FACILITIES

JOHNSON TRACK
The eight-lane 400-meter all-purpose Johnson Track was resurfaced in 2015 and features full field event and steeplechase capabilities. During the summer of 2015, a newly designed throwing area was constructed by lower Featherbed to give Ford throwers a state-of-the-art facility to both train and compete. With the new facility, both the men's and women's track & field teams can practice all of the outdoor throwing events including javelin, discus, hammer and shot put.

ALUMNI FIELD HOUSE
During the indoor season, Alumni Field House provides extensive facilities for athletics. The 58,000 square-foot facility features a track which has no coating or granules that might wear off. Haddonfield Track is made of FTX and has been used for all Olympic competition since 1976. The four-lane track includes several pits for jumping and pole-vaulting.

Haverford College offers one of the finest liberal arts educations in the world and attracts bright and dedicated students from nearly every state and 40 foreign countries. Located just eight miles from the vibrant city of Philadelphia, life at Haverford is campus-centered and the community is close-knit. Haverford provides a rigorous and intensely personal undergraduate education and also features a broad-based athletic program with teams regularly contending for conference championships and competing at the NCAA Division III national championships. As an athlete at Haverford, you can compete and challenge yourself at the highest level without sacrificing your identity as a student, scholar, or community member.

For details about the admission process, interviews, and campus tours, visit haverford.edu/admission.

For more information about Haverford men’s track and field, please contact:

Tom Donnelly
Head Men’s Cross Country and Track & Field Coach
(610) 896-1122
tdonnelly@haverford.edu

November 15: Early Decision I Application Deadline
January 1: Early Decision II Application Deadline
January 15: Regular Decision Application Deadline

HaverfordAthletics.com
370 Lancaster Avenue
Haverford, PA 19041
(610) 896-1117

RECRUITING INFORMATION

MEN’S TRACK & FIELD
2018–19

2018–19 SCHEDULES
INDOOR
OUTDOOR
Haverford Holiday Meet
Danny Curran Invitational
Franklin & Marshall Invitational
Sam Howell Invitational
Collegeville Invitational
West Chester Invitational
McElligott Invitational
Chester Quarry Classic
Frank Colden Invitational
Larry Ellis Invitational
Tufts Challenge
Widener Invitational
NYU Armory Invitational
Haverford Invitational
Keogh Invitational
Penn Relays
Centennial Conference Championships
Centennial Conference Championships
NCAA Championships
Swarthmore Last Chance Meet
Widener Final Qualifier
NCAA Championships

Liam Lynch ’19

FOR A COMPLETE SCHEDULE VISIT: HaverfordAthletics.com

Dylan Gearinger ’19

Haverford Sports Information
370 Lancaster Avenue
Haverford, PA 19041
(610) 896-1117
Tom Donnelly
Men’s Cross Country and Track & Field Coach

A 2014 inductee into the USTFCCCA Hall of Fame, Tom Donnelly enters his 44th season at the helm of Haverford’s track and cross country programs in 2018-19. Donnelly has taken Haverford to 76 Middle Atlantic and Centennial Conference championships, including 64 titles since the 1993 season. His runners have earned 168 cross country and track & field All-American awards since 1980, including 28 individual NCAA championships and an NCAA championship relay team. Donnelly’s 2010 cross country squad captured Haverford’s first NCAA team championship.

Donnelly guided Haverford’s Karl Paranya ’97, inducted into the NCAA Division III Athlete Hall of Fame in May of 2010, to the 1996 and 2000 Olympic trials in the 1,500 meters, and the first sub-4 mile (3:57.6) in NCAA Division III history in 1997.

Under his guidance, Seamus McElligott ’91—a Division III Hall of Famer—won NCAA championships in cross country, the indoor 5k, and the outdoor 5k and 10k while also competing in the Division I Cross Country Championships and gaining All-American status there as well. Kevin Foley ’83 won three consecutive 1,500m championships from 1981-83, while J.B. Haglund ’02 won four NCAA titles between cross country and track in his senior year at Haverford. Anders Hulleberg ’11 won the individual title at the 2010 NCAA cross country meet. Chris Stadler ’14 won the 2013 5k indoor national championship and 2014 5k outdoor national championship. Most recently, Dylan Gearinger ’19 won the 2018 3k indoor national championship.

COACHING STAFF: Former Westtown School head coach Rob Upton is a certified strength and conditioning coach who will continue to train the team’s throwers. Upton coached Tom Reynolds ’05 to numerous records and Centennial titles and then trained All-American Joe Awantang ’08 who captured indoor and outdoor conference titles in 2006-08. Former St. James High School coach, Bob Hasson ’83, enters his 12th season as coach of Haverford’s sprinters, hurdlers, and jumpers. He is also the coordinator of Haverford’s many successful indoor meets. Former captain Matt Cohen ’12, volunteers his vast knowledge of distance training to the team’s large group of middle distance and distance runners.

2017-18 RECAP

INDOOR

• Dylan Gearinger ’19 won the individual national championship in the 3,000 meters at the NCAA Division III Championships.
• Gearinger was named the Centennial Conference Outstanding Track Performer while Tom Donnelly was named the Centennial Conference Coach of the Year.
• Greg Morgan ’19 finished fifth in the mile at the NCAA Division III Championships, picking up an All-America certificate.
• Haverford picked up 14 USTFCCCA All-Mideast Region certificates.

OUTDOOR

• Graham Peet ’19 finished third in the steeplechase at the NCAA Division III Championships, earning All-America status with the best finish for a Haverford athlete in the steeplechase since 2006.
• Peet was named the Philadelphia Inquirer/Academic All-Area Performer of the Year and was also named to the CoSIDA Academic All-District team.
• Greg Morgan ’19 earned an All-America certificate in the 1,500 meters with a seventh-place finish at the NCAA Division III Championships.
• Liam Lynch ’19 was named USTFCCCA all-region in the 800 meters and qualified for the NCAA Championships.
• Henry Woods ’18 competed in the NCAA Championships for the second-straight season after being named USTFCCCA all-region in the 5,000 meters.
• Henry Woods ’18 was awarded an NCAA Postgraduate Scholarship, one of 174 scholarships given to senior student-athletes who excel academically and athletically.
• Dylan Gearinger ’19 was named the USTFCCCA Mideast Region Track Athlete of the Year in addition to the Centennial Conference Outstanding Track Performer.
• Gearinger and Woods were named to the CoSIDA Academic All-America teams.