# NE10 Outdoor Track & Field

**Week 5 - May 2, 2018**

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## NE10 Men’s Track Athlete of the Week

**Chad Miller, American International**

*Junior, Spanish Town, Jamaica*

Miller ran the second-fastest time of his career in the 400 meter hurdles, with his time of 51.35 seconds - good for second place in the event at the Penn Relays - sitting as an NCAA auto-qualifying mark, the second time he’s posted an auto-qualifying mark this season.

## NE10 Women’s Track Athlete of the Week

**Riley Knebes, New Haven**

*Senior, Salem, Ore.*

Knebes broke her own school record in the 400 hurdles with a time of 1:00.99 which put her 22nd in the nation and is an NCAA Provisional Mark. That time was second among Division II Competitors. She also anchored the 4x100 relay which ran a season-best time (49.40). She anchored the 4x400 relay which got second in the CTC section (4:01.94).

## NE10 Men’s Field Athlete of the Week

**Holt Sihvonen, Bentley**

*Senior, Lebanon, Conn.*

Sihvonen captured a javelin competition for the 13th time in his career with his throw of 201 feet, 11 inches (61.55m) during the Stonehill Skyhawk Invitational giving him a winning margin of 26 feet. It was his third win in the last four weeks and the fourth time in five meets he’s reached 200 feet.

## NE10 Men’s Relay Team of the Week

**Franklin Pierce 4x800**

The relay team of Hugo Arlabosse, Joshua Ercolini, Dage Minors, Jon Holmes laid down a 7:35.18 to finish eighth at the Penn Relays. The mark established a new school record and is the fastest time in the NE10 so far this spring.

## NE10 Women’s Track Rookie of the Week

**Casey Gannon, Stonehill**

*Freshman, Warwick, R.I.*

Gannon qualified for her second New England Championships in the 100-meter hurdles clocking in a time of 14.92-seconds as the first Division II competitor across the finish line taking home sixth. The freshman also posted a time of 1:03.92 in the 400-meter hurdles taking home second place. She was also part of 4x400-meter relay team that finished third with a time of 4:03.07.

## NE10 Women’s Field Rookie of the Week

**Everett Pirtle, Assumption**

*Freshman, Northborough, Mass.*

Pirtle won the 400 meter dash for the second meet in a row at the Skyhawk Invitational on Saturday, finishing with a time of 49.34 seconds.

## NE10 Women’s Track Rookie of the Week

**Destiney Coward, Southern Connecticut**

*Senior, East Haven, Conn.*

Coward competed at the Yale Springtime Invitational where she took first place in the shot put and hammer throw events. The shot put she threw a 13.56 meter throw and in the hammer throw she threw a 65.40-meter throw, which is a NCAA Division II automatic qualifying marker.

## NE10 Women’s Relay Team of the Week

**AIC 4x100**

The 4x100 meter relay team of freshmen Tiandra Robinson and Kiara Felix, sophomore Wahjerjay Blango and senior Dana Bramble broke an AIC school record in the event, posting a time of 47.63 seconds at the Penn Relays and crushing the previous record of 48.02 seconds from 2013.

## NE10 Men’s Track Rookie of the Week

**Milan Spisek, Southern Connecticut**

*Freshman, Easton, Conn.*

Spisek competed at the Yale Springtime Invitational where he took first place in the pole vault with a vault of 4.57 meters.

## NE10 Women’s Field Rookie of the Week

**Katherine Eckerson, Assumption**

*Freshman, Simsbury, Conn.*

Eckerson placed third in the triple jump at the Skyhawk Invitational on Saturday, finishing with a distance of 37 feet, 0.5-inch. She also placed ninth in the long jump with a distance of 17 feet, 3.5 inches.
MEN'S TRACK
Felipe Custodio, Adelphi (Jr., Valley Stream, N.Y.)

At the TCNJ Lions Invite on Saturday, Custodio clocked in an 48.02 to win the 400m. The victory is his third of the outdoor season.

Elijah Fossas, Assumption (So., Dudley, Mass.)

Fossas met the New England qualifications in the 800 meters at the Skyhawk Invitational on Saturday, racing to a fourth place finish in 1:53.07.

Antonio Di Genova, Assumption (Fr., Waltham, Mass.)

Di Genova won the triple jump at the Skyhawk Invitational on Saturday with a distance 42 feet, 10.75-inches which places him eighth in the conference. He also finished seventh in the 110 meter hurdles with a time of 15.72 seconds.

Josh Gettings, Bentley (So., Lowell, Mass.)

Gettings posted a time of 55.21 seconds in the 400 hurdles at the Stonehill Skyhawk Invitational to place second overall and come within five-hundredths of a second of his career best. It was the fourth-best time achieved in the conference this season and qualified him for the New Englands.

Rindal Pierre-Canal, Franklin Pierce (Sr., Randolph, Mass.)

Pierre-Canal posted a triple jump mark of 13.76 meters to finish 10th at the Penn Relays. The mark is currently fifth in the NE10.

Jeff Reddy, Franklin Pierce (So., Chester, N.H.)

Reddy finished 80th at the Penn Relays in the men's 5000 meters, with a time of 15:02.80. The mark currently ranks second in the NE10.

Anthony Dawson, Saint Rose (So., Somerset, N.J.)

Dawson won the 400m run at Sunday's Capital District Classic with a time of 49.57. The clocking ranks fifth in program annals.

Mason Tallman, Saint Rose (Jr., Rotterdam, N.Y.)

Tallman scored points in all three weight events at Sunday's Capital District Classic. He took home third place in the shot (12.63m) and discus (40.19m), and was tenth in the hammer (40.52m).

Stefan Balestra, Stonehill (Sr., Lincoln, R.I.)

Balestra won the hammer throw in his last home meet as Stonehill won its home Skyhawks Invitational for the 10th-straight year. Led 13 entries with a distance of 178-feet, 9-inches, he cleared the distance on his final throw of the final round. Balestra also finished tenth in the discus throw, clearing a distance of 109-feet, 8-inches.

Joe Connolly, Stonehill (Jr., Wilmington, Mass.)

Connolly led the Skyhawks to a sweep of the top two spots in the hammer throw at Sunday's Capital District Classic. The sophomore placed third in the event with a mark of 46.29m and was fourth in the discus and shot put.

Lucas Taxter, Stonehill (Jr., Readville, Mass.)

Taxter led Stonehill's nine first place efforts in winning its home Skyhawk Invitational for the tenth straight year as he posted an impressive winning performance in the 800-meter run. He finished in a school-record 1:51.53, provisionally qualifying for the NCAA DII Championships. His time ranks 30th on the national performance list for Division II this season, ranks third on the Northeast-10 Conference performance list and edged the previous school record of 1:51.65 set by classmate Stephen Vercollone at the New England Outdoor Championships last spring.

WOMEN'S TRACK
Emily Hagarty, Adelphi (Sr., Bellmore, N.Y.)

On day one of the Penn Relays, Hagarty competed in the Heptathlon, opening the competition with 736 points in the 100 hurdles, running 15.82 for a personal record. After adding another 736 points in the high jump, she added her second personal best of the day in the shotput, hurling 10.52m on her second attempt. On day two, Her new personal record of 2:43 in the 800m, capped 4,373 points for the senior, breaking her second Adelphi school record this week. She placed second overall, improving by four places.

Victoria Major, Adelphi (So., Deer Park, N.Y.)

Major posted an NCAA provisional qualifying mark to win the high jump at the TCNJ Lions Invitational on Saturday afternoon, leading Adelphi in its fifth straight day of competition. Major won the event for the first time this outdoor season with a mark of 1.68m.

Dana Bramble, AIC (Sr., East Hartford, Conn.)

Bramble placed fourth in the triple jump at the Penn Relays, posting a mark of 12.36 meters in the event. She owns the best mark in that event in the NE10 by a margin of nearly three feet, and ranks fourth nationally.

Nicole McMorrow, Assumption (So., Milford, N.H.)

McMorrow set a new school record in the with triple jump at the Skyhawk Invitational, finishing second with a distance of 38 feet, 7-inches which is the second best mark in the conference this year.

Miranda Gagnon, Franklin Pierce (Sr., Rollinsford, N.H.)

Gagnon hurled the javelin 38.70 meters to finish second on Saturday at the CCSU Track & Field Invitational. The distance is currently good for fourth in the NE10.

Valerie Hinds, Saint Rose (So., Altamont, N.Y.)

Hinds bettter her team record in the hammer throw at Sunday’s Capital District Classic. The sophomore placed third in the event with a mark of 46.29m and was fourth in the discus and shot put.

Christine Myers, Saint Rose (So., Altamont, N.Y.)

Myers crossed the 1500m finish line fourth at Sunday’s Capital District Classic. The personal best of 4:49.46 was good for fifth in program annals.

Emily Knox, Stonehill (Sr., Worcester, Mass.)

Knox posted a fourth-place finish in the 1500-meter run, clocking in at 4:38.96, where she was the first Division II competitor across the finish line. This time qualified her for New Englands and she currently sits atop the NE10 performance list.

Alison Tobin, Stonehill (Sr., Hudson, Mass.)

Tobin took home second in the pole vault at the 11th Annual Skyhawk Invitational matching her previous school record of 12 feet, 1.50 inches. This mark once again bypassed the NCAA provisional mark and she currently sits 28th on the performance list., the top NE10 competitor. The senior also assisted the Skyhawks to a second-place finish in the 4x100-meter relay where they clocked in a new school record time of 47.50.