TERRY ALDRICH: Terry, a 14 year veteran Panther coach, has helped direct at least one runner to a national title and several others to top national contention over the past few years. The 1958 graduate of St. Lawrence University was an outstanding scholar-athlete and co-captain of track, ski and soccer teams. He was a member of both the National Nordic Team and Olympic biathlon training squads and competed in the 1970-71 World Championships. Aldrich came here from the University of New Hampshire. In addition to cross country, he coaches skiing and has served as an assistant track coach. His ski teams finished 7th in the NCAA combined men's and women's ski championships earlier this year.

PATTY ROSS: A former member of the U.S. Olympic and National Ski Teams who came to Middlebury in 1987, Patty begins her second year as women's cross-country coach. In addition to coaching women's running, she also serves as assistant Nordic ski coach and helps out with track. A local resident, Patty is a 1982 graduate of the University of New Hampshire where she was an All-East skier and captain of the team. A coach for the 1985 International Special Olympics, Patty received an award for her work with that organization. She previously coached B field hockey at Middlebury in 1982.

PROSPECTS

A solid Middlebury women's cross-country team returns nearly intact from last year's 3-2 season. With only one scorer gone and a strong freshmen class on hand, coach Patty Ross is optimistic that the Panthers could have a successful season.

Junior Holly Fryberger leads a solid core of nine letter winners who should provide the squad with real quality depth. Fryberger led the team with good, consistent finishes last season and is expected to improve this year. Among other consistent scorers are Sarah Gandrud, Tara Nells, Betsy Leighton, Mia Hanson, Alex Benson and Eliza Harding. Also providing depth are Caroline Biddle, Lovisa Johnsson, Mary McKelvey, Maddy Diaz and Kim Bradley.

Coach Ross predicts that with such talent on hand, the Panthers have a good shot at finishing in the top three in their league.

The men's team also was thinned by graduation with three of its best runners gone. However, a strong group of veterans from the 1988 starting seven should give Middlebury a talented squad. They include Brian Schilling, who is a threat to win any race he enters, capt. Andy Kepes, Tony Rojo, Jim Nida, Ray Strong, Mark Balsamo and Steve Fossel.

In spite of all this talent, the success of the 1989 squad will depend on the extent to which the freshman class will add strength and depth, coach Terry Aldrich pointed out.