UW-Oshkosh Cross Country Open  
Lake Breeze Golf Club • October 19, 2018

**Race Times**
- Women’s 6k race – 1:00 p.m.
- Men’s 8k race – 1:50 p.m.

**Entries**  
Each team is allowed unlimited entries. Entries will be done online through PT Timing: [www.pttiming.com](http://www.pttiming.com). Entries open on Wednesday, October 10 at Noon and are due by Wednesday, October 17 at 7pm central time. Unattached or open runners should contact Eamon McKenna at mckennae@uwosh.edu.

**Teams**  
We will have 5-10 schools represented. The course has been used for multiple Regional and NCAA Championships.

**Entry Fee**  
The entry fee is $75 per team, $150 for both men and women OR $20 per runner if teams have fewer than 4 runners of either/both genders. The fee for unattached or open runners will be $20.

Cash is accepted for entry fee. If paying via check, please make checks payable to: UW Oshkosh

**Course**  
The course is the same as the 2016 NCAA Midwest Regional Championship and was the course run for the 2015 NCAA Championship. It will also be the course for this year’s 2018 NCAA Championship. The terrain is basically flat with some slight, gradual grades. The highest elevation is located where the start merges with the large loop. The lowest elevations are at the start/finish and the 1-mile area. The footing is smooth and generally firm throughout the course. Three eighth inch spikes are recommended.

The course map can be found online at: [http://www.titans.uwosh.edu/MCrossCountry/HomeFacility.html](http://www.titans.uwosh.edu/MCrossCountry/HomeFacility.html)

**Results:** Complete results will be available online at [www.pttiming.com](http://www.pttiming.com). We will use chip timing.

**Sports Med**  
There will be athletic trainers available at Kolf Sports Center and at the race site. Only emergency needs and ice will be available at the course.

**Dressing**  
There is no dressing or shower facilities at the golf course. Kolf Sports Center will be available after the meet.

**Special Info**  
Please inform parents, friends, coaches, runners, and any other spectators that bikes and dogs (with or without a leash) are not allowed on the golf course. Your cooperation is greatly appreciated.

**Parking**  
Parking for teams and spectators will be at the golf course itself in the gravel parking lot.

**Meet Director**  
Eamon McKenna  
[mckennae@uwosh.edu](mailto:mckennae@uwosh.edu)