2012–13
ATHLETICS & EXCELLENCE REPORT

FRANKLIN & MARSHALL COLLEGE
PLAYING A SPORT DEVELOPS QUALITIES THAT ARE VITAL IN THE CLASSROOM AS WELL AS ON THE FIELD: HARD WORK, RESILIENCE, COOPERATION, RESPECT FOR OTHERS, AND LEADERSHIP. SPORTS ENCOURAGE STUDENTS TO DO WHAT THEY LOVE AND SHARE THEIR PASSION WITH OTHERS.

—F&M PRESIDENT DANIEL R. PORTERFIELD

Excerpted from “Another Kind of College Sports”, originally printed in the Dec. 16, 2011, Philadelphia Inquirer
WINNERS, SCHOLARS AND LEADERS

The 2012–13 academic year was a stellar one for Franklin & Marshall College student-athletes—on the court and field, in the classroom and laboratory, and in the local and global communities. As evidenced by the strong play of all 27 of our athletic teams, F&M coaches value competition. They also pride themselves on developing well-rounded student-athletes who, through their participation in competitive sport, learn about leadership, teamwork, character and accountability. Within the pages of this inaugural annual report, you will learn about the 2012–13 records and accomplishments of our athletic teams, including our student-athletes’ impressive academic records, commitment to service, and aspirations for life after college. Their performance and successes truly demonstrate the commitment of our Diplomats to “Athletics & Excellence.”

Thank you for your support this past year.

GO DIPS!
Dear Friends,

As we begin recording the Fall 2013 season (already with notable success!), please join me in a tribute to last season’s Diplomat student-athletes, teams and achievements—the first in what will be an annual tradition of year-end reviews and celebrations. Little did we know when we conceived of this idea, that the 2012–2013 season was going to be such a momentous one, with three-quarters of our teams in postseason play, both Athletic and Academic All-Americans, and a Williamson Medalist who chose Franklin & Marshall because she likes to run!

Unlike many sports enthusiasts, statistics are not my forte, but be assured there are plenty of them in these pages, and they are spectacular, with many shattered records and team and individual firsts. But along with numbers and records, you also will find personal stories of student-athletes and how their athletic activities shaped their growth and experiences while here at F&M. I’m fascinated by these stories, and I hope you will visit www.GoDiplomats.com for more stories like them throughout the year.

We hope this initial year-end report will generate memories for years to come, and that it also will speak to the ongoing central role of athletics in the Franklin & Marshall and local communities. In the 1930s, Lancaster’s matrons planned their Thanksgiving dinners around the kick-off of the annual F&M-Gettysburg game. Today, viewers in Brazil, India and California set their alarms to see live coverage of home events at GoDiplomats.com.

The College’s commitment to our student-athletes is as steadfast as that of our graduates. Just this summer, contractors were busy developing a new practice field, resurfacing the tennis courts and the Sponaugle-Williamson track (a popular gathering place for a diverse group of local residents), and refurbishing the Mayser Gymnasium equipment room to meet the demands of today’s cutting-edge gear and apparel.

All of us in athletics thank our No. 1 fan, F&M President Daniel R. Porterfield, and the countless administrators, professors, family members, alumni and friends who come out to cheer regardless of the weather or the time. We thank the generous donors of the Diplomat Athletic Club, who make our road to excellence possible, and who salute every student-athlete who practices and plays for the love of the game. And we thank our student-athletes and coaches for their inspiration, their dedication, and for exemplifying the College’s commitment to “Athletics & Excellence.”

We hope this 2012–13 review brings you many happy memories. Feel free to share what information and features you would like to see in future volumes.

I look forward to seeing you on the sidelines. Go Diplomats!

All my best,

Patty Epps

Director of Athletics & Recreation
Franklin & Marshall College
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Franklin & Marshall student-athletes excelled in the classroom in 2012–13, collecting numerous academic honors at the conference, regional and national levels. A total of 574 student-athletes competing in 27 sports compiled a cumulative grade point average of 3.05 throughout the year, with 326 Diplomats posting individual GPAs over 3.0.

**ACADEMICS**

The **field hockey team** garnered multiple academic awards from the National Field Hockey Coaches Association (NFHCA). Six members of the squad were named to the NFHCA Division III Academic Team, recognizing student-athletes who have achieved a cumulative GPA of 3.30 or higher through the first semester of the 2012–13 academic year. Diana Aulisa ’13, Rachel Cooke ’13, Maura Hennigan ’13, Dana Venditti ’13, Clare Wirth ’16, and Lauren Eastman ’16 each earned the honor. The Diplomats also received the National Academic Team Award, bestowed upon teams with a combined GPA of 3.0 or higher.

A total of 86 Diplomats were named to the Centennial Conference (CC) Academic Honor Roll, with 23 earning the distinction in the fall, 22 in the winter and 31 in the spring. To receive Academic Honor Roll accolades, student-athletes must participate in at least 50 percent of contests, be a sophomore or higher in standing, and maintain a cumulative GPA of 3.40 or higher.

Alexis Teevens ’13 (women’s cross country) received the Williamson Medal, the College’s most prestigious academic award for student achievement, at the 2013 F&M commencement ceremony. The medal is named for Henry S. Williamson, a former member of the F&M Board of Trustees, and is voted on by faculty and select administrators.

Zack Wilt ’13 (men’s swimming) and Teevens received the Delphic Student-Athlete Awards at the annual department awards luncheon. The award is given to the male and female senior athletes with the highest cumulative GPA at the conclusion of the fall semester.

Nils Michaelis ’13 (track & field) was named to the Capital One Academic All-America Track & Field/Cross Country Team, becoming the first F&M track & field Academic All-American since 2008 and sixth overall. Michaelis headlined a group of four Diplomats who earned Academic All-District recognition throughout the year. Aaron Gillette ’13 (baseball), Ross Silverberg ’13 (men’s tennis), and Wilt also received the honor. To be nominated for the College Sports Information Directors of America’s Academic All-America program, a student-athlete must be at least a sophomore with a 3.3 cumulative GPA or higher and be a starter or significant reserve on his or her team.

Kenny Provost ’13 (football) was one of 703 players across all divisions of competition to be inducted into the National Football Foundation (NFF) Hampshire Honor Society. To qualify for membership in the NFF Hampshire Honor Society, a student-athlete must be a starter or significant reserve on his team and achieve a 3.2 cumulative GPA or higher throughout his undergraduate career.
MAJORS:
Art and Economics

CAREER INTEREST:
Graphic design

ACHIEVEMENTS:
• Eight All-America honors (six in track & field; two in cross country)
• 12 Centennial Conference gold medals
• Seven top-10 finishes at the NCAA Track & Field Division III Championships
• Mideast Region Track Athlete of the Year (2012)
• Winner of the Karvasales Outstanding Athlete Award, given to a senior who is outstanding in the field and the classroom
• Graphic design intern for Phillips Museum of Art

ON RUNNING:
“I’ve always liked the challenge of running and how there’s always something you can do to improve yourself. There’s always a time to beat.”

ON BALANCING ATHLETICS AND ACADEMICS:
“Running in Division I would be like a job. They take it so seriously at that level. It would be like trying to become a pro, and I’d be missing a lot of class. I hate missing just one day of class. I’m trying to get an education.”
F&M improved its standing in the Learfield Sport Directors Cup for the third straight year in 2012–13. Here is how the Diplomats have fared in the Division III points race the past three years:

<table>
<thead>
<tr>
<th>Year</th>
<th>Ranking</th>
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<tr>
<td>2010–11</td>
<td>105</td>
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<tr>
<td>2011–12</td>
<td>96</td>
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*Out of 442 Division III institutions
ATHLETIC ACCOMPLISHMENTS

In the 2012–2013 academic year, 614 student-athletes from 16 countries donned the blue and white and represented Franklin & Marshall in more than 460 contests and events. Seventy student-athletes earned All-Conference recognition, 13 earned All-America certificates, three garnered Centennial Conference Player of the Year recognition, and three coaches claimed Coach of the Year honors.

Seven teams made conference playoffs, while six of those made it to the finals and two were crowned conference champions. Ten programs finished with winning records, and F&M Athletics compiled an overall record of 212-152-6 (.581). Seven teams were ranked nationally, and five finished the year ranked in the top 15, including three in the top 10.

Three teams earned NCAA bids and four individuals represented F&M at national tournaments, propelling the Diplomats to 65th in the Learfield Sport Directors Cup standings. The cup competition ranks 442 schools throughout Division III, awarding points based on the institutions’ national postseason participation and success in NCAA Championship competition. F&M totaled 266 points, the second-most in school history. F&M’s highest rank came in 2008–09, with a 47th-place finish and 305 points.

A strong spring pushed F&M higher in the standings, as four spring teams earned points. A quarterfinal run by the women’s lacrosse team added 70 points to the total, while women’s track & field (33.5), baseball (25) and men’s track & field (17.5) also contributed solid point totals.

In the fall, field hockey’s NCAA appearance put F&M on the board with 25 points, good for 129th place entering the winter season. Women’s indoor track & field (47.5), women’s swimming (29), and wrestling (18.5) added points in the winter to put F&M in 95th place heading into the spring.

F&M ranked fourth amongst Centennial Conference (CC) schools and is one of five CC schools rated in the top 100. Johns Hopkins (7th/789.5), Haverford (41st/364.25), Dickinson (50th/328), and Gettysburg (99th/192) also landed in the top 100. The Centennial is one of just six Division III conferences to place five or more institutions in the top 100.

2012–13 REPORT
The Diplomats finished the year with the most wins in program history and an 18-2 overall record, including a perfect 10-0 mark in Centennial Conference (CC) play. They advanced to the NCAA Tournament for the second straight year and sixth time in school history.

F&M reeled off a school-record 18-straight victories to capture its first CC title in program history. The Diplomats completed the CC season undefeated for the second straight year, and will enter next year carrying a 23-game winning streak in conference play.

The Diplomats garnered a myriad of individual postseason accolades for their accomplishments in 2012:

- **Maura Hennigan ’13**: All-America-NFHCA Second Team, Synapse Sports First Team (Sixth multiple AA for F&M), NFHCA First Team All-Region, CC Player of the Year (2nd for F&M), and First Team All-CC (Second straight year)

- **Steph McDonald ’13**: Synapse Sports Second Team All-America, NFHCA First Team All-Region, First Team All-CC

- **Chelsey Talhelm ’13 and Kristen Zublin ’13**: Second Team All-Region and Second Team All-CC accolades

- **Avery Koep ’14**: Honorable Mention All-CC recognition (second straight season)
FOOTBALL

F&M concluded the 2012 campaign with a 7-4 record, finished fourth in the Centennial Conference with a 6-3 mark, and qualified for an Eastern College Athletic Conference (ECAC) Bowl for the ninth time in program history.

The highlight of the Diplomats’ season was a 14-12 upset of No. 9 Johns Hopkins in the home regular season finale. F&M handed Hopkins its first loss of the season, snapping the Blue Jays’ 22-game regular season winning streak that included 20-straight CC victories. It also marked the first time Hopkins was held under 30 points in the season.

Nine Diplomats were named to the All-Centennial Conference team: E.J. Schneider ’14, Jordan Zackery ’15, Devin Hunter ’13, Sam Wojciechowski ’13, C.T. Marsh ’13 and Sam Massaro ’13 earned first-team accolades, while Sam Caygoz ’13, Kenny Provost ’13 and Brian Velasco ’15 nabbed second-team honors.

Marsh led the team in sacks (6.5) and tackles for a loss (12) and became F&M’s all-time leader in career sacks (32.5) and tackles for a loss (57.5).
MEN’S SOCCER

F&M posted a 12-6 mark on the year, the ninth straight winning season for the program, and advanced to the Centennial Conference playoffs for the fourth year in a row. The 12-win campaign marked the third-most wins in school history and the second straight double-digit victory season for the Diplomats.

Ben Beaver ’14 headlined the postseason accomplishments for F&M as he was named to the National Soccer Coaches Association of America (NSCAA) All-Region squad for the second straight year and also earned All-CC First Team honors. Beaver set the record for career game-winning goals (13), tallying four on the year. Mike Irving ’13, Sam Lane ’15 and David Rosenfeld ’15 earned All-CC Second Team recognition. Irving also landed on the NSCAA Scholar All-East Region team, one of just three CC men’s soccer players to earn the accolade.

Head coach Dan Wagner eclipsed the 100-win mark and became F&M’s all-time leader in coaching wins in the Diplomats’ 2-1 non-conference victory against Elizabethtown. Wagner has now compiled a 107-64-28 record throughout his 11 years at the helm in Lancaster.

WOMEN’S SOCCER

The Diplomats wrapped up the 2012 campaign with a 2-7-6 mark, setting a new F&M record for single-season goals against average (0.84) by holding opponents to just 14 goals in 15 games.

Amanda McGowan ’14 landed on the All-Centennial First Team for the second straight season, while Megan Rubenstein ’15 grabbed second-team honors and Carley Nicholson ’13 and Holly Lagasse ’13 received honorable mention.

McGowan, a junior goalkeeper, posted a season goals against average of 0.79, good for second in the single-season record book, and enters 2013 ranked second in career goals against average at 0.91.
F&M concluded the year at 18-14 overall and 9-1 in Centennial Conference play, earning the conference’s top seed and the right to host the CC tournament for the first time since 2006. The Diplomats fell in the CC title game to Johns Hopkins, coming up just short of the sixth conference crown in program history.

Caroline Hubbard ’15 was named to the American Volleyball Coaches Association (AVCA) All-Region team and was joined on the All-CC squad by Candice Tussing ’13, Sydney Seydel ’13, and Julie Harvey ’15. Seydel and Tussing earned first-team honors, Hubbard was named to the second team, and Harvey received honorable-mention honors. Head coach Mary Kate Boland ’01 was named the CC Coach of the Year after guiding the Diplomats to their fourth straight winning season and ninth in her 10-year stint as the leader of the program.

Several team and individual records fell in 2012. Harvey set a new mark of single-season blocks per set (1.00), and posted a new single-match record for blocks in a four-set match (11) and a five-set match (6). The Diplomats tied the team record for most aces in a five-set match (13), while also setting marks for assists in a five-set match (63), and digs in a five-set match (93).
MEN’S CROSS COUNTRY

Greg Duckloe ‘13 earned All-Region honors for the second straight year by placing 25th at the Mideast Regionals, while Bryan Andrews ‘15 narrowly missed out on a second consecutive All-Region performance with a 36th-place finish. At the Centennial Conference Championships, Andrews paced F&M with a 21st-place finish. As a team, the Diplomats secured sixth at the CC Championships and placed 10th out of 55 teams competing in the regional meet.

The Diplomats captured the team title at the Richard Achtzehn Classic, and took second in three other events: the Little Three Meet, the Don Cathcart Invitational, and the DeSales Invitational.

WOMEN’S CROSS COUNTRY

Sheena Crawley ‘13 had another memorable season for the Diplomats as she earned All-America accolades for the second straight year and placed third at both the Centennial Conference Championships and the Mideast Regional Championships.

Crawley earned All-America recognition with a 13th-place showing at the NCAA Championships, becoming just the third Diplomat to notch multiple All-America honors in his or her career. The senior won three individual titles throughout the season, claiming top honors at the Little Three Meet, the Richard Achtzehn Classic, and the DeSales Invitational.

The Diplomats placed eighth at the CC Championships and 19th at the Mideast Regionals out of the 52 competing institutions.
CHAD TOTHERO ’14

MAJORS:
Business, Organizations and Society; Religious Studies

CAREER INTERESTS:
International law; personal performance training; sports coaching

ACHIEVEMENTS:
• Named to the 2012 Allstate American Football Coaches Association (AFCA) Good Works Team®: One of five Division III players from across the country nominated to the team; one of 22 college football players nationwide named to the team
• Mission to Honduras in 2012:
  Helped to build playground, basketball court at local orphanage; taught English to schoolchildren; worked on a water project for a village
• Missions within the United States: refurbished homes; small construction projects

ON GIVING BACK:
“I went on my first mission to Honduras when I was in fifth grade. It’s so gratifying. I’ve been on missions all over the United States, too. It’s amazing that something so simple as sitting down and talking with someone can really change lives. I really love giving back.”

ON THE GAME OF FOOTBALL:
“To me, it’s the ultimate team sport. You can’t do it without 11 guys on the field. It teaches you discipline and leadership. It’s a lot like the game of life. I think it’s prepared me for the business world. It teaches you something about accountability.”
MEN’S BASKETBALL

The Diplomats captured their fifth straight Centennial Conference regular season title and reached the 20-win mark for the fifth year in a row and the 25th time in head coach Glenn Robinson’s illustrious coaching career. F&M concluded the year with a 20-7 record overall, including a 14-4 mark in conference play, and made its fifth straight trip to the CC Championship game.

The Diplomats earned numerous postseason honors, headlined by Hayk Gyokchyan ’13: National Association of Basketball Coaches (NABC) All-America Third Team, NABC Mid-Atlantic All-Region First Team, D3hoops.com Mid-Atlantic All-Region Second Team, CC Player of the Year, and All-CC First Team. Gyokchyan became the 33rd player to eclipse the 1,000-point milestone, and his All-America nod marked the 25th time overall and fourth straight year a Diplomat has received All-America recognition.

Matt Porter ’14 and Jon Salandra ’14 also earned All-CC accolades for F&M, each landing on the second team. Robinson received postseason honors as well, securing CC Coach of the Year honors, the 13th Coach of the Year award of his career.
WOMEN’S BASKETBALL

The Diplomats concluded their 2012–13 season with an 8-17 record, including a 5-15 mark in Centennial Conference play.

Alexa Barbush ’13 piled up numerous postseason accolades, receiving All-America Honorable Mention honors from DIII News and the Women’s Basketball Coaches Association (WBCA). She also garnered D3hoops.com All-Region Second Team, ECAC South All-Region, and All-CC First Team honors.

The senior guard finished her career as the school’s all-time leader in steals (338), steals per game (3.3), free throws attempted (572), and tied for first in games started (101). She led the conference in points per game (19.2) and steals (3.1), while her 1,486 career points ranks sixth all-time.

The Diplomats reached new heights in 2012–13, breaking the record for single-season wins with 17 and finishing the year at the No. 7 spot in the national rankings. Wins over Cornell and Dartmouth were two of the many highlights of the year, as the Diplomats had not defeated Cornell since 1998–99 and picked up their first victory over Dartmouth since 1996–97.

Numerous players put together stellar individual seasons this past winter.

MEN’S SQUASH

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WOMEN’S INDOOR TRACK & FIELD

Sheena Crawley ’13 added to her long list of career accomplishments on the track this past winter, claiming second place in the mile at the NCAA Championships, a career-best finish in NCAA competition, to earn her fifth All-America honor in track and field. The senior set new school and conference records in the mile and 1000 meters, and also made her way onto the All-CC First Team for the fourth straight year by grabbing gold in the mile and second place in the 800 meters at the CC Indoor Championships.

The Diplomats wrapped up their indoor season with a sixth-place finish at the CC meet. Rebecca Swisher ’16 garnered First Team All-CC accolades with a gold-medal finish in the pole vault, resetting her own school record along the way. Livia Meneghin ’15 claimed third in the shot put to secure Honorable Mention All-CC recognition.

MEN’S INDOOR TRACK & FIELD

The Diplomats placed second at the Centennial Indoor Championships with a total of 28 points. The highlight of the CC Championships was the performance of the 4x800 relay team of Bryan Andrews ’15, Derek Pawlush ’15, Greg Olenginski ’15, and Luk Olenginski ’15. The group of sophomores captured first place to earn First Team All-CC recognition and bring gold in the event back to F&M for the second straight season.

Taaj Amin ’15 was named Second Team All-CC after securing silver in the 60-meter dash, while the 4x400 relay team of Mohamed Bah ’15, Adam Eller ’15, Leo Generali ’15, and Brad Krell ’16 took third to nab Honorable Mention All-CC accolades.
WRESTLING

The Diplomats concluded the year with a 7-9 dual-meet record, marking the most wins for the program since 2006-07. Richard Durso ’15 had a remarkable season, finishing the year with a 39-5 mark, setting a new school single-season record for wins. The sophomore 141-pounder secured first place at the Eastern Intercollegiate Wrestling Association (EIWA) Championships, becoming the first F&M wrestler to do so since 1994 and ninth in the history of the program.

Durso earned an automatic bid to the NCAA Championships after capturing EIWA gold, and advanced to the quarterfinals before falling to top-seeded Hunter Stieber of Ohio State, 9-8, leaving him just one win shy of earning All-America accolades.

Several Diplomats earned top-three tournament placings throughout the year, with Durso leading the way by winning both the Brute Invitational and Ursinus Fall Brawl, taking second at the Mat Town Open and F&M Open, and claiming third at the Navy Classic. Robert Ruiz ’15 won the Ursinus Fall Brawl at 133 pounds and advanced to the finals of the inaugural F&M Open before settling for second place. Andrew Murano ’14 (149), Chuckie Kerkesner ’16 (285), and Aaron Moldoff ’16 (125) each won bronze at Ursinus.

WOMEN’S SQUASH

The Diplomats ended the year with a 10-12 mark and competed in the Kurtz Cup (B Division) of the College Squash Association (CSA) Team Championships for the second consecutive year, finishing with a No. 16 ranking.

Emily Caldwell ’16 put together a steady first-year campaign at the No. 1 position and represented the Diplomats at the CSA Individual Championships. Jazmin Matos ’16 posted the best mark of the year for F&M, finishing with a 10-11 record, primarily from the No. 4 spot in the lineup.

Emily Caldwell ’16 put together a steady first-year campaign at the No. 1 position and represented the Diplomats at the CSA Individual Championships. Jazmin Matos ’16 posted the best mark of the year for F&M, finishing with a 10-11 record, primarily from the No. 4 spot in the lineup.
The Diplomats wrapped up their 2012–13 campaign with a third-place finish at the CC Championships after ending their regular season with a 5-5 overall mark and 3-4 CC record.

Katie Grant ’15 posted a dominating victory in the 1650-yard freestyle at the CC Championships, earning First Team All-CC honors and an automatic bid to the NCAA Championships. Grant also claimed silver in the 500-yard freestyle and the 200-yard freestyle. At the NCAAs, Grant received two All-America Honorable Mention honors after swimming a career-best time in the 500-freestyle and resetting her own school record in the 1650-freestyle with a 13th-place finish. The sophomore became the first F&M women’s swimmer to place at the national championships since 2009.

MEN’S SWIMMING

F&M closed out its 2012–13 season with a third-place finish at the CC Championships after posting a 3-5 regular season record and a 2-4 mark in CC competition.

Jake Reingold ’13, Zach Wilt ’13, Richard Denton ’15 and John Zipp ’14 received All-CC Honorable Mention honors after picking up silver medals in both the 400-yard and 800-yard freestyle relays at the championships. Reingold added a pair of silvers in individual competition with second-place finishes in both the 1650-yard freestyle and the 500-yard freestyle. Wilt, Reingold, Zipp and Patrick Musselman ’14 combined to take bronze in the 200-yard freestyle relay, while Tim Landon ’14 captured third place in the 1650-yard freestyle.

Multiple school records fell last winter, with Zipp having a hand in each of them. Zipp broke individual school marks in the 100-yard freestyle and the 200-yard freestyle, while also teaming with Reingold, Wilt and Denton to break the 800-yard freestyle relay mark.

Maggie Johns ’14 received All-CC Honorable Mention honors at the championships with a second-place showing in the 400-yard individual medley. Grant and Johns also teamed up with Krista Hollingsworth ’13 and Alexia Tomlinson ’14 to nab third in the 800-yard freestyle relay. Courtney Collins ’16 made her way onto the medal stand by taking bronze in both the 100-yard butterfly and the 100-yard backstroke.

WOMEN’S SWIMMING

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Maggie Johns ’14 received All-CC Honorable Mention honors at the championships with a second-place showing in the 400-yard individual medley. Grant and Johns also teamed up with Krista Hollingsworth ’13 and Alexia Tomlinson ’14 to nab third in the 800-yard freestyle relay. Courtney Collins ’16 made her way onto the medal stand by taking bronze in both the 100-yard butterfly and the 100-yard backstroke.
After falling short of the CC postseason last year, the F&M baseball team bounced back in a big way this season by capturing the fourth CC title in school history and advancing to the NCAA Tournament for the first time since 2006.

The Diplomats became the first No. 4 seed in CC history to win the postseason tournament, defeating No. 6 Johns Hopkins twice and Gettysburg once en route to the conference crown. Starting pitcher Brendan DeMond ’13 was a key factor in the championship run, becoming the first player in conference history to record two wins in the CC Tournament. He downed Hopkins twice throughout the weekend and earned Tournament MVP honors.

At the NCAA Mid-Atlantic Regional, F&M was ousted in two games. The Diplomats fell to No. 11 Keystone 8-0 in the opener, before dropping a heartbreaking 7-5 decision against Misericordia on day two. The Diplomats closed out the year with an overall mark of 23-21, surpassing the 20-win threshold for the seventh time in the last 10 years. Head coach Adam Taylor also reached a milestone in 2013, collecting his 100th win in the Diplomats’ 5-4 victory over Gettysburg in the CC semifinals.

Aaron Gillette ’13, Alex Vescera ’13, and Brendan DeMond ’13 each earned multiple postseason accolades following their stellar senior campaigns. Gillette—American Baseball Coaches Association (ABCA) Second Team All-Region, D3baseball.com Second Team All-Region, First Team All-CC; Vescera—D3baseball.com First Team All-Region, ABCA Third Team All-Region, First Team All-CC; and DeMond—ABCA Second Team All-Region, Second Team All-CC. Matt Mezansky ’16 claimed CC Rookie of the Year recognition in the inaugural year of the award.

Gillette was also named to the College Sports Information Directors of America’s Academic All-District Baseball First Team and set a new F&M single-season mark for steals with 30, while Vescera tied the single-season record for saves with six.
SOFTBALL

The Diplomats ended their year with a 16-20 record, a 6-10 mark in conference play, and were in the hunt for the CC Playoffs until the last day of the regular season. F&M landed two players on the All-CC First Team list, with Malorie Sassaman '14 making the team as a shortstop and Julianne Whitleigh '13 earning the distinction as a designated player.

After a slow start to their 2013 campaign, the Diplomats rebounded with a strong showing in their final 20 games, closing out the second half of the season with a 12-8 record. F&M found success away from the field as well, placing five of its members on the Spring CC Academic Honor Roll.

Highlights from the season included a 22-9 win over CC opponent Gettysburg on April 16th, which was good for the most runs scored in a game since April 9, 1994, when the Diplomats tallied 25 against Swarthmore. On April 4, Kaitlin Zampino '14 blasted a three-run, walk-off homer to left center field in the bottom of the seventh to cap off a four-run inning and give F&M a thrilling 9-8 comeback victory against York.

NILOS MICHAELIS '13

MAJOR:
Business, Organizations and Society

WHAT HE’S DOING:
Managing a restaurant in New York City
(his goal is to be a business owner)

ACHIEVEMENTS:
• 2010 Gold medalist in the
  400-meter hurdles at the Centennial
  Conference Championships
• Named to the 2013 Capital One
  Academic All-America, becoming
  F&M Track & Field/Cross
  Country’s first since 2008
  and sixth overall
• Named to the 2013 College Sports
  Information Directors of America
  Academic All-District 4
• Placed fifth in 110-meter hurdles
  finals at the 2013 NCAA Outdoor
  Track & Field Championships,
  earning All-America status for the
  second time of his career
• Became first-ever F&M men’s track
  athlete to receive multiple All-
  America accolades

ON OVERCOMING HURDLES IN LIFE:
“If you want to be successful in your sport
or your life, you have to stay disciplined.

If you want to be better than everyone
else, you have to put in more work. You
have to be dedicated. You have to realize
that how successful you’re going to be is
in your hands.”

ON PERFORMING AT
TRACK & FIELD:
“It was not until my junior year in high
school that I got involved in track. The
running and hurdles is about power, but at
the same time it’s a lot of technique and a
lot of precision until you get it just right.”
MEN’S LACROSSE

The Diplomats put together their best season in a decade, posting an 11-6 record that included a second-place finish in the Centennial Conference regular season and a trip to the CC Championship game. F&M was ranked in the national top 20 multiple times throughout the year, rising as high as 15th in the United States Intercollegiate Lacrosse Association (USILA) poll. The ranking was the first for F&M since the 2008 season.

Head coach Todd Cavallaro guided the Diplomats to their second straight double-digit victory season, becoming the first coach since 1972–73 to put together back-to-back seasons with 10 or more wins, and earning CC Coach of the Year honors along the way. The 2013 season set a new standard for the program, as the Diplomats defeated perennial CC powers Washington College and Gettysburg in the same year for the first time.

Tristan Miller ’13 earned honorable mention All-America recognition from the USILA and was also named First Team All-Centennial. Miller ranked second in the CC with 39 goals on the year, including eight games with three or more scores, finishing his career ranked ninth in F&M history with 101 goals.

Joining Miller on the All-CC Team were Billy Kemper ’14 (second team), Carlos Pelaez ’14 (honorable mention) and Cameron Setian ’14 (honorable mention).
WOMEN’S LACROSSE

The F&M women’s lacrosse team secured its 14th straight winning season in 2013, advancing to the NCAA quarterfinals before being edged by eventual national champion Salisbury, 8-6.

Under the guidance of first-year head coach Mike Faith, the Diplomats tallied a winning percentage of over .750 for the ninth consecutive year, posting a 16-5 overall record that included an 8-1 mark in Centennial Conference play. F&M advanced to the CC title game for the 10th time in the 13-year history of the postseason tournament, falling just shy of the program’s sixth CC crown with a championship game defeat to Gettysburg.

The Diplomats faced an arduous schedule in 2013, as nine of their 21 contests were against teams ranked in the top 15 in the country, including five in the top five.

The postseason accolades rolled in for the Diplomats at the season’s conclusion, with Caroline Krohn ’14 and Kelsey Hoffman ’14 leading the way as Intercollegiate Women’s Lacrosse Coaches Association (IWLCA) Third Team All-Americans. Krohn, Hoffman, Maggie Mae Shields ’13, and Jen Noon ’13 were all named IWLCA First Team All-Region and First Team All-CC. Mary Mitchell ’14 grabbed IWLCA Second Team All-Region accolades, while Emily Everdell ’15 earned Honorable Mention All-CC honors.

Shields and Noon closed out their careers by representing F&M in the Division III North/South Game.
MEN’S TRACK & FIELD

Nils Michaelis ’13 placed fifth in the 110-meter hurdles at the NCAA Outdoor Track & Field Championships to earn All-America status for the second time in his career. With a top-eight finish at the national meet, Michaelis became the first F&M men’s track athlete to receive multiple All-America accolades. In the qualifying round, Michaelis crossed the finish line in 14.44, matching the school and conference record that he set in 2011.

At the CC Championships, Michaelis secured a pair of first-place finishes to lead F&M to a seventh-place team finish with 59 points. The senior captured gold in the 110-meter hurdles and the 400-meter hurdles, nabbing the fourth and fifth CC gold medals of his career. Vincent Acosta ’15 notched the other gold-medal finish for the Diplomats, taking top honors in the discus while also placing fourth in the shot put.

Both Michaelis and Acosta secured First Team All-CC honors with their top placings. Evan Friend ’16 also made his way onto the All-CC squad, nabbing honorable mention accolades with a third-place mark in the 400 hurdles. Jon Pressman ’14 earned a top-five placing at the CC meet by taking fifth in the pole vault.

Michaelis was also named to the Capital One Academic All-America Track & Field Third Team, becoming the program’s first Academic All-American since 2008 and sixth overall.
WOMEN’S TRACK & FIELD

Sheena Crawley ’13 wrapped up her distinguished career in record-breaking fashion, claiming third place in the 1500 meters at the NCAA Outdoor Track & Field Championships to earn the fourth outdoor All-America honor of her career. Crawley crossed in a school and conference record time, breaking her previous mark by nearly four seconds. The senior became the first four-time outdoor track All-American in F&M history, and secured the sixth track All-America honor of her career (four outdoor, two indoor).

Kristen Marinaccio ’13 and Rebecca Swisher ’16 also set new school marks, with Marinaccio surpassing a long jump record that stood for nearly 30 years, and Swisher re-setting the pole vault mark multiple times throughout the year.

Crawley and Swisher both claimed gold medals to lead F&M to a seventh-place team finish at the CC Championships. Crawley captured the sixth gold medal of her outdoor career in the 1500, while Swisher grabbed top honors in the pole vault.

Both Crawley and Swisher were named First Team All-CC for their performance, while Martha Stefaniak ’13 secured Second Team All-CC recognition with a second-place showing in the discus. Livia Meneghin ’15 also secured a top-five finish at the CC meet, taking fourth in the shot put.
MEN’S GOLF

A season after capturing the third CC title in four years and 10th conference crown in program history, the F&M men’s golf team came up just shy of a repeat championship performance in 2013. The Diplomats took second in the seven-team CC Tournament, falling to McDaniel by nine strokes in the three-day event.

The Diplomats produced a number of impressive team and individual performances throughout the year. As a team, F&M claimed a pair of team titles in the fall—at the Messiah Falcon Classic and the Penn State Harrisburg Invitational. Individually, Daniel Furman ’16 and Robert Svigals ’15 each recorded three top-10 finishes, while Dave Gilbert ’14 and Jeremy Rubin ’13 landed in the top 10 twice.

At the CC Championships, Gilbert was the top Diplomat finisher, claiming sixth with a 232, while Rubin (8th/233) and Svigals (9th/234) also placed in the top 10.

Furman led the Diplomats in scoring average at 76.2, with Svigals (78.0), Gilbert (78.8), Jin Hwang ’14 (79.3), and Rubin (79.6) also posting sub-80 averages on the year.
MAJOR:
Anthropology

WHAT SHE’S DOING:
Working at Trinity College in Connecticut as assistant field hockey and assistant women’s lacrosse coach

ACHIEVEMENTS:
• Made 2012 All-Centennial Conference First Team in field hockey
• Broke school’s single-season record in 2011 with 11 defensive saves
• Earned the Centennial Conference weekly honor twice in 2012 season: Defensive Player of the Week and Offensive Player of the Week
• Student Athletic Advisory Committee Co-President

ON EDUCATION:
“I think, in the long run, I would like to do coaching at a school like F&M or Trinity. They are very similar. What F&M did for me, more than anything else, was to solidify my love for learning.”

ON HER ATTRACTION TO FIELD HOCKEY:
“I started playing when I was 8 years old. I did lots of sports — soccer and swimming — but when I picked up that hockey stick it was love at first sight. I went on the field with my stick and nothing was ever the same. For girls who grew up in the ‘90s when initially soccer was all there was, field hockey was a different sport. The mental aspects of the game, thinking fast at every play, and the physical aspects, running constantly, are so challenging that every game is different.”
The Diplomats put together a strong spring season, claiming the team title at two events and securing second place at another. F&M captured team crowns at the Lebanon Valley Invitational and Muhlenberg Invitational, and took second at the Dickinson Spring Invitational. The Diplomats concluded their spring campaign with a fifth-place finish at the Centennial Conference Championships with a two-day total of 799.

Lauren Caffee ’15 (96.3) and Kathleen Smith ’16 (97.2) led the way for F&M with sub-100 scoring averages. Smith registered the low round of the year for the Diplomats at Dickinson with a score of 86, good for fourth place in the event. Caffee posted a season-low round of 93 at Muhlenberg to nab third place, while Smith was close behind in fourth with a 94.

Caffee was the top finisher for F&M at the CC Championships, concluding play in a tie for 15th with rounds of 95-91 (186). Smith also secured a top-20 placing with scores of 87-102 (189).

MEN’S ROWING

The Diplomats raced to a second-place finish at the 2013 Middle-Atlantic Rowing Championships (MARC) after accumulating 30 points, and trailed only Washington, which came out victorious after tallying 51.

Multiple members of the team earned postseason awards. Samuel Alter ’15 and Tim Smith ’15 were named Varsity All-Conference, while Chris Yogodzinski ’16 landed on the Novice All-Conference team. Ryan Sukley ’15 was rewarded for his work in the classroom after being placed on the All-Academic team.

WOMEN’S GOLF

WOMEN’S ROWING

The Diplomats’ success at the Middle-Atlantic Rowing Championships (MARC) continued in 2013, as F&M raced to its third straight third-place finish. Out of the eight teams that competed at the championships, only Washington (38) and Marietta (37) accumulated more points than the Diplomats (30).

Multiple F&M rowers earned postseason accolades as Allison Hoffmann ’16 and Maggie Provencher ’14 led the way with Varsity All-Conference honors. Carolina Giraldo ’16 landed on the Novice All-Conference team, while Provencher was also named to the Academic All-Conference team.
WOMEN’S TENNIS

The 2013 campaign marked another year of steady improvement for the F&M women’s tennis team as the Diplomats concluded the season at 8-8 overall and 5-5 in the Centennial Conference, falling just shy of a berth in the conference playoffs.

The Diplomats’ eight team wins marked the most victories for the program since the 2006–07 campaign, while the five wins in conference play were also the most since 2006–07.

Four players earned All-CC recognition, with *Emily Gruenberg* ‘16 (second team) and *Julia Fiala* ‘13 (honorable mention) grabbing singles honors, and *Anya Sahaydachny* ‘14 and *Megan FitzMaurice* ‘15 earning second-team doubles accolades. Gruenberg put together a breakout first year, primarily from the No. 5 singles spot, posting a tied for team-high 12 singles wins (12-7). Fiala also notched 12 victories (12-5), including a stellar 7-2 mark in CC competition. Sahaydachny and FitzMaurice tallied an 8-7 mark at No. 1 doubles for F&M. The All-CC recognition marked the first postseason All-Conference honors for each of the four F&M players.

MEN’S TENNIS

The Diplomats wrapped up 2013 with an 11-9 record that included an outstanding 8-1 mark in Centennial Conference play. F&M reached the CC Tournament as the No. 2 seed for the third-straight season and were in the field for the fourth-consecutive year, eventually bowing out to Haverford, 5-3, in the semifinal round.

*Ross Silverberg* ‘13 closed out his illustrious career by tying the school record for wins in a season with a 20-9 mark from the No. 1 position, earning him CC Player of the Year honors and his third-straight CC First Team accolade. Sure to be remembered as one of the most dominating tennis players in the history of the school, Silverberg ended his senior campaign with 66 career victories, tying an F&M record that has stood since 1997.

Also earning All-CC recognition in singles was *William MacArthur* ‘14, who landed on the second-team after posting 12 wins and a 6-1 mark in conference play. In doubles, Silverberg and *Tommy Weibye* ‘14 were a second team selection along with the duo of MacArthur and *Nolan Bacchieri* ‘15.

DAC also saw a record 1,706 individuals donate to F&M’s Department of Athletics & Recreation. The year-end totals do not reflect any capital gifts received during the year.

“I am humbled by the generous support of our alumni, parents and friends of athletics,” said Director of Athletics & Recreation Patricia S.W. Epps. “This is an incredible statement from our alumni and families to our current student-athletes and to the Diplomats of the future.”

DAC was started in 2002 to provide budget enhancement for Franklin & Marshall’s athletic programs and club sports. Funds raised through DAC help enhance F&M’s athletic programs by funding, among other items, assistant coaches, uniform purchases, new equipment and training trips.

“We continue to make great strides raising crucial funds to support our student-athletes and our intercollegiate teams,” said DAC Chairman Al Ingraham ’72. “It can truly be said that the efforts made by alumni, parents and friends of DAC are the difference-makers. We look to the future of DAC with great optimism.”
Community service has been a longstanding tradition in F&M Athletics, and the act of giving back is a key component in developing well-rounded student-athletes. Here are just a few highlights from a successful year of volunteering in the community:

The Athletic Leadership Council (ALC) organized and ran several community service events throughout the year. The ALC hosted the first ever Lancaster-Lebanon (LL) League Leadership Workshop for a group of nearly 100 local high school student-athletes in the spring. Twenty-four LL member schools participated in the program.

Members of the ALC organized and presented a variety of sessions on the topic of leadership, giving them an opportunity to exchange information and ideas on the subject. Participating student-athletes were placed in random groups and worked through a series of five exercises, before being broken up into three larger groups to discuss their experiences. Exercise topics included communication, goal-setting, types of leadership and leaders, personal/team values, and how to conduct oneself on and off the field.

ALC also held the 10th annual TeamWork event in the spring. F&M varsity teams, Greek organizations, and members of College Houses and student clubs all participated in an effort to beautify Lancaster.

TeamWork was established by the ALC/SAAC in 2004 to celebrate F&M’s community involvement and it has grown every year. The event has evolved into one of F&M’s largest community outreach programs, with more than 600 F&M students gathering to help neighbors clean up Northwest Lancaster.

ALC also hosts Haunted Hallways on Halloween night, an annual trick-or-treat event in F&M’s Alumni Sports & Fitness Center. Student-athletes dress up and entertain local youths with games and candy.

Partnering with the Lancaster Rotary Club, the Athletic Department raised $29,609 for local charities during the 2012 F&M Tip-Off, Terry Greene Memorial, and 2013 Sponaugle New Year basketball tournaments.

The bulk of the proceeds from the tournaments went to the United Way of Lancaster’s City Youth Summer Program Initiative, which keeps city youth engaged and productive during the summer, curbing dropout rates.

During the last 10 years, the partnership has raised more than $300,000 for local charities, which have included community programs, local nonprofit groups, the School District of Lancaster literacy programs, and most recently, the summer youth initiative of the United Way.

Every year F&M student-athletes support a wide variety of charities, either through funding drives or hands-on volunteering. Among those nonprofits are Autism Awareness, Relay for Life, Girls on the Run, American Heart Association and Help-us-Adopt.

The volleyball, field hockey, men’s soccer, women’s soccer, football, men’s basketball and women’s basketball teams all held breast cancer awareness games in 2012–13, raising funds for Colleges Against Cancer, Kay Vow Cancer Fund, and the American Cancer Society.

In September, the football team held a diaper drive and collected more than 7,500 diapers for families supported by Lancaster’s Water Street Rescue Mission. Members of the team also volunteered at the Lauren’s First and Goal Camp, held annually at Lafayette College, that raised more than $104,000 for pediatric brain tumor research, patient services and support for families living with the disease.
The men’s soccer team continued its critical work with the Soccer Africa Project, supporting Site B in Khayelitsha, South Africa, and F&M One Goal. The Soccer Africa Project promotes positive life choices for underprivileged youth in one of the poorest areas of South Africa. The soccer team travels to Chris Campbell Field and Education Center—a facility memorializing the memory of an F&M alumnus—every three years to conduct community work.

Dozens of student-athletes work hand-in-hand with Lancaster middle-schoolers and teenagers through after-school enrichment programs Tennis ACES, Squash ACES, and Project SLAM.

Tennis ACES and Squash ACES—Attitude, Community, Excellence and Scholarship—combine athletic training and mentoring to develop the leadership and intellectual potential of underserved middle and high school students from the School District of Lancaster.

Project SLAM—Sports, Leadership, Academics and Mentoring—was launched in 2012–13. It uses sports to provide a safe and interactive learning environment for Reynolds Middle School students.
The 2012–13 school year was groundbreaking for Franklin & Marshall College athletics, particularly in online content, as a number of enhancements allowed for a better viewing and following experience for Diplomat alumni, parents and fans.

F&M hosted 175 home events in 2012–13, including a total of 16 NCAA, Centennial Conference, and ECAC postseason events. In all, Diplomat teams competed in 460 events throughout the year.

GoDiplomats.com broadcasted 165 events, an all-time high, many of which were in high definition. A total of 11,675 viewers watched Diplomat sporting events online last year, with an additional 3,365 views on demand.

More than 2.5 million (2,550,566) viewers visited GoDiplomats.com throughout the year, an average of 212,547 per month. Visitors to the site viewed nearly 11 million (10,965,721) pages throughout the year—an average of 913,810 page views per month—and the site received a total of 75.84 million hits during the 2012–13 year.

The majority of home sporting events were broadcast in high-definition (HD) quality through F&M Athletics’s video partner, Stretch Internet, making F&M one of the first schools in NCAA Division III to provide HD video streaming to its fans. The Athletic Communications Office purchased a Tricaster, a product that merges live video switching, broadcast graphics and web streaming into a portable, compact appliance. The Tricaster, in addition to the move to HD video, allowed F&M to remain ahead of the curve and significantly improve the quality of its broadcasts for Diplomat fans.

In addition to the video broadcast upgrades, Facebook, Twitter, and YouTube social media pages were updated with new and improved designs. Facebook and Twitter pages for each sport were redesigned and feature prominent student-athletes, while the F&M Athletics YouTube channel, “Diplomat World View,” provided more content to viewers than ever. For the first time, video highlights and recaps were regularly posted to YouTube, a feature that will continue to progress in years to come. More than 50 highlight videos were produced throughout the year, ranging from brief game recaps to season-long highlight reels.

F&M also partnered with Advanced-Online for a new athletic merchandise store for all branded merchandise: www.DiplomatsGear.com. The store features 500 products, including athletic apparel under popular brands such as Adidas and Under Armour. F&M continues to add new merchandise to provide fans with a fresh variety of options.

**Online Rush**

More than 2.5 million web users browsed GoDiplomats.com in 2012–13. The most popular months, by visitor volume:

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