**NORTHEAST-10 CONFERENCE MEN’S ATHLETE OF THE WEEK**

**Nacho Hernando-Angulo, Southern New Hampshire**  
(Jr., Logrono, Spain)

Hernando-Angulo captured the 2015 Shacklette Invitational individual title on Saturday with an 8K time of 26:18, which helped the Penmen finish second at the event. He crossed the finish line seven seconds ahead of his closest competitor, and registered the second-fastest 8K time in program history.

**NE-10 WOMEN’S ATHLETE / ROOKIE OF THE WEEK**

**Makenzie Cyr, Stonehill**  
(Fr., Douglas, Mass.)

Cyr made the most of her collegiate debut on Saturday at the Shacklette Invitational, finishing third overall out of nearly 120 participants with a time of 19:05 on the five-kilometer course. She posted the fastest time among NE-10 participants as No. 18 Stonehill placed second in the eight-team field.

**NE-10 MEN’S ROOKIE OF THE WEEK**

**Michael Grady, Adelphi**  
(Fr., East Meadow, N.Y.)

Grady made his collegiate debut at the Ramapo Roadrunner Invitational on Friday and finished third overall in a field of 76 runners, covering the 5K course in 16:15.8, just six seconds out of first place, leading the Panthers to a second place team finish.

**AROUND THE NE-10**

- Three Northeast-10 Conference programs received national attention in the USTFCCCA Preseason Polls. On the men’s side, Stonehill was ranked #21, while American International was among the teams receiving votes. While on the women’s side, Stonehill is ranked #18 overall.
- The 2015 Northeast-10 Conference Cross Country Championship will take place on Sunday, October 25th in Burlington, Vt. and will be hosted by Saint Michael’s College.
John Chirchir, American International (Jr., Kapsabet, Kenay)
Chirchir came within seven seconds of claiming the Shacklette Invitational, placing second and finishing with a time of 26:25.

Rachel Lee, American International (Gr., South Hadley, Mass.)
Lee placed fifth overall with a time of 19:10 at the Shacklette Invitational, just 13 seconds behind the individual winner.

Antonia Pagliuca, Assumption (So., Peabody, Mass.)
At the Shacklette Invitational on Saturday, Pagliuca finished fourth overall in a time of 19:07 to lead the Hounds to a fourth-place team finish.

B.J. Smith, Franklin Pierce (Jr., Concord, N.H.)
Smith finished fifth to lead the Ravens to a second-place finish at the Roger Williams Invitational. Posted a 5k time of 16:20.3.

Antonio Xelhua, Stonehill (Jr., Arlington, Mass.)
Xelhua placed fifth overall out of 93 entries in 26:56 on Saturday at the Shacklette Invitational, leading No. 21 Stonehill to the team title. He was one of four Skyhawks to finish in the top-10.