### IMPORTANT NAMES AND NUMBERS

**Offices/Administrators**

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Office</th>
<th>Location</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Safety</td>
<td></td>
<td></td>
<td>Winslow</td>
<td>617-243-2279</td>
</tr>
<tr>
<td>Director of Athletics</td>
<td>Kristy Walter</td>
<td>Athletic Center</td>
<td></td>
<td>617-243-2147</td>
</tr>
<tr>
<td>Assistant Director of Athletics</td>
<td>Todd Montana</td>
<td>Forest Suites</td>
<td></td>
<td>617-243-2232</td>
</tr>
<tr>
<td>Head Athletic Trainer</td>
<td>Chris Noyes</td>
<td>Forest Suites</td>
<td></td>
<td>617-243-2297</td>
</tr>
<tr>
<td>Athletic Trainer</td>
<td>Hilary Turner</td>
<td>Forest Suites</td>
<td></td>
<td>617-243-2406</td>
</tr>
<tr>
<td>Athletic Trainer</td>
<td>Arianna DiOrio</td>
<td>Forest Suites</td>
<td></td>
<td>617-243-2168</td>
</tr>
<tr>
<td>Athletic Communications</td>
<td>Kent Cherrington</td>
<td>Athletic Center</td>
<td></td>
<td>617-243-2035</td>
</tr>
</tbody>
</table>

**Head Coach Directory**

<table>
<thead>
<tr>
<th>Sport</th>
<th>Name</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball</td>
<td>Billy Uberti</td>
<td>617-243-2088</td>
<td><a href="mailto:wuberti@lasell.edu">wuberti@lasell.edu</a></td>
</tr>
<tr>
<td>Basketball-M</td>
<td>Aaron Galletta</td>
<td>617-243-2247</td>
<td><a href="mailto:agalletta@lasell.edu">agalletta@lasell.edu</a></td>
</tr>
<tr>
<td>Basketball-W</td>
<td>Todd Montana</td>
<td>617-243-2322</td>
<td><a href="mailto:tmontana@lasell.edu">tmontana@lasell.edu</a></td>
</tr>
<tr>
<td>Cross Country</td>
<td>Michael McGrane</td>
<td>617-243-2018</td>
<td><a href="mailto:Mmcgrane@lasell.edu">Mmcgrane@lasell.edu</a></td>
</tr>
<tr>
<td>Field Hockey</td>
<td>Cait Connolly</td>
<td>617-243-2158</td>
<td><a href="mailto:caconnolly@lasell.edu">caconnolly@lasell.edu</a></td>
</tr>
<tr>
<td>Lacrosse-M</td>
<td>Bill Mason</td>
<td>617-243-2218</td>
<td><a href="mailto:wmason@lasell.edu">wmason@lasell.edu</a></td>
</tr>
<tr>
<td>Lacrosse-W</td>
<td>Kelsey Russell</td>
<td>617-243-2224</td>
<td>KR <a href="mailto:Russell@lasell.edu">Russell@lasell.edu</a></td>
</tr>
<tr>
<td>Softball</td>
<td>Sarah Woodside</td>
<td>617-243-2434</td>
<td><a href="mailto:Swoodside@lasell.edu">Swoodside@lasell.edu</a></td>
</tr>
<tr>
<td>Soccer-M</td>
<td>Mike Haynes</td>
<td>617-243-2213</td>
<td><a href="mailto:mhaynes@lasell.edu">mhaynes@lasell.edu</a></td>
</tr>
<tr>
<td>Soccer-W</td>
<td>Vito LaFrancesca</td>
<td>617-243-2106</td>
<td><a href="mailto:vlafrancesca@lasell.edu">vlafrancesca@lasell.edu</a></td>
</tr>
<tr>
<td>Track &amp; Field</td>
<td>Michael McGrane</td>
<td>617-243-2018</td>
<td><a href="mailto:Mmcgrane@lasell.edu">Mmcgrane@lasell.edu</a></td>
</tr>
<tr>
<td>Volleyball-M</td>
<td>Jeff Vautrin</td>
<td>617-243-2469</td>
<td><a href="mailto:jvautrin@lasell.edu">jvautrin@lasell.edu</a></td>
</tr>
<tr>
<td>Volleyball-W</td>
<td>Dana Jones</td>
<td>617-243-2089</td>
<td><a href="mailto:djones@lasell.edu">djones@lasell.edu</a></td>
</tr>
</tbody>
</table>
Athletic Training

The athletic training facilities will be open two hours prior to, and one-half hour after, all competitions. Athletic training facilities are located in the Lasell Athletic Center for teams competing in the gymnasium or at Taylor Field, and they are located in Forest Suites (adjacent to Grellier Field) for teams competing at Grellier field.

A certified Athletic Trainer will be at all home contests. Water, water bottles and ice are provided on the bench. Emergency equipment (vacuum splints, AED, etc) is also available. Teams traveling with a Certified Athletic Trainer may have access to modalities.

**Services provided to visiting teams:**
- Water – Ice – Vacuum Splints – Crutches – Cervical Collars – AED

**Visiting Teams should provide the following:**
- Fully stocked medical kit – Towels – Water Bottles

**Therapeutic Modalities Available: When traveling with Certified Athletic Trainer only**
- Ice Bags – Ultrasound – E-stim – Moist Heat Packs

Please notify our office in advance of your competition if your team is traveling without medical personnel. We will be happy to provide competition preparation services. Please send your team with supplies adequate to their needs.

**Athletic Training Personnel**

Chris Noyes – Head Athletic Trainer – (617) 243-2297 – cnoyes@lasell.edu

Hilary Turner – Assistant Athletic Trainer – (617) 243-2406 – hturner@lasell.edu

Arianna DiOrio – Assistant Athletic Trainer – (617) 243-2168 – adiorio@lasell.edu

The Athletic Training Services are affiliated with Newton Wellesley Orthopedic Associates under the direction of Dr. Katz

Newton-Wellesly Hospital

2014 Washington St. Newton, MA 02462 (617) 243-6000

Emergency Phone Numbers

Lasell College – Campus Police: (617) 243-2279

*The Lasell College Campus Police should be contacted first in the event of any emergency on campus

We are pleased to be a teaching facility. Students from the Athletic Training Education Program at Lasell College work closely with athletes and are supervised by their clinical instructors as they complete part of their professional training.
Directions/Parking for Lasell Athletic Venues

DIRECTIONS AND PARKING FOR LASELL COLLEGE ATHLETIC VENUES – 2019-20

NOTE: Parking is prohibited on Studio Road, Aspen Avenue, and Forest Avenue.

Lasell Soccer, Softball, Basketball and Volleyball -- Taylor Field and Lasell Athletic Center
200 Woodland Ave, Auburndale, Mass.

Spectators should park in Central Parking Lot or East/West Parking Garage. Buses should park in the Central Parking Lot after dropping teams off at the Athletic Center.

Traveling NORTH or SOUTH: Take route 128 to exit 24 onto Route 30 east. Follow Route 30 (Commonwealth Ave.) heading east for approximately 1.5 miles to the sixth traffic light-Route 16. Go right onto Route 16 (fire station on the corner) and take second right onto Woodland Road. Entrance to the Lasell College Athletic Center is on the right side. Look for the blue sign.

Traveling WEST: Take Mass. Turnpike to exit 16 (Route 16). Follow exit to the right towards Wellesley. Proceed through three traffic lights and across Route 30 (major intersection). After crossing route 30 (Commonwealth Ave.) take the second right onto Woodland Road. Entrance to the Lasell College Athletic center is on the right side. Look for the blue sign.


Lasell Field Hockey, Men's and Women's Lacrosse -- Grellier Field
33 Forest Ave, Auburndale, Mass.

Spectators should park in Central Parking Lot or East/West Parking Garage. Buses should park at 251 Woodland Road after dropping teams off at Grellier Field (Area will be marked Bus Parking. Driver is to stay with the vehicle.)

For buses to drop teams off at Grellier Field, take Forest Ave. and turn right into the Rockwell parking lot. You will need to call Campus Police (617) 243-2279 to have the entrance opened for you into the Rockwell lot. Then exit out and turn right on to Studio Road and park at 251 Woodland Road.

Traveling NORTH or SOUTH: Take route 128 to exit 24 onto Route 30 east. Follow Route 30 (Commonwealth Ave.) heading east for approximately 1.5 miles to the sixth traffic light-Route 16. Go right onto Route 16 (fire station on the corner) and take second right onto Woodland Road. Entrance to the Lasell College Athletic Center is on the right side. Look for the blue sign.

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Lasell Baseball plays its home contests at Brandeis University’s Stein Diamond. - 415 South St. Waltham, Mass.

From the Mass. Turnpike (I-90) Eastbound - Take exit 14 for I-95/Rt 128. Keep left for 95/128 North. While on ramp, exit immediately onto exit 24 for Route 30. Bear left onto Route 30. Turn right at first traffic light onto River Road. Follow this for 1.5 miles, where it turns into South Street. Gosman Athletic Center and associated fields are one-half mile ahead on the right, at 415 South Street.

From the Mass. Turnpike (I-90) Westbound - Take exit 15 for I-95/Rt 128 and Route 30. Proceed straight for Route 30. Turn right at end of the ramp, and then right again at first traffic light onto Route 30. Turn left at next traffic light onto River Road. Follow this for 1.5 miles, where it turns into South Street. Gosman Athletic Center and associated fields are one-half mile ahead on the right, at 415 South Street.

From I-95/Route 128 Southbound - Take exit 24 for Route 30. At end of ramp, proceed through traffic light (across Route 30) onto River Road. Follow this for 1.5 miles, where it turns into South Street. Gosman Athletic Center and associated fields are one-half mile ahead on the right, at 415 South Street.

From I-95/Route 128 Northbound - Take exit 24 for Route 30. Route 30 is one of several options at this exit, so follow signs carefully. Turn left at the top of the ramp onto Route 30. Turn right at the traffic lights onto River Street. Follow this for 1.5 miles, where it turns into South Street. Gosman Athletic Center and associated fields are one-half mile ahead on the right, at 415 South Street.
Local Food Options

(All directions are from the Athletic Center)

**Brueggers Bagels and Shaw’s Grocery at the Star Market Plaza**

Take left out of parking lot onto Woodland. Take your first left onto Cheswick Avenue. Follow road to the end and take a left onto Commonwealth Ave. Follow Commonwealth Ave for approximately ½ mile to the Star Market Plaza

**NY Pie** – Pizza, Sandwiches – Delivery available

http://www.nypieonline.com/ - Turn right out of the parking lot onto Woodland ave. Turn Right onto Grove Street. Take the 2nd left to stay on Grove Street, continue onto Auburn Street continue onto Lexington Street which will turn into Moody Street. NY Pie will be on your right

**Comella’s (West Newton)** – Pasta, Sandwiches, and Salads (includes bulk portions)

Delivery minimum $150 – No minimum for pick up – http://www.comellarestaurants.com

Take a left out of the parking lot onto Woodland Ave. Go Straight until you reach Washington Street. Stay on Washington street, Comellas will be on your right in a little over a mile.

Local Hotel Options

**Crowne Plaza Boston-Newton**

320 Washington Street Newton, MA 02458

(617) 969-3010

**Hotel Indigo Boston-Newton**

399 Grove St. Newton, MA, 02162

(617) 969-5300

**Boston Marriott-Newton**

2345 Commonwealth Avenue, Newton, MA 02466

(617) 969-1000