Eligibility: Open to collegiate teams, clubs, exhibition athletes

Entry Fee: Entry Fee is $200 per team/ $400 for both men’s and women’s teams. $30 per individual or $100 per relay. Entry fees must be paid via credit card at the time of entries.

Entries: Via Directathletics. No additions, changes, or substitutions will be allowed on meet day. Enter verified TFRRS marks from this season only. Athletes without a verified mark from the 2019 season will be entered at NT, email Ethan Barron or Nate Hoey with any questions or special seeding requests. Entries close on Monday, May 13th at 11:59pm.

Live Results: Can be found on nestiming.com. Results will also be posted behind the press box.
Facility: The Lee T&F Complex at Weston Field is a 400 meter eight-lane oval, eight-lane straight, Beynon surface. Long Jump, Triple Jump, High Jump, Pole Vault and Javelin runways have track surfacing. Shot, Discus & Hammer circles are concrete. Only flats, 1/4” or shorter spikes can be used on the track and runways. Bathrooms are available under the main grandstand (at the football/lacrosse field).

East and West runways available for LJ/TJ, East, West, North, and South runways available for PV. **We will move to run with tail-winds in 100, 100/110h, 200m, LJ, TJ, PV, HJ**

Check-in: All field events check-in at the venue 15 minutes prior to start of the event. Track Event check-in & hip number pick up will be located at the tent adjacent to Peck grandstands near the finish line.

Finals: Top 8 collegiate athletes will advance to finals in the 100 dash and 100/110 hurdles. Field events – 3 throws in prelims, advance top 9 collegiate athletes to finals. Exhibition athletes will not advance to finals.

Implement Certification: Certification will take place in the shed located on the backside of the Peck grandstands and next to the main hammer/discus cage. Certification will ONLY take place from 3:30pm - 4:30pm

Team camps: Camps can be set up on the natural grass areas surrounding the track or in the stands. No team camps on the infield.

Parking: Campus Map Can Be Found Here: [http://www.williams.edu/map/](http://www.williams.edu/map/)
Bus loading and unloading ONLY at the lot adjacent to the track off of Meacham St.
Bus MUST park in lot on Water St. Vans may park in lot by fieldhouse.

Travel/practice: For those traveling from out of town, contact us for questions about hotels and/or Monday/Tuesday practice times.

Vertical jump progressions: Too be announced Monday prior to the meet.

Scratches: Email scratches or hand them to the timer by 4:00pm on Wednesday. We will re-seed sections if there are sufficient scratches.

Please contact Ethan Barron or Nate Hoey if interested:
Nate Hoey, Head Women’s Coach  ndh1@williams.edu  413-597-2447
Ethan Barron, Head Men’s Coach  eb10@williams.edu  413-597-4460
Tentative Schedule of Events:
Will be adjusted after entries close

Field
5:00 PM
Discus (M, W)
Hammer (W, M)
Shot Put (To follow Discus and Hammer: W, M)
Javelin (W, M)
High Jump (W, M)
Long Jump (W, M)
Triple Jump (To follow Long Jump: W, M)
Pole Vault (M, W)

Track
5:00 PM  4x100 Relay
5:15 PM  3k Steeplechase
5:40 PM  100/110HH Trials
6:00 PM  100m Trials
6:15 PM  1500m
6:30 PM  100/110HH Final
6:45 PM  400m
7:00 PM  100m Final
7:10 PM  800m
7:20 PM  400IH
7:35 PM  200m
7:50 PM  5k
8:35 PM  4x400m Relay
8:45 PM  10k