On Friday at the Elm City Challenge, Minors won the 800 meters, with a time of 1:52.06. After conversion, the time stands at 1:50.48 and is the fastest in the nation thus far. His run met both NCAA provisional and NEICAAA Championships qualifying marks.

Destiney Coward, Southern Connecticut (So., East Haven, Conn.)
Coward helped lead the Owls to a first place finish at the Elm City Challenge last week. She placed first in both the women’s shot put and weight throw with throws of 12.79 and 16.06 meters, respectively. She also recorded a personal best in the women’s shot put.

Michael Lee, Southern Connecticut (Sr., New London, Conn.)
Lee helped the Owls to a first place victory at the Elm City Challenge. During day one, he set a new school and meet record with a long jump of 7.55 meters. On day two, Lee set another new meet and school record in the triple jump with a leap of 15.40 meters. Also, both jumps were NCAA provisional marks.

Skylar Shugrue, Southern New Hampshire (So., Worcester, Mass.)
Shugrue helped lead So. New Hampshire to the first title in program history at Plymouth State, as she placed in the top-two in three events. She cruised to a victory in the 60-meter dash with a time of 8.43 seconds before finishing second in the 200-meter dash with a performance of 28.78 seconds. She ran the third leg of the 4x200-meter relay, and helped team place second in a time of one minute, 55.46 seconds. She also ran the 60-meter hurdles, and completed the final heat in 11.47 seconds.

Michael Cuesta, Merrimack (Fr., South Portland, Maine)
Cuesta finished in fourth-place in the 60m with a time of 7.14 at the Jay Carisella Invitational. It was a personal record for the freshman from Maine.

Ashley Elder, Southern New Hampshire (Fr., Bristol, Conn.)
Elder turned in top-three finishes in two events at the Plymouth State Meet, helping So. New Hampshire to the program’s first title. She opened her day by heaving the shot put 10.79 meters, which was good for second place. She then followed by launching the weight throw a distance of 11.25 meters to finish third overall.

Alyssa Lambert, Franklin Pierce (Sr., Manchester, N.H.)
On Friday at the Elm City Challenge, Lambert won the mile with a run of 5:00.61. After conversion, her time stands at 4:57.67, which is currently the fastest time in the country and met both the NCAA provisional and NEICAAA Championships qualifying standards.
Jashane Brown, American International
(So., Middletown, Conn.)
Brown won the 200 meter dash at the
Jay Carisella Invitational in 22.16. He also
placed first on Friday at the Elm City Chal-
lenge in the 200m with a time of 22.28.

Andre Wooten, Franklin Pierce
(Gr., St. Charles, Mo.)
On Friday at the Elm City Challenge, Woo-
ten finished second in the triple jump, with
a mark of 14.76 meters. Met the NCAA
provisional mark with the distance, which
currently ranks seventh in the country.

John Braga, Merrimack
(Jr., North Reading, Mass.)
Braga finished first in the long jump with
a school record jump of 7.17m at the Jay
Carisella Invitational. It’s also an NCAA
provisional qualifier and ranks sixth in all of
Division II.

Carly Muscaro, Merrimack
(Jr., Ashland, Mass.)
Muscaro finished in 1st-place in the 500m
with a time of 1:10.94 at Jay Carisella
Invitational. It’s also the fastest time in all of
Division II, and would stand as the second-
fastest in Division I

Crystle Hill, Southern Connecticut
(Jr., Norwalk, Conn.)
Hill helped lead Southern Connecticut to a
first place victory at the Elm City Challenge
last week. In the women’s 55m dash, she recorded a NCAA provisional
with a time of 7.11 seconds. She also
posted a time of 25.67 seconds to place
her second in the women’s 200 meter
dash.

American International DMR
The AIC distance medley relay team of
Chandler Cotton Jr., Jeremy Antivo, Leakey
Kipkosgei, and Andre Rolim set a new meet
record at the Elm City Challenge (10:04.63)
and hit an NCAA provisional time.

Southern Connecticut - 4x400 Meter
The team of Kiara Kallaway, Sonia Morant,
Georgette Nixon and Adriana Carrasco
placed first at the Elm City Challenge in the
women’s 4x400 relay last week. The quar-
tet recorded a time of 4:01.65.

Matt Baldasare, Stonehill
Shatajah Watterly, So. Connecticut
George Murray II, New Haven
Dana Bramble, American International

Dage Minors, Franklin Pierce
Alyssa Lambert, Franklin Pierce
Michael Lee, So. Connecticut
Destinee Coward, So. Connecticut

Kiara Kallaway, Sonia Morant,
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tet recorded a time of 4:01.65.