



## Servant Leadership Group Activity 1: Balloon Trolleys

### Servant Leadership — Serving the common good

- **BE EMPOWERING:** Inspire & help others to grow, succeed & lead.
- **BE VISIONARY:** Raise expectations for yourself & the team.
- **BE INTERCONNECTED:** Recognize the vital link between individual effort & group achievement.
- **BE GENEROUS:** Freely contribute hard work & support to reach the team's goals.
- **BE ENERGETIC:** Initiate action - do what needs to be done.

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### Problem Solving: Servant Leadership

**Summary:** While the team acts like a trolley they must transport the “character values”.

**Time:** 10 minutes total

Brief the group: 2 minutes

Exercise: 5 minutes

Reflection: 3 minutes

**Balloons Represents:** Integrity, Respect, Responsibility, Sportsmanship, etc... Everything that is needed to make you a servant leader.

### Directions:

- Blow up a balloon so that you have one to fit between every person if they stand in a single file line. For example if X is a person and O is a balloon, the line would look like: XOXOXOX
- The goal is for the entire group to move from a starting point to an ending point without dropping a balloon.
- Once the team starts, members may not use their hands to hold the balloons.

### Facilitator Notes:

- If a balloon touches the ground, there may be consequences (I.e. starting over, facing people the opposite direction, etc...)

### Processing the Ideas:

- Discuss the importance of servant leadership: Serving the common good. How did this group do in demonstrating servant leadership to all members of the team as they tried to transport the balloons?
- How does this relate to a team setting? (communication, behavior, following rules, etc...)
- How will SERVANT LEADERSHIP look on your team? Identify 3. Refer to Servant Leadership checklist.
- One team member writes and reports later.