Table of Contents

Quick Facts .......................................................................................................................... 5
UC Santa Cruz Mission ......................................................................................................... 6
Intercollegiate Athletics Mission .......................................................................................... 6
Nondiscrimination Statement .............................................................................................. 7
Directory .............................................................................................................................. 8
Athletic Associations .......................................................................................................... 9
The Association of Division III Independents ..................................................................... 9
Pacific Collegiate Swim and Dive Conference .................................................................... 9
American Southwest Conference ......................................................................................... 9
Student-Athlete Advisory Committee (SAAC) .................................................................. 10
Student-Athlete Criteria ..................................................................................................... 10
Student-Athlete Membership ............................................................................................. 10
Academics ........................................................................................................................... 11
Academic Requirements ..................................................................................................... 11
Academic Support Services ............................................................................................... 11
Tutoring ............................................................................................................................. 11
Eligibility ............................................................................................................................. 11
Practice ............................................................................................................................... 11
Competition ......................................................................................................................... 12
Re-Taking Courses ............................................................................................................. 12
Transfer Students ............................................................................................................... 12
Amateurism ........................................................................................................................ 13
Study Abroad ....................................................................................................................... 13
Compliance Rules ................................................................................................................. 13
Code of Conduct ................................................................................................................ 14
Student-Athlete Conduct Standards .................................................................................... 14
Student-Athlete Conduct Policies ........................................................................................ 14
  Academic Integrity
  Alcohol and Drug Use
  Medical Marijuana, Recreational or Non-Prescribed Drugs
  Criminal Violation
  Dress Code
  Gambling
  Harassment and Bullying
  Hazing
  Sexual Harassment
  Social Media
  Considerations When Using Social Media:
    Sportsmanship
    Student Hosting
    Tobacco Products
Disciplinary Action ............................................................................................................ 18
Self-Reporting ..................................................................................................................... 18
Source and Range of Sanctions ............................................................................................ 18
Quick Facts

Founded: 1965
Address: 1156 High Street, Santa Cruz, CA 95064
Enrollment: 18,063
Chancellor: Dr. George Blumenthal
Nickname: Banana Slugs
Colors: Navy Blue & Gold
Department Phone/Fax: 831.459.4072/4070
Athletics web site: www.GoSlugs.com
Athletics twitter: UCSCAthletics
Athletics Facebook: UCSC.Athletics
Affiliation: NCAA Division III

Conferences

DIII Independents
(M/W Basketball, M/W Soccer, M/W Cross Country, Women’s Volleyball)
http://www.d3independents.org/landing/index

Pacific Collegiate Swim & Dive Conference
(M/W Swimming & Diving)
http://www.pacificswimanddive.org/

American Southwest Conference
(Women’s Golf) http://www.ascsports.org/

Men’s Varsity Programs
Basketball, Cross Country, Soccer, Volleyball, Swimming/Diving, Tennis, Outdoor Track & Field

Women’s Varsity Programs
Basketball, Cross Country, Golf, Soccer, Swimming/Diving, Track, Tennis, Volleyball

Athletics Facilities, Indoor
West Field House & KP Arena (downtown)

Outdoor
East Swimming Pool, East Tennis Courts, Lower Soccer Field
UC Santa Cruz Mission

UC Santa Cruz is a leading research university with a tradition of innovation in the education of students—built on values of social and environmental responsibility.

Intercollegiate Athletics Mission

Intercollegiate athletics at the University of California, Santa Cruz contributes to campus pride, commitment and affiliation by providing its student-athletes, campus, community, and alumni with a comprehensive, competitive, and engaging program that prioritizes both athletic and academic excellence.

We will fulfill our mission by accomplishing the following objectives:

- Strictly adhering to the by-laws of the NCAA Division III.
- Providing student-athletes, coaches, and staff with a supportive environment in which goals can be set, supported and realized.
- Ensuring student-athletes’ academic progress is monitored and never compromised.
- Providing equitable opportunities and programs for both male and female athletes.
- Providing the best possible facilities, equipment and supplies.
- Scheduling appropriately to provide challenging opponents and competitive balance.
- Recruiting the best student-athletes who will succeed in our academic and athletic environments.
- Preparing individuals and teams to realize their full competitive potential.
- Communicating the mission, goals, and accomplishments of our program to the campus, community and alumni as frequently as possible.
Nondiscrimination Statement

The University of California, in accordance with applicable federal and state law and University policy, does not discriminate on the basis of race, color, national origin, religion, sex, gender identity, pregnancy, physical or mental disability, medical condition (cancer related or genetic characteristics), ancestry, marital status, age, citizenship, sexual orientation, or service in the uniformed services as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994. The University also prohibits sexual harassment. This nondiscrimination policy covers admission, access, treatment in University programs and activities and employment.

University policy also prohibits retaliation for bringing a complaint of discrimination or participating in a complaint process or investigation pursuant to this policy.

Inquiries regarding the University’s student-related nondiscrimination policies may be directed to Student Judicial Affairs, (831) 459-1738. Inquiries regarding the UCSC Policy on Sexual Assault, the UC Policy on Sexual Harassment, and Procedures for Reports of Sexual Assault(s) and Sexual Harassment and/or violations of Title IX may be directed to the Title IX Coordinator/Sexual Harassment Officer, (831) 459-2462, or e-mail rew@ucsc.edu. Student inquiries regarding disability or disability accommodations may be addressed to the Director, Disability Resource Center, (831) 459-2089, or e-mail drc@ucsc.edu.

Disclaimer

Please note that the University reserves the right to change, modify, add or delete any University, campus, department or team policy, procedure, rule or regulation at any time. If there is a conflict between policies, procedures, rules or regulations, the policies of The Regents of the University of California shall prevail.
# UC Santa Cruz Athletics Directory

## Athletics Administration

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Phone #</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Susan W. Harriman</td>
<td>Director of Athletics &amp; OPERS</td>
<td><a href="mailto:sharrima@ucsc.edu">sharrima@ucsc.edu</a></td>
<td></td>
</tr>
<tr>
<td>Dino L. Pollock</td>
<td>Senior Associate Director of Athletics, Compliance</td>
<td><a href="mailto:dpollock@ucsc.edu">dpollock@ucsc.edu</a></td>
<td></td>
</tr>
<tr>
<td>J. Xavier Prochaska</td>
<td>Faculty Athletics Representative (FAR)</td>
<td><a href="mailto:jxp@ucsc.edu">jxp@ucsc.edu</a></td>
<td></td>
</tr>
</tbody>
</table>

## Coaches

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Phone #</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ron DuBois</td>
<td>Men’s Basketball Head Coach</td>
<td>831-459-4532</td>
<td><a href="mailto:rldubois@ucsc.com">rldubois@ucsc.com</a></td>
</tr>
<tr>
<td>Todd Kent</td>
<td>Women’s Basketball Head Coach</td>
<td>831-459-1355</td>
<td><a href="mailto:tlkent@ucsc.edu">tlkent@ucsc.edu</a></td>
</tr>
<tr>
<td>Paulette Pera</td>
<td>Women’s Golf Head Coach</td>
<td>408-332-8819</td>
<td><a href="mailto:ppera@ucsc.edu">ppera@ucsc.edu</a></td>
</tr>
<tr>
<td>Michael Runeare</td>
<td>Men’s Soccer Head Coach</td>
<td>831-459-3211</td>
<td><a href="mailto:mnsoccer@ucsc.edu">mnsoccer@ucsc.edu</a></td>
</tr>
<tr>
<td>Lauren Nadler</td>
<td>Women’s Soccer Head Coach</td>
<td>831-459-3362</td>
<td><a href="mailto:lnadler@ucsc.edu">lnadler@ucsc.edu</a></td>
</tr>
<tr>
<td>Matt Crawford</td>
<td>M/W Swim Interim Head Coach</td>
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<td><a href="mailto:thmcrawf@ucsc.edu">thmcrawf@ucsc.edu</a></td>
</tr>
<tr>
<td>Joan Newby</td>
<td>M/W Spring Board Dive Coach</td>
<td>831-459-3372</td>
<td><a href="mailto:joanwnewby@gmail.com">joanwnewby@gmail.com</a></td>
</tr>
<tr>
<td>Jimmy Soper</td>
<td>Men’s Tennis Head Coach</td>
<td>831-459-4694</td>
<td><a href="mailto:jsoper@ucsc.edu">jsoper@ucsc.edu</a></td>
</tr>
<tr>
<td>Amy Jensen</td>
<td>Women’s Tennis Head Coach</td>
<td>831-502-7556</td>
<td><a href="mailto:amejense@ucsc.edu">amejense@ucsc.edu</a></td>
</tr>
<tr>
<td>Paul Leon</td>
<td>Men’s Volleyball Head Coach</td>
<td>831-459-5982</td>
<td><a href="mailto:pjeon@ucsc.edu">pjeon@ucsc.edu</a></td>
</tr>
<tr>
<td>Gabrielle Houston</td>
<td>Women’s Volleyball Head Coach</td>
<td>831-502-7110</td>
<td><a href="mailto:gthousto@ucsc.edu">gthousto@ucsc.edu</a></td>
</tr>
<tr>
<td>David Klech</td>
<td>M/W X-Country/Track &amp; Field Head Coach</td>
<td>831-459-5574</td>
<td><a href="mailto:dklech@ucsc.edu">dklech@ucsc.edu</a></td>
</tr>
</tbody>
</table>

## Sports Medicine

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Phone #</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primrose Pisares</td>
<td>Head Athletic Trainer</td>
<td>831-459-4793</td>
<td><a href="mailto:primrose@ucsc.edu">primrose@ucsc.edu</a></td>
</tr>
<tr>
<td>Gina Parisi</td>
<td>Staff Athletic Trainer</td>
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<td><a href="mailto:gparisi@ucsc.edu">gparisi@ucsc.edu</a></td>
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<tr>
<td>Katy Sanfilippo</td>
<td>Staff Athletic Trainer</td>
<td>831-459-4793</td>
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<tr>
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<td>Staff Athletic Trainer</td>
<td>831-459-4793</td>
<td><a href="mailto:tmtalent@ucsc.edu">tmtalent@ucsc.edu</a></td>
</tr>
</tbody>
</table>

## Athletics & Recreation Staff

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Phone #</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lela Vasquez</td>
<td>Director of Financial Operations</td>
<td>831-459-2504</td>
<td><a href="mailto:lela@ucsc.edu">lela@ucsc.edu</a></td>
</tr>
<tr>
<td>Todd Hammonds</td>
<td>Associate Director of Athletics &amp; Recreation Facilities</td>
<td>831-459-4378</td>
<td><a href="mailto:tmhammon@ucsc.edu">tmhammon@ucsc.edu</a></td>
</tr>
<tr>
<td>Christy Carson</td>
<td>Executive Assistant to the Director of Athletics/Staff HR Coordinator</td>
<td>831-502-7965</td>
<td><a href="mailto:cacarson@ucsc.edu">cacarson@ucsc.edu</a></td>
</tr>
<tr>
<td>Katie Savacool</td>
<td>Administrative Assistant &amp; Office Manager</td>
<td>831-459-5076</td>
<td><a href="mailto:ktcool@ucsc.edu">ktcool@ucsc.edu</a></td>
</tr>
<tr>
<td>Clint Angus</td>
<td>Assistant Director of Athletics, Sports Clubs and Intramurals</td>
<td>831-459-4220</td>
<td><a href="mailto:cangus@ucsc.edu">cangus@ucsc.edu</a></td>
</tr>
<tr>
<td>Embele Awipi</td>
<td>Interim Sports Information Director and Game Management Coordinator</td>
<td>831-459-4962</td>
<td><a href="mailto:eawipi@ucsc.edu">eawipi@ucsc.edu</a></td>
</tr>
<tr>
<td>Chance Decker</td>
<td>Business Development, Marketing, and Outreach</td>
<td>831-459-5781</td>
<td><a href="mailto:cmdecker@ucsc.edu">cmdecker@ucsc.edu</a></td>
</tr>
</tbody>
</table>
Athletic Associations

The Association of Division III Independents

Sports: M/W Basketball, M/W Cross Country, M/W Soccer, W Volleyball

Contact Information:
www.d3independents.org

Dr. Ira Zeff, Commissioner (402) 465-2360
izeff@nebrwesleyan.edu

Kyle Goodhart
Sports Information Director
(845) 505-7087
kgoodhart@d3independents.org

Pacific Collegiate Swim and Dive Conference “PCSC”

Sports: M/W Swimming & Diving
http://pacificswimanddive.org

National Collegiate Athletic Association (NCAA)

www.ncaa.org
(317) 917-6222

American Southwest Conference

Sports: Women’s Golf

Contact Information
Amy Carlton, Commissioner
(972) 234-0033, ext. 104
acarlton@ASCsports.org
http://www.ascsports.org/
Student-Athlete Advisory Committee (SAAC)

The purpose of the Student-Athlete Advisory Committee (SAAC) is to serve as a liaison between the student-athlete at UCSC and the athletic department, as well as a governing body representing the student-athletes at UCSC. The committee also assists athletic department administrators in administering policy, securing funds, coordinating community service, conducting campus outreach and promoting unity through the department. The SAAC has two representatives from each team at UCSC.

**Student-Athlete Criteria**

- At least two athletes with two years’ experience in UCSC athletics preferred.
- Each coach determines the selection process by which the members are chosen.
- Student-athletes must be in good academic standing.
- One member must be a non-senior.
- Selection criteria includes demonstrated leadership abilities and a dedication to progress of the athletic department.

**Student-Athlete Membership**

- Attend all monthly meetings and SAAC related activities throughout the academic year.
- Organize team members to participate in any SAAC related activities.
- Inform all teammates and coaches of SAAC discussions and obtain feedback and insight to represent the team.

**NCAA Division III & SAAC Website and Resources**

[http://www.ncaa.org/d3](http://www.ncaa.org/d3)


Academics, Eligibility, & Compliance

Academics

Academic Requirements

Each student-athlete must maintain at least a 2.0 cumulative GPA to be eligible to participate in intercollegiate athletics at UC Santa Cruz. To be eligible to play, each student-athlete must enroll and remain enrolled in at least 12 units each quarter. The athletics department conducts regular eligibility checks and students are encouraged to speak to their coaches if they feel their grades may be at risk.

All Student-Athletes must have 12 units at all times. In the event that you are dropping a class and adding another class, make sure you add the class first, BEFORE you drop the other class. If you do not do this in the proper order, you will drop below 12 units, even for a short period, and result in your ineligibility and the potential forfeiture of games by your team.

The NCAA requires all student athletes to meet satisfactory progress standards established by UCSC. Student athletes must successfully complete at least 36 units in the prior three regular terms (quarters). Student athletes may use units completed in the summer term towards their prior term unit requirement. Student athletes who fail to meet satisfactory progress standards may practice but are ineligible to compete.

Academic Support Services

UC Santa Cruz offers a wide variety of academic support services. Student-athletes are encouraged to speak directly with their faculty or teaching assistants in individual classes. In addition, college academic advisers and department/major advisers can provide assistance and support. Undergraduate Advising offers a full list of academic support resources.

Tutoring

Learning Support Services offers several options for tutoring support. Peer-guided group tutoring—referred to as modified supplemental instruction (MSI) is available in selected undergraduate courses (see website for listing). Content-related tutoring is available for any course that is not supported by MSI. In addition, writing tutoring is available for writing courses or specific writing assignments in any discipline.

For student-athletes to be academically eligible, they must abide by the following NCAA and UCSC athletic department guidelines. Any questions regarding these rules should be addressed with your coach, athletic director, and faculty athletic representative. Athletic guidelines are often more stringent than University guidelines and a student's eligibility could be jeopardized if NCAA rules are not followed. Please contact the faculty athletic representative for questions regarding ongoing athletic eligibility.
Eligibility

Practice

To be eligible for practice, a student-athlete must:

- Be a regularly matriculated full-time undergraduate or graduate student.
- Have not completed 15 quarters of full-time enrollment.
- Be cleared for practice by the sports medicine staff and compliance office.
- Complete the “NCAA Student-Athlete Statement” and “Drug Testing Consent Form”, “Student Athlete Handbook form”, “Player Bio”, “Student-Athlete Authorization / Consent for Disclosure of Protected Health Information for NCAA-Related Research Purposes”, and “Registrar Form”.
- Complete all the medical paperwork (see “Sports Medicine”).

**Note:** If a student’s quarterly GPA is 1.49 or lower, but his or her cumulative GPA is 2.0 or higher, the student may practice but not compete.

Competition

To be eligible to compete, the student-athlete must:

- Maintain good academic standing - Cumulative GPA of 2.0 or higher and quarterly GPA of 1.5 or higher.
- Maintain full-time enrollment – student-athletes must be enrolled in a minimum of 12 credits per quarter. An exception will be made for athletes who are in their last term of their baccalaureate or graduate degree. The athlete must get a signed letter from their academic advisor and have it approved by the faculty academic representative prior to competing with fewer than 12 units.
- Maintain satisfactory progress towards degree by completing at least 36 credits in your prior three consecutive regular quarters.
- Abide by the Four Year Rule—Student-athletes have four years, or 15 quarters to compete in four seasons of participation.
- Be cleared by the sports medicine staff.
- Be cleared by the faculty athletic representative (FAR). Any student athlete placed on academic probation or who is experiencing any other academic issue that affects athletic eligibility will be required to meet with the FAR and develop a plan to correct whatever issues led to the academic deficiencies. The FAR must clear the student athlete in order for her/him to continue their athletics participation, even if all other NCAA and UCSC rules permit eligibility.

Student-athletes must maintain satisfactory progress and GPA requirements to maintain eligibility. Students must self-report any changes in eligibility to their coach immediately.

For questions regarding eligibility, speak directly with Dino Pollock, Senior Associate Director of Athletics or to J. Xavier Prochaska, Faculty Athletic Representative.
Re-Taking Courses

A student who receives a “D” or an “F” can re-take the course at a community college and if it is transferable, the units will be counted toward the 36 units needed for the preceding three quarters. In this instance, UCSC will not change the course grade or overall GPA. To improve the course grade or overall GPA, the course must be retaken at UCSC. Student-athletes must confirm a course is transferable through the Registrar’s office. Students should confirm all grading and course repeat policies with an academic advisor.

Transfer Students

To be eligible to practice and compete, the transfer student-athlete must:

- Have the former school certify that the student-athlete was registered and enrolled at that school with a fulltime load and attending classes; or

- The athletic director from the student-athlete’s former school must certify that the transfer student participated with the regular practice squad.

- Have left in “good standing” from previous institution and would be eligible to compete at that institution if seasons of competition were remaining.

Students wishing to transfer to another campus to compete in Division III athletics can complete the “self-release” form. All others should consult with the Senior Associate Director of Athletics, Compliance.
Amateurism

Any student-athlete who has participated in a professional sport will no longer be eligible to participate in that same sport at UCSC. Student-athletes may not:

- Play on a professional athletics team (as defined by the NCAA).
- Agree orally or in writing to compete in professional athletics.
- Use athletic skills for pay (NCAA Bylaws 12.1.1).
- Take pay for competing.
- Accept money, transportation or other benefits from an agent.
- Agree to have an agent market the athlete’s reputation.
- Accept pay for promoting a commercial product or service.

For additional information on amateurism policies see NCAA bylaws.

Study Abroad

Any student-athlete who plans to study abroad must work directly with the registrar to ensure that grades and units will be reported accurately. Students should also inform Athletics staff of their plans to help facilitate the necessary grade and course reporting.

Compliance Rules

The NCAA Compliance rules are summarized below. For a complete listing of NCAA compliance rules, refer to the NCAA Division III Manual, which can be found online at ncaa.org.

Student-athletes cannot practice and/or compete seven days in a row. Student-athletes must have one day off a week. Travel and vacation/break periods are excluded from this rule.

**Student-athletes cannot practice on any given day longer than four hours, which includes conditioning, team meeting, etc.** The exception to this rule is practice held prior to the start of the school year (fall quarter only).

During the academic year when student-athletes are not in-season and therefore required to participate in any athletic activity, student-athletes may do so (weight train, conditioning, practice their sport) as long as the activity is voluntary. Student-athletes, coaches, team captains, or anyone within the athletic department cannot require participation in athletic related activity. A coach that is a site manager for the gym cannot give instructions other than monitoring for safety. Further, the coaching staff cannot, direct, instruct, supervise, facilitate, or otherwise require any information about the student-athlete’s voluntary activity. It is permissible during this time to participate in team fundraisers and community service.

For questions regarding compliance, contact Dino Pollock, Senior Associate Athletic Director, at dpollock@ucsc.edu.
Code of Conduct

All student-athletes are required to abide by all rules and regulations of his/her team, the UCSC Athletics Department, the University of California, Santa Cruz, the NCAA, as well adhere to federal, state, and local laws. Student-athletes represent UC Santa Cruz, and must exhibit sportsmanship, honesty, and responsible behavior in and out of uniform.

Student-Athlete Conduct Standards

It is a privilege, not a right to participate in the UC Santa Cruz athletics program. Consequently, the UC Santa Cruz athletic administration has set high standards for their athletes. These standards are listed below.

- Understand and adhere to the code of conduct listed in the UCSC Student Policies and Regulations Handbook and Student-Athletics Handbook.
- Obey all federal, state, and local laws and campus policies.
- Do not use drugs, alcohol (if under 21 years of age) or tobacco products.
- Do not abuse electronic media (Facebook, Twitter, texting, etc.)
- Understand and adhere to the protocol for medical insurance policies.
- Exhibit sportsmanship at all times when practicing and competing.
- Take proper care of equipment and return it in good condition at designated dates.
- Treat visiting teams and officials with respect.
- Be accountable and responsible for your behavior in student housing and in your classes, labs, and other academic settings.
- Treat faculty, staff and all UC Santa Cruz employees with respect and common courtesy.
- Be on time to practice, meetings, class, and all department functions.
- Be familiar with the academic eligibility requirements set forth by the NCAA and UC Santa Cruz.

Student-Athlete Conduct Policies

In addition to University, NCAA, and team-specific policies, all student-athletes are expected to abide by the policies outlined below. Violations of these polices may result in disciplinary action from both the athletic department and the dean of students office.

Academic Integrity

UC Santa Cruz Athletics supports the highest standards of honesty and academic integrity. Student-athletes are expected to serve as leaders and role models. Academic dishonesty or misconduct in any form will not be tolerated and may be subject to the disciplinary provisions of this handbook. Such discipline may be in addition to any action(s) taken by a faculty member or instructor, and the Student Judicial Affairs Office.
Alcohol and Drug Use

Student-athletes must conform to NCAA policies and regulations regarding the use of prescribed drugs. Failure to do so can jeopardize further collegiate eligibility. Further, the use of any drugs must be within the limits of federal, state, and local laws. Each student-athlete is solely responsible for being aware of and obeying legal statutes that prohibit the use of various drugs.

University policy prohibits alcoholic beverages from being sold, furnished, possessed by or given to any person under the age of 21. In addition, possession or transportation of open containers or consumption of alcoholic beverages is not allowed in public areas by any person, regardless of age or college affiliation.

Student-athletes will not drink, be under the influence of, or be in possession of alcohol during any intercollegiate event, practice, or trip. Student-Athletes will not be in the company of anyone consuming alcohol or possessing alcohol with at an intercollegiate event, practice, or trip.

For additional information, see the UCSC Student Policies and Regulations Handbook, Appendix D.

Medical Marijuana, Recreational or Non-Prescribed Drugs

The University of California follows the federal law in the area of drug position and use. There is to be no marijuana use, even if you have a prescription, while on the campus of the University of California. Other non-prescribed or recreational drugs have no place in the life of any student athlete, and the use of them will result in discipline including removal from any UCSC Athletics activities or team. The NCAA will drug test student athletes at championship competitions, and any use or trace of use of drugs or substances on the NCAA list of banned substances would result in your disqualification, and the forfeiture of games for your team. So don’t do it!

Tobacco Products

UC Santa Cruz and University of California policy prohibits tobacco use on all UC property. Cigarettes, cigars, oral tobacco, electronic cigarettes, and all other tobacco products are prohibited from use on all properties owned or leased by UC Santa Cruz. In addition, the use of tobacco products by student-athletes, coaches, officials and game personnel during practice and competition—at home or away—is prohibited by the NCAA.

Criminal Violation

When a student-athlete is charged with violating a local, state, or federal law and the misconduct involves a violent action, illegal drugs, gambling, weapon(s), and/or any felony charges, the student-athlete may be suspended from practice and/or competition in the intercollegiate athletics program until the charges have been addressed and/or adjudicated by the legal system.

Dress Code

Student-athletes must adhere to travel dress code for all away games. Coaches may set specific dress code standards for their student-athletes for home contests and when travelling as a team. Coaches may also specify what constitutes appropriate dress while representing the institution at media, fundraising and other athletic department related events.

Gambling — Don’t Bet on It!

The NCAA opposes all forms of legal and illegal sports wagering. Sports wagering has the potential to undermine the integrity of sports contests and the intercollegiate athletics community. Gambling is a violation of the NCAA regulations and state law, and university policy. Gambling includes but is not limited to:

- Providing information to individuals involved in organized gambling activities concerning intercollegiate athletics competition.
- Soliciting a bet on any intercollegiate or professional athletics game or competition.
• Accepting a bet on any team representing the institution or participating in any gambling activities that involve intercollegiate athletics through a bookmaker, a parlay card or any other method employed by organized gambling (NCAA Bylaw 10.3).

A student-athlete who becomes aware of any gambling activities is expected to report these activities to their coach or Athletic Director, or Senior Associate Athletics Director.

Harassment and Bullying

The UCSC Student Policies and Regulations Handbook (102.08) prohibits any conduct that constitutes physical abuse or assault, threats of violence, a threat to the health or safety of that person, or harassment. Furthermore, the UCSC Intercollegiate Athletics Department will not tolerate any behavior that causes anyone to feel threatened, that is intentionally demeaning or insulting, or that is intended to ostracize or intimidate an individual.

Hazing

Hazing is against the law. The UC Santa Cruz definition of hazing is broader than applicable criminal laws. Campus hazing policies embody the University’s concerns for protecting the safety and welfare of students; these policies prohibit any method of initiation or pre-initiation into a campus organization or other activity engaged in by the organization or its members that humiliates or degrades or risks emotional and/or physical harm, regardless of the person’s willingness to participate.

Any student who participates in hazing or being hazed will be held accountable under these policies. Individuals who are victims of hazing and report the incident to Student Judicial Affairs will be exempt from student disciplinary action. These rules apply to all registered student organizations, sports teams and student groups.

Actions and activities that may constitute “hazing” for the purpose of the UCSC Code of Student Conduct include, but are not limited to:

• Forcing, coercing or permitting one to participate in forms of physical activity not part of an organized, voluntary athletic contest or not specifically directed toward constructive work.

• Requiring activities that are likely to cause physical harm to the individual.

• Paddling, beating or otherwise permitting someone to hit another individual.

• Requiring one to wear any degrading or uncomfortable garments.

• Depriving one of the opportunity for sufficient sleep (six hours minimum per day), decent and edible meals, or access to means of maintaining daily bodily cleanliness.

• Activities interfering with one’s academic efforts by causing exhaustion, loss of sleep or reasonable study time.

• Requiring one to consume large amounts of food, alcohol, or other substances or beverage.

• Forcing, coercing or permitting one to eat or drink foreign or unusual substances such as raw meat, raw eggs, salt water, onions, etc.

• Throwing, pouring, or otherwise applying to the bodies or clothing of individuals, substances such as eggs, paint, honey, etc.

• Morally degrading or humiliating games or other activities that makes an individual the object of amusement, ridicule, or intimidation.

• Kidnaps, road trips, or other activities that endanger the health and safety of an individual.

• Subjecting one to cruel or unusual psychological treatment for any reason.
• Depriving one of ‘sense of awareness’ (sight, sound, etc.), which may cause mental and/or physical stress.

**Strategies for Identifying and Preventing Hazing**

When considering an activity and determining whether or not it constitutes hazing, ask yourself the following:

• Is alcohol involved?

• Will active/current members of the team refuse to participate in activities with the new members?

• Does the activity risk emotional or physical harm or abuse?

• Is there risk of injury or a question of safety?

• Would you have any reservations whatsoever about describing the activity to your parents, to a faculty member, to a University official, coach or other members of the athletic department?

• Would you object to the activity being photographed for the school newspaper or filmed by the local TV news crew?

Peer pressure and a desire to belong to the group are ever-present in team and group environments. An “okay” is not a green light to proceed.

For information about the legal definition of hazing per the California Penal Code, the full UCSC anti-hazing policy, and potential University sanctions please see the full text of the UC Santa Cruz Anti Hazing Policy in Appendix E of the UCSC Student Policies and Regulations Handbook.

**Sexual Harassment and Sexual Misconduct**

The University of California defines sexual harassment as unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of sexual nature, when submission to or rejection of this conduct explicitly or implicitly affects a person’s employment or education, unreasonably interferes with a person’s work or educational performance, or creates intimidating, hostile or offensive working or learning environment.

Sexual harassment may include incidents between any members of the University community, including faculty and other academic employees, staff, coaches, house staff, students, and non-student or non-employee participants in University programs, such as vendors, contractors, visitors, and patients. Sexual harassment may occur in hierarchical relationships or between peers, or between persons of the same sex or opposite sex.

**All student athletes are required by the NCAA to attend sexual violence prevention training on an annual basis. In addition, the Title IX Office may notify the Director of Athletics and the Senior Associate Director of Athletics of any reports involving student athletes.**

**Additional Information Regarding Sexual Harassment and Misconduct:**
UC Santa Cruz takes the issues of sexual harassment, sexual misconduct, domestic and dating violence, stalking and sexual assault very seriously. Student-athletes can receive information or advice or file an informal complaint or a formal grievance by contacting Isabel Dees, Title IX/Sexual Harassment Officer at (831) 459-2462. Email: idees@ucsc.edu. Additional information is available on the Title IX/Sexual Harassment Office.

Information on policies, procedures, reporting, response to reports, and other important information can be found in The UCSC Policy on Sexual Assault and the UC Policy on Sexual Harassment and the [UC Policy on Sexual Harassment and Sexual Violence](http://policy.ucop.edu/doc/4000385/SHSV).
Disciplinary Actions

Self-Reporting

It is the student-athlete’s responsibility to report any misconduct that involves violations of law, University policy, or NCAA regulations to their coach, athletic director, or other athletic administrator. Early reporting of misconduct is important. Reporting within 24 hours may help reduce sanctions.

Source and Range of Sanctions

Student-athletes may be sanctioned by their coach or athletic director for failure to comply with any team expectation or UCSC athletics, NCAA or university rule or regulation.

Alleged violations of UCSC University Policy and Regulations (e.g. hazing, alcohol and drug use, harassment) may result in the initiation of UCSC student conduct procedures. These proceedings could result in sanctions that affect the student status as well as student-athlete privileges. Student-athletes are also subject to athletic and/or university sanctions for violation of local, state or federal law.

Sanctions for less severe infractions may include but are not limited to additional practice time, extended training, or tasks that support team activities (e.g. folding towels, other housekeeping tasks).

Sanctions for more severe infractions may include referral to the UCSC student conduct process in addition to suspension from practice, suspension from competition for one or more games, or a determination of ineligibility to participate in intercollegiate athletics for the duration of a student’s enrollment at UCSC.

Appealable Athletics Sanctions

Student-athletes have the right to appeal athletics sanctions that result in suspension or removal from a game or team or that affect overall eligibility. The appeal process is outlined below.

It is the goal and commitment of the athletics department to abide by all time frames outlined below so as to achieve a timely resolution to all disciplinary matters. In the event of mitigating circumstances, time frames may be extended via written notice to the student-athlete.

Note: Sanctions rendered by the UCSC Dean of Students or other non-UCSC athletic entities are appealable according to the processes outlined by those offices/organizations.

Levels of Appeal

If an athletics sanction is appealable (see above), two levels of appeal are available. A student-athlete must go through the first level or appeal prior to initiating the second level of appeal.

First Level of Appeal

A student-athlete who has been sanctioned by the UCSC Coach or Athletic Director, may request an in-person first level appeal with that individual within three campus business days, in which the Campus is fully operational, of the imposition of the sanction. Requests for a first level appeal must be made in writing via email message. The email should be sent to the Director of Athletics.

The appeal may request that the decision be overturned or the sanction amended on the following grounds:

- There is no substantial evidence to support the allegation of misconduct;
- The severity of the sanction does not match the severity of misconduct;
- There is newly discovered, relevant evidence not known at the time the sanction was rendered.
The student-athlete may request to have a coach, assistant coach and/or the team captain present at the meeting. The student-athlete may also present any documents s/he believes are relevant in considering the appeal.

The coach or athletic director will respond to the student-athlete via email with a date/time for the meeting within two working days of receipt of the student’s request. The meeting will occur within ten working days of the student’s initial request to meet.

Within two working days of the meeting, the coach or athletic director will document, in writing his/her determination concerning the sanction and the status of the student-athlete. The determination will be transmitted to the student-athlete via email.

If the student-athlete is not satisfied with the outcome of the first level of appeal and the sanction includes either suspension from competition for more than five games or a finding of ineligibility to participate in intercollegiate athletics, the student-athlete may request a second level of appeal. Otherwise, the decision of the first level appeal is final.

**Second Level of Appeal**

Requests for a second level of appeal must be submitted to either the athletic director (if the first level was heard by a coach) or dean of students (if the first level was heard by the athletic director) within five days of the delivery of the outcome of the first level of appeal.

The appeal may request that the original or amended sanction be overturned or the sanction further amended, on the following grounds:

- There is no substantial evidence to support the allegation of misconduct;
- The severity of the sanction does not match the severity of misconduct;
- There is newly discovered, relevant evidence not known at the time of the original sanction.

**Review Committee**

Upon receipt of a qualified second level of appeal, a review committee will be established. Review committees and processes are not bound by formal court procedures or rules of evidence. The committee may, at its discretion, exclude from consideration evidence that is marginally relevant, repetitive or unreliable.

Review committee procedures will provide for the coach (or athletic director) and student-athlete to be present and to present their cases. However, if either the student-athlete or the coach/athletic director does not attend the meeting, the review committee will nevertheless hear the case and determine the appropriateness of the sanction on the basis of the available evidence.

**Appeal of Coach Imposed Sanctions:**

For second level appeals from the coach’s determination, the athletic director will empanel a review committee consisting of the athletic director, a second athletics administrator, and a campus administrator outside of athletics to consider the student athlete’s appeal.

The review committee will convene within ten working days of receipt of the request for a second level appeal. The committee will invite both the coach and the student-athlete to explain his/her position. The review committee will consider any documentation the parties wish to provide. The parties may also present (not more than two) witnesses.

The review committee will consider whether the sanction imposed is reasonable in light of the facts and circumstances of the case. The review committee will present a written report to the dean of students within five working days of the review committee meeting. The report will contain the committee’s determination regarding reasonableness and its recommendation(s) to the dean of students concerning an appropriate sanction (or no sanction).
Within five working days of receipt of the committee's report, the dean of students will make a final decision in the matter.

**Appeal of Athletic Director Imposed Sanctions:**

For second level appeals of the athletic director's determination, the dean of students will empanel a review committee, consisting of the dean of students, the assistant dean of students and a campus administrator from outside of the campus life – dean of students division, to consider the student-athlete's appeal.

The review committee will convene within ten working days of receipt of the request for second level appeal. The committee will invite the athletic director and/or coach and the student-athlete to explain his/her position. The review committee will consider any documentation the parties wish to provide. The parties may also present (no more than two) witnesses.

The review committee will consider whether the sanction imposed is reasonable in light of the facts and circumstances of the case. The review committee will present a written report to the executive vice chancellor (or the EVC's designee) within five working days of the review committee meeting. The report will contain the committee's determination regarding reasonableness and its recommendation(s) to the EVC or designee concerning an appropriate sanction (or no sanction).

Within five working days of receipt of the committee's report, the executive vice chancellor (or his/her designee) will make a final decision in the matter.

**Role of Advisors in Appeal Proceedings**

The student-athlete may bring an advisor of his or her choosing to any meeting at the first or second levels of appeal. The advisor may be an attorney or other support person. The advisor will not be permitted to speak on the student's behalf. The student is required to speak for himself/herself. The role of the advisor is limited to assistance and support. The student may consult with his/her advisor at any time during meetings with the coach, athletic director or review committee, as long as such consultations do not result in unreasonable delay in the proceedings.
Department and Administrative Policies

Complimentary Admissions

All UC Santa Cruz intercollegiate athletes receive free admission to men’s and women’s soccer and volleyball home games by showing their student ID card at the gate. This may exclude post-season play. Student-athletes will notify the gate attendant of their student-athlete status and the attendant will check the athlete list to confirm. If the student-athlete’s name is not on the list, email the administrative assistant who will add the athlete to the list.

Admissions to tennis, swimming, and diving events are free. Student-athletes can use their student ID’s to enter the East Field House complex. Check the athletics website for locations and pricing for all games.

Sportsmanship

A competitive nature is encouraged, however competitiveness should be directed towards opponents and teammates in a positive way. The athletic department discourages negative comments or rudeness directed towards specific athletes or officials. Athletes are required to behave in a sportsmanship-like manner at all times, in and out of uniform, in the classroom, supporting other student-athletes/teams at home or away and while traveling.

Student-athletes may not:

- Come to athletic contests intoxicated or bring alcohol or other banned substances to the games.
- Say/shout anything that is a personal attack and/or derogatory.

Student-athletes showing poor sportsmanship will be asked to leave the event and may have additional consequences set forth by the athletic director.

Student-Athlete Hosting of Recruits

Occasionally student-athletes may be asked to serve as hosts for prospective student-athletes. As a host, students are considered to be a representative of UC Santa Cruz and have the responsibility of ensuring that the department abides by all University and NCAA policies and all federal, state, and local laws.

- No alcohol should be served to a recruit at any time, even to those over 21.
- Prospective student-athletes should not be given anything that every other prospective student does not receive as a matter of course. Even giving a prospective student-athlete a team t-shirt constitutes an NCAA violation.

Intramural & Club Sports

Student-athletes may not participate in any club/intramural sports, or similar club/intramural activity that they compete in on the intercollegiate level. Contact Clint Angus, Assistant Director of Athletics, Club Sports & Intramurals, with any questions.

Multiple Sports

Students interested in participating in more than one sport must speak directly to both coaches to ensure that they are eligible. The coaches will provide information regarding team requirements, physical demands, and respond to any questions to assist the student in making his or her decision.
Media Relations

**Sports Information and Media Guidelines**

The Sports Information Director (SID) serves as a link between the UC Santa Cruz athletes, coaches, administrators and the media. The Director provides:

- General information – rosters, schedules, bios
- Statistics – game stats, season compilation and reporting to the NCAA and conferences
- Goslugs.com – stories, bios, schedules
- Photography – keeps database of past and present photos
- Publications – posters, media guides, game day flyers, special event programs

All student-athletes are asked to fill out a sports information questionnaire that the Sports Information Director will use to generate roster and bios. The Sports Information Director will also ask student-athletes to pose for a headshot and team photo.

**Social Media**

Any electronic or online postings must be consistent with federal, state, and local laws, and team, department, University and NCAA rules, regulations and policies.

The athletic department will request a student-athlete remove any online posts that may embarrass or show the athletic department in a negative light. Illegal content, or content showing illegal activities, may result in additional discipline including potential dismissal from intercollegiate athletics.

**Considerations When Using Social Media:**

UC Santa Cruz supports and encourages individual expression of the First Amendment rights of free speech. At the same time, student-athletes are representatives of the University and the athletic department. Student-athletes should keep in mind when posting on social networking sites, such as Facebook, Twitter, Instagram, etc.:

- Anything posted online (text, photos, or comments) is accessible to anyone.
- Student-athletes should not allow themselves to be photographed in a compromising situation. Anyone can post photos, leaving the athlete with little/no control over the content or usage of the photo.
- Coaches, athletic department administrators, the NCAA, faculty, staff, and residential life can and do review these websites.
- Student-athletes should use caution about the information posted on websites (phone numbers, address or plans). Predators, such as stalkers, or thieves often use these sites to gain information about individuals.

**Interviews**

Student-athletes may be interviewed by the Sports Information Director (SID), on campus media (City on the Hill Press), local, national, and the student’s hometown media. The Sports Information Director or individual coaches may schedule and work with the student-athletes for media interviews. Student-athletes should only participate in interviews that are organized by the SID, coach, or other member of the athletics department administration.

Below are some interviewing skills that can assist the student-athlete during interviews.
• Dress appropriately – Wear UCSC clothing if possible. Do not wear hats, t-shirts, or ripped jeans.

• Emphasize the positive about the coach, teammates, the athletic department and the University.

• Never talk off the record, there is no “off the record”, and it may come back to haunt you.
• Student-athletes do not need to answer questions that bother him/her (simply say, “I’m not comfortable answering that question.”)

• Student-athletes who are asked questions they do not know how to answer may ask the interviewee to contact the athletic department (personnel issues, budgets, GPA’s).

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**Student-Athletes End of the Year Evaluations**

At the conclusion of the season, a member of the athletic department will ask each student-athlete to complete an evaluation. The evaluations will take 20-30 minutes to complete. All evaluations are kept anonymous. Questions will include evaluation of the coach, treatment of student-athletes as a group, campus culture, sportsmanship, compliance, retention, and alcohol and drugs.
Travel and Away Games Regulations

Team travel is a key component of the intercollegiate experience. An athletic road-trip is a business trip, not a vacation. UCSC students will travel with one purpose in mind: to arrive at the site of the competition prepared both physically and mentally to compete to the best of their ability. Whenever the institution provides transportation for an intercollegiate athletic-competition or related activity, the following regulations apply.

Missed Classes

It is the student-athlete’s responsibility to inform his/her professors at the beginning of the quarter the dates of the classes to be missed due to team travel, including home contest conflicts. It is the student-athlete’s responsibility to make up all course work and test/exams missed. All student athletes are required to take the missed class form to all of their instructors on the first day of classes while in the sport’s declared playing season as required by the Faculty Athletics Representative. Student athletes failing to do may encounter eligibility issues and may be subject to discipline by the Department of Athletics. Student athletes may not miss any class time for practices.

Dress Code for Team Travel

The dress code for travel is established by the head coach of each team and must be followed at all times while on the trip.

Conduct

Misconduct during team trips may lead to suspension or removal from the team. Drug/alcohol/tobacco use is strictly forbidden, will lead to immediate suspension, and upon review, may lead to dismissal from the team.

Transportation To Games/Other Functions

All student-athletes must travel with the team (i.e. vans, private cars, plane), unless the coach and athletic director have been notified. If personal cars are to be used, a “Student-Athlete’s Driver Authorization” form must be completed and given to the athletic director prior to the trip. Students must adhere to the official travel itinerary and directions of the head coach and/or coaching staff members throughout the travel period. Recreation vans are in constant use by athletics, as well as other campus organizations. It is mandatory that each team/individual remove all belongings and trash from the vans.

Travel Release Forms

Independent travel to and from competitions and practices is disfavored and all student athletes are expected to travel with their coaches and teams while representing UCSC. If a student-athlete wishes to leave the team and visit with family or friends, a “Travel Release Request Form” must be signed by head coach and student-athlete and approved by the Associate Director of Athletics for Compliance. If the student-athlete is under 18, the parent/guardian must also sign the form. The student-athlete must have this form completed prior to visiting with family or friends.

Overnight Lodging

Coaches will assign roommates and provide itineraries for overnight trips. When team travel involves overnight lodging, student-athletes, student trainers and/or student team managers shall not:

- Use alcohol or any illegal substance at any time during the duration of the road trip.
- Allow any person who is not a member of the official team travel party to enter the student-athlete’s room (unless prior permission has been given by the head coach).
- Incur charges for any incidentals at the place of lodging that are not personally paid for (e.g. snacks, room-service, in-room movies, phone calls, missing or damaged items).
Violation of these travel policies may result in suspension or dismissal from the intercollegiate athletic program.

**Meals**

Coaches will inform the team if food and meals will be purchased out of the budget or if it is the responsibility of the athletes to pay. Parents, friends, and relatives may dine with the team and pay separately. Team members who may wish to leave the team to eat with family members must have the “Travel Release Request Form” completed and signed before leaving with family and friends.

**Ineligible Student-Athletes**

Student-athletes who are declared ineligible may not travel as a representative of the athletic department nor have his/her travel and food expenses paid for.

**Tryout Policy**

Tryouts are held at the discretion of individual head coaches. Students are encouraged to inquire with individual head coaches to determine if tryouts are scheduled, and if so, when. The Department of Athletics will allow additions to rosters in the Fall Quarter so potential walk-ons should contact the appropriate head coach prior to the Fall Quarter if they are interested in trying out for a respective team.

**UCSC Web Mail**

All UCSC Students have been given a web mail address (@ucsc.edu). Most athletic department correspondence will be emailed to the student’s UCSC account. We ask that all athletes check their UCSC email account at least twice a week for important messages. If you have problems accessing your account, please go to [http://its.ucsc.edu/email/](http://its.ucsc.edu/email/).
Equipment and Uniforms

Lockers

Student-athletes have the ability to check out a locker at either the East or West Field House. Talk to the coach about the opportunity for a locker. The student-athlete is responsible for clearing out the locker at the end of the season and/or quarter. Any charges accrued because of the continued use of the locker will be billed to the student, not the team.

Uniforms

Each student-athlete will be provided with an appropriate uniform for his/her sport (except for the swim & dive team). All uniforms and practice gear are property of UC Santa Cruz. The uniforms are only to be worn while participating in UC Santa Cruz athletic events and are only for the use of student-athletes. The head coach, or someone on the athletics staff, will maintain a record of uniforms given to the student athletes. The student-athlete is responsible for turning in all items issued, unless told differently. Normal wear and tear is expected, but any lost or abnormally abused uniforms will be charged to the student athlete.

Laundry

Student-athletes should talk with the head coach about whether or not these services are available for practice gear and uniforms. If any practice clothes or jerseys are lost or stolen, the athlete will be charged for replacement of these items.

Financial Holds

Any uniforms or equipment that are not turned in to the head coach by the end of the season result in a hold placed on the student’s records. This hold will prevent students from receiving a semester grade report, official transcripts, registering for classes, and receiving a baccalaureate diploma until the equipment has been paid for or returned.
Sports Medicine

Use of Athletic Training Rooms

UCSC Athletic Training services are for NCAA intercollegiate student-athletes only. The student-athlete must meet the eligibility criteria (see “Eligibility”) to participate in intercollegiate athletics and be treated medically by the athletic training staff at UC Santa Cruz.

Athletic Training Personnel

Athletic trainers (ATs) are health care professionals who collaborate with physicians. The services provided by ATs comprise prevention, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions.

Athletic Training Room General Information

Games

Athletic training staff will be available 1 1/2 -2 1/2 hour before competition.

Ice Availability

Ice is available only to UCSC intercollegiate student-athletes. Arrangements with the athletic training staff can be made if others need ice on a regular basis.

Out-of-Season Sports

Coverage is not provided for out-of-season competitions. Student athletes who suffer any injuries or illnesses outside of the team’s playing season shall seek medical attention from the Student Health Center, a local hospital or urgent care facility; or their primary care physician.

Practice

Coverage is based on team practices and athletic training room staffing schedules. Priority is given to sports that traditionally have a greater risk of injury. If the athletic training staff is not notified of practice changes by the coach (at least two weeks in advance), those practices may not be covered.

Travel

The athletic training staff is available to travel during the declared playing season and conference and NCAA post season. The head coach shall consult with the head athletic trainer well in advance to request an AT for their team travel and the head athletic trainer may accommodate the request pending staff availability.

Athletic Training Room Hours

Typical hours are as follows:

- Pre-Fall Quarter
- East and West ATR – According to practice schedules

- Fall Quarter
- East ATR – 7:30am – 5:00pm
- West ATR - Open as per volleyball (women's early fall, men's late fall) practice, then in the afternoon according to men's and women's basketball practices when they begin

- Winter Quarter
- East ATR – 7:30am - 5:30pm

8/17/18
• West ATR - According to basketball and volleyball practices
• Spring Quarter
  East ATR – 7:30am - 5:30pm
  West ATR - According to men's and women’s volleyball practices
• Summer Quarter
  East ATR - Closed
• Holidays/Breaks
  Both East and West will be closed unless there are practices or games

**Athletics Training Room Rules & Regulations**

• Treat all athletic training staff with respect.

• No inappropriate language or subject matter.

• The Athletic Training Room is a co-educational facility; please dress accordingly (bathing suit bottoms or shorts/tops/sports bras MUST be worn in the whirlpool).

• Clean up after yourself.

• Please shower/clean before treatment if you are sweaty or dirty. If shoes are dirty, please clean them before entering.

• No shoes on treatment tables and keep bags, etc. out of the treatment areas.

• Treatment will not be administered until examined by an AT staff member.

• If you sign up for rehab times, please do not be late. If you cannot make your scheduled appointment, please notify an Athletic Training Room staff member in advance of the appointment.

• Allow sufficient time for treatment. The Athletic Training Room is not an excuse for tardiness to class or practice.

• No self-treatment except for wrist/blister taping and no preventative taping.

• Do not take equipment of any kind out of the training room unless given permission.

• No cell phone/pager use is allowed.

• No tobacco products.

• No cleats.

• Computer/phone/office area is for AT staff use only unless given permission.

• If an athletic trainer requests that you see a doctor for your condition, you must bring a note from your doctor stating the diagnosis, treatment and whether or not you are cleared to play your sport. You will not be able to participate until the AT staff have a doctor’s note.

• No rehab during your practice time unless you have made arrangements with an athletic trainer and your coach.

• If you need to be taped because you have been injured, you must do your rehab prior to taping. If you do not do your rehab, you do not get taped.
Pre-participation Physical Examination

All student-athletes are required to have a pre-participation physical exam performed by an appropriate healthcare provider every year prior to the first practice. Physicals performed within six months of the start date for the new sports season will be accepted (NCAA Bylaw 17.1.6.4). Physicals performed by a chiropractor will not be accepted. In addition, the following forms must be on file for the student-athlete to participate and receive services:

- Pre-Participation Health History or Medical History Update
- Insurance Information Form
- Emergency Contact Form
- Proof of Insurance
- Waiver of Liability, Assumption of Risk, and Indemnity Agreement
- Acknowledgement of Injury Reporting
- Proof of Sickle Cell Disease Testing or Waiver
- Consent for Disclosure of Health Information
- Copy of Insurance Card(s)

Injury Management

Should a student-athlete suffer an injury during an official intercollegiate athletic sponsored event, the following procedures must be followed:

- The athletic trainer will evaluate new injuries. The injury will be documented and an appropriate course of action will be taken.
- Rehabilitation programs will be conducted with the athletic trainer.
- Coaching staff will be made aware of injury progress.
- The athletic trainer or physician will determine if the student-athlete is physically capable to practice and compete.

Student-Athletes and Pregnancy

If you become pregnant while participating in your sport at UC Santa Cruz, it is strongly recommended that you inform your physician, your athletic trainer, and your coach. If athletics personnel and/or a physician are informed, they will keep this information confidential unless you give them permission to do otherwise.

Eligibility

Pregnancy is treated as any other temporary health condition and will not affect the student-athlete’s team standing or eligibility. Under NCAA rules, UCSC may approve a three-quarter extension of the 15-quarter period of eligibility for a female student-athlete for reasons of pregnancy.

Can you participate in your sport?

If you become pregnant and want to continue to participate in your sport, discuss your options with your athletic trainer and/or physician. Coaches and athletic trainers should not counsel a student on pregnancy issues such as
abortion, adoption or parenting. They can, however, provide guidance on the physical demands of the sport and participate in discussions regarding health and wellness concerns.

Depending upon your sport and the clearance from you physician, you may be able to continue participating until a certain point in your pregnancy. This determination is made on an individual basis. A physician must clear you before returning to your sport at the conclusion of your pregnancy.

**Counseling and Medical Resources**

Pregnancy can be a challenging event, especially for student-athletes, and care should be taken to protect both your physical and mental health. Students are encouraged to seek the confidential care and support offered at both the Student Health Center and Counseling and Psychological Services (CAPS).

**Insurance**

A student-athlete must carry personal insurance that covers athletic injuries. Neither USHIP nor CruzCare cover athletic injuries resulting from intercollegiate athletics. Please see the [UCSC Student Health Center insurance page](#) to learn how to opt out of UC SHIP or CruzCare. Note that specific deadlines apply for the option to opt out and the student must opt out personally.

A student-athlete’s personal insurance is considered the “primary carrier” and the UCSC Athletics injury insurance is secondary (or in some cases, tertiary). The UCSC Athletics insurance covers only injuries incurred during official intercollegiate athletics sponsored events (i.e., games, practices, weight training sessions, physical rehabilitation and conditioning). For the injury to be recognized by UCSC Athletics insurance coverage, the student-athlete’s injury must have been evaluated and documented by a UCSC athletic trainer. Once all personal insurance has been exhausted, any further medical bills from the injury can be paid from the UCSC Athletics injury insurance. The student-athlete can submit these bills to a UCSC athletic trainer.

**Medical Consultants**

UCSC Athletic Training and Sports Medicine utilizes physicians on and off campus for injuries that require medical referrals. In the event that these physicians do not accept the student-athlete’s insurance, we will assist in finding a suitable option.

If at any time the student-athlete is in a life-threatening situation they should call 911. A student-athlete may want to utilize the following physicians and locations:

UC Santa Cruz Student Health Services (for non-athletically related injuries or illnesses)

Palo Alto Medical Foundation

Ortopedics: James Spiegel, M.D. F.A.C.S.

Raj Kullar, M.D.

Concussion Specialist: Jacob Benford, M.D.
Local Hospitals and Urgent Care Clinics

Dominican Hospital  
1555 Soquel Dr. 
Santa Cruz, CA 95065-1705  
(831) 462-7700 General Information  
(831) 462-7710 Emergency Room

Watsonville Community Hospital  
75 Neilson St.  
Watsonville, CA 95076-2468  
(831) 724-4741 General Info

Urgent Care Westside Office  
Santa Cruz Medical Clinic  
1203 Mission St.  
Santa Cruz, CA 95060-3528  
(831) 458-6310

Urgent Care Main Office  
Santa Cruz Medical Clinic  
2025 Soquel Ave.  
Santa Cruz, 95062  
(831) 458-3377

Doctors on Duty  
615 Ocean St.  
Santa Cruz, CA 95060-4005  
(831) 425-7991

Kaiser Permanente  
Santa Teresa Medical Center  
250 Hospital Parkway  
San Jose, CA 95119-1103  
(408) 972-3000 General Information
Athletic Awards Banquet

To celebrate the team and individual accomplishments of our student athletes, The Department of Athletics will produce an annual Student Athlete Appreciation Banquet in June of each academic year. The awards listed below are given out to student-athletes at the end of the year. The awards and criteria are below.

**Highest Cumulative Male and Female Team GPA**
An award presented at the end of the year to the male and female team with the highest cumulative grade point average.

**Highest Cumulative Male and Female GPA**
An award presented at the end of the year to the male and female student-athlete with the highest cumulative grade point average.

**Scholar Student-Athlete Award**
An award presented to student-athletes with an overall GPA of 3.5 or higher.
UCSC Support Services and General Information

Academic Calendars: http://registrar.ucsc.edu/calendar/
Athletics Website: www.goslugs.com
Cantu Queer Center: http://queer.ucsc.edu/
Career Center: http://careers.ucsc.edu
Campus Advocacy Resources & Education (CARE): http://care.ucsc.edu
Counseling and Psychological Services (CAPS): http://caps.ucsc.edu/
Dean of Students: https://deanofstudents.ucsc.edu/
Ethnic Resource Centers: https://resourcecenters.ucsc.edu/
Financial Aid and Scholarships: http://financialaid.ucsc.edu/index.html
Health Center: http://healthcenter.ucsc.edu/
Monarch Services (24-hour Hotline): 888-900-4232 or monarchscc.org
Office of Physical Education, Recreation and Sports: http://opers.ucsc.edu/
UC Santa Cruz Police Department: 831- 459-2231, x1
City of Santa Cruz Police Department: 831-471-1131
Student Conduct: http://deanofstudents.ucsc.edu/student-conduct/
Support Services: http://admissions.ucsc.edu/campus-life/support-services.html
Title IX Office: http://www2.ucsc.edu/title9-sh/
Undergraduate Advising: http://advising.ucsc.edu/

Other Links

National Collegiate Athletic Association: http://www.ncaa.org/
Division III Independents: http://www.d3independents.org/
Pacific Collegiate Swim and Dive Conference: http://www.pacificswimanddive.org/
American Southwest Conference: http://www.ascsports.org/

Questions? Contact your head coach or the Athletic Department.