Welcome to Mount Holyoke College’s Swimming and Diving Lessons. We are looking forward to working with your child(ren) in the pool. This is a quick letter to confirm your registration and let you know about our procedures for lessons.

Your child is registered for __________________________

Enclosed you will find a waiver form and emergency contact form (on back). All information must be completed on these forms and brought to the first day of lessons. For the waiver, the form must be signed by BOTH parents. If a parent is single, and cannot get the signature of the other parent, it should be witnessed. If the child participant is 12 years or older s/he should sign it as well. If the child is younger, the child's name should be written in the space provided. Please make sure to complete the emergency information sheet on the back of the form.

**Policies and Procedures**

All children must be supervised in Kendall Hall at all times. Please drop off and pick up your child in the pool for each lesson. We will not let children leave the pool area until a parent, or authorized person is present.

Only approved patrons are allowed to use any other facility in Kendall Sports Complex during lessons.

Parents will be allowed to stay for lessons, but must sit in the seating gallery area, not on the pool deck during the lessons.

For infants and toddlers in diapers, please remember that your child **MUST have a swimming diaper or tight fitting rubber or plastic pants on during the lesson**. We also require you to immediately change your child if s/he has a bowel movement during class. This must be done in the locker room (Mass Department of Public Health).

All participants must take a cleansing shower before entering the pool.

Patrons who are ill or have suffered from diarrhea within the previous two (2) weeks will be unable to participate in the water (Mass Department of Public Health).

Please **do not bring any food** into the pool area. You may bring a water bottle or juice, as long as it is not in a glass bottle!

Thank you for your attention to these details. The team is looking forward to running safe and fun lessons for your child. Please let me know if I can answer any questions before the first day. I can be reached at 538-2314. Thank you.

Sincerely,

Dave Allen
Head Swimming Coach and Aquatics Director
Mount Holyoke College