**NE10 MEN'S TRACK ATHLETE OF THE WEEK**

**Chad Miller, American International**  
*Junior, Spanish Town, Jamaica*

Miller set a school record, while recording an NCAA automatic qualifying time in the 400 meter hurdles. His time of 51.21 seconds was good to win the event at the UConn Northeast Challenge on Saturday. That time is currently the second-fastest time in all of Division II.

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**NE10 WOMEN'S TRACK ATHLETE OF THE WEEK**

**Antonia Pagliuca, Assumption**  
*Senior, Peabody, Mass.*

Pagliuca crushed the 5,000 meter run at the Ocean State Invitational on Friday, finishing with the fourth fastest time in the nation to date with a new school record time of 16:44.43. The senior placed fourth overall at the meet and recorded the top Division II time.

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**NE10 MEN'S FIELD ATHLETE OF THE WEEK**

**Patrick Sheehan, Adelphi**  
*Senior, Massapequa, N.Y.*

At the Bison Outdoor Classic, Sheehan broke an Adelphi school record and personal best, throwing 51.12 meters in the men’s discus. The effort qualified for an NCAA provisional mark, and put him in the top 20 of all Division II.

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**NE10 WOMEN'S FIELD ATHLETE OF THE WEEK**

**Dana Bramble, American International**  
*Senior, East Hartford, Conn.*

Bramble set a school record with a mark of 12.60 meters in the triple jump, recording an NCAA provisional mark en route to a second-place finish in the event at the UConn Northeast Challenge on Saturday. Bramble currently owns the third-best mark in the event in all of Division II.

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**NE10 MEN'S TRACK ROOKIE OF THE WEEK**

**Ackeen Colley, American International**  
*Freshman, Lucea, Jamaica*

Colley ran an NCAA- provisional mark in the 800 meter run at the UConn Northeast Challenge on Saturday, posting a time of 1:51.06 to win the event. The time also ranks second-fastest in the NE10 this season.

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**NE10 WOMEN'S TRACK ROOKIE OF THE WEEK**

**Casey Gannon, Stonehill**  
*Freshman, Warwick, R.I.*

Gannon took home two personal best times this weekend in the 100-meter and 400-meter hurdle events. She also took home her first individual title of her career as she clocked in at 1:03.88 in the 400-meter hurdles. Gannon was the quickest freshman across the finish line in the 100-meter hurdles clocking in at 15.77. She ranks third in the 400 in the NE10 and seventh in the 100 hurdles.

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**NE10 MEN'S FIELD ROOKIE OF THE WEEK**

**Xavier Young, Stonehill**  
*Junior, Barnegat, N.J.*

Young helped the Skyhawks to a second place finish at the Silfen Invitational as he took second out of 37 competitors in the shot put, with his season-best distance of 50’ 7.50” matching the winning distance, but sliding to second due to a tiebreaker. He ranks second on the NE10 performance chart. Young also placed 11th out of 40 throwers in the discus throw with his season-best distance of 124-feet, 10-inches.

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**NE10 WOMEN'S FIELD ROOKIE OF THE WEEK**

**Jessika Ribeiro, American International**  
*Freshman, Chicopee, Mass.*

Ribeiro competed in her first multi-event of the season, winning the SCSU Combined Events Challenge on Thursday. She posted a total of 4430 points after winning the 100 meter hurdles, high jump and javelin.
MEN’S TRACK
Seamus Higgins, Bentley (Sr., Randolph, N.J.)
Higgins ran the fastest 5,000 meters in the conference this spring with his 14:58.07 personal best by more than 19 seconds and sixth best in program history. He placed 11th in the event and was first among Division II runners.
Holt Silhoven, Bentley (Sr., Lebanon, Conn.)
During the Triton Invitational at UC San Diego, Silhoven threw the javelin exactly 200 feet (62.68) to finish eighth in a field of 33. Among Division II competitors, he was first. It’s also an NCAA provisional mark in the event.

Hugo Arlabosse, Franklin Pierce (Fr., Marseille, France)
Over the weekend at the Silfen Invitational, Arlabosse won the 800 meters (1:53.04) and took sixth in the 400 meters (50.52).
Jack Ehrhardt, Franklin Pierce (So., Point Pleasant, N.J.)
Ehrhardt won while making his decathlon debut at the Silfen Invitational over the weekend, totaling 7035 points in the process. Along the way, won the decathlon editions of the 100-meter dash (11.44), the long jump (6.31m), the javelin (48.75m) and the 1500 meters (4:51.43).

Dane Minors, Franklin Pierce (Gr., Hamilton Parish, Bermuda)
On Friday at the Silfen Invitational, Minors took home first place in the 1500 meters (4:52.22).

Patrick Forrest, Merrimack (Fr., Norwood, Mass.)
Forest set a pair of school records in the 400m race and 200m dash at the Coach P Invitational hosted by Moravian College Saturday. His time in the 200m was 21.80 seconds, while finishing the 400m in 48.62 seconds and a fourth-place finish in the event.

Keith Steinbrecher, Merrimack (Sr., Wading River, N.Y.)
Steinbrecher competed at the Bison Outdoor Classic hosted by Bucknell on Saturday. He placed fifth in the 3000m steeplechase event with personal and school record time of 9:04.69. He was the second fastest Division II athlete in the event. His time is also 12th among the NCAA Division II provisional qualifying times.

Michael Kandolin, New Haven (Jr., Columbus, Conn.)
Kandolin captured first place in the men’s hammer throw at the Silfen Invitational at Conn. College on Saturday, throwing a personal-best 55.83 meters out of a field with over 44 competitors. His first attempt edged out the second place competitor by over one inch and his previous personal-best of 54.49. Kandolin added another top-three finish to his day, finishing third in the discus with a throw of 47.13 meters.

Yakubu Ibrahim, Southern Connecticut (Sr., Somerset, N.J.)
Ibrahim took the top spot in the 110-meter hurdles at the Northeast Challenge with a time of 13.92, a NCAA DII provisional marker, while also breaking a school record in the event.

Stefan Balestra, Stonehill (Sr., Lincoln, R.I.)
Balestra led the Skyhawks to a second place team finish at the Silfen Invitational by placing second out of 45 runners in the hammer throw with a distance of 175 feet, 9 inches. Balestra also took 14th in the discus throw with a season-long throw of 121-11.

Anthony Innamorati, Stonehill (Sr., Clinton, Mass.)
Innamorati helped the Skyhawks to a second place team finish at the Silfen Invitational over the weekend when he placed second out of 22 entries in the pole vault, clearing a height of 14-feet, 11-inches.

Justin Ireland, Stonehill (So., Norton, Mass.)
Ireland turned in three top performances to lead the Skyhawks to a second team place finish at the Silfen Invitational over the weekend. He won the 100-meter dash that included 64 entries with a season-best time of 10.94-seconds. He also finished third out of 77 sprinters in the 200-meter dash in a season-best 22.17-seconds and ran the second leg of Stonehill’s 4x100-meter relay team that took first place out of 10 teams with a season-best time of 42.33-seconds, just a quarter of a second shy of the program record and good for third on the Northeast-10 Conference’s performance chart.

John Onken, Stonehill (Jr., Holbrook, N.Y.)
Onken helped the Skyhawks to a second place team finish at the Silfen Invitational, placing second in the 10,000-meter run with a time of 32:26.51, for good for second on the NE10 performance list for the season.

Lucas Tatters, Stonehill (Jr., Readville, Mass.)
Tatters helped lead the Skyhawks to a second place team finish at the Silfen Invitational. He finished second out of 28 entries, leading four Stonehill runners in the 10,000-meter run on Friday night, with his personal-best time of 3:53.94, improving on his third-ranked time for the event in the NE10 this spring. On Saturday, he ran the lead leg of the 4x800-meter relay to first place in a season-best 7:50.80, tops in the NE10 this season.

WOMEN’S TRACK
Stephanie Mattson, Bentley (Jr., Smithfield, R.I.)
Mattson broke a pair of school records and moved into the top three on the NE10 performance list in three events during the Triton Invitational at UC San Diego. She achieved a distance of 18.65 in the long jump, breaking her own school record by 0.75 inches while setting an NE10 season best. Her time of 25.58 seconds in the 200 meters was the third-fastest time posted in the conference this season and an improvement of 0.28 seconds on a 15-year-old school record. She also ran the 400 in 57.50, second best in the NE10 this season and an improvement of 0.38 in the long jump (3rd 02) and 14th of 47 in the 200 (7th 02).

Nicole Galewski, Franklin Pierce (Gr., Whitman, Mass.)
Galewski won the heptathlon over the weekend at the Silfen Invitational. Met the NCAA Championships provisional qualifying standard in the process, with a total of 4488 points. Along the way, won the heptathlon editions of the 100-meter hurdles (15.28) and the 200-meter dash (26.43). The 4488 points represented a new school record in the heptathlon.

Dena Boone, Saint Rose (So., Beacon, N.Y.)
Boone registered a trio of top-four finishes at the Bronco Classic, hosted by SUNY Delhi. She won the long jump with a 5.17m mark and took fourth in the 100m dash with a time of 13.26. Boone triple jumped 9.78m to take fourth.

Valerie Hinds, Saint Rose (So., Kingston, NY)
Hinds bettered two of her team records at the Bronco Classic. The sophomore achieved winning marks of 12.17m in the shot put and 45.15m in the hammer throw. She placed fifth in the discus with a distance of 52.48m.

Ashley Elder, ShNU (Jr., Bristol, Conn.)
Elder took the top spot in three individual events on Saturday to help lead the Southern New Hampshire to a second-place finish in its inaugural home meet, the 2018 Penmen Relays. She finished atop the shot put, discus and hammer throw events, and cleared the next closest competitor by more than a full meter in all three. She took home the shot put crown after a heave of 13.23 meters (43 feet, five inches), which was 1.08 meters (three feet, seven inches) ahead of second. In the discus, Elder posted an official distance of 40.06 meters (131 feet, five inches) to sit 3.87 meters (12 feet) in front of the second-place finisher. Elder’s most impressive performance came in the hammer throw, where she set a new personal best with a toss of 49.32 meters (161 feet, 10 inches). The throw was 8.84 meters (29 feet) better than second and more than three meters better than her previous PR.

Alanna Murphy, ShNU (So., Nashua, N.H.)
Murphy totaled 26 individual points on Saturday in addition to running on two relay teams that combined for 15 points. Murphy posted a victory in the triple jump after launching herself 11.53 meters (37 feet, 10 inches) to grab 10 points, before a pair of second-place finishes in both the 100-meter hurdles (15.42 seconds) and the 400-meter hurdles (1:08.70). She was part of the 4x400-meter relay team that checked in fifth overall with an official time of 4:03.03 seconds. Murphy closed out her afternoon anchoring the 4x400- meter relay team, which raced back to outpace the field and finish first overall in 4:09.99.

Olivia Dexter, Stonehill (Jr., Bristol, Conn.)
Dexter posted four first-place results this weekend at the Silfen Invitational: long jump, 4x400, 1x100, and 1x100. In the long jump she posted a distance of 17 feet, 4 inches, winning the event over second place with just about seven inches separating the two. The junior was also part of the 4x400 which clocked in at 4:01.67 and the 4x100 which crossed the finish line in 48.12. Dexter also ran the 100-meter sprint in 12.27.

Alison Tobin, Stonehill (Sr., Smithfield, R.I.)
Tobin assisted the Skyhawks to a first-place result at the Silfen Invitational this weekend, where she placed first in the pole vault out of 21 competitors and finished first in the 4x400-meter relay out of 11 teams. The senior posted a mark of 12 feet, 1.50 inches in the pole vault breaking the previous school record that she set last weekend at the 53rd Colonial Relays. She bypassed the NCAA provisional mark and currently sits 18th on the standards list. The 4x100 squad posted a time of 48.12 setting a season best.