Welcome to Saint Anselm College in Manchester, NH. We hope to make your visit to campus as enjoyable as possible. Saint Anselm College will provide your team with a locker room space and on-field support as follows:

- **Visitors’ Team Locker Room at Grappone Stadium**
  - The locker room will be open for your use three hours before the start of the game. If you need it opened prior to this time, please contact Associate Director of Athletics, Neil Duval at 603-641-7802.
  - There will be One (1) 10 gallon water cooler, a sleeve of cups and a seven gallon injury ice cooler with ice bags outside the locker room, along with a small hydroculator inside the locker room. This will be checked and refilled as necessary after the team takes the field for the start of the game.
  - Outside the locker room, there will be two seat taping table, along with one treatment table for pre-game needs.
  - The visitor’s locker room is located on the north end of the stadium, closest to the baseball field.

**A member of the Sports Medicine Staff will come greet you once you have arrived at the stadium to address any needs of the day. We will give you a radio if you need to communicate with us on the other sideline. If you have any special requests, please call ahead.**
Visitor Sideline and Bench Area – *This season the visitor’s sideline will be on the side opposite the grandstand*

- Four (4) 10 Gallon Water coolers
- One (1) 7 Gallon Injury ice cooler with ice bags
- Two (2) 8 foot long tables for water coolers, and other equipment
- One (1) Treatment table

**Water will be checked and refilled, if needed, at half time. If you need some before half time, just call us on the radio.**

Home Sideline and Bench Area – *This season the home sideline will be on the grandstand side*

- Team Physician (Orthopedic Surgeon and/or Physicians Assistant)
- Paramedic and EMT with Ambulance onsite
- Vacuum Splints/AED/Knee Immobilizer/Crutches

**Directions to Hospital – Catholic Medical Center**

- 100 McGregor Street Manchester, NH 03102 (603)668-3545
- Turn Right out of campus
- Go Straight across at the stop sign onto College Ave (Institute of Politics on your right)
- Turn Right at the stop sign onto Mast Road
- Follow to traffic light and take Left onto South Main Street, (Walgreens on your right)
- Go straight and follow through 3-4 traffic lights, as South Main Street will now become McGregor Street
- CMC will be on your left

If we can be of any further service, please contact me.

Thank you,

*Danny Gay*

Danny Gay, ATC
Emergency Action Plan

Grappone Stadium

Emergency Communication: An emergency phone is located on the outside of the baseball press box. Dial 911. Provide name, location, nature and condition of injured athlete, services requested, and directions to site (see below.) If you are calling 911 from your cell phone, tell the operator that you are calling from Saint Anselm College in Goffstown, NH, then give information and directions.

Emergency Equipment: An Automatic External Defibrillator (AED) is mounted to the East wall underneath the stadium seating. Splints and emergency equipment are maintained in the athletic training room on the South end of the stadium if an Athletic Trainer is on duty. Ice is available in the athletic training room located in the stadium athletic training room as well as the basement hallway of Stoutenburgh Gymnasium. Campus security/EMT or EMS can provide splints and other emergency equipment.

Roles of First Responders:
1. Immediate care of the injured student-athlete.
2. Activation of emergency medical system (EMS) if needed.
3. Emergency personnel and equipment retrieval.
4. Direction of EMS to scene. Designate an individual to flag down EMS and direct to scene.

Venue Directions: From the entrance at Rundlett Hill Road, take a left into the first parking lot and follow the access road towards the stadium. Enter at the second gate, which is located between the picnic grove and Grappone Stadium. Place an individual at the main gate and another at the second gate to direct EMS personnel.
Emergency Communication Hand Signals

♦ Tap Head  Call EMS immediately
♦ Fist/hand pound on heart  AED is needed
♦ Holding up fingers (1, 2, etc.)  Send # of players to help

Guidelines to Use During A Serious On-Field Injury

♦ Players and coaches should go to and remain in the bench area once medical assistance arrives. Adequate lines of vision between the medical staffs and all available emergency personnel should be established and maintained.

♦ Players, parents, and non-authorized personnel should be kept a significant distance away from the seriously injured player.

♦ Players or non-medical personnel should not touch, move, or roll an injured player.

♦ Players should not try to assist a teammate who is lying on the field (i.e., removing the helmet or chin strap, or attempting to assist breathing by elevating the waist.)

♦ Players should not pull an injured teammate or opponent from a pile-up.

♦ Once medical staff begins to work on an injured player, they should be allowed to perform services without interruption or interference.