Men’s Swimming & Diving
NESCAC Performer of the Week

Ryan Bedell | Colby
Sophomore, Rye Brook, N.Y.

Bedell had a strong weekend versus Wesleyan and Trinity. Against Wesleyan, he posted a personal-best time and set a Colby school record in the 400 IM (4:12.73). Versus Trinity, he recorded a season and unrested best in both the 200 freestyle (1:46.48) and the 500 freestyle (4:44.68 - pool record).

NESCAC Notes | Schedule/Results

Amherst - Junior Craig Smith (Chicago, Ill.) posted three first-place finishes at home against Union. He registered winning times of 24.32 in the 50 backstroke and 51.88 in the 100 backstroke. Smith began the meet contributing a 24.54 backstroke split to the winning 200 medley relay (final time 1:35.16)...

Bowdoin - On Saturday, senior Stephen Pastoriza (Bethesda, Md.) swam a season-best breaststroke relay split of 59.06. Two events later, he swam a solid 4:19.31 in the 400 IM. He finished second in the 50 breaststroke with a time of 27.64 and won the 100 IM in a time of 56.98. On Sunday, he swam an inspired 26.82 leg of the 200 medley relay to help the B relay outdistance the A. He finished second in the 100 breaststroke with a time of 1:00.02 and put in a winning effort in the 200 breaststroke (2:10.47)...

Hamilton - First-year Nick Wilkins (Sudbury, Mass.) won the 400 IM (4:21.95) and the 100 breaststroke (59.99), while placing second in the 100 butterfly (53.51) against Union. Against Williams and Middlebury, he contributed a split of 27.29 in breaststroke leg of the 200 medley relay, won the 100 breaststroke (58.59), and was fourth in the 50 breaststroke with a time of 27.48. He also tied for fourth in the 100 IM (54.21)...

Williams - First-year Zeb Hart (Pepper Pike, Ohio) won two events for the Ephs helping them post victories over Hamilton and Middlebury. Hart won the 50 backstroke (24.57) and the 50 butterfly (23.16), which is .01 off the top time in the league this year. Classmate Sean Tan (Tenafly, N.J.) also contributed strong swims in the two wins over Hamilton and Middlebury. He won the 100 butterfly in a season-best time of 51.8 and also won the 100 IM (53.79). He supported the 400 medley relay team with a butterfly split of 51.4.

Women’s Swimming & Diving
NESCAC Performers of the Week

Natalie Rumpelt | Amherst
Junior, Albany, N.Y.

Rumpelt posted three first-place finishes at against Union. She won the 200 freestyle (1:53.00) and began the meet contributing a 28.53 backstroke split to the winning 200 medley relay. Rumpelt concluded her meet swimming the final leg of the first-place 800 freestyle relay with a split of 1:51.54, and smashing the Amherst pool record.

NESCAC Notes | Schedule/Results

Bowdoin - Sophomore Nadia Eguchi (New York, N.Y.) swam several different events last weekend. On Saturday, she won the 200 freestyle (1:57.77), was second in the 50 freestyle (25.77). She also posted a time of 1:11.2 in the 100 breaststroke and a 2.4 leg for the winning 200 freestyle relay. On Sunday, Eguchi won the 1000 freestyle with an unrested best time of 10:42.72. She swam a time of 55.6 in the 100 freestyle and a was second in the 200 IM (2:12.6)...

Colby - Taking a break from the distance events, first-year Addie Paige (Glen Rock, N.J.) won six events as Colby competed against Wesleyan and Trinity. Against Wesleyan, she won the 200 IM (1:58.06), the 100 butterfly (59.91), and the 100 freestyle (54.96). On Sunday versus Trinity, Paige won the 200 butterfly (2:14.57), the 100 freestyle (55.97), and the 100 butterfly (1:00.71)...

Williams - First-year Abby Matheny (Pittsburgh, Pa.) posted two wins and solid in-season times. She swam a time of 1:54.99 in the 200 freestyle and posted a time of 5:06.97 in the 500 freestyle.