a></td>
</tr>
<tr>
<td>Ronzio Pizza</td>
<td>35 Smithfield Road</td>
<td>(401) 274-3282</td>
<td><a href="http://www.ronziopizza-providence.com">http://www.ronziopizza-providence.com</a></td>
</tr>
</tbody>
</table>

**RESTAURANTS**

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>This Guy's Pizza</td>
<td>80 Greenville Ave.</td>
<td>(401) 228-8188</td>
<td></td>
</tr>
<tr>
<td>Uncle Tony's Pizza &amp; Pasta</td>
<td>46 Putnam Pike</td>
<td>(401) 231-8111</td>
<td><a href="http://www.uncletonys.net">www.uncletonys.net</a></td>
</tr>
<tr>
<td>Jersey Mike's</td>
<td>1401 Douglas Avenue</td>
<td>(401) 223-0251</td>
<td><a href="http://www.jerseymikes.com">www.jerseymikes.com</a></td>
</tr>
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</table>
Directions to Campus
Rhode Island College is located in the Mount Pleasant section of Providence, RI at 600 Mount Pleasant Avenue.

From Route 95 Northbound
Take Exit 21 (Broadway exit); turn left at second traffic light (Atwells Avenue). Follow Atwells Avenue for 1.5 miles to the intersection with Mount Pleasant Avenue. Turn right onto Mount Pleasant Avenue. The College entrance is 1.1 miles ahead on the left.

From Route 95 Southbound
Take Exit 21 (Atwells Avenue exit). Turn right onto Atwells Avenue. Continue on Atwells Avenue for 1.5 miles to the intersection with Mount Pleasant Avenue. Turn right onto Mount Pleasant Avenue. The College entrance is 1.1 miles ahead on the left.

From Route 295 Northbound
Take Exit 6A to US Route 6 East. Follow US Route 6 East to the Killingly Street (RI Route 128) exit. Turn left off exit and follow Killingly Street to end. Turn right onto Greenville Avenue and follow to first traffic light. Bear left across the bridge onto Manton Ave. Continue to the next traffic light and turn left onto Fruit Hill Avenue. Bear right at the fork in the road. Campus entrance is approximately 0.2 mile ahead on the right.

From Route 295 Southbound
Take Exit 7A to US Route 44 East. Follow US Route 44 East for 2.8 miles to the intersection with Fruit Hill Avenue. Bear right onto Fruit Hill Avenue. The College entrance is 1.0 mile ahead on the left.

Map Legend
A  The Murray Center
B  Pontarelli Field
C  Dayna A. Bazar Softball Complex
D  Practice Facility
E  Black Track
F  Alumni Stadium
G  Tennis Center
H  Recreation Center
I  Office of Undergraduate Admissions
J  Financial Aid Office

Rhode Island College
Department of Intercollegiate Athletics
600 Mount Pleasant Ave.
Providence, RI 02908
(401) 456-8007
www.GoAnchormen.com
Twitter: @GoAnchormen