Colton Ham, Franklin Pierce (Sr., Webster, N.H.)

On Sunday at the Dartmouth Relays, Ham finished eighth in the mile, with a time of 4:22.25. After conversion, the time is good for third in the North-east-10.

Tresley Dupont, So. Connecticut (Sr., Tiverton, R.I.)

Dupont helped the Owls to a second place finish at the Dartmouth Relays. He opened the day with a second-place finish, and an NCAA-qualifying mark in the shot put with a throw of 15.77 meters. In the weight throw, he recorded an NCAA-qualifying mark with a distance of 19.05 meters.

Michael Grady, Adelphi (Fr., East Meadow, N.Y.)

Grady claimed the lone victory for the Panthers at the Villanova Open by running a 2:28.05 time in the 1,000 meter, beating the field that consisted of both Division I and II athletes by nearly three seconds.

Ruvens Exantus, So. Connecticut (Fr., Stratford, Conn.)

Exantus had an impressive start to the new year as he recorded two second place victories in the long jump and triple jump at the Dartmouth Relays on Sunday. In the long jump, he recorded a distance of 6.52 meters and in the triple jump, he recorded a distance of 13.34 meters.

Shatajah Wattely, So. Connecticut (Jr., Uncasville, Conn.)

Wattely opened the Dartmouth Relays with a second place finish in the 60 meter dash. With a time of 7.58 seconds, she recorded a NCAA qualifying mark as well as set a new school indoor record in the event. Wattely wrapped up the relays with a first place victory in the 4x200 relay with a time of 1:42.60.

Destiney Coward, Southern Connecticut (So., East Haven, Conn.)

Coward recorded a new personal best and a NCAA qualifying mark in the women’s weight throw with a throw of 16.72 meters at the Dartmouth Relays on Sunday. She also placed fifth in the shot put with a distance of 12.58 meters.

Bethia Nivens, Le Moyne (Fr., Latham, N.Y.)

Nivens set the program’s record and qualified for the NE-10 Championship in the 60-meter dash at Cornell’s Southern Tier Collegiate Open by placing 10th with a time of 8.29 seconds, 0.33 seconds faster than the previous best time. She was also the anchor for the 4x400-meter relay team that set the program’s record in the event by over seven seconds with a time of 4:24.76.

Cara Kelly, Saint Rose (Fr.)

Kelly tied the school record after clearing 3.05 meters in the pole vault at the Villa-nova Invitational held Friday at the Ocean Breeze Park Track & Field Athletic Complex in Staten Island, N.Y.
On Sunday at the Dartmouth Relays, won the long jump, with a leap of 6.55 meters.

George Murray II, New Haven (Jr., Newark, Del.)
Murray won a pair of events at the Yale Lid Lifter Invitational on Saturday. He improved on his NCAA provisional qualifying mark in the triple jump with a distance of 14.64 meters. He also won the long jump with a personal best distance of 7.01 meters.

Reggie Lewis Center
Boston, Mass.

embali

Cory Cataldo, Franklin Pierce (Jr., Tewksbury, Mass.)
On Sunday at the Dartmouth Relays, won the long jump, with a leap of 6.55 meters.

George Murray II, New Haven (Jr., Newark, Del.)
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Friday, March 11 - Saturday, March 12
Pittsburg, Kansas

Mary Camarano, Adelphi (Jr., Wantagh, N.Y.)
Camarano came away with second place finishes in both the preliminaries and final of the 60 meter hurdles at the Villanova Open meet, and was Adelphi’s top female finisher across all events.

Roxie Redwood, New Haven (Jr., Millstone, N.J.)
Redwood concluded her day at the Yale Lid Lifter Invitational with a pair of top ten finishes. She placed fourth place in the triple jump with a distance of 10.91 meters before an eighth place leap in the long jump of 5.06 meters.

Crystle Hill, Southern Connecticut (Jr., Norwalk, Conn.)
Hill led the Owls in the women’s 400 meter with a second place victory and a NCAA qualifying mark with a time of 57.80 seconds at the Dartmouth Relays. She also picked up a first place victory in the women’s 4x200 relay with a time of 1:42.60.

Matt Baldasare, Stonehill
Shatajah Watterly, So. Connecticut
Colton Ham, Franklin Pierce
Shatajah Watterly, So. Connecticut

Dana Bramble, American International
Michael Lee, So. Connecticut
Tresley Dupont, So. Connecticut
Destiney Coward, So. Connecticut

Eddy Frazier, Assumption
Michael Cuesta, Merrimack
Skylar Shugrue, So. New Hampshire
Ruvens Exantus, So. Connecticut

Stephanie Mattson, Bentley
Ashley Elder, So. New Hampshire
Cara Kelly, Saint Rose

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