About Sickle Cell Trait:

- Sickle cell trait is the inheritance of one gene for sickle hemoglobin and one for normal hemoglobin.
- Sickle cell trait will not turn into the disease. Sickle cell trait is a lifelong condition that will not change over time.
- Sickle cell trait is generally benign, but complications can arise during periods of severe or prolonged oxygen deprivation, physical exertion or dehydration.
- During intense exercise, athletes with sickle cell trait have experienced significant physical distress, collapsed and even died.
- Knowledge of sickle cell trait status can be a gateway to education and simple precautions that may prevent collapse among athletes with sickle cell trait, allowing them to thrive in their sport.
- More information regarding Sickle Cell Trait can be found at the NCAA website accessible at www.ncaa.org/wps/wcm/connect/public/NCAA/Health+and+Safety/Sickle+Cell/

Sickle Cell Trait Testing

- The NCAA requires that all student-athletes be tested for Sickle Cell Trait or show proof of a prior test. If you have already been tested, please send documented results of your SCT testing to the Athletic Training Department. If you have not been tested please contact your physician for testing and results. The Student Health Office at Chapman University also offers testing for a small fee. The NCAA allows student athletes to opt out of this testing by signing the waiver at the bottom of this page. The Athletics Department must either have test results or a waiver on file prior to your participation in any intercollegiate athletic event, including strength and conditioning sessions, try-outs, practices, or competitions.
- Athletes who are positive for the trait will not be prohibited from participating in intercollegiate athletics.

WAIVER AND RELEASE OF LIABILITY

I understand and acknowledge that the NCAA recommends that all student-athletes have knowledge of their sickle cell trait status. Additionally, I have participated in athletic department mandated education, read and fully understand the aforementioned facts and the NCAA policy about sickle cell trait and sickle cell trait testing.

I have had the opportunity to read and review the above information regarding sickle cell trait and the information available through the NCAA and I do not wish to undergo sickle cell trait testing. By my signature below, I, for myself, my personal representatives, my estate, my heirs, next-of-kin, and assigns, release, waive, discharge, and covenant not to sue Chapman University, its trustees, officers, agents, employees, contractors, and representatives from liability for any and all claims whatsoever arising or resulting from my (or my minor child’s) decision to forego sickle cell trait testing.

I agree that the statutes and laws of the state of California will apply to all matters relating to this waiver and release. I am voluntarily signing this waiver and acknowledge and represent that I have read and understand it completely before signing it.

Student Athlete Printed Name

Sport (s)

Student-Athlete Signature

Date

Parent or Guardian Name and Signature (if student-athlete under 18)

Date