While Mount Holyoke College will not be participating in athletic contests during the fall semester, we are prepared to move forward with intercollegiate athletics practices for fall and winter sports. We will continue to monitor the health and safety conditions throughout the term, making adjustments as needed. Our plans continue to be informed by a number of advisory documents, including the NCAA’s Resocialization for Collegiate Sports and local and state health guidelines. For the fall semester, in-person practices will only be open to student-athletes in residence.

ATHLETIC TRAINING UPDATE

Prior to returning to campus there will be Zoom meetings scheduled for student-athletes, coaches, and administrators for the Athletic Training Staff to review their COVID-19 and Athletics powerpoint which will cover the following:

- What is COVID19?
- Signs & Symptoms
- Preventative Measures
- Phases to Return to Sport Guidelines
- New Kendall Policies and Procedures
- New Athletic Training Room (ATR) Policies and Procedures
- Resources

CANS FOR CHANGE

6,289 REDEEMED

For a total donation of $1,050.00 to the NAACP Legal Defense and Education Fund.

The efforts of head volleyball coach Iris Carpio and assistant rowing coach Cara Murphy have resulted in the collection of 6,289 cans over the past two months!

COMPLIANCE CORNER

Division III student-athletes will not be charged with participation for the 2020-21 season if their team can complete only 50% or less of the sport’s maximum contests/dates of competition due to the ongoing impact of the COVID-19 pandemic. This is by full team, not individual student-athletes.

QUESTIONS?

Click this box to view the Mount Holyoke College FAQ page for Athletics.
UPDATE FOR STUDENT-ATHLETES

Student-athletes who are taking a gap year or leave, and are therefore not currently enrolled students, will not be eligible to participate in department and college sponsored student groups including the Student-Athlete Advisory Committee (SAAC), Student-Athlete Leadership Team (SALT), and the First Generation and Ethnic Minority Student-Athlete Group. More information regarding SAAC and potential representative changes will be communicated directly with the current SAAC. Student-athletes who are not currently enrolled students will also not be eligible to participate in department and team specific leadership training. Non-enrolled student-athletes, however, may voluntarily participate in team and non-profit fundraising initiatives that do not involve an athletic or skill based component. While non-enrolled student-athletes will not be eligible to participate in team meetings that are conducted for an athletic purpose, we do not yet have a response from the NCAA on whether or not these students will be able to participate in team meetings that do not involve athletic or practice related content. Restrictions for students who are not enrolling begin the day that MHC classes begin. All student-athletes, including incoming student-athletes, may continue to participate in virtual team meetings (as of now) until then. Further information will be communicated as soon as it is received. Please note that enrolled students who are taking courses remotely will be welcomed to participate in activities virtually.

FAREWELL FROM MICAH DION

Our beloved Micah Dion has been hired as an Assistant Athletic Trainer at his alma mater, Plymouth State University! Click the photo to hear his farewell to Lyons Nation!

MEDICAL CLEARANCE PAPERWORK REMINDER

WANTED: You to complete medical clearance paperwork!

Incoming Student-Athletes:
MyHealthConnection forms via Health Services & Concussion Baseline Testing

Returning Student-Athletes:
Injuries/Surgeries while away from MHC?
Let Catie & Ellen know.

All Student-Athletes:
Front Rush Forms (when they become available).

Any Questions?
Contact Catie LeBlanc cleblanc@mtholyoke.edu

“EVERY GREAT DREAM BEGINS WITH A DREAMER. ALWAYS REMEMBER, YOU HAVE WITHIN YOU THE STRENGTH, THE PATIENCE, AND THE PASSION TO REACH FOR THE STARS TO CHANGE THE WORLD.”

- HARRIET TUBMAN