Amherst Basketball Day School

Every Day is Chance to Get Better!

Program Cost: $285.00
$100 Deposit required by July 20th (Non-Refundable)

*Please make checks payable to:
Amherst Basketball School

Please send completed applications and fee to:
Amherst Basketball School
Amherst College
Coach G.P. Gromacki
P.O. Box 5000
Amherst MA, 01002

First Name: ___________________________
Last Name: ___________________________
Age/Grade Fall ’15: _____________________
Address: _______________________________
_____________________________________
City: __________________ Zip: ___________
State: ___________ Zip: ________________
Email: _________________________________
Home Phone: __________________________
Emergency Contact: _____________________
Emergency Phone: ______________________
Youth Shirt Size: (Circle One) S M L XL

Release of Liability/Risk Acknowledgment

Upon entering events sponsored by Amherst Basketball School, I/We understand and appreciate that participation or observation of the sport constitutes a risk to me/us of serious injury, including permanent paralysis or death. I/We voluntarily and knowingly recognize, accept, and assume this risk and release Amherst Basketball School and its staff from any liability therefore.

Parent/Guardian Signature:

For further information, please contact:

G.P. Gromacki, Head Women’s Basketball Coach & Program Director
Amherst College Athletics Department
P.O. Box 5000
Amherst, MA 01002
Phone: (413) 542-8557
Email: ggromacki@amherst.edu

2015 Amherst Girls Basketball School

Every Day is a Chance to Get Better!

2010-2011 National Champions
5 Consecutive Final Four Appearances
5 NESCAC Titles
Overall record at Amherst 233-22

August 3-6
(Monday-Thursday)
Girls Ages 7-18
Daily 9:00-4:30pm
(Drop Off: 8:45am)
The Staff

G.P. Gromacki, Head Women’s Basketball Coach & Amherst Basketball School Director

One of the top women’s coaches in the country, with an overall career head coaching record of 395-60, Coach G.P. Gromacki is building a winning tradition finishing his eighth season with the Lord Jeffs. With a winning percentage of .868, Gromacki stands as the winningest active coach in DII & DIII. During his time at Amherst, Gromacki has lead the Jeffs to their first ever NCAA DIII National Championship during the 2010-2011 season, Five NESCAC Titles, Three “Sweet 16,” & Five straight NCAA “Final Four” appearances. He has coached 2 WBCA National “Players of the Year” and during the last eight season Gromacki and his team compiled 4 consecutive seasons with 30+ wins; standing as an NCAA record.

Program Cost &

Participation

$285.00 Per Week
A non-refundable deposit of $100, required by July 20th must accompany all applications. It is advised that you register as early as possible. Applications will be accepted on a first come, first serve basis until school is filled. The balance must be paid at registration. There will be no refunds for expulsion or voluntary withdrawal.

The Program

* Introduction to the basic fundamentals of basketball
* Daily 1 Hour fundamental Stations
* Improve Shooting, Ball Handling, Defense, and Rebounding
* Participants will be placed on age appropriate teams
* 2 Full Court games everyday
* Compete against the Counselors in Knock Out & Dribble Tag
* Free Time for 1 on 1 instruction
* Athletic Trainers or RN certified in First Aid and CPR on site

Dining Hall

All Participants will receive daily All-You-Can-Eat Lunch. The lunch will be provided by Valentine Dinning Hall located on the Amherst Campus.

*All Participants receive an Amherst Basketball School T-shirt.

Sample Daily Schedule:

8:45am Drop Off at Lefrak Gym
9:00-9:15 Attendance/Warm Up
9:20-10:20 Fundamental Stations
10:30-11:15 Game 1
11:20-12:00 Skills Contest
12:10-1:10 Lunch
1:15-2:00 Free Time
2:05-3:05 Skills Contest
3:10-4:15 Game 2
4:15-4:30 Pick up at Lefrak Gym

Girls Basketball School is solely owned and operated by G.P. Gromacki, who contracts with Amherst College for the use of its facilities. Amherst College is not a sponsor or partner of Girls Basketball School and is not responsible for any of Girls Basketball School Operations.