Overview

This substance abuse education and testing Program is independent of the NAIA National Drug Testing Program.

Substance abuse is one of the most important issues facing athletics and society today. The use of illegal drugs, misuse of illegal drugs and supplements, use of performance enhancing substances, misuse of alcohol, and inappropriate use of tobacco products are completely inconsistent with the standards expected of student-athletes at the University of Michigan-Dearborn. Use or abuse of these substances has the potential to increase the risk of physical harm to the user/abuser or those persons with or against whom s/he is practicing or competing. To avoid these harms, the University of Michigan-Dearborn Department of Athletics (“UMDDA”) has chosen to take a proactive stand against student-athletes use and/or involvement with alcohol, tobacco, performance enhancing drugs, and illicit drugs. UMDDA’s approach will include annual education of the risks and harms of substance abuse for all student-athletes as well as testing for performance enhancing drugs (“PEDs”), marijuana and other illicit drugs as set forth in more detail in this Policy, and the enforcement of sanctions as described in this Policy for any student-athlete who tests positive for one or more banned substances or has a documented incident of the illegal or abusive use of alcohol.

In addition to the education, testing and sanctioning policy set forth in this Program, illegal possession or use of alcohol; illegal distribution, manufacture, or selling of alcohol; illegal possession or use of drugs; illegal distribution, manufacture or selling of drugs; or smoking on University property is a violation of the University of Michigan-Dearborn Student Rights and Code of Conduct and may subject a student-athlete to additional processes and sanctions.

Introduction

The overall goal of the UMDDA’s Substance Abuse Education and Testing Program is to promote a year-round drug free environment in the University of Michigan-Dearborn Department of Athletics. The overall goals and following objectives of this program are:

- To protect the health, safety, and welfare of the student-athlete, our teams and opposing student-athletes and teams;
- To address, identify, and treat student-athlete’s problems and concerns surrounding drug use, alcohol consumption, and their abuses;
- To inform and educate student-athletes and others associated with athletic participation of the dangerous effects that come from drug and alcohol abuse;
- To protect the integrity of the Department of Athletics and the University of Michigan-Dearborn;
- To seek to maintain “fair play” in intercollegiate athletics by University of Michigan-Dearborn student-athletes.

Consent to Participate

University of Michigan-Dearborn student-athletes are expected to participate in this drug education and testing Program. Each student-athlete will be provided with a copy of this Policy and will be required to sign a Consent to substance abuse testing and Authorization for Release of Information Form as well as an
Acknowledgement of receipt of this Policy as a condition of participating in any intercollegiate athletics activity on behalf of the University of Michigan-Dearborn. If the student-athlete is a minor, the Consent and Acknowledgement must also be signed by the student-athlete’s parent(s) or legal guardian(s).

As explained in more detail below, a student-athlete who fails to appear at the testing at the designated date/time without prior approval of the UMDDA athletic trainer on site, or the Assistant Athletic Director for External Operations, fails to provide a specimen, fails to sign or complete the necessary documentation at the time of testing, and/or attempts to adulterate or adulterates the test sample, will result in sanctions as if the sample returned a positive test for an impermissible substance(s). Repeated failure to comply with testing requirements under this Policy may result in immediate and permanent dismissal from participation in University of Michigan-Dearborn intercollegiate athletics and termination of any athletics-related financial aid, as permitted by NAIA, WHAC and University of Michigan-Dearborn rules and policies.

Substance Abuse Education

Participants who are educated about substance use in sport are more likely to make informed and intelligent decisions about usage. Therefore, the Department of Athletics will conduct and all University of Michigan-Dearborn student-athletes will participate in a drug education program at least once a year. These programs will be designed to review team, department, conference, and/or NAIA policies. Educational materials will be available for all participants. All student-athletes are required to attend the educational session unless prior arrangements are made and the student-athlete’s absence is approved by the athletic trainer. Student-athletes will acknowledge annually in writing that they have attended the drug education session and have received a copy of this Policy or received information on how to access the Policy online.

Counseling and Voluntary Referral

As an Athletics Department, we have built a relationship with the University Counseling and Disability Department. We highly encourage student-athletes to utilize the Counseling and Disability Department to the fullest extent possible. Department counselors maintain confidentiality to the greatest extent permitted by law and offer a wide array of services to all students. Voluntary participation in an assistance or rehabilitation program for alcohol or other substance abuse-related problems will not be, in and of itself, cause for disciplinary action. A student-athlete who seeks help for any substance abuse-related problem will receive support and assistance to facilitate his/her continued participation in intercollegiate athletics at the University of Michigan-Dearborn and academic, athletic and social success.

Pursuit of and participation in substance abuse treatment assistance by any student-athlete experiencing substance abuse problems is the primary goal of this Policy. Whether through the confidential services of the Counseling and Disability Department, the Safe Harbor Program outlined below, or other available resources, all student-athletes are encouraged to voluntarily seek assistance for alcohol or other substance-abuse problems before a violation of this or other application University policy or law occurs.

Voluntary counseling, treatment, and rehabilitation costs are the responsibility of the student-athlete.

Because of the confidentiality maintained by the UM-Dearborn Counseling and Disability Department, disclosure of a substance abuse issue to a representative of that department will not be considered as an entry into the Safe Harbor Program outlined below. Once a student-athlete who has sought assistance
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through the Counseling and Disability Department has entered the Safe Harbor Program as described below, UMMDA will attempt to coordinate the required counseling component of the Safe Harbor Program to the greatest extent possible with the services the student-athlete is already receiving through the Counseling and Disability Department.

Safe Harbor Program

A student-athlete eligible for the UMDDA Safe Harbor Program may refer himself or herself to the Program for voluntary evaluation, testing, treatment and counseling by contacting any athletic trainer, athletics counselor, team physician, and/or member of the coaching staff or athletics administration. A student-athlete is not eligible for the Program after he or she is informed of an impending drug test; after having received a positive test result; or after being accused or charged under applicable law or University policy with possession or illegal use of any substance prohibited pursuant to this Policy. A student-athlete may only utilize the Safe Harbor Program once as a University of Michigan-Dearborn student-athlete.

Upon entry into the Safe Harbor Program, a student-athlete will immediately be referred for consultation and evaluation. The UMDDA, through its sports medicine team, will work with the student-athlete to prepare a confidential Safe Harbor treatment plan. This plan may include, but is not limited to mandatory regular confidential drug testing, education programs, and formal counseling. Upon entry into the Safe Harbor Program, the student-athlete will be tested for banned substances as soon as practicable but a positive initial test will not result in any team and/or UMDDA administrative sanctions except those listed in this section; provided, however that any member of the sports medicine team may suspend the student-athlete from play (including post-season) or practice, strength and conditioning or other related team activities if medically indicated as part of the treatment plan.

A student-athlete will be permitted to remain in the Safe Harbor Program for a reasonable amount of time, as determined by the agreed upon treatment plan and based upon the student-athlete’s demonstrated commitment to continued adherence to the treatment plan and avoidance of use of alcohol or other illicit substances.

While in compliance with the Safe Harbor Program and treatment plan, the student-athlete will not be included in the list of student-athletes eligible for random drug testing by the UMDDA. Because the Safe Harbor Program is a component of the UMDDA Drug Education and Testing Program only, student-athletes in the Safe Harbor Program remain subject to selection for drug testing by the NAIA.

Information regarding the student-athlete’s entry into the Safe Harbor Program will only be shared with UMDDA or other University of Michigan-Dearborn personnel on a need to know basis. The Director of Athletics, Assistant Athletic Directors, the student-athlete’s head coach, athletic trainers, and the team physician may be informed of the student-athlete’s participation in the Safe Harbor Program. The assistant coaches of the student-athlete’s respective team(s) may be informed at the discretion of the head coach as needed. Other University employees and personnel may be informed only to the extent necessary for implementing a treatment plan. The student-athlete’s confidential participation in the Program will be respected.

If the student-athlete is determined to have new substance abuse after the initial Safe Harbor Program test or fails to comply with the student-athlete’s established Safe Harbor treatment plan, the student-athlete shall be removed from the Safe Harbor Program. The new substance abuse or noncompliance with the
treatment plan will be considered a First Positive Test for purposes of the sanctions required under this Program and will subject the student-athlete to applicable sanctions as detailed in this Program.

Entering the Safe Harbor Program will not be treated as a positive test as it relates to sanctions in this Drug Education and Testing Program.

**Drug Testing Component**

University of Michigan-Dearborn student-athletes are subject to year-round drug testing at any time commencing at the earlier of 1) the first practice of the student-athlete’s first season of participation or 2) the beginning of the first academic term in which they participate as a student-athlete, and continuing until the earlier of 1) the end of the academic term in which a student-athlete’s eligibility is exhausted, or 2) the date on which the student-athlete and head coach and/or athletic director conclude that the student-athlete will no longer participate as a University of Michigan-Dearborn student-athlete. A student-athlete may be tested during any term in which s/he is enrolled. Once the decision to schedule a drug test has been made, a representative from the Athletics’ Department will notify the selected student-athlete population of the upcoming test no more than twenty-four (24) hours prior to the test. Student-athletes will receive information of the date, time and location of the testing, as well as any special instructions related to the test. The student-athlete will be instructed to report to the testing site with a picture ID and will be notified of what items s/he cannot take into the specimen collection area (e.g., cell phones). Upon arrival for the specimen collection, the student-athlete will be required to read and sign (if accurate) a statement of the method and content of the notification received. Head Coaches of selected student-athletes will also be notified.

Student-athletes who fail to arrive at the testing site at the designated time will be charged with a positive test. Student-athletes who arrive late or miss a test due to an emergency (car accident, death or illness in the family, etc) must present proof of the emergency to the Director of Athletics, an Assistant Athletics Director, or athletic trainer. These individuals will hear appeals and will then decide whether to excuse the student-athlete from the late arrival or missed test and/or what sanctions should be placed on the student-athlete, which may include treating the late arrival or absence as a positive test.

Independent of the provisions in the Safe Harbor Program, and as is the practice with all medical concerns, the team physician or athletic trainers may prohibit athletic participation by any student-athlete for such time as deemed medically necessary. Restrictions should be sufficient to ensure that the student-athlete’s condition no longer presents a health danger to himself/herself or his/her teammates or opponents.

Records of test results will be handled in accordance with strict standards of confidentiality, and released only under the circumstances allowed by the provisions of this Program or as otherwise required by law.

Student-athletes may be tested for any one or more of the following substances: 1) Marijuana or synthetic marijuana in any form; 2) All drugs or controlled substances that are illegal under Michigan law; 3) Prescription drugs that are not medically indicated or illegal as obtained or used; 4) All forms of performance enhancing drugs. Testing will include, but is not specifically limited to: Amphetamines; Marijuana/THC; Methaqualone (Quaalude); Phencyclidine (PCP); Synthetic THC; Benzodiazepam (Librium); Opioids; Cocaine; and Barbituates.
The testing program will consist of five (5) types of testing: Random drug testing, Reasonable suspicion drug testing, Full team testing, Re-entry/follow up testing; and Physician Directed testing.

1. Random Drug Testing
   - Random drug testing will be conducted on an unannounced basis throughout the calendar year.
   - Although the testing selection process is random, a computerized system or similar mechanisms will be used to ensure that all student-athletes are equally eligible for testing. Actual selection for testing will be conducted by the testing center, Drug Free Sport.
   - Once results are given to the Director of Athletics, he will notify the student-athletes of the test result. The head coach, Assistant Athletic Directors, and athletic trainers will also be notified of the test results on a need to know basis.
   - All individuals with prior positive drug test results will be subject to unannounced drug testing throughout their athletic eligibility as a part of their treatment program.

2. Reasonable Suspicion Drug Testing
   - “Reasonable suspicion” is defined as suspicion founded on any incident or objective sign(s), symptom(s), or behavior(s) that create a reasonable suspicion or apparent or suspected abuse of alcohol and/or any other substance identified in this policy. Any UM-Dearborn employee or student-athlete, or any health or law enforcement professional or credible third party may provide the Director of Athletics, Assistant Athletic Directors, or athletic trainers with reasonable suspicion information.
   - If the reasonable suspicion is reviewed and it is deemed that the information is reliable, objective, and reasonable, the student-athlete will be tested using the random drug testing protocol.
   - Team testing (under reasonable suspicion) shall occur if reliable, objective, and reasonable evidence is presented to the Director of Athletics, Assistant Athletic Directors, or athletic trainers to warrant such testing.

3. Full Team Drug Testing
   - Specific team testing may occur during pre-season physicals or prior to postseason championship competition.
   - Pre or postseason testing may include all team members or a random sampling.
   - Team testing may also occur in any circumstance that is cause for concern that any substance identified in this policy is being used by more than one member of a team. These circumstances may include but are not limited to: Reliable information that a banned substance has been introduced into the team environment; Positive test results for more than one member of a team; Information of use of any banned substance at a gathering which team members are reported to have attended; or Possession by one team member in an amount that suggests an intent to distribute.

4. Re-entry/Follow-up Drug Testing
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- All student-athletes who have had a second positive test will be subject to follow-up testing.

5. Physician Directed Testing
- A team physician may require a student-athlete to provide a specimen based on an effort to diagnose a medical issue or condition presented by the student-athlete or in an effort to identify or eliminate substance abuse when diagnosing a medical issue or condition.

Specimen Collection Guidelines and Procedures

All collection protocols and procedures are determined and will be carried out by collection agents from The National Center for Drug Free Sport, Inc. While a urine specimen will generally be collected and used for testing under this Program, another sample (e.g., hair) may be taken in the event that a reliable urine sample cannot be produced or there is other reason to doubt the efficacy of the urine sample.

1. Only those persons authorized by UMDDA will be allowed in the collection room.
2. When arriving to the collection room, the student-athlete will provide legal photo identification and print his or her name and arrival time on the Roster Sign-In Form.
3. The student-athlete will select a Custody & Control Form (CCF) from a supply of such and will work with the collector to complete the necessary information before proceeding with the specimen collection process.
4. Cell phones, iPads or other tablets and/or other camera-enabled devices may not be used within the collection room. When giving a specimen, the student-athlete will be asked to remove any unnecessary clothing and to leave any personal items (e.g., book bag, gym bag, handbag) or belongings outside of the collection room.
5. The student-athlete will select a specimen collection beaker from a supply of such and will be escorted by the institutional collector to the restroom to provide a specimen. The student-athlete will rinse his or her hands with water (no soap) and then dry their hands. Then the student-athlete will place a specimen barcode from the CCF onto the beaker.
6. The collector, who is to be the same gender as the student-athlete, will directly observe the furnishing of the urine specimen to assure the integrity of the specimen.
7. The student-athlete will be responsible for keeping the collection beaker closed and controlled.
8. Fluids and food given to the student-athlete who have difficulty voiding must be approved by the collector, from sealed containers, and opened and consumed in the collection room. These items must be free from any other banned substances.
9. If a specimen is incomplete, the student-athlete must remain in the collection room until the sample is completed. During this period, the student-athlete is responsible for keeping the collection beaker closed and controlled.
10. If the specimen is incomplete and the student-athlete must leave the collection room for a reason approved by the collector, the specimen must be discarded.
11. Upon return to the collection room, the student-athlete will begin the collection procedure again.
12. Once an adequate volume specimen is provided; the collector will escort the student-athlete to the specimen processing table.
13. The specimen processor will instruct the student-athlete to closely observe the specimen processing steps and will then measure the specific gravity of the sample.
14. If the urine has a specific gravity below 1.005, no value will be recorded on the CCF and the specimen will be discarded by the student-athlete while under observation from the collector. The student-athlete must remain in the collection room until another specimen is provided. The student-athlete will provide another specimen following procedure stated above.

15. Once the specimen processor has determined the specimen has a specific gravity above 1.005 the sample will be processed and sent to the laboratory.

16. If the laboratory determines that a student-athlete’s sample is inadequate for analysis, another sample may be collected.

17. If a student-athlete is suspected of manipulating his or her specimen via dilution, substitution, or other means, the collector will collect another specimen from the student-athlete.

18. Once a specimen has been provided that meets the on-site specific gravity, the student-athlete will select a sample collection kit from a supply of such.

19. The specimen processor will open the kit, demonstrate to the student-athlete the vials are securely sealed, open the plastic and open the A vial lid, then the B vial lid. In the presence of the student-athlete, the processor will pour the urine into the A and B vials, then close the lids. The specimen processor should pour urine into vials above the minimum volume level (35 mL in A vial; 15 mL in B vial) and pour as much urine as possible into the vials without exceeding maximum values (90 mL in A vial; 60 mL in B vial).

20. In the presence of the student-athlete, the specimen processor will securely close the lids on each vial and then seal each vial using the vial seals attached to the CCF; assuring seals are tightly adhered to the vials with no tears or loose areas.

21. The specimen processor will then collect all necessary signatures and dates/times where indicated on the CCF.

22. The specimen processor will place the laboratory copy of the CCF in the back pouch of the plastic bag and the vials in the front pouch of the same bag. The bag will then be sealed. The sealed bag with vials will then be placed in a sample box. The box will then be sealed. These steps will be witnessed by the student-athlete.

23. In the presence of the student-athlete, all sealed samples will be secured in a shipping case. The collector will prepare the case for forwarding. When two split samples are collected and packaged, care must be taken to assure one sample is placed in the shipping container for shipment to the “drugs of abuse” laboratory and one sample is placed in the shipping container for shipment to the “anabolic steroids” laboratory.

24. The student-athlete will then be released by the collector.

25. After the collection has been completed, the samples will be forwarded to the appropriate laboratory and copies of any forms forwarded to the Sports Drug Testing Department.

26. The samples then become property of the client.

27. If the student-athlete does not comply with the collection process, the collector will notify the appropriate institutional administrator and Drug Free Sport.

Test Results

Drug Free Sport will notify the Director of Athletics of all drug testing results. Once notified, the Director of Athletics will convene a meeting with the student-athlete, the student-athlete’s head coach, and the head athletic trainer. The student-athlete will be presented with information of the positive test result. Applicable sanctions and/or disciplinary action will be discussed. The student-athlete will have an opportunity to ask questions regarding the test result and/or sanctions or disciplinary action. The student-athlete will be
provide a written statement of the test result, applicable sanctions and necessary next steps (e.g., scheduling of substance abuse education, treatment and counseling appointments).

Subsequent to this meeting, a meeting will be scheduled for the student-athlete to meet with a member of the sports medicine team who will conduct an initial assessment and work with the student-athlete to identify one or more appropriate substance abuse treatment and counseling program(s). The student-athlete will be required to give consent for the UMDDA sports medicine team physician to receive sufficient information from the treatment and/or counseling program to confirm adherence to and, later, completion of the program and receive any recommendations from the treatment and/or counseling providers. Any unexcused tardiness to or absence from counseling, treatment or other required appointment under the sanctions or disciplinary action will result in an additional minimum seven (7) day suspension from all team activities except for academic, medical and counseling support. The student-athlete will meet periodically with a member of the sports medicine team for follow-up and determination of appropriate additional assistance and support.

If a student-athlete tests positive, he or she has the option to request testing of the “B” vial. The student-athlete must notify the Director of Athletics within 1 day of notice of a positive test result. The student-athlete will be financially responsible for the “B” vial testing. The student-athlete will be withheld from competition during the “B” vial testing. If games/contests/dates occur during this time and the “B” vial tests positive, all missed games/contests/dates will be considered part of the applicable suspension. Analysis and interpretation of the “B” vial sample will be final.

Positive Test Results

First Positive Test: The student-athlete will be suspended from the intercollegiate athletics program for a minimum of 10% (rounded to the next whole number) of the NAIA Frequency of Play and Scheduling maximum number of games/contests/dates for that student-athlete’s respective sport.

Provided the athletic trainers and team physician determine that the student-athlete’s condition presents no health danger to himself/herself or his/her teammates, the student-athlete will be allowed to continue conditioning and practicing with the team. The student-athlete will not participate in, travel to, or sit on the bench of any contest he/she is suspended from.

The student-athlete will be required to serve the full suspension regardless of whether games/contests/dates are regular-season or post-season. In the case where a team’s season ends before the suspension can be fulfilled, the remaining games of the suspension will carry forward to the next season.

After the first positive test, a student-athlete may be required to complete educational sessions and counseling as part of an applied treatment plan. A student-athlete will be required to submit to additional testing under this Program.

Second Positive Test: The student-athlete will be suspended from the intercollegiate athletics program for a minimum of 30% (rounded to the next whole number) of the NAIA Frequency of Play and Scheduling maximum number of games/contests/dates for that student-athlete’s respective sport.

In addition to the suspension, the student-athlete will be required to be in attendance at each drug testing day for 6 months from the date of the second offense. After 6 months, assuming no additional positive
tests, the student-athlete will return to the general pool of student-athletes and may be chosen for subsequent testing at random.

Provided the athletic trainers and team physician determine that the student-athlete’s condition presents no health danger to himself/herself or his/her teammates, the student-athlete will be allowed to continue conditioning and practicing with the team. The student-athlete will not participate in, travel to, or sit on the bench of any contest he/she is suspended from.

The student-athlete will be required to serve the full suspension regardless of whether games/contests/dates are regular-season or post-season. In the case where a team’s season ends before the suspension can be fulfilled, the remaining games of the suspension will carry forward to the next season.

After the second positive test, a student-athlete will be required to complete educational sessions and counseling as part of an applied treatment plan.

**Third Positive Test:** The student-athlete will lose all remaining regular and post-season eligibility for all sports at the University of Michigan-Dearborn. At the discretion of the head coach and Director of Athletics, and in accordance with NAIA and/or UM-Dearborn rules, any or all athletic financial scholarship may be revoked.

### Table 1: Suspension Period by Sport for Positive Drug Test

<table>
<thead>
<tr>
<th>Sport</th>
<th>Number of Games/Contests/Dates</th>
<th>Suspension for Positive Tests</th>
</tr>
</thead>
<tbody>
<tr>
<td>Volleyball</td>
<td>28 dates</td>
<td>First: 3 dates. Second: 9 dates.</td>
</tr>
<tr>
<td>Cross Country</td>
<td>8 meets</td>
<td>First: 1 meet. Second: 3 meets.</td>
</tr>
<tr>
<td>Softball</td>
<td>28 dates</td>
<td>First: 3 dates. Second: 9 dates.</td>
</tr>
</tbody>
</table>

**Appeals of Positive Test Results or Sanctions**

A student-athlete may appeal a positive test result by requesting testing of the “B” specimen as indicated above.

A student-athlete may appeal a sanction issued as a result of a positive drug test result by filing a written notice of appeal and explanation of the basis for the appeal with the Director of Athletics within seven (7) days of notification of a positive test result. The appeal must be based a claim of procedural error or evidence that the sanctions applied are unreasonable or unwarranted under the particular circumstances.
The appeal will be submitted to the Athletic Director who will consider and decide the appeal request. The Athletic Director may request more information regarding the appeal from the student-athlete and/or athletics administrators. The student-athlete will be advised of any requests for additional information and will have an opportunity to provide comment on the additional information. The Athletic Director may also decide to convene an appeal committee to review the appeal and render a decision. Evidence of the student-athlete’s drug use, and all positive test results or documentation related to reasonable suspicion will be made available to the Athletic Director and/or Appeals Committee.

An appeal committee convened by the Athletic Director will be a three person committee comprised of the Athletic Director, the UM-Dearborn Dean of Students, and the UM-Dearborn Faculty Athletics Representative. Another UM-Dearborn faculty member to be selected by the Dean of Students in consultation with the FAR may be chosen to serve on the committee in the event that either the Dean of Students or FAR is unavailable to serve on the appeal committee.

If the Athletic Director or appeal committee decides that a hearing would be beneficial to the determination of an appeal, a hearing will be convened. The student-athlete shall present reasons why the assigned sanctions should not be imposed. The student-athlete will be given an opportunity to refute the proposed sanctions and present evidence to support his/her assertions.

The student-athlete may have one supporter present during the hearing. While the student-athlete’s supporter may be an attorney, any supporter chosen by the student-athlete may not participate in the hearing, advocate on behalf of the student-athlete or make any statements during the hearing.

The Athletic Director or Appeals Committee will reach a decision within seven (7) working days of submission of the appeal or the appeal hearing, whichever is later, and will notify, in writing, the student-athlete, his/her head coach, the Director of Athletics and the head athletic trainer of the decision. Assistant Athletic Directors may be advised of the Committee’s decision as needed. The head athletic trainer will maintain written record of the Appeals Committee decision, including all evidence considered by the Committee. The Appeals Committee’s decision is final.

Use of Supplements

The NAIA stance on dietary supplements is that student-athletes should be advised that the most effective and safest way to enhance their performance is to avoid dietary/nutritional supplements and to rely on a combination of healthy diet, appropriate conditioning, and rest and recovery. The UMDDA agrees fully with this stance. Moreover, attempting to enhance athletic performance through the use of dietary supplements is inconsistent with expected standards of sportsmanship and fair competition.

Dietary and nutritional supplements, even when purchased from chain stores, are at risk of contamination and may include ingredients that are banned from this Program. Student-athletes are responsible for any substance they ingest and may be at risk for testing positive for banned substances. Student-athletes taking any product containing dietary or nutritional supplements do so at their own risk. Student-athletes are expected to check supplement ingredient lists with the Resource Exchange Center (REC).


Alcohol Policy
University of Michigan-Dearborn Department of Athletics
Drug Education and Testing Program

ATHLETICS

Lawful, responsible consumption of alcohol or abstinence is expected from all student-athletes. Consumption and/or possession of alcohol by minors in the State of Michigan is illegal. Likewise, it is illegal for anyone to supply alcoholic beverages to persons under the age of 21.

Should a student-athlete be suspected of consuming alcohol prior to a practice or competition, the student-athlete will be referred to the athletic trainer for evaluation.

Tobacco Policy

NAIA and the University of Michigan-Dearborn rules prohibit against the use of all tobacco products by student-athletes, coaches, and personnel during practices and competitions. Per NAIA rules, a student-athlete found to be using tobacco products during a practice or competition will be disqualified from the remainder of that practice or competition. Smoking on University property is prohibited by University policy and the University of Michigan-Dearborn Statement of Student Rights and Code of Student Conduct.

Additional Resources

NAIA Drug Testing Manual
NAIA Banned Drug List
University of Michigan-Dearborn Counseling and Disabilities Services
Drug Free Sport
Axis – Drug Free Sport  Login: NAIA  Password: NAIAlive5