## Facts at a Glance

### Contact Numbers

**MEN’S SPORTS**

<table>
<thead>
<tr>
<th>Sport</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball</td>
<td>456-8258</td>
</tr>
<tr>
<td>Basketball</td>
<td>456-8075</td>
</tr>
<tr>
<td>Cross Country</td>
<td>456-4617</td>
</tr>
<tr>
<td>Golf</td>
<td>456-9788</td>
</tr>
<tr>
<td>Soccer</td>
<td>456-8251</td>
</tr>
<tr>
<td>Tennis</td>
<td>456-4616</td>
</tr>
<tr>
<td>Indoor Track and Field</td>
<td>456-4617</td>
</tr>
<tr>
<td>Outdoor Track and Field</td>
<td>456-4617</td>
</tr>
<tr>
<td>Wrestling</td>
<td>456-4615</td>
</tr>
</tbody>
</table>

**WOMEN’S SPORTS**

<table>
<thead>
<tr>
<th>Sport</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball</td>
<td>456-8156</td>
</tr>
<tr>
<td>Cross Country</td>
<td>456-4617</td>
</tr>
<tr>
<td>Golf</td>
<td>456-8133</td>
</tr>
<tr>
<td>Gymnastics</td>
<td>456-8215</td>
</tr>
<tr>
<td>Lacrosse</td>
<td>456-8252</td>
</tr>
<tr>
<td>Soccer</td>
<td>456-8260</td>
</tr>
<tr>
<td>Softball</td>
<td>456-8259</td>
</tr>
<tr>
<td>Swimming</td>
<td>456-8238</td>
</tr>
<tr>
<td>Tennis</td>
<td>456-1954</td>
</tr>
<tr>
<td>Indoor Track and Field</td>
<td>456-8641</td>
</tr>
<tr>
<td>Outdoor Track and Field</td>
<td>456-8641</td>
</tr>
<tr>
<td>Volleyball</td>
<td>456-8641</td>
</tr>
</tbody>
</table>

### AFFILIATIONS

- NCAA Division III
- The Little East Conference

### ATHLETIC DIRECTOR

**Donald E. Tencher**  
456-8007

### ATHLETIC DEPARTMENT

456-8007

*Over 300 student-athletes competing in 21 varsity programs*
# Table of Contents

## SECTION I. INTRODUCTION
- PRESIDENT'S WELCOME ................................................................. 2
- GREETINGS FROM THE ATHLETIC ADMINISTRATION ...................... 3
- RHODE ISLAND COLLEGE HISTORY .............................................. 4
- ATHLETIC HISTORY ........................................................................ 5
- ATHLETIC MISSION STATEMENT .................................................... 6

## SECTION II. ANCHOR PRIDE
- STUDENT-ATHLETE COMPLIANCE
  - Full-Time Degree Candidate ....................................................... 7
  - Ten Semester/Competition Rule .................................................... 8
  - Outside Competition ................................................................. 8
  - Amateur Status ......................................................................... 8
  - Hardship, Medical and Academic Appeals .................................. 9
  - Transfers ................................................................................. 9
  - Seven-Day Practice Rule ............................................................ 9
- BEING A RHODE ISLAND COLLEGE STUDENT-ATHLETE
  - Student-Athlete Code of Conduct ............................................. 10
  - Discipline Policy ...................................................................... 10
  - Social Media Policy .................................................................. 11
  - Sportsmanship and Ethical Conduct ......................................... 12
  - Flaring ..................................................................................... 12
  - Sports Wagering Activities ....................................................... 12
  - Student-Athlete Advisory Committee (S.A.A.C.) ......................... 12
  - Drug and Alcohol Use; Drug Testing ........................................ 13
  - Parking Services ...................................................................... 13
  - E-mail ...................................................................................... 13
  - Varsity Championship Awards ............................................... 13
  - Housing .................................................................................. 14
  - Student-Athlete Host ............................................................... 14
  - Student-Athlete Transportation ............................................... 14
  - The Ralph Catuogno Award ...................................................... 14
  - Athletic Fundraising ................................................................ 14

## SECTION III. STUDENT-ATHLETE SUPPORT SERVICES
- STUDENT-ATHLETE DEVELOPMENT AND SUPPORT
  - Support Services Program Overview ......................................... 15
  - Study Hall Requirements ............................................................ 16
  - Student-Athlete Success Center Rules and Regulations ................. 17
  - Academic Integrity .................................................................... 18
  - Important Deadlines & Dates for Student-Athletes ...................... 19
- SPORTS MEDICINE
  - Medical Exams ........................................................................ 20
  - Insurance Requirements ............................................................ 20
  - Injury Reporting Procedures ..................................................... 21
  - General Rules ......................................................................... 21
- ATHLETIC EQUIPMENT ROOM
  - General Equipment Policies ....................................................... 22
  - Laundry Cleaning and Distribution ........................................... 22
  - Equipment Return .................................................................... 24
  - College/Athletic Department Trademark Usage ........................... 24
- MEDIA RELATIONS/SPORTS PUBLICITY
  - Student-Athlete Personal Information ........................................ 25
  - Information Accuracy ............................................................... 25
  - Photography ............................................................................ 25
  - Dealing With the Media ............................................................ 26
  - Broadcasting ........................................................................... 26
- ATHLETIC FACILITIES
  - The Murray Center ................................................................... 27
  - The Recreation Center ............................................................. 27
  - Student-Athlete Success Center ............................................... 28

## SECTION IV. IMPORTANT NUMBERS, PLACES & FACTS
- IMPORTANT ATHLETIC DEPARTMENT CONTACTS ...................... 28
- CAMPUS PHONE DIRECTORY ....................................................... 28
Welcome to the Rhode Island College athletic family!

As a student athlete, you will have both the honor of participating in intercollegiate sports as well as the responsibility that comes with representing the College both on and off the field. From sports to academics to community service and more, you will now play an important role in continuing RIC’s rich and vibrant athletic history that began in 1929.

The outstanding coaches, faculty and staff throughout the campus will do everything they can to ensure your success at the highest levels both athletically and academically. During your time here, you will be given the opportunity to serve the College and the State of Rhode Island in unique and important ways. I encourage you to take advantage of the opportunities available to you and to strive to be a role model for future generations of Anchormen.

As a former Division I wrestler, I know the hard work, dedication and effort it takes to rise to the high standards of college athletics. Please know that I am committed to your development here at RIC both as an athlete and, more importantly, as a student. The fundamental values of college sports – teamwork, sportsmanship, leadership, -- go hand in hand with our core values as a higher education institution.

Once you obtain your degree, I hope you remain involved as we continue our strong tradition of achievement and excellence.

Go Anchormen!

Frank D. Sánchez
President of Rhode Island College
Greetings From the Athletic Administration

We would like to welcome all of our student-athletes to the Rhode Island College Athletic Family. Being a member of the “RIC Athletic Family” brings great rewards and also an enormous amount of responsibility. Representing Rhode Island College in intercollegiate competition is a privilege that should not be taken lightly. As you compete against other colleges and universities, remember that you represent not only yourself and our campus community, but you also represent thousands of our proud alumni and the citizenry of the great State of Rhode Island.

Though we are well aware of how important athletics are to each student-athlete, it is extremely important that you maintain the appropriate balance between academics and athletics. Integrity in the classroom as well as in the arena is a cornerstone of our program. The goal of successfully reaching graduation day should be as important as playing for a conference championship. We are extremely proud of the support services offered to our student-athletes and it is our hope that you will utilize many of the services detailed in this guide to ensure that you are a successful citizen beyond the field of competition.

Always strive to be the finest student-athlete that you can be while always ensuring that the word “team” takes precedent over the word “individual”. Always perform with enthusiasm and respect for your teammates, coaches, and our competitors in the finest traditions of Rhode Island College Athletics. Always display a determination to succeed that brings pride to all those associated with your team and our outstanding College. Always act in such a manner that sets a higher standard for those who aspire to your level of leadership and for all those student-athletes who will follow in your footsteps.

The coaches, athletic staff, and administration believe that the standards we have set will ultimately lead you down the road to victory. We are dedicated to educating our student-athletes while supporting your needs and encouraging your dreams in your pursuit of excellence!

Our warmest wishes for success!

Donald E. Tencher
Director of Intercollegiate Athletics
Rhode Island College, the oldest of the three public institutions of higher education that operates under the aegis of a public board, is located on a 170-acre campus in the Mount Pleasant section of the City of Providence.

When the College was founded in 1854 as the Rhode Island State Normal School, its goal was to provide teacher preparation to young people from Rhode Island. With the dedication of a new building in 1898 adjacent to the State House, the college began a period of steady growth. Evolving first into a teachers’ college in 1920 as the Rhode Island College of Education, the college offered a four-year program leading to a bachelor of education degree. In the 1958-59 academic year, the college moved to its current location and in 1959 was renamed Rhode Island College to reflect its new purpose as a comprehensive institution for higher education.

Today, enrollment is close to 9,000 with some 327 full-time faculty members. The college has continued to grow tremendously since 1958, fostered mainly by its academic offerings. Rhode Island college offers over 50 majors and programs and 50 graduate degree programs. A Ph.D. in education is offered jointly with the University of Rhode Island.
INTRODUCTION

Not since 1929 when athletics were first introduced at Rhode Island College, has the intercollegiate athletics and recreation program experienced the unprecedented growth and success that it has over the past 20 years. Since 1995, a dedicated “team” of coaches and staff, under the direction of Athletic Director Donald E. Tencher, have been working tirelessly to ensure that RIC students have a sound educational experience, both in the classroom and in athletics.

The college has enjoyed its greatest period of success over the past decade as virtually all of RIC’s sports have challenged for conference and regional titles. Recently, the men's basketball team qualified for NCAA Tournament play in eight consecutive seasons, the women's basketball program won two league titles and made two trips to the NCAA Tournament, the men's golf team captured four straight conference titles and made four consecutive NCAA Championship appearances and many track student-athletes and wrestlers have qualified for the NCAA Championships. Rhode Island College has also earned its highest finish ever in the Learfield Cup standings.

Rhode Island College is a member of the National Collegiate Athletic Association (NCAA) and a charter member of the Little East Conference. The college sponsors 21 varsity sports: men’s and women’s soccer, men’s and women’s basketball, men’s and women’s golf, women’s lacrosse, women's swimming, men’s and women’s tennis, men’s and women’s indoor and outdoor track, men’s and women’s cross country, women’s volleyball, women’s gymnastics, men’s wrestling, men’s baseball and women’s softball.

Recent upgrades to the college’s athletic facilities and a comprehensive plan for the future will ensure that RIC students have solid venues for their athletic and recreational experiences well into the 21st century. The college recently opened its Student-Athlete Success Center and completed a $14 million renovation to its Recreation Center, giving RIC student-athletes and students alike a state-of-the-art facility to utilize. In addition, virtually all of the college’s outdoor athletic complexes have been upgraded over the past eight years.

Academic support and life skills programming, competitive scheduling, quality coaching and the recruitment of the region’s best student-athletes will continue to be the top goals of the intercollegiate athletic program at Rhode Island College in the 21st century.
The foundation of a Rhode Island College education is the development of the “total person” - intellectually, physically, psychologically and socially.

The primary objective of the Rhode Island College Intercollegiate Athletics and Recreation Program is to provide members of the college community with the opportunity to participate in, at the level of choice, a broad based program which enhances their academic, cultural and social growth. The intercollegiate athletics and recreation programs are an integral component of the college’s educational process. The college recognizes that the educational benefits offered through diverse athletic and physical activities play a critical role in the personal development of those who wish to participate.

The college is committed in its support of providing the best possible intercollegiate athletic experience for its student-athletes as they represent not only the college, but the State of Rhode Island in their pursuit of excellence. The college is equally committed in its support of programming for the entire student body through its recreation, intramural programs and club sports activities.

In addition to serving the college community, the department, through its programs, facilities and personnel, endeavors to bring a positive image of Rhode Island College to prospective students, alumni and the community at large.
Rhode Island College is committed to observing all NCAA rules and regulations. The Compliance Coordinator is responsible for working with student-athletes, coaches, and administrators throughout the college. One of the goals of the Athletic Department is to assist all student-athletes to achieve their competitive goals within the guidelines set forth by the NCAA. It is our hope that student-athletes will gain knowledge of the basic rules and regulations that they must abide by through mandatory attendance at annual compliance meetings. In some instances, special circumstances warrant extensive evaluation of NCAA bylaws.

The Compliance Coordinator is responsible for arranging Student-Athlete Orientation meetings at various times throughout the year and for certifying all student-athletes’ eligibility (which includes completing all required NCAA forms and information) for practice and competition. Student-athletes are required to maintain up-to-date address and contact information with the Compliance Coordinator. It is recommended that any student interested in participating in a varsity sport offered at Rhode Island College should first meet with the head coach responsible for the particular sport. The head coach, or the Compliance Coordinator, can provide you with the necessary dates and times for upcoming Student-Athlete Orientation meetings.

Student-Athlete Orientation meetings are an annual requirement of participation for all student-athletes. Orientation meetings are scheduled throughout each semester and an updated list is available on the department website. The office of compliance strongly encourages all student-athletes to stop by the Student-Athlete Success Center (lower level) with any questions or concerns pertaining to their eligibility. The areas that can affect a student-athlete’s eligibility are quite extensive and in some cases very complex. It is in your best interest as a student-athlete to become familiar with some of the basic rules and regulations governing your academic/athletic eligibility. All questions regarding NCAA rules and regulations, as well as any special circumstances, should be directed to the Compliance Coordinator. Additional information is also available at www.ncaa.org. The following sections provide an overview of some of the pertinent issues that you should be aware of as an intercollegiate student-athlete:

**Student-Athletes Must be Full-Time Degree Candidates**

In order for a student to be eligible for intercollegiate athletics participation, he or she must be enrolled as a full-time degree candidate. This means you must be enrolled in a full-time credit load, which is a minimum of **12 credits during your season of competition and be matriculating in a degree program**. Per NCAA guidelines, non-matriculating students are not allowed to participate in varsity athletics.

If you drop below 12 credits at any time during your season, you immediately become
ineligible to practice and compete. This includes withdrawal from a class by a faculty member due to lack of attendance and/or failure to complete coursework. Student-athletes who drop below 12 credits during the semester of competition will be subject to penalties. It is recommended that a student-athlete register for at least **15 or more credit hours** per semester. By carrying 15 or more credits, this will allow you some flexibility in the event a hardship situation causes you to withdraw from a course during your semester of competition. Student-athletes are also reminded that to maintain your eligibility for subsequent semesters, you must pass a minimum of **nine (9) credits in your previous full-time semester.**

**Ten (10) Semester Rule: Four (4) Seasons of Competition**
All student-athletes are eligible for four (4) seasons of competition, to be completed within ten (10) semesters of full-time enrollment. If you are enrolled full-time and attend the first day of classes, that constitutes the utilization of a full-time semester. Per NCAA guidelines, all student-athletes must be enrolled full-time (12 credits) in the semester(s) of participation, unless you have NCAA approval for a reduced course load (9 credits) due to a documented learning disability. If you were to drop below 12 credits at any point during your season of competition, you will become **immediately ineligible for intercollegiate athletics.** With reference to future eligibility, you would be considered utilizing a full-time semester even though you dropped below the 12 credit minimum for full-time enrollment. A student-athlete will be considered to have utilized a year of eligibility by competing in any degree against any outside varsity competition.

**Outside Competition**
As governed by NCAA bylaws, a student-athlete who participates on any non-collegiate team in the same sport(s) concurrent to their season of competition, immediately becomes ineligible for intercollegiate competition in that sport for the remainder of the year and for the next academic year. There are some exceptions to this rule, such as, Official Pan American Game tryouts and competition, and Olympic game tryouts.

**Amateur Status - All Sports**
You are **not eligible** for participation in a sport if after full-time collegiate enrollment you have ever:

- Taken pay, or been promised payment, for competing in your sport(s).
- Agreed (orally or in writing) to compete in professional athletics in your sport(s).
- Competed on any professional athletics team (as defined by the NCAA) in your sport; or used your athletic skill for pay in any form in your sport (prior to collegiate enrollment, an individual may accept prize money based only on his or her place finish or performance from the sponsor from an open athletics event, the United States Olympic Committee or the appropriate national governing body and actual and necessary expenses associated with the individual's practice and competition on a professional team).
- You are **not eligible** in a sport if you ever have accepted money, transportation or other benefits from an agent or agreed to have an agent market your athletic ability or reputation in that sport.
- You are **not eligible** in any sport if, after you become a student-athlete, you accept any pay for promoting a commercial product or service or allow your name or picture to be used for promoting a product or service, unless the individual became involved in such activities for reasons independent of athletic ability; no reference is made
in these activities to the individual's involvement in intercollegiate athletics; and the individual's remuneration under such circumstances is at a rate commensurate with the individual's skill and experience as a model or performer and is not based in any way upon the individual's athletic ability or reputation.

• You are **not eligible** in any sport if, because of your athletic ability, you were paid for work you did not perform, or were paid at a rate higher than the going rate.

**Hardship, Medical and Academic Appeals**
If you suffer a season-ending injury or illness during the first half of your respective season and you are unable to participate for the remainder of the season, you may be eligible to have that year of eligibility restored. Medical documentation must be submitted to the Compliance Coordinator in conjunction with the department’s medical staff. The Compliance Coordinator will be responsible for applying for the waiver on the student-athlete's behalf if all the required criteria are fulfilled. It is also possible to apply for a waiver as it relates to additional hardship scenarios, (i.e. death in the family, etc.).

Student-athletes who are ineligible for participation due to unsatisfactory academic performance can submit an academic letter of appeal detailing your specific circumstances to the Director of Athletics at the completion of final exams each semester. **It is strongly suggested that you meet with the Office of Compliance for assistance with this process well before the completion of the semester.**

**ACADEMIC APPEAL DEADLINE:** All academic appeals with supporting documentation must be submitted to the Office of Compliance by the following dates:
**FALL SEMESTER:** The Monday following the last day of exams
**SPRING SEMESTER:** The Monday following the last day of exams

**Transfers**
All transfer student-athletes must fulfill regular college requirements regarding transfer. Once all official college requirements have been fulfilled, it is mandatory that all transfer student-athletes meet with the Compliance Coordinator in person. It is imperative during this meeting that the transfer student-athlete communicate all of his/her prior academic and athletic history, as well as providing copies of transcripts from all previous institutions. **Any inaccuracies in this information could result in the loss of eligibility.**

In the event a student-athlete wishes to explore transfer opportunities at another institution, he or she should seek assistance from the Office of Compliance.

**Seven Day Practice Rule**
No student-athlete shall be permitted to compete until they have completed all medical certification, compliance requirements **AND** are actively eligible for seven (7) **DAYS** during the regularly scheduled practice season. However, under extenuating circumstances, the Compliance Coordinator has the authority to waive this rule for an existing student-athlete.
Student-Athlete Code of Conduct

The intent of this Code of Conduct and Discipline Policy is not to supersede any other NCAA or college policy; nor is it to judge who is guilty or not guilty. It is meant to set high standards relating to the department’s expectations of how student-athletes represent Rhode Island College and to state the potential consequences for those student-athletes who make poor choices, which reflect negatively on themselves and the college.

As some of the college’s most visible ambassadors, student-athletes at Rhode Island College are expected to uphold, at all times, high standards of integrity and behavior which will reflect well upon themselves, their families, coaches, teammates, the Department of Intercollegiate Athletics and Rhode Island College. Student-athletes are expected to act with propriety, to respect the rights of others, and abide by all rules and regulations of Rhode Island College, the Little East Conference and the NCAA. Failure to do so may result in suspension from the team or even the college. The head coach of each sport has his/her own set of team training/conduct rules. The Rhode Island College Administration will fully support appropriate disciplinary action taken by a coach. A student-athlete wishing to communicate with a member of the athletic administrative staff regarding disciplinary action should contact the Associate Athletic Director with oversight responsibilities for compliance.

Discipline Policy

In the case of behavioral problems, which involve formal criminal charges by a law enforcement agency, the involved student-athlete will be placed on immediate suspension by the Department of Intercollegiate Athletics until the facts of the incident are reviewed.

In the event a student-athlete is charged with a criminal offense, absent extraordinary circumstances as determined by the college’s administration, he/she will not be permitted to represent RIC Athletics in game competition and/or practice until such time as the charge is resolved, and all court, college and athletic department conditions for reinstatement have been met.

In the event a student-athlete commits an infraction as it relates to college and or Athletic Department policy, disciplinary actions will be implemented. If a college policy is broken, the student-athlete will be required to meet with college officials (i.e. the Dean of Students).

Indefinite suspensions can be instituted in any case where an individual’s actions represent Rhode Island College and its athletic program in a manner inconsistent with this code of conduct. Each case will be reviewed by the Director of Intercollegiate Athletics and head coach independently, taking into account that no two cases are identical in nature and that each must be assessed based on the facts presented. Additionally, the Director of Athletics reserves the right to include the Appeals Committee consisting of the Vice President for Student Affairs and the college NCAA Faculty Athletic Representative.
Social Media Policy

Rhode Island Colleges understands the popularity and usefulness of social media networking sites such as Twitter, Facebook, YouTube, Instagram and others and supports their use by student-athletes provided that:

- No offensive or inappropriate pictures are posted;
- No offensive or inappropriate comments are posted;
- Any information placed on the website(s) does not violate college, athletic department or student-athlete codes of conduct;
- Photos and/or comments posted on these sites do not depict team-related or RIC-identifiable activities inappropriately.

Student-athletes must remember that they are representatives of Rhode Island College and are in the public eye more so than other students. Please keep the following in mind as you participate on social networking websites:

- Before participating in any online community, understand that anything posted online is available to anyone in the world. Any text or photo placed online becomes the property of the site(s) and is completely out of your control the moment it is placed online - even if you limit access to your site.
- You should not post any information, photos or other items online that could embarrass you, your family, your team, the athletic department or Rhode Island College. This includes information that may be posted by others on your page.
- Never post your home address, local address phone number(s), birth date or other personal information. You could be a target of predators.
- Coaches and athletics department administrators may monitor these web sites.
- Student-athletes could face discipline and even dismissal for violations of team, department, college and/or NCAA policies.

Rhode Island College Campus Police and other local law enforcement agencies may monitor these websites regularly as may potential employers and internship supervisors as a way of screening applicants. In addition, many graduate programs and scholarship committees also search these sites to screen candidates. Rhode Island College student-athletes should be very careful when using online social networking sites and keep in mind that sanctions may be imposed, including the loss of your eligibility for the season, if these sites are used improperly or depict inappropriate, embarrassing or dangerous behaviors.
In order to promote character development amongst all participants, to enhance the integrity of intercollegiate athletics and higher education, and to promote civility in society, student-athletes, coaches and all others associated with Rhode Island College athletic programs and events are required to adhere to such fundamental values as respect, fairness, civility, honesty and responsibility. Any violation of these core principals of sportsmanship and ethical behavior while a student-athlete at Rhode Island College could result in disciplinary action and the loss of the right to participate.

Hazing

Hazing is defined as harassment, abuse, or humiliation by way of initiation. The act(s) of hazing can be mental as well as physical. Hazing is outlawed under departmental policy and will not be tolerated. Participation in an act of hazing by any member of the Rhode Island College intercollegiate athletic program will result in serious disciplinary action and possible dismissal from further athletic participation.

Sports Wagering Activities

Student-athletes are prohibited from knowingly engaging in any gambling related activities. Student-athletes cannot provide information to individuals involved in organized gambling activities concerning intercollegiate athletic competition; solicit a bet on an intercollegiate team; accept a bet on any team representing the institution; solicit or accept a bet on any intercollegiate competition for any item (i.e., cash, clothing, dinner, etc.) that has tangible value; and participate in any gambling activity that involves intercollegiate athletics or professional athletics, through a bookmaker, a parlay card or any other method employed by organized gambling.

Anyone having knowledge of gambling activities within the athletic department are required to report this to the compliance office. A prospective or current student-athlete found in violation of this gambling policy, or NCAA Bylaw 10.3, shall be subject to become ineligible for further intercollegiate competition.

Student-Athlete Advisory Committee (S.A.A.C.)

The Student-Athlete Advisory Committee (S.A.A.C.) is comprised of representatives from each of the college’s 21 varsity athletic teams. The S.A.A.C. serves as an advisory organization to the Department of Athletics.

For more information about the Student-Athlete Advisory Committee, go to www.GoAnchormen.com.
| Drug and Alcohol Use; Drug Testing | The use of alcohol by student-athletes, even those who have attained the legal drinking age in the State of Rhode Island, is prohibited during a student-athlete’s season of competition. The use of tobacco or any other drugs on the NCAA’s banned substance list is strictly prohibited. Any violation of these policies will result in disciplinary action and could result in ineligibility for competition. Student-athletes **will** be randomly selected for drug testing throughout the academic year. Specific drug testing protocol will be posted in the athletic training area. The protocol will be specifically followed and all samples will be given in the presence of an athletic trainer. A no-show can be considered to be avoidance, therefore, it can be counted as a positive test result, with the same consequences. All teams and individuals participating in NCAA post-season play will be subject to drug testing. *All nutritional/dietary supplements carry some risk of containing an NCAA banned substance because they are not well regulated and may be contaminated. Failure to check out any supplement with your sports medicine staff prior to use may result in failed appeal for a positive drug test.* Student-athletes are responsible for anything they ingest. A list of NCAA banned substances is available at [www.drugfreesport.com](http://www.drugfreesport.com). |
| Parking Services | All students are required to register their vehicles according to campus parking policies and procedures. Student-athletes should not be parking in the lot directly south of The Murray Center, which is reserved for faculty and staff. |
| E-mail | **It is extremely important that every student-athlete check his/her e-mail account on a regular basis.** Your e-mail account is available at no cost to you as a Rhode Island College student and will provide you with vital communication necessary for your success as a RIC student-athlete. Not only does the Department of Athletics utilize e-mail to communicate important information, but faculty will utilize this valuable resource as well. |
| Varsity Championship Awards | For each year a student-athlete participates in varsity athletics, a varsity award is presented. During a student-athlete’s freshman and sophomore year, an item of college clothing is given. As a junior, each letterwinner is presented with a watch. As a senior, each student-athlete who has participated for all four years (two for transfers) will receive a letterman’s ring. These awards are presented to student-athletes who demonstrate commitment, ability, dedication and are in good standing at the season’s end. All awards must be picked up by the end of the spring academic calendar for that year. For those teams winning championships, monies are allocated for an appropriate award, which is coordinated by the head coach to select their particular preference. |
**Housing**

Living on campus has become a very important commodity. It is imperative that all student-athletes fulfill the necessary requirements within the necessary deadlines set forth by the Office of Residential Life to ensure on-campus housing. Equally important is that each student-athlete communicate with their respective coach when housing becomes an issue. **Proper behavior in the residence halls is critical to the public perception of RIC’s student-athletes. All rules and regulations must be followed.** The area surrounding the college offers a large number of affordable housing sites within a five-mile radius. Information regarding both on-campus and off-campus housing is available through the Office of Residential Life at 456-8240.

**Student-Athlete Host**

All student-athletes who volunteer to serve as hosts for overnight recruits are required to assume responsibility for adhering to NCAA/RIC guidelines for on-campus visits, which will be distributed to each coach and individual host. This includes the prohibited use of alcohol or drugs by the host and/or the recruit(s).

**Student-Athlete Transportation**

All student-athletes must travel, both to and from, all athletic contests via the official mode of transportation as designated by the Department of Intercollegiate Athletics and under the jurisdiction of coaches. Violation of this rule will result in suspensions. Student-athletes are expected to keep college vans clean and remove all trash upon exiting the vehicles.

**The Ralph Catuogno Award**

The Ralph Catuogno Award recognizes the academic successes of the top student-athlete from each of the college’s 21 varsity teams. Each semester, the name of the top student-athlete from each team, as well as their GPA are highlighted on a plaque in The Murray Center. This award was donated by the Rhode Island Association Basketball Officials Board 84, in honor of Mr. Catuogno who has dedicated his life to the betterment of sports and student-athletes in Rhode Island.

**Athletic Fundraising**

Teams have the option to fundraise for their program under the direction of their particular sports’ head coach. Each team, in particular its student-athletes, must adhere to the guidelines set forth by the athletic media relations department as it relates to game program ads. No fundraising initiatives and no solicitations can take place on behalf of any athletic entity without specific written permission from the athletic department. Also, due to trademark and licensing infringement agreements, no department or college logo can be utilized by anyone without specific, written permission by the athletic department.
Student-Athlete Development

The purpose of the Student-Athlete Development Program is to provide every Rhode Island College student-athlete with the necessary support to be successful in the classroom, in the athletic arena, and in their personal life.

Development and Academic Support Services
The academic support program is the cornerstone of the network of support services we offer our student-athletes. It consists of the following:

- The Student-Athlete Success Center
- The Faculty-Staff All-American Mentoring Team
- Rhode Island College OASIS Office
- Champs Life Skills Program
- Campus/Community Service
- CHOICES Program
- College 101

The Student-Athlete Success Center
The Student-Athlete Success Center, located adjacent to The Murray Center, is only available to student-athletes and provides them with a valuable resource as it relates to any and all academic and personal needs. In addition to providing student-athletes with a positive environment for study, the Center also houses the Office of the Coordinator of Student-Athlete Support Services, Intercollegiate Advancement Offices and Compliance.

The Faculty-Staff All-American Mentoring Team
This group is comprised of faculty and staff members who volunteer their time and energy in support of our intercollegiate athletic program. One or more faculty/staff members are assigned to each varsity team and provide each student-athlete with an additional avenue of support. This group of volunteers plays an active role in academic counseling, course registration and is a great source of inspiration for our student-athletes as well as our coaching staff.

Rhode Island College OASIS Office
This office offers student-athletes many important resources needed to succeed in the academic world. It is located in Craig Lee.

Life Skills Program
This program is designed to provide student-athletes with the everyday life skills that play a pivotal role in their success during and following their athletic career. Life skills education is provided to all Rhode Island College student-athletes through a variety of resources including, but not limited to, seminars, workshops and one-on-one counseling. Student-Athletes are required to attend one out of two events per semester. Additionally, all freshmen student-athletes are required to enroll in College 101 to assist them with their transition as collegiate student-athletes.
SUPPORT SERVICES

Campus/Community Service
Each Rhode Island College student-athlete is required to fulfill a community service component as part of their commitment as a member of a varsity team. Such community service activities may include team projects as well as individual activities. In the past, Rhode Island College student-athletes have successfully directed holiday toy drives, tutorial programs and have volunteered at a variety of community-based events.

ALCOHOL CHOICES ENGAGEMENT (ACE) PROGRAM
The Alcohol Choices Engagement (ACE) Program addresses one of the leading issues on campuses across the country: The misuse of alcohol. The misuse of alcohol by students is of great concern to the NCAA and Rhode Island College. In an effort to educate students, and in particular student-athletes, about the risks involved with the misuse of alcohol, the department has developed the ACE program. **ACE events are mandatory for all student-athletes.**

Student-Athlete Success Course - College 101
Every freshman student-athlete will be required to take the College 101 course dealing with introductory issues to college life. Student-athletes must take the College 101 course unless their program of study requires a comparable course. Second semester freshmen/transfer student-athletes are also required to complete the College 101 course. One (1) hour is credited towards study hall requirements for attending this course. **Attendance is mandatory for athletic participation.**

Who Must Attend Study Hall?
All first semester freshmen must attend study hall. Transfer and upper class student-athletes who have not fulfilled required academic criteria will also be required to attend.

All freshmen are required to attend study hall for six (6) hours per week (five hours of study hall and one hour of College 101). Uppperclassmen who are experiencing academic difficulty are required to attend study hall for the minimum of six (6) hours per week. Transfer student-athletes are required to attend study hall until transcripts are reviewed by the Coordinator of Student-Athlete Academic Support. Failure to do so will result in making up required hours in order to compete.

- All student-athletes are required to register and maintain (each semester) the minimum of 12 credits to be a full-time student.
- Failure to **pass** nine (9) credits in a semester will result in **ineligibility** for the next semester and study hall attendance is required in order to regain eligibility.
- Student-athletes failing to maintain a cumulative GPA of 2.50 are required to attend study hall. **Note: Freshmen who earn a 2.25 in their first term are not required to attend study in the subsequent semester.**
- Please refer to the RIC Catalog "Academic Policies and Requirements" for more information.
When Does a Student-Athlete Begin Study Hall?

**Fall Sports:** The first Tuesday following Labor Day.

**Winter Sports:** The first Sunday following the start of the semester or the first Sunday after attending an orientation meeting and you must complete 14 consecutive weeks.

**Spring Sports:** The first Sunday following the start of the fall semester, the first Sunday after attending an orientation meeting and you must complete 13 consecutive weeks, or the first Sunday following the start of the spring semester.

**For Student-Athletes Who Are In-Season**
If you do not meet the required weekly hours for study hall, you as well as your coach will be notified on Friday and you will be immediately ineligible to participate in any team competition from that day on, but you will be allowed to practice. Reinstatement will occur on the following Friday if your study hall hours are up to date. The Coordinator of Student-Athlete Support reserves the right to suspend any student-athlete from practice or competition who is negligent in their study hall participation.

**For Student-Athletes Not Completing Semester Requirements**
If you do not fulfill study hall requirements for a semester, you will automatically be ineligible to participate in intercollegiate competition the following semester until you fulfill the requirements of the previous semester. A student-athlete is required to complete all criteria for academic success before they can participate in varsity competition. A student-athlete, when serving this probation, can practice but cannot travel or compete in any contests.

**Approval for Courses Taken in Non-Traditional Segments (Summer, Winter etc.)**
Any student-athlete wishing to take a course(s) that he/she requests be counted towards future athletic eligibility must submit an appeal to the Compliance Office for a review by the Appeals Committee.

**Student-Athlete Success Center Rules and Regulations**
- Student-athletes can complete up to two (2.5) hours of study hall in one visit, the minimum amount of time for one visit is one (1) hour. The minimum amount of time between visits is a one half-hour (1/2) and a student-athlete may not exceed four (4) hours per day.

- Time in study hall is calculated in quarter hours, with no rounding up.

- Student-athletes must be prepared by bringing the required materials to study hall. If you do not have the required materials, you will be asked to leave.

- Student-athletes are to use the computers for research and schoolwork only. Anyone caught abusing this privilege will lose their privilege of using the computers.
• This is “QUIET STUDY!!” If you plan on “TALKING”, please do not come, this will eliminate any problem.

• The following are not allowed in study hall: talking, sleeping, food or beverages (except regular water; no flavored waters), cell phones and all electronic devices unless approved by the study hall proctor. There are times, under certain conditions, when electronic devices directly related to student uses may be approved by the study hall proctor.

• No beverages of any kind (this includes water) are allowed while at a computer station.

• Student-athletes, prior to participating, must read and sign the "Rules and Regulations" of the Student-Athlete Success Center.

• Upon a student-athlete's first violation of Student-Athlete Success Center policies, a verbal reprimand will be issued. It will be followed by a written notification to the student-athlete and his/her coach of the offense, thereby putting the student-athlete on notice that the second offense will result in loss of participation in their next competition.

On the second offense, both the student-athlete and their coach will receive written notification that he/she will miss their next contest. On the third and any subsequent offense, the student-athlete will be immediately ineligible for athletic participation (practice and competition) and will be required to meet with the his/her coach and the Athletic Director to determine what course of action will be taken.

Disrespectful behavior will result in the automatic expulsion from study hall and the loss of any accumulated hours for that day. The student-athlete and their coach will receive written notification regarding his/her behavior. Second offenses relation to disruptive behavior will result in automatic suspension from the athletic program with reinstatement contingent upon a meeting with the Athletic Director.

**Academic Integrity**
Maintaining integrity is of utmost importance to the overall development of our student-athletes. Whether it pertains to academic integrity, NCAA compliance or being a responsible citizen on campus, it is expected that all student-athletes accept the responsibilities necessary to support “Anchor Pride”.

In order to be eligible for participation in varsity athletics you must remain in good academic standing at Rhode Island College. Good academic standing is based on your GPA, academic disciplinary actions and discipline actions on and off campus. This includes regular and consistent class attendance. If at any time you are withdrawn or dismissed from the institution, you will become immediately ineligible for practice or competition and will remain ineligible until you are readmitted in good standing. Please consult the college catalog for academic rules and expectations.
Student-Athlete Success Center Hours
In order to effectively meet the requirements of student-athletes, the Student-Athlete Success Center’s hours of operation will be evaluated on an ongoing basis and may change in order to provide the best possible learning environment. For the current hours of operation, please go to www.GoAnchormen.com

Important Deadlines and Dates for Student-Athletes
On-line registration/deadlines can be found at www.GoAnchormen.com.

- There are important deadline dates that change on an annual basis in the following areas: Financial Aid, Housing and Graduation. To be kept up to date on these important deadlines, please consult the college's website: www.ric.edu.

Student-Athlete Registration
In an effort to support student-athletes as they balance the demands of academics and intercollegiate athletics, the college not only allows, but highly recommends that student-athletes participate in the priority pre-registration process. The following are critical dates relating to this process.

Student-athletes must pick up and return registration forms to the Student-Athlete Success Center on the following dates:

- **Spring Semester Classes: Pick-up:** The second or third week of September. **Return & Input Schedules:** The third week of October.

- **Summer/Fall Semester Classes: Pick-up:** The third week of February. **Return & Input Schedules:** The last week of March.

*Note: Payment of all bills (tuition, housing, athletic equipment etc.) is required for academic registration.*
Intercollegiate Sports Medicine is located in the Robert Brown Sports Medicine Center in the lower level of The Murray Center and in the sports medicine center at the Recreation Center. The Sports Medicine Staff supports student-athletes with all of their medical concerns related to athletic participation (i.e. follow-up to injuries, doctor referrals etc.). The Sports Medicine Staff provides emergency and follow-up treatment for injuries sustained during RIC sanctioned intercollegiate athletic events.

Medical Exams

- **Every student-athlete** must submit proof of a pre-participation medical exam *every academic year.*

- All freshman and transfer students must have a medical exam from their family doctor prior to admission to Rhode Island College. Health Services will not perform this medical exam for new, incoming students. Upon completion of this medical exam, the student-athlete must submit all necessary papers (i.e. proof of physical exam; immunization records) to Health Services. The student-athlete will then be given an athletic clearance form and must submit this form to the Sports Medicine staff at least 24 hours prior to participation.

- **Returning student-athletes** have the option of getting their pre-participation medical exam off-campus (at their own expense) or may schedule an appointment with Rhode Island College’s Health Services, which is located on the ground floor of Browne Hall.

- No student-athlete will be allowed to participate in practice or competition without a medical exam, an athletic clearance form and completed packet of medical forms, which can be downloaded from www.GoAnchormen.com in the student-athlete information section. These forms will be updated July 1 for the upcoming academic year.

Insurance Requirements

All individuals who participate on a RIC team must have health insurance. This insurance may be either your own personal insurance carrier (i.e. Blue Cross, etc.) or insurance purchased through the college.

All student-athletes are responsible for the payment of medical bills. The student-athlete’s insurance coverage (private or college) is to be billed as the primary (first) insurance. Once the student-athlete receives an explanation of benefits (EOB) or denial notice from their insurance company, the athletic insurance will then be activated to secure payment for the remaining balance, up to the usual and customary allowance.

The student-athlete’s medical expenses are not automatically paid by the Intercollegiate Athletic Department or Rhode Island College. It is the responsibility of the student-athlete to report any injuries sustained during RIC sanctioned intercollegiate athletic events immediately to the Sports Medicine Staff. Failure to report an injury or submit appropriate insurance documentation may negate the college’s insurance coverage.
SUPPORT SERVICES

Injury Reporting Procedures
In the event of an injury, the student-athlete and the head coach should communicate with the Sports Medicine Staff as soon as possible. Failure to report an injury in a timely fashion may delay the student-athlete’s return to play and could negate the college’s insurance coverage.

If the injury requires treatment outside of the training room, the Head Athletic Trainer will coordinate the appropriate referral. Unauthorized medical visits will not be paid for by the college’s athletic insurance.

If a student-athlete obtains medical care outside the Rhode Island College health care system, written information must be provided by the outside medical service provider that explains the student-athlete’s status of their condition and includes an explanation of activity restrictions and the medical clearance to resume activities. Final medical clearance will be determined by the Rhode Island College Head Team Physician.

Illnesses
Treatment of illnesses (i.e. flu, sinus infection, mononucleosis, etc.) should be done through Health Services. However, the sports medicine staff must be informed of your participation status and any medications given to treat your condition.

Transporting Injured Student-Athletes
It is not the responsibility of the Sports Medicine Staff to transport injured student-athletes to and from medical appointments. In the case of a major medical emergency, Providence or North Providence Rescue will be called by one of the following: Certified Athletic Trainer, Health Services or Campus Police. In an emergency situation, a member of the athletic staff (i.e. coach, certified athletic trainer or administrator) will accompany the student-athlete to the hospital.

Away Contests
The Rhode Island College Sports Medicine Staff does not travel to away events. Coverage and care is obtained by the host school’s athletic training staff. Whenever possible, all treatments should be done prior to departure. Each coach will be responsible to pick up a RIC medical kit from the sports medicine center and to provide this kit to the host teams’ athletic training staff when requesting services. The host team’s athletic trainer has jurisdiction over all injuries at away contests.

General Rules
1. Anyone who is to receive treatment after a game or practice must be showered and dressed appropriately (unless immediate first aid is needed).
2. No cleats or sneakers are allowed on any treatment tables.
3. No bare feet in the training room.
4. No swearing or derogatory language.
5. No tobacco (dip, chew, etc.) is allowed in RIC athletic facilities.
6. Treatments and rehabilitation should be done in the early afternoon. If you cannot come in during this time period, you must contact the athletic training room to set up an appointment.
7. You are NOT allowed to help yourself to anything in the training room. Please ask first.
8. All equipment (wraps, crutches, etc.) must be returned immediately after use.
9. Student-workers are working under the sports medicine staff’s supervision. Treat them with respect!
10. DO NOT TOUCH ANY INJURED STUDENT-ATHLETE.
Equipment Room Policies and Procedures

The function of the Rhode Island College Athletic Equipment Room is to provide our student-athletes with quality, clean, safe equipment and apparel for use in practice and competition. We strive to project a positive image of our student-athletes, varsity sport teams, athletic department and college to our competing institutions, the campus community and the general public. Your cooperation and assistance are necessary to maintain the integrity of our athletic equipment and apparel.

General Equipment Room Policies

To receive athletic equipment and apparel, all student-athletes must satisfy the following requirements:

1. Be listed as an active member on the team’s official roster.
2. Have fully completed all necessary medical forms, questionnaires & insurance information.
3. Have attended a mandatory, annual athletic orientation session.
4. Have completed all necessary NCAA paperwork; signed, dated and on file with the Office of Compliance.
5. Have maintained active in-season status on the specific team roster for a minimum of seven consecutive days.
6. Are in good standing in Study Hall and College 101 (if applicable).

Equipment and apparel, for either practice or competition, will not be distributed to student-athletes until coaches have submitted their final official squad list to the athletic Compliance Coordinator. The athletic administrator with jurisdiction over athletic equipment may make exceptions for equipment required by student-athletes to participate in the tryout process upon request by the head coach of the respective sport.

All student-athletes, in both traditional and non-traditional seasons, are personally responsible for signing out all relevant equipment and apparel through the athletic equipment room. Once student-athletes have signed for each equipment and apparel item, it is their responsibility to keep track of all items until they are returned and signed back into the equipment room at the conclusion of the student-athlete’s season. Student-athletes are not allowed to switch or trade items with other student-athletes without official notation by the equipment room staff on their sign-out forms.

Laundry Cleaning and Distribution

Competitive uniforms and warm-ups are to be used exclusively for RIC competitions, not for practice or general use on or off campus. Travel bags will typically be assigned to student-athletes for use as a varsity athlete. These bags are only to be used for RIC competitions, not around campus for practice, carrying class materials or away from campus for transporting miscellaneous items. Misuse of uniforms, warm-ups or bags will result in revocation of these items during the season.

All student-athletes will be assigned locks and lockers in a team locker room, located in either The Murray Center or the Recreation Center, to utilize during their traditional season. Lockers and the locker room should be kept clean and locked when not in use. All personal and individual team items should be kept in your locked locker when not in use. Bags, shoes, apparel, etc. should not be left on the floor or benches. The outside of the lockers and the
walls should be free of tape, papers, signs, etc. Weekly inspections will take place by the athletic administration to monitor the condition of the locker rooms. If you have any trouble with the locks, lockers or combinations, please see the equipment room staff for assistance. Student-athletes must clear out their assigned lockers no later than 48 hours after completion of their respective season.

Laundry loops will be distributed to each student-athlete to facilitate laundering of practice gear and affiliated athletic apparel. All athletic apparel needing laundering that does not contain an identification number supplied by the athletic department, must be placed on your loop in order to get washed and returned to you. The equipment room will only wash those items, department issued and personal, that were worn for practice or contest related activities. **Competition uniforms and practice gear that has identifiable numbers** on them are to be dropped in the laundry chute separately, and not affixed to the laundry loop. Towels should never be attached to the laundry loops. Please use the towel exchange service if utilizing towels while in season.

College issued apparel worn for practice and competition must be returned to the equipment room immediately after each practice or competition for laundering. To maintain uniform integrity, all competitive uniforms must be returned for laundering by the student-athlete, regardless of whether or not they competed. If items cannot be returned immediately following practice or contests, a message must be left for the equipment room staff or athletic administrator detailing the specific circumstances (i.e. hospital visit). Student-athletes, relatives or friends are not permitted to launder uniforms on their own. Coaches will be responsible for laundering services when individuals/teams are away from campus for an extended length of time (e.g. spring break, championships, etc.).

**PLEASE MAKE SURE THAT ALL ITEMS (GUM, MINTS, TISSUES, ID’S, VALUABLES, ETC.) ARE REMOVED FROM POCKETS BEFORE DROPPING ITEMS OFF TO BE WASHED**

All equipment and apparel items must be picked up in the equipment room in person during the posted hours of operation. The equipment room staff member on duty will distribute all equipment and apparel to the assigned student-athlete. Student-athletes are not to go behind the issue counter to collect their items. Teammates, friends, etc. are not allowed to remove items from the equipment room that have been assigned to other student-athletes and the equipment room staff will not leave items in the locker room for you unless directed by the athletic administrator in charge of athletic equipment. If you are unable to obtain your items during equipment room hours, please make arrangements, in advance, with your **coach** to obtain your equipment or apparel.

Student-athletes should always be certain that they have received the correct uniform, laundry items, etc. before they leave the equipment room. When received, all items should be clean, dry, and presentable for practice or competitive use. If there are any questions or concerns, please voice them to the equipment room staff immediately. Any questions, concerns or corrections that cannot be resolved by the equipment room staff, should then be addressed to the athletic administrator in charge of athletic equipment.

In the event any of your equipment or apparel needs repairs (stitching, rips, holes, missing button, missing drawstring, etc.), please notify the equipment room staff immediately so that proper corrective actions may be taken. To prevent cross contamination with other laundry, any items that may contain blood or other potentially contagious
fluids should be separated from the general laundry (e.g. in a plastic bag). A message should be left (in writing, e-mail or via the phone) with the equipment room staff with information regarding the attention of the items.

**Equipment Return**
All athletic equipment that has been signed for, in both the traditional and non-traditional seasons, must be returned in satisfactory condition to the athletic equipment room immediately following:
A. The date the student-athlete is no longer a member of the official team roster,
B. The final date of practice (if under consideration for championship participation in the traditional season),
C. The final contest of the traditional/championship season, **whichever is earliest.**

Normal wear will be considered acceptable but excessive staining, rips, tears, discoloration, abuse, neglect, etc. will necessitate financial restitution for the damaged goods.

Once practice gear and/or athletic shoes are distributed to student-athletes on the final official squad list, these items become the personal property of the student-athlete. Student-athletes who quit the team, become academically or athletically ineligible, are dismissed from the team before the conclusion of the season or become medically unable to continue and sever ties with the team, must reimburse the athletic department for any practice gear or shoes they have been issued, regardless of whether or not they ever used the items.

All athletic equipment and apparel is due back to the equipment room no later than one week (seven calendar days— even if the due date falls on a weekend, holiday or vacation period) following the conclusion of the season, unless specified earlier by the respective head coach. Once this date has passed, all equipment, apparel and payments will be considered **overdue** and all penalties will be imposed by the athletic administrator in charge of athletic equipment.

Student-athletes who have not returned or paid restitution for any missing or damaged equipment or apparel from a previous season (i.e. indoor and outdoor track are considered different seasons), will not be able to sign out any additional athletic equipment or apparel until the outstanding items are returned or paid in full. A $20 financial penalty will be imposed on the first day of each 30-day period that missing athletic equipment and apparel items, or payments due for these items, are outstanding. Once incurred, the fees must be paid even if the missing items are returned at a later date. Student-athletes with outstanding equipment, apparel, or payments, will have an athletic hold placed on their student account until the items have been returned or paid in full. Payments must be made to the Athletic Department and will not be added to the student account. An athletic hold will prevent student-athletes from registering for classes, receiving grades and maintaining their athletic eligibility. Student-athletes will be eligible for subsequent equipment and apparel issuance immediately upon equipment/apparel return and receipt of payment for the outstanding items and penalty fee(s), if applicable.

**College/Athletic Department Trademark Usage**
The use of any trademarked logos (college or athletic department) by anyone without written authorization from the Department of Intercollegiate Athletics or the college is strictly prohibited. Violators could face legal action.
Athletic Media Relations

The Office of Athletic Media Relations and Promotions works with local, regional and national outlets to promote Rhode Island College student-athletes.

Student-Athlete Personal Information

During compliance sessions, Rhode Island College student-athletes will be given a registration form to complete. This form will ask for name, current address, phone number, major and year in school and other contact information. It will also ask for background information on high school accomplishments. This information is for the Department of Athletics use only. It is not available for distribution.

When filling out the form, it is important to:
1. Write legibly and print
2. Completely fill out the form
3. Do not be shy about high school accomplishments (i.e. letters won, number of sports played, All-State, All-Division and All-Class honors).

The information from this form is used for many functions, including college rosters, game programs, media guide biographies and awards.

Information Accuracy

All of the media relations materials, such as rosters, articles and biographies, are carefully checked for accuracy against the registration forms. If a student-athlete sees that his/her name or personal information is incorrect on any athletic department publication or announcement, it should be reported immediately to the athletic media relations office.

Photography

During the course of the year, each team will have team photos and individual photos taken at a predetermined time. The time and place of the photo sessions will be established taking into account the student-athlete’s, coach’s and photographer’s schedule. It is imperative that every student-athlete be present when the team photo and individual pictures are taken. You must make every effort possible to be present, otherwise the entire photo session will need to be rescheduled. Student-athletes who do not show up for the pre-determined photo sessions will not be included in athletic department publications and it may prevent participation in post-season play.

The photos are used for dissemination to the media and to promote the College’s athletic teams in publications and via the website. As it relates to photography and other media relations promotional activities, student-athletes who are not in good standing will not be included.
Dealing With the Media
Over the course of the school year, Rhode Island College student-athletes are interviewed countless times by members of the media. RIC student-athletes have a responsibility to the college, your coaches and your teammates to have a positive relationship with media. Since this is a learning experience for most of you, the following suggestions provide some guidance for developing a successful relationship.

The RIC Athletic Media Relations Office will always check with you concerning a date, time and location of an interview (personal or via telephone) before it is scheduled. The interview will not conflict with class time. School comes first. Most interviews are conducted prior to practice or post-game. Sometimes, due to conflicts, the student-athlete will be asked to call a member of the media at a predetermined time. If you have a problem with a scheduled appointment, notify the Athletic Media Relations Office so they can take appropriate action.

The office of athletic media relations will not give out your telephone numbers to the media. You should not take a call from the media unless it has been previously cleared with the Athletic Media Relations Office.

Be courteous with the media. They are professional journalists who have been assigned to cover Rhode Island College athletics. They should also treat you with professional courtesy. Think before you speak. Always think about the question before you answer it. Don’t automatically blurt out the first thing that comes to mind. During an interview, avoid criticism of any type.

Do not respond to a question if you do not wish to respond. Simply say, “I’d rather not discuss the subject.” Remember, if you don’t want to read, see or hear what you say in the media, don’t say it! If you feel uncomfortable with the questions, answers or general tone of an interview, politely end the interview and consult with the Assistant Athletic Director for Media Relations and Promotions.

If you are pleased with the results of an interview, take the time to let the reporter know by writing a note or saying hello the next time you meet. If you have any questions or concerns about an interview, or if you need any help preparing for an interview, contact the Athletic Media Relations Office.

Internet Broadcasts
The majority of all home athletic contests (there are exceptions) are video streamed by the Office of Athletic Media Relations. Student-athletes and coaches are typically interviewed after the contests. You will be notified by a member of the Media Relations staff at the conclusion of the contest if you are selected for an interview. The department also runs a weekly internet-based show entitled Inside RIC Athletics that you may be asked to appear on along with your coach or another teammate.
The Murray Center

The Murray Center, named in honor of alumnae sisters Catherine T. Murray, ’34, MEd ’51 and the late Mary F. Murray ’33, is home to Rhode Island College’s Intercollegiate Athletic Program. For security purposes, entry to The Murray Center is restricted to the main entrance. All student-athletes are expected to adhere to this policy. No bikes, rollerblades or skateboards are allowed in the building.

Lower Level
- Equipment Room
- Main Athletic Training Room
- Varsity Weight Room
- Coaches’ Offices (Men’s Baseball, Women's Gymnastics, Women’s Lacrosse, Men’s Soccer, Women’s Softball, Women’s Volleyball)
- Adams Recruiting Room
- Multi-Media Center

Main Level
- Main Competitive Arena
- Athletic Administration Offices
- Concession areas, main venue rest rooms and ticket office

Top Level
- Athletic Hall of Fame
- Team Meeting and Athletic Orientation Rooms

The Recreation Center

The renovated Rhode Island College Recreation Center services the intramural and recreational interests of the student population, as well as housing practice facilities for varsity sports. Everyone using this facility must present a valid student identification card upon entering.

Facilities
- Coaches’ Offices (Men’s and Women’s Basketball, Men’s and Women’s Cross Country, Men’s and Women’s Indoor & Outdoor Track and Field, Women's Swimming, Men’s & Women’s Tennis, Men’s Wrestling)
- Club Sports Offices
- Wrestling, Swimming and Track Practice Facility
- Athletic Training Room
- Team Meeting Rooms
- Multi-Media Room
- Weight Facilities
- Varsity Locker Rooms
The college's Student-Athlete Success Center is a state-of-the-art facility, which is a focal point for community service, life skills and alcohol/drug awareness education programs.

**Lower Level**
- Athletic Development Offices
- Office of Athletic Compliance

**Top Level**
- Study Hall and Computer Center
- Coordinator of Academic Support Office

### Important Athletic Department Contact Numbers

- Compliance ........................................ 456-9882
- Athletic Equipment ............................... 456-8515
- Equipment Room ................................. 456-8164
- Training Room .................................... 456-8161
- Sports Information ............................... 456-8516
- Student-Athlete Success Center .......... 456-1952

Here is a detailed list of important contact information you might need as a student-athlete at Rhode Island College.

- **ADMISSIONS** (The Forman Center) .................................................. 456-8234
- **BURSAR’S OFFICE** (Building 4) ....................................................... 456-8130
  
  Financial information, paying your bill etc.
- **CAMPUS CENTER** ................................................................. 456-8034
  
  Picture ID’s and the campus bookstore
- **CAREER DEVELOPMENT** (?) ..................................................... 456-8031
- **COMPUTER CENTER & HELP DESK** (Craig Lee) ......................... 456-8803
- **COUNSELING CENTER** (Craig Lee 130) ........................................ 456-8094
- **DINING SERVICES** (Donovan Dining Center) ................................. 456-8207
- **FINANCIAL AID** (Building 3) ..................................................... 456-8033
- **HEALTH SERVICES** (Browne Hall) ............................................. 456-8055
- **LIBRARY** (Adams Library) ....................................................... 456-8126
- **OASIS** (Craig Lee) ................................................................. 456-8083
  
  Academic support and information services
- **PAYROLL** (East Campus) ......................................................... 456-8695
- **RECREATION CENTER** ......................................................... 456-8400
- **RECORDS OFFICE** (Building 4) ............................................... 456-8213
- **RESIDENTIAL LIFE & HOUSING** (Penfield Hall) ......................... 456-8240
- **SECURITY AND SAFETY** (Browne Hall) .................................... 456-8201
- **STUDENT EMPLOYMENT** (Roberts Hall) ..................................... 456-8032
- **STUDENT LIFE** (Craig Lee) ...................................................... 456-8061
Campus Map