Student-Athlete:

The NCAA requires sickle cell testing or a testing waiver for all Division II incoming freshman, transfer student-athletes and continuing student-athletes.

The paperwork that is necessary for this new policy can be found on the Saint Anselm College Athletics website (follow link below). We require the following: completion of the sickle-cell trait testing results form and (if applicable) a copy of your birth records indicating you were tested for the sickle cell trait. This health record will state the date of testing and results. Birth records can be obtained from the athletes treating physician or pediatric medical records. We encourage you to check with your treating physician regarding birth records prior to requesting a new test. The sickle cell trait testing result form must be completed by the student-athletes personal medical provider even if you submit a copy of their birth records.

Once either of this documentation is completed, please upload to athleteconnection.net athlete profile. The waiver can be filled out on a PC and uploaded, results form will need to be scanned and uploaded to your profile.

If you have any questions, please contact the Sports Medicine Department at (603)641-7807.

Michael Sirois, MS, ATC, PES

If you need forms print them off of our website:
http://www.saintanselmhawks.com/information/Student-Athlete_Forms/index

About Sickle Cell Trait:
Sickle cell trait is an inherited condition of the oxygen-carrying protein, hemoglobin, in the red blood cells. It is a common condition that affects more than three million Americans. Sickle cell trait is most predominant in African- Americans and those of Mediterranean, Middle Eastern, Indian, Caribbean, and South and Central American ancestry. However, persons of all races and ancestry may test positive for sickle cell trait.

Sickle cell trait is usually benign, but during intense, sustained exercise, hypoxia (lack of oxygen) in the muscles may cause sickling of red blood cells (red blood cells changing from a normal disc shape to a crescent or “sickle” shape), which can accumulate in the blood stream and “logjam” blood vessels, leading to a collapse from the rapid breakdown of muscles starved of blood, including the heart.