FRANKLIN & MARSHALL COLLEGE
Athletics & Excellence Report

Brad Lankler '17 and Vanessa Budd '17, Athletes of the Year » see page 2
Why do nearly 600 F&M student-athletes across 27 varsity programs choose to compete at the college level? They love the challenge. They thrive on competing to set personal bests. They believe that teamwork and collective goal setting matter. And most of all, they want to continue to grow and learn playing the sport they love—as a crucial part of the educations they create for themselves here at Franklin & Marshall College.

It’s a pleasure to witness these student-athletes striving for excellence in the liberal arts. Their efforts take more than focus, more than drive, more than passion to work toward any single objective. Always aiming to improve, they are learning to balance full lives and responsibilities, like nurturing their minds and bodies alike, growing intellect alongside character, and valuing individual and collective journeys together.

Cheering on the sidelines, I have seen memorable triumphs and defeats—and educational moments. Our coaches are committed to the holistic development of every Diplomat, so that no lesson remains on the field or court, but instead translates into beyond sport. Those moments become a part of the student-athlete’s identity—lasting evidence that with perseverance, they can always meet a goal and then reach for the next one, or that with resilience, they can always adapt and move forward. It is inspiring to see these formative experiences happen live in the final seconds of the championship game, in the first attempt at a new technique, or on the bench between two mutually-supportive teammates.

And while our players build character through commitment, competition, leadership, and service, our programs achieve at the very high levels. In the 2016-2017 academic year, 12 student-athletes were named All-Americans, 84 earned Centennial Conference recognition, and 82 made the academic honor roll. Ten programs competed in Centennial Conference playoffs, and nine teams were ranked in the top 15 nationally. All of these achievements reflect the strengths of our athletes and coaches today—and the long legacy of academic and athletic excellence set by so many Diplomats before them.

Each student-athlete represents Franklin & Marshall College with pride, grit, and love for their sport. When they compete on behalf of our institution, they grow as leaders and as friends, as opponents and as citizens—and we grow as spectators, too. We see them put everything they have into their educations, and we see them blend the joys and rewards of collegiate athletics, ready to carry these experiences with them long after their last competition wearing F&M blue—always remaining, of course, lifelong Diplomats.
F&M’s Athletes of the Year

In May, Vanessa Budd and Brad Lankler earned the highest honors bestowed upon Franklin & Marshall College senior athletes. Budd won the Karvasales Outstanding Senior Athlete Award, while Lankler garnered the Garrigues Outstanding Senior Athlete Award. The Garrigues and Karvasales awards are given to the male and female senior athletes who display outstanding athletic and academic achievements during their four years on campus.

Budd, a Darien, Conn., native who attended Darien High School, is one of five F&M women’s lacrosse players to be named a three-time All-American. She wrapped up her four-year career second on the all-time caused-turnovers list with 95 and fifth in draw controls with 136. Before the start of her senior season, Budd was the only Division III player to earn a spot on the Tewaaraton Watch List, one of the sport’s highest athletic honors.

Following her senior season, during which she registered a Centennial Conference (CC)-best 31 caused turnovers and led the Diplomats with 29 ground balls, Budd became the first in Conference history to be named CC Defensive Player of the Year twice in her career.

Lankler, a resident of Westfield, N.J., and graduate of Westfield High School, is the only three-time All-American in the history of F&M’s men’s golf program. Finishing his career with a 74.6 career stroke average through 68 rounds, Lankler won five events, placed in the top five on 19 occasions, and registered top-10 finishes 22 times during his four years in Lancaster.

A three-time All-CC member, Lankler won a CC individual championship as a first-year student and was the only golfer in conference history to record a pair of top-10 finishes in the NCAA tournament. His fifth-place showing at the 2017 NCAA championship was the best of his career. He set a program and CC record for lowest tournament score by six strokes when he accumulated a 291 total (71-74-72-74).
CONTENTS

5 Athletics & Excellence
6 The Numbers

Fall
8 Women’s Cross Country
9 Men’s Cross Country
10 Field Hockey
11 Football
12 Men’s Soccer
14 Women’s Soccer
15 Volleyball

Winter
16 Men’s Squash
17 Women’s Squash
18 Men’s Swimming
19 Women’s Swimming
20 Men’s Basketball
21 Women’s Basketball
22 Wrestling
24 Men’s Indoor Track & Field
25 Women’s Indoor Track & Field

Spring
26 Women’s Golf
27 Men’s Golf
28 Baseball
29 Softball
30 Women’s Lacrosse
32 Men’s Lacrosse
34 Men’s Rowing
35 Women’s Rowing
36 Women’s Tennis
37 Men’s Tennis
38 Men’s Outdoor Track & Field
39 Women’s Outdoor Track & Field

*40 Student Spotlights
50 Hall of Fame Inductees
52 Giving Back
54 Fan Support
55 Honors List

DAC, Diplomat Athletic Club

Ellie Ezekiel
Sarah Mischianti
Josh Young
Sarah Haddon
Melissa Epstein
Franklin & Marshall student-athletes continued to exhibit excellence not only during competition but in the classroom as well. Numerous Diplomats were honored for their noteworthy commitment and determination during the 2016–17 academic year.

A total of 82 student-athletes earned places on the Centennial Conference (CC) Academic Honor Roll, 34 in the fall, 19 in the winter and 29 in the spring. To be named to the list, student-athletes must be a sophomore or higher in standing and have a cumulative GPA of 3.4 or above.

Thirteen Diplomats landed on the Academic All-Centennial team. To be nominated, a student-athlete must receive both All-Conference and Academic Honor Roll honors. Brandon Federici ’18 was named the Conference’s Scholar-Athlete of the Year for men’s basketball, an award that is bestowed on the junior or senior with the highest GPA who makes the All-Centennial Team.

Federici also garnered CoSIDA Academic All-America honors, becoming just the second member in men’s basketball program history to earn the distinction and the first since 2000. To qualify, a student-athlete must be a sophomore or higher in standing, have a 3.3 or higher cumulative GPA and be a starter or key reserve on his or her team. Cody Hubbs ’17 of the football team was also honored by the organization, garnering Academic All-District honors as a punter.

Jillian Albus ’17 of the women’s swimming team and Matt Regueiro ’17 of the men’s soccer team were honored with the Delphic Student-Athlete Award at the annual department awards luncheon. The distinction is reserved for the male and female senior athletes with the highest cumulative GPA at the conclusion of the fall semester. He or she must have achieved the highest level of excellence in athletics, community service, and academics. In accordance with the College’s Delphic Student-Athlete Honor Society, the recipients must also embody the ideals of mind, body, and spirit.

Nine field hockey players landed on the National Field Hockey Coaches Association National Academic squad, which recognizes student-athletes who have achieved a GPA of 3.3 or higher. Katherine Kistler ’17, Sarah Powell ’17, and Jenn Silverman ’17 each earned the honor for the fourth time, while Sarah Schannauer ’18 and Emily Nagle ’19 earned the award for the second time. Nicole Bodo ’19, Caitlin Morrissey ’20, Claire Murphy ’20, and Katie O’Loughlin ’20 each were named for the first time.

Five members of the women’s rowing team were selected to both the Collegiate Rowing Coaches Association (CRCA) and Mid-Atlantic Rowing Conference (MARC) Academic Honor Rolls, the most for F&M since 2014, with Teresa Chappell ’18, Jillian Goss-Holmes ’19, Leah Issokson ’18, Helen Nelson ’19 and Margaret Stoner ’19 receiving the distinction.

The men’s rowing team had a program record four of its members make the MARC list, with James Nelson ’17, Trexler Hirn ’18, Sean Hyland ’18 and Ngoun Lay ’19 garnering spots.

Nine F&M football players—the most in program history—were inducted into the National Football Foundation and College Hall of Fame Hampshire Society. Andrew DeStefano ’17, Matthew Hlavinka ’17, Cody Hubbs ’17, Jon Naji ’17, Michael Realbuto ’17, Dan Riordan ’17, Dave Shellhammer ’17, Joshua Young ’17 and Billy Zwirchowski ’17 all received the distinction.

The society is composed of college football players from every division of play who were a starter or significant substitute and graduated with a GPA of 3.2 or higher.

For the 15th consecutive year, the women’s swimming team earned the College Swimming Coaches Association of America (CSCAA) Team Scholar All-America Award, while the men’s team made the list for the first time since 2012. The honor is reserved for teams that have achieved a cumulative GPA of 3.0 or higher.

The Golf Coaches Association of America (GCAA) named Stephen Colodny ’17 a Srixon/Cleveland Golf All-America Scholar for the second straight year. To be eligible, an individual must be a junior or senior and compete for at least two full years at the collegiate level, participate in 50 percent of his team’s competitive rounds or compete in the NCAA championship, have a stroke-average under 79 and maintain a minimum cumulative grade-point average of 3.2. Men’s golf collectively earned the GCAA Outstanding Team Academic Award, given to teams with an average GPA of 3.0 or higher during the 2016–17 academic year.
Franklin & Marshall College's strong finish in the spring season propelled the Diplomats to 50th place out of 442 NCAA Division III institutions in the final 2016–17 Learfield Sports Directors' Cup standings.

F&M earned a record total of 350 points, the most in school history, and recorded its highest ranking since 2008–09.

The Directors' Cup program honors the top overall athletic programs (Division I, Division II, Division III, NAIA) in the country. Points in the standings are accumulated based on an institution’s national postseason participation and success in NCAA Championship competition finish in up to 18 sports (nine each for men and women).

The Diplomats, who had six teams record points, ranked second among all Centennial Conference (CC) schools, trailing only Johns Hopkins, which finished fifth overall with 864.5 points. The next closest CC institution to F&M was Gettysburg in 96th (210.5 points), followed by Ursinus in 120th (164 points) and Haverford in 122nd (162 points).
2016–17 Athletics

- **4,061** Community Service Hours
- **4** Conference Championships
- **581** Student-athletes
- **82** CC ACADEMIC HONOR ROLL
- **11** All-Americans
- **22** Countries Represented
- **3** Postgraduate Fellowships
- **9** Teams ranked in the top 15 nationally
- **10** CC PLAYOFF TEAMS
- **6** CC Player of the Year honors
- **3** CC Rookies of the Year Honors
- **84** Student-athletes earning All-CC recognition
Women’s Cross Country

Wins at the PSU-Abington Invitational and the Alvernia Invitational highlighted another strong campaign for the Franklin & Marshall women’s cross country team in 2016.

On Sept. 17, the Diplomats came out on top in a field of 10 at PSU-Abington. Grace Adams ’18 led the way, taking second place with a time of 22:52.5. Nancy Le ’20 (third, 22:53.7) and Abby Grehlinger ’18 (eighth, 23:38.0) also finished in the top 10, as F&M placed seven runners in the top 25.

The Diplomats were victorious again Oct. 15 at Alvernia, as Adams (second), Emma Lane ’20 (third), Grehlinger (seventh), and Kathleen McCutcheon ’18 (10th) all finished in the top 10 to lead F&M.

Another strong showing at the DeSales Invitational Oct. 8, where F&M finished 15th out of 35 teams, previewed the regional hosted by DeSales. The Diplomats capped the season Nov. 12 at the NCAA Mid-East Regionals, finishing 30th out of 51 teams. Adams posted the highest finish of the day for F&M, placing 131st out of 370 competitors with a time of 24:44.
**Men’s Cross Country**

Cross country rounded off another successful campaign in 2016, placing 12th out of 52 teams at the NCAA Mid-East Regionals Nov. 12. The finish was the best for the Diplomats since 2012, and marked the sixth straight season that F&M has landed in the top 20.

*J.T. Paganelli ’17* finished 40th (26:08) and *Michael Whalen ’17* (26:18) took 45th in a field of 351 to pace the Diplomats. *Spencer Lyman ’19* also broke the top 100, finishing 58th in 26:30.

F&M turned in another stellar performance earlier in the season, beating out 11 other squads to win the team title at the PSU-Abington Invitational Sept. 17. *Patrick Manion ’19* took first place overall with a time of 29:23.4, followed by three more Diplomats in the top four and seven in the top 20 for a dominant performance.

At the Alvernia Invitational Oct. 15, F&M again emerged victorious, beating out hosts Alvernia and PSU-Berks, thanks to four runners in the top five. Manion again took the individual victory, clocking a time of 28:01.4, followed by Lyman in second (28:13.5), *Ignacio Picado Fallas ’17* in fourth (29:15.9), and *Brien Miceli ’17* in fifth (29:25.9).
Field Hockey

Franklin & Marshall field hockey further solidified its place as one of the nation’s premier Division III programs in 2016, compiling a 16-5 record and a 9-1 mark in the Centennial Conference (CC), appearing in the NCAA Tournament for the fifth time in six years, and reaching the Elite Eight for the first time since 1992.

The Diplomats retained a top-10 ranking throughout the season—reaching as high as No. 5 and finishing at No. 8—en route to an eighth consecutive winning season.

The campaign culminated in the NCAA Tournament, where on Nov. 9, F&M fought off a scrappy King’s College team on Tylus Field in first-round action by a 2-1 score. The Diplomats then traveled to Wellesley, Mass., for the Sweet 16, defeating No. 3 The College of New Jersey 1-0, as Sydney Cole’s game-winning tally in the third minute of overtime clinched F&M’s first Elite Eight appearance in 24 years.

The Diplomats squared off with hosts Babson the following day, but fell 1-0 in a hotly contested battle for a Final Four berth.

F&M’s deep playoff run came on the back of a solid regular season that saw the Diplomats compile 13 wins. A six-game win streak, kicked off by an impressive 1-0 victory over Ursinus on Sept. 24, featured five straight shutouts in a two-week span.

An emphatic 4-1 victory over Muhlenberg in the CC semifinal Nov. 5 set up a CC final against Ursinus for the fourth consecutive year, with F&M dropping a tough 1-0 decision in overtime.

| Bridget Falcone ’17                           | All-ECAC South Second Team       |
| Longstreth/NFHCA Division III All-America First Team | All-CC First Team                |
| Synapse Sports All-America Second Team         |                                  |
| NFHCA All-South Region First Team              |                                  |

| Ilianna Santangelo ’19                        | All-ECAC South First Team        |
| All-CC First Team                             |                                  |

| Annie Horsley ’18                             | NFHCA All-South Region First Team |
| All-CC First Team                             |                                  |

| Sarah Schannauer ’18                          | All-CC Second Team               |

The Diplomats’ stellar season resulted in several players being honored for their outstanding play:
Football

For the fifth time in the six years, Franklin & Marshall’s football team concluded its season with a winning record, rolling to a 7-4 overall mark and a 6-3 Centennial Conference (CC) record.

F&M reached the postseason for the first time since 2013, earning a spot in the second annual CC-MAC Bowl series, but coming up just short in a 28-23 loss to Albright Nov. 19.

The Diplomats won five of their first six games, recording double-digit victories in each, including a 30-6 bashing of Lebanon Valley in the season opener Sept. 3.

The Diplomats also went 2-0 in a pair of much-anticipated rivalry games. F&M brought home the Wagon Trophy after downing Dickinson by a 20-10 score (Oct. 1) and the Lincoln Trophy with a 28-21 defeat of Gettysburg to close out the regular season (Nov. 12).

A staunch defense and efficient running game keyed the Diplomats’ success and were on full display in the conference’s final statistical rankings. F&M led the CC in time of possession (33:46 minutes per game), total sacks (33) and fewest opponent first downs allowed (183), while placing second in rushing offense (181.5 yards per game).

Twelve members of the team earned their way onto the All-CC list, the most for the program since 1996. All four first-team nods came from the defensive unit, as Joe Granahan ’19, Steve Elf ’17, Vincent Moffett ’18 and Brendan Daly ’17 garnered top honors.

Mark Opaliski ’17 joined Michael Sullivan ’18 and Luke Foukas ’17 on the second team, while Taalib Gerald ’18, Matthew Hlavinka ’17, Jon Naji ’17, Billy Zwirchowski ’17 and Cody Hubbs ’17 all received honorable mention recognition.

Additional postseason awards included Granahan and Daly being named to the ECAC South All-Star Team, as well as Zwirchowski and Hubbs landing on the Academic All-Centennial list. Hubbs continued to be recognized for his work in the classroom, earning a spot on the CoSIDA Academic All-District 4 Team.
The men’s soccer program continued a four-year run of excellence in 2016, becoming one of just five teams in the nation to appear in four consecutive NCAA Sweet 16s while also reaching the Elite Eight for the second time since 2013.

At the close of the season, F&M (15-4-4 overall) was recognized for its string of unremitting dominance with another record for the program, as the Diplomats finished No. 6 in the final National Soccer Coaches Association of America’s (NSCAA) National Poll—the highest finish in their history.

For the third straight year, Tylus Field was the site for the opening two rounds of the NCAA Tournament, with the Diplomats once again dictating play on their home turf. F&M opened action with a shutout against Geneva (1-0) Nov. 11 and the next day blanked Washington & Lee (2-0) to reach the Sweet 16.

The postseason run continued in Grantham, Pa., against No. 6 Cortland, when a 93rd-minute goal by Jason Tonelli ’18 gave the Diplomats a thrilling 1-0 victory. F&M ultimately fell short of its first Final Four showing in school history, taking a 1-0 lead against No. 16 Calvin into halftime before ultimately falling 4-1.

Seniors Jeremy Levine ’17, Conor Pellas ’17, Matt Regueiro ’17, Dave Reingold ’17 and Ben Wild ’17 graduated as the program’s most successful class, recording a 65-14-9 record through four years, to go along with two Elite Eight appearances and a Centennial Conference (CC) championship in 2013.

Longstanding season records fell, and others were threatened, as Reingold started and played in more games (23) than any other goalkeeper in history, Ugo Okolie ’19 tallied the fourth-most assists (9), and Tonelli registered the third-most game-winning goals (5).
For the fourth straight season, the Diplomats were represented on the All-America list, and for the second time in three years, multiple F&M players were honored, with Wyatt Fabian ’18 and Okolie ’19 both garnering third-team accolades to lead a slew of postseason awards for the program:

**Wyatt Fabian ’18**
- All-CC First Team
- All-Mid-Atlantic Region First Team
- ECAC South All-Star Team
- D3Soccer.com All-America Third Team
- NSCAA All-America Third Team

**Ugo Okolie ’19**
- All-CC First Team

**Dave Reingold ’17**
- All-CC First Team
- All-Mid-Atlantic Region Third Team
- ECAC South All-Star

**Ben Wild ’17**
- All-CC Second Team

**Jason Tonelli ’18**
- All-CC First Team

**Alex Bilodeau ’19**
- All-CC Honorable Mention
- Academic All-Centennial

**Jeremy Levine ’17**
- All-CC Honorable Mention
Women’s Soccer

After producing the program’s highest win total since 2010 with a 7-9-1 overall record and a 2-6-1 mark in Centennial Conference (CC) play, women’s soccer displayed remarkable growth compared to the previous year and proved to be a team on the rise.

In their second game of the year, the Diplomats produced the team’s largest margin of victory since 2010 when F&M trounced Rosemont by a 5-0 tally Sept. 3 behind a pair of goals from Kate Kerr ’17.

With the lopsided victory, the Diplomats kicked off a run of five wins in their opening 10 games to give the program a .500 record a month into the year, its best start since 2011. The wins tailed off down the stretch, but not due to a lack of effort. F&M showed its grit by not falling by more than one goal in its final 11 games of the year.

The Diplomats’ regular season ended on a high note as Kerr’s first-half goal against Dickinson Oct. 29 was all the scoring F&M would need in a 1-0 shutout of the Red Devils at home on Senior Day.

Several program records fell thanks to the program’s historically great defense, which recorded a meager 0.80 goals against average, the best in single-season history. The team’s eight shutouts also were a milestone, tying the single-season mark.

Seven of those shutouts belonged to senior goalkeeper Nicole Savidge ’17, the second-most in a season, and her 0.77 GAA also ranked second.

For their efforts on the field, dynamic forward Reanna Leoni ’18, first-year forward Nicolette Runko ’20 and senior captain Sarah Mischianti ’17 all garnered All-CC honorable mention recognition. A fixture on the backline throughout her four years on campus, Mischianti tied the program record for games played in a career with 65 and placed third in games started with 63.
Volleyball

Franklin & Marshall battled its way to a strong showing in 2016, finishing the season with a record of 19-9 (7-3 in conference play) and appearing in the Centennial Conference (CC) playoffs. The Diplomats have posted winning seasons in seven of the past eight years and reached the CC tournament in each of their last nine campaigns.

F&M raced out of the gate early, cruising to four consecutive 3-0 sweeps to start the year, before adding two more 3-0 victories Sept. 10 to push the team’s record to 7-0.

The middle of September saw F&M square off with several nationally ranked teams, including perennial powerhouses Eastern and Carnegie Mellon, but the Diplomats got back on track with three straight conference wins.

A solid run through the conference in October, including wins over Gettysburg and Dickinson in the last week of the season, gave F&M a stellar 7-3 conference record and a birth in the CC playoffs as the No. 5 seed. But the Diplomats’ run came to an end in a first-round loss to Muhlenberg, 3-0, Nov. 2.

F&M finished the season near the top of the conference in several statistical categories, ranking second in kills per set (12.63), assists per set (11.90), and digs per set (17.94).

Individually, Allison Edelstein ’17 led the Diplomats with the conference’s highest assists per set average at 10.28, ranking 21st in the nation. The senior setter also placed third in the CC for service aces per set at 0.51.

Ellie Ezekiel ’17 solidified her place as one of the conference’s top hitters, tallying the second-highest kills per set average (3.62) in the CC. The 2016 season saw Ezekiel eclipse 1,000 career kills and 1,000 career digs, making her one of just seven Diplomats to reach both milestones, and one of just two players in the 1,000/1,000 club to add 100 blocks and 100 service aces.

Mary Leneweaver ’17 paced the defense on the year, finishing the season ranked fourth in the CC in total digs with 469 and fifth in digs per set at 4.84. With a 28-dig effort in a 3-2 road victory over Washington Oct. 22, Leneweaver became the 18th player in program history to reach 1,000 digs.

For their efforts, Ezekiel, Edelstein and Leneweaver earned All-Centennial Conference recognition. Edelstein and Leneweaver both earned honorable mention status in their first appearances on the all-conference squad, while Ezekiel made her fourth appearance and was named to the first team for the second consecutive year. Ezekiel went on to garner All-ECAC South second team honors, and graduates as one of just seven Diplomats (five in the Centennial era) to be named all-conference four times.

It was a year of milestones for head coach Mary Kate Boland as well, who in her 14th season at the helm became the program’s all-time winningest coach. A 3-0 victory over Scranton Sept. 7 gave her career win No. 252, breaking Steve Coulson’s previous mark of 251.
Men’s Squash

Faced with one of the most difficult schedules in recent memory, the men’s squash team displayed its resiliency throughout the season to finish with the nation’s No. 15 ranking and an 8-13 overall record.

Seven of the Diplomats’ matchups came against teams ranked in the top 10, including a pair of contests against programs that held the No. 1 ranking at the time of competition. F&M saw its best stretch of play occur Jan. 10–14, when the Diplomats enjoyed a season-high four-match winning streak.

For the second consecutive year, the Diplomats garnered a spot in the Hoehn Cup (B Division) at the College Squash Association (CSA) team championships, an annual matchup of the nation’s No. 9–16 teams. At the tournament, F&M bounced back from tough losses to No. 9 Dartmouth (8-1) and No. 16 Western Ontario (No. 16) to record a thrilling 5-4 victory over No. 15 Bates to close out its year on a positive note.

Cole Osborne ’17 served as the team’s No. 1 player throughout the year, notching an 8-12 record at the top of the lineup. The future looks bright for the Diplomats with first-years Shams Abbas ’20, King Bassett ’20, Boden Polikoff ’20 and Yannis Senkel ’20 all seeing significant time playing throughout the ladder.
Women’s Squash

Women’s squash team faced one of the nation’s most daunting schedules in 2016-17, squaring off against eight teams ranked in the nation’s top 10. The Diplomats competed at a high level throughout and finished their season with a 7-13 overall record and a No. 18 ranking.

The regular season saw its share of memorable wins, highlighted by a 9-0 upset of No. 10 Drexel in the first match of the year. F&M played its best stretch of squash Jan. 14–22, when the Diplomats won four of six matches, including a narrow 5-4 victory against No. 17 Amherst Jan. 21. It was F&M’s first win against Amherst since 2000.

Following the regular season, the Diplomats landed in the Walker Cup (C Division) of the College Squash Association (CSA) team championships for the annual matchup of the nation’s No. 17–24 teams. The Diplomats dominated the first two days of action, rolling to an 8-1 win against No. 24 Wesleyan in the opening round and a 9-0 blanking of No. 21 Tufts in the Semifinals. A rematch with No. 18 Amherst set the stage for the championships match, where despite a sweep of the Nos. 1-4 positions on the ladder, F&M came up short by a 5-4 score.

Fiona Murphy ’17 went 10-6 from the No. 1 spot in the lineup and wrapped up her impressive career with a 30-16 mark, good for the eighth-highest career win percentage in program history (.652).

Sherilyn Yang ’18 joined Murphy to create a formidable 1-2 punch at the top of the order, producing a 12-6 record playing primarily at the No. 2 position.
Men’s Swimming

A solid team performance rounded out the men’s swimming season at the Centennial Conference (CC) championships, where the Diplomats finished fourth.

F&M earned six medals—four individual and two in relays—on the way to 492 points and fourth place at the CC championships. Daniel Sanders ’19 notched the highest individual finish for the Diplomats, storming to second place in the 100-yard butterfly, followed by Eric Dietrich-Peterson ’20 in third. Sanders and Dietrich-Peterson also joined Timothy Gould ’19 and Eric Lang ’18 in the 400-yard medley relay to take silver.

That same foursome teamed up in the 200-yard medley relay, taking bronze. Dietrich-Peterson added another bronze individual finish in the 200-yard butterfly, and Gould rounded out the medal haul by taking third in the 100-yard backstroke.

Strong efforts at the F&M Invitational (Nov. 18–20) and the Randolph-Macon Invite (Dec. 3–4) closed out the 2016 calendar year on a high note. At the F&M Invitational, several Diplomats notched top-10 performances on the way to a fourth-place finish out of 11 teams. Gould’s victory in the 200-yard backstroke paced F&M at Randolph-Macon’s Yellow Jacket Invitational, where the Diplomats took third out of 10 teams.

F&M carried that momentum into the new year, tallying victories over Susquehanna (174-88) and McDaniel (98-80) in the first two dual meets of 2017.
Women’s Swimming

Women’s swimming rounded out the season by hosting the Centennial Conference (CC) championships Feb. 17-19, finishing fifth at the event.

At the championships, F&M totaled 405 points over three days of action. Caroline Fry ‘20 posted the highest finish for the Diplomats, working her way into second place in the 1,650-yard freestyle. Grace Pereles ’19 followed Fry, placing fourth. Melissa Mullin ’18 reaffirmed her place as one of the conference’s top competitors in the individual medley events, taking third in the 400-yard IM.

The Diplomats started the season with a pair of conference victories. A 134-128 win over Washington Oct. 29 was courtesy of two individual victories each from Anna Hess ’19 and Katherine Hirsch ’20. F&M followed up that victory by dropping Bryn Mawr, 209.5-46.5, Nov. 5.

The Diplomats hosted the F&M Invitational Nov. 18-20. Numerous top-five performances propelled the team to a fourth-place finish among 11 teams. Hess’ victory in the 200-yard backstroke led the Diplomats at Randolph-Macon’s Yellow Jacket Invitational Dec. 3-4, as F&M took third out of 11 teams.
Men’s Basketball

A slow start to Centennial Conference (CC) play for an injury-riddled Franklin & Marshall squad saw the Diplomats valiantly rebound to win 11 of their final 13 CC contests and make the program’s 20th tournament appearance over the 24-year history of the conference. The Diplomats rose to the occasion throughout the 2016-17 season and finished the year with an 18-8 record, including 12-6 in conference play.

The Diplomats started the year with two straight victories to win the William Marshall Tip-Off Tournament and went into the holiday break with a 6-3 mark. After two early setbacks in January, F&M finished the month on a seven-game winning streak, with two thrilling overtime victories—100-90 over Dickinson and 64-57 over Haverford—and entered the season’s final month with a 14-5 mark. The Diplomats then secured three straight victories and went into the CC tournament as the second seed, before injuries proved too costly in their final contest.

At the conclusion of the season, Brandon Federici ’18 was honored with numerous athletic and academic awards.

Federici was the first player in school history to be named a finalist for the prestigious Jostens Trophy. The trophy is awarded to the most outstanding NCAA Division III men’s and women’s basketball player who excels on the court, in the classroom, and in the community.

He became just the second men’s basketball player in program history to be named a CoSIDA Academic All-American, while also earning spots on the CC Academic Honor Roll and Academic All-Centennial lists. He also was named CC Winter Scholar-Athletic of the Year for men’s basketball.

In recognition of his performance on the court, Federici was named to the National Basketball Coaches Association (NABC) Middle Atlantic All-Region second team and D3hoops.com All-Region second team. He became one of just eight players in Centennial Conference history to earn All-CC first team honors three times after being a unanimous selection this year.

The junior guard led the conference with 19.9 points per game. He averaged 2.2 steals per game, along with 3.2 triples per contest, placing him first in CC. His 35.2 minutes per contest were good for second in the conference. Federici finished in double-figures in 25 games, including logging 14 games with 20 or more points.

He also became the fastest player in program history to reach 1,000 career points and will enter next year on track to set the school record in points.

J.C. McGrath ’19 earned a postseason honor for the first time, receiving CC honorable mention. The sophomore was third in the conference with a 59.2 field goal percentage, sixth with 1.2 blocks per game, and eighth with 5.5 rebounds per contest.

He had nine double-figure scoring games, including a career-high 30 against No. 16 Swarthmore Jan. 14.

Ignas Slyka ’20 was the second F&M player to receive Rookie of the Year honors—in just the fifth year since the honor was created—following in the footsteps of Federici (2015). He was fourth in the conference with 1.7 steals a game and scored in double digits seven times on the season.

Lior Levy ’17 was named to the CC All-Sportsmanship Team following the regular season.
Women’s Basketball

An 11-14 overall record, highlighted by a dramatic, come-from-behind victory over No. 20 New York University (NYU) Dec. 30, showed that the women’s basketball team is a program on the rise. The Diplomats finished the year with a 9-11 record in the Centennial Conference (CC) and remained in the conversation for the CC playoffs into February, almost doubling the previous season’s win total and marking the third consecutive year that the team bettered its record from the prior season.

Following wins over Bryn Mawr (Dec. 3) and McDaniel (Dec. 10), F&M made it three victories in four games Dec. 30 with the dramatic comeback victory over NYU. Haley Pilone ’19 nailed a game-tying baseline jumper with 10 seconds remaining, then stole the ensuing inbound pass. A clutch free throw from Lindsey Powers ’19 with 1.7 seconds left sealed the win as the Diplomats downed the No. 20 Violets, 56-55.

F&M added another dramatic victory Feb. 9 against CC opponent McDaniel, with Kristin Hamill ’20 finishing off a fourth-quarter comeback by knocking down a buzzer-beating jumper from the elbow to give the Diplomats a 57-55 win.

The regular season came to a close Feb. 18 as F&M celebrated seniors Shannon O’Connor ’17 and Sarah Haddon ’17. The Diplomats recorded a 65-61 win over the Swarthmore Garnet. Haddon netted her 1,000th career point in the second quarter, becoming the 16th player in program history to reach the milestone.

Haddon earned honorable mention All-CC recognition, leading the Diplomats in points per game (11.7), rebounds per game (7.4, also good for ninth in the CC) and minutes per game (30.8) on the year, while also ranking in the program’s top 15 of several statistical categories. Her six double-doubles also led the team, and her 1.2 blocks per game ranked sixth in the CC.

Pilone finished the season averaging 10.2 points per game, followed by 9.7 points per game from Erica Brown ’18. Sarah Pisani ’19 finished off a strong sophomore campaign, averaging 4.4 assists per contest, good for fourth in the conference.
Wrestling

A young wrestling lineup gained valuable experience through a grueling dual meet schedule that saw the Diplomats face some of the toughest competition the nation had to offer. When the season came to a close, F&M had garnered several significant wins to finish with a 4-9 overall record.

The dual meet portion of the Diplomats’ schedule began at home Dec. 2 against Virginia Military Institute. Holding onto a narrow 21-13 team lead heading into the 184-pound matchup, Anthony Mancini ’18 delivered a clutch fall at 3:59 to earn six points for F&M and officially clinch the victory.

Additional dual highlights included a clutch 25-18 win against Eastern Intercollegiate Wrestling Association (EIWA) opponent Sacred Heart on the road (Jan. 22). The Diplomats secured wins in five of the 10 matchups, registering two falls and a major decision.

With wins in eight of 10 bouts, including three straight to open the match, F&M retained the Rupp Cup for the seventh straight year with a 31-9 victory against Millersville Feb. 16 for the Diplomats’ final win of the season.
Tournament action had its share of exciting moments, too, as 2016 NCAA Division I qualifier Antonio Pelusi ’19 secured five top-five tournament finishes and a pair of first-place titles in his redshirt season. Philip Robilotto ’19 had four top-five performances and a first-place showing at the Messiah Open Feb. 4, while Mancini opened the 2016-17 season with four straight top-five tournament finishes, culminating with a Mat-Town Open Championship Nov. 27.

A trio of Franklin & Marshall wrestlers earned wins in consolations at the 113th EIWA championships March 3-4, but were unable to advance to the consolation quarterfinals as the Diplomats fell just short of sending a competitor to the NCAA tournament for the sixth time in the last seven years.

Statistically, F&M’s grapplers enjoyed tremendous success, as three members of the team notched 21 or more wins. Mancini led the way with a 23-14 record, followed by Paddy Quinlan ’18 at 22-18 and Robbie King ’17 at 21-13. King wrapped up his career in Lancaster with a 73-62 overall record, which placed him 11th on the career wins list. Quinlan and Dan Martoccio ’19 etched their names in the program record book as well, each tying for fifth on the season pins leader list with nine.
Men’s Indoor Track & Field

The men’s indoor track and field team finished the season by traveling to Ursinus for the Centennial Conference (CC) championships, totaling 30 points to take eighth place.

For the second consecutive year, Logan Lewis ’18 tossed his way to victory with ease in the shotput, resetting the meet record with an effort of 16 meters (52 feet, 6 inches). His distance landed him .95 meters ahead of his closest competition in the event. His season best of 16.34 meters (53 feet, 7.5 inches) was the 17th best in the nation, and he missed out on a trip to the NCAA championships by one inch.

A.J. Bates ’20 posted an impressive first-year debut at the CC championships, earning second place in the 60-meter hurdles to capture silver. He posted another strong effort in the 200-meter dash, clocking a time of 23.54 seconds to take sixth place.

Earlier in the season, Spencer Lyman ’19 posted an impressive performance to lead the Diplomats in the mile at East Stroudsburg’s DeShriver Invite, finishing second out of 32 competitors with a time of 4:29.49. At the same meet, the team of Cam Adams ’18, Adam Caccavale ’17, Collin Roth ’20 and Pat Manion ’19 took third place in the distance medley relay, while Adams added an individual silver in the 1,000 meters, taking second with a time of 2:54.21.
Women’s Indoor Track & Field

Franklin & Marshall’s women’s indoor track and field team finished the season by capturing fourth place at the Centennial Conference (CC) championships Feb. 25–26. A number of impressive performances in the jump and relay events helped the Diplomats earn 59 points on the weekend and a top-half finish.

Alyssa Ward ’18 tallied three medals in the jumps to lead F&M. She opened the meet by taking gold in the triple jump with a distance of 11.06 meters (36 feet, 3.5 inches), adding silver in the high jump (1.55 meters, 5 feet, 1 inches) and bronze in the long jump (4.9 meters, 16 feet, 1 inches). The trio of medals rounded out a winter season in which Ward twice earned CC Field Athlete of the Week honors.

Rachel Wylie ’20 performed well at her first CC championships, highlighted by a second-place finish in the 400-meter dash. Kaitlin Muccio ’19 followed in sixth place. Wylie also took seventh in the 60-meter hurdles, an event in which she had broken a nearly 30-year-old school record earlier in the season at East Stroudsburg’s DeSchriver Invitational. Aleksandra Kiszka ’18 paced the Diplomats in the 60-meter hurdles, taking fifth with a time of 9.98.

The Diplomats also snagged a pair of silver medals in two relay events. In the 4x200-meter relay, the team of Kiszka, Wylie, Muccio and Ward crossed the line second with a time of 1:47.93. In the 4x400-meter relay, Muccio, Kiszka, Wylie, and Chelsea Frantz ’20 teamed up to earn silver with a time of 4:06.31.
For the third straight year, a member of Franklin & Marshall’s women’s golf team earned All-Centennial Conference (CC) honors, when first-year Anelise Browne ’20 capped off her unprecedented campaign with a fourth-place showing at the CC championship.

Browne shaved five strokes off her day one total to shoot the fourth-lowest score out of 32 competitors in the second round, totaling a 165 (85-80) at the two-day event in late April.

She produced an 84-stroke average through seven rounds of the season while accumulating three top-five tournament performances and the individual title out of 32 participants at the LVC Dutchmen Spring Invitational April 15.

Ember Toth ’20 placed 27th at the CC tournament with a 211 total (101-110), while Megan Whittier ’19, who was named to the CC Sportsmanship Team for the second straight year, finished with a 217 (102-115). Harriet Waldron ’17 rounded out the Diplomats’ scorers at the event by knocking nine strokes off her day one total to card a 237 (123-114).
Men’s Golf

New challengers attempted to put an end to Franklin & Marshall’s unparalleled Centennial Conference (CC) dominance, but were dealt the same fate as past opponents, when the Diplomats won their fourth straight CC men’s golf championship and eighth crown in 10 years.

F&M put together a three-round total of 893 (291-301-301) and withstood a late surge from Swarthmore, which took second at 897 (303-295-299), to reach the NCAA Tournament for the 12th time in program history. Stephen Colodny ’17 further cemented the Diplomats’ dynasty at the CC championship by leading every round and ending with a 219 (72-73-74) to secure his first Individual title, while Brad Lankler ’17 tied for second place with a 222 and Ben Mitchell ’18 turned in a 226 to tie for sixth.

At the NCAA Championship, held at Mission Inn Resort in Howey-in-the-Hills, Fla., May 16-19, F&M placed 20th out of 42 competing institutions with a 621 total (313-308), missing the 18-team cut by a mere two strokes. It marked the third consecutive season the Diplomats finished in the top 20 at the tournament.

Lankler threatened for an individual national title, setting a program and CC record for lowest tournament score at the NCAAs by six strokes when he accumulated a 291 (71-74-72-74). In the process, he recorded his second straight top-10 performance at the tournament, becoming the only CC golfer to ever do so after placing sixth a year before.

» The Diplomats won a total of five tournaments throughout the year and placed in the top three in all but two of the 10 events F&M participated in. Lankler led the CC with a 74.4 stroke average and accumulated six top-five tournament finishes, while Colodny was third in the conference with a 75.2 stroke average to go along with five top-five tournament finishes. Here is a list of individual honors members of the team collected:

<table>
<thead>
<tr>
<th>Stephen Colodny ’17</th>
<th>Brad Lankler ’17</th>
<th>Ben Mitchell ’18</th>
</tr>
</thead>
<tbody>
<tr>
<td>First place at CC championship</td>
<td>Second place at CC championship</td>
<td>Tied for sixth place at CC championship</td>
</tr>
<tr>
<td>CC Player of the Year</td>
<td>Tied for fifth place at NCAA Championship</td>
<td>All-Conference Team</td>
</tr>
<tr>
<td>All-Conference Team</td>
<td>All-Conference Team</td>
<td>Mid-Atlantic All-Region Team</td>
</tr>
<tr>
<td>Mid-Atlantic All-Region Team</td>
<td>Mid-Atlantic All-Region Team</td>
<td>All-America Scholar</td>
</tr>
<tr>
<td>All-America Scholar</td>
<td>All-America Honorable Mention</td>
<td>Mid-Atlantic All-Region Team</td>
</tr>
</tbody>
</table>
Baseball

Slugging their way through a grueling Centennial Conference (CC) slate of contests, the 2017 Franklin & Marshall baseball team battled for a playoff spot throughout the year, narrowly missing out on an appearance in the conference tournament after being eliminated from contention on the final day of the regular season.

The Diplomats produced a 21-18-1 overall record with a 9-8-1 mark in CC play, becoming just the 10th team in program history to eclipse 20 victories in a season.

Nine wins in 10 Florida spring break games propelled F&M to an early 10-5 start. The annual trip down south was memorable for a litany of reasons, highlighted by a doubleheader sweep against Ripon March 13 that gave the Diplomats their 1,000th win in program history. Other standout moments from the trip included a 29-15 bashing of Stockton March 14, the most runs scored by an F&M team in 46 years, while the team turned a 1-3-6 triple play against Central (Iowa) March 18, the Diplomats’ first since 2004.

F&M rode its red-hot offense into CC competition and opened with a doubleheader sweep of Washington April 2, downing the Shoremen by scores of 11-3 and 2-0. The margin of error was razor-thin in the CC standings as the Diplomats concluded the regular season with a split against Muhlenberg April 29, but narrowly missed out on one of the tournament’s four seeds.

Offensively, the Diplomats fielded one of the most daunting lineups in the CC, ranking second with 277 runs scored, third with 60 stolen bases and fourth with a .301 batting average. David Iacobucci ’17 was one of the conference’s most productive hitters, tying for fourth among all batters with 58 hits. The senior outfielder also registered an imposing .411/.503/.617 average with 18 multihit games en route to becoming the program’s all-time hits leader with 181 in his career.

Iacobucci earned a spot on both the D3baseball.com and the ABCA/Rawlings Mid-Atlantic All-Region second teams and was joined by teammates Mike Androconis ’18, Christopher Vincent ’17 and Reed Williams ’17 on the All-CC second team, while Danny Blugis ’19 received honorable mention.
Softball

A roaring finish to the 2017 softball season saw Franklin & Marshall claim its first Centennial Conference (CC) championship and make the program’s first-ever appearance in the NCAA Tournament. The Diplomats finished with a 17-23 record and an 8-8 CC mark, qualifying for the CC playoffs for the first time in the conference’s 24 years of softball.

The Diplomats made the most of their inaugural CC playoff appearance, dropping top-seeded McDaniel 3-2 May 5 in the first game of the tournament. F&M advanced to the championship round the following day with a 7-4 win over Gettysburg.

Given two chances to beat the Bullets in the championship round May 7, the Diplomats came through with a 1-0 win in the second game of the day to claim the program’s first CC title and earn the conference’s automatic bid to the NCAA tournament.

F&M bowed out in the regional round with a pair of tough losses to eventual champion No. 1 Virginia Wesleyan (5-0) and No. 18 Randolph-Macon (3-1).

The unprecedented postseason run was only possible after a series of clutch results following a difficult 2-12 start to the season. A pair of doubleheader sweeps over Haverford (April 2) and Dickinson (April 4) put the Diplomats in the thick of the conference playoff picture. Another vital sweep, this time over fellow playoff contender Ursinus April 22, helped secure the fourth and final berth in the CC tournament.

Lexi Piccinich ’20 and Taylor Long ’19 represented the squad on the All-Centennial Team. Piccinich earned first-team recognition as a designated player after leading the conference with five home runs. Her 22 RBIs led the Diplomats and ranked seventh in the CC, while her .385 on-base percentage ranked second on the squad and her .469 slugging percentage was third.

Long tied for the third-most home runs in the conference with four, and had the CC’s ninth-best batting average at .359, earning her second team honors and topping the F&M squad. She also led the Diplomats in slugging percentage (.531), on-base percentage (.394), hits (46), and doubles (10).

The Diplomats led the CC’s power hitting numbers all season, finishing with a conference-high 17 home runs. McDaniel (14) was the only other Centennial team to hit more than nine.
Women’s Lacrosse

For the Franklin & Marshall’s women’s lacrosse program, 2017 was yet another year of sustained achievement. The Diplomats claimed their seventh Centennial Conference (CC) crown and 12th overall conference championship while advancing to the NCAA Sweet 16 for the fifth straight year and winning 15 or more games for the 11th time in the last 12 years. F&M posted a 17-5 overall record.

After dropping their first game of the year, the Diplomats bounced back and registered eight straight wins, launching them to the No. 1 ranking in the country. The run included an 8-7 overtime victory over York March 4, a 12-2 bashing of No. 2 Cortland March 11, a dominant 8-4 win against No. 10 Salisbury March 26, and a 9-8 overtime thriller over defending national champion and No. 5 Middlebury March 29.

Another regular-season win streak to close out the season helped F&M roll into the CC tournament as the No. 2 seed. The Diplomats overwhelmed Muhlenberg by a 15-7 score in the semifinals May 6 to advance to the final for the fifth consecutive year. The next day, against Gettysburg—the eventual national champion—Katie Groenke ’18 scored an unassisted goal in the second overtime period to lift F&M to a dramatic 7-6 win.

The Diplomats carried their championship-winning momentum into the NCAA tournament, opening action with a 17-7 second-round win over Cabrini at home May 14. F&M next traveled to No. 10 Trinity May 20, but was dealt a heartbreaking 13-12 loss in a hard-fought, back-and-forth contest.

Defensively, the Diplomats fielded one the most stifling units in the nation, averaging a mere 6.28 goals allowed per game. That ranked 12th across all of Division III and was the fourth-lowest single-season mark in program history. F&M was also one of the country’s most consistent programs, committing the third-fewest turnovers per game at 10.73.

Junior attacker Paige Moriarty ’18 reached the 100-point plateau for the second year in a row, finishing with a CC-leading 101 (56 goals, 45 assists), while standout defender Vanessa Budd ’17 closed out her illustrious career with the second-most caused turnovers in program history with 95.
Three Diplomats earned All-America accolades and were led by Budd, who became just the fifth player in program history to earn the distinction three times. Budd was also named IWLCA Defender of the Year for her stellar senior campaign. A full list of F&M’s honors can be found below:

**Vanessa Budd ’17**
- IWLCA Defender of the Year
- IWLCA All-America First Team
- All-Metro Region First Team
- CC Defensive Player of the Year
- All-CC First Team
- IWLCA Senior All-Star

**Paige Moriarty ’18**
- IWLCA All-America First Team
- All-Metro Region First Team
- All-CC First Team

**Sarah Bozzo ’17**
- IWLCA All-America Third Team
- All-Metro Region First Team
- All-CC First Team
- IWLCA Senior All-Star

**Maddie Hughes ’19**
- All-Metro Region First Team
- CC Tournament MVP
- All-CC First Team

**Gabby Frank ’17**
- All-Metro Region Second Team
- All-CC Second Team
- IWLCA Senior All-Star
Men’s Lacrosse

Franklin & Marshall’s men’s lacrosse reached new heights in 2017, climbing as high as No. 10 in the national rankings courtesy of a lengthy regular-season win streak. The Diplomats captured their first Centennial Conference (CC) championship, advancing to the third round of the NCAA tournament, and in the process, setting a program record for wins in a season with 16.

The season got off to a turbulent start, with two straight losses to open the year. However, F&M bounced back emphatically, closing out the regular season with 13 straight wins that included an 11-9 upset of No. 13 Gettysburg March 29—a victory that snapped the Bullets’ 22-game CC win streak.

Competing in one of the nation’s most challenging conferences, the Diplomats were unfazed, picking up momentum as the regular season progressed and adding noteworthy wins to finish with a perfect 8-0 CC mark. Highlights include a 17-13 victory over No. 16 Ursinus at home April 15, and Mike Rama ’17 scoring with under two seconds remaining in regulation for a 9-8 thriller on the road against No. 13 Dickinson April 26.

Securing its fourth CC playoff appearance in five years, F&M earned the tournament’s No. 1 seed and hosting rights, continuing its inspired play with an 8-5 win over Swarthmore in the CC semifinals May 3. In the final, tournament MVP Kevin Mollihan ’20 struck with just nine seconds remaining in the overtime period to down Gettysburg by a 9-8 score and deliver the Diplomats their first conference title since 1990.

By winning the CC championship, F&M earned an automatic bid to the NCAA tournament, making its first appearance since 2003. The Diplomats opened at home against Elizabethtown in the second round May 10, picking up their second win of the season against the Blue Jays with an 11-8 victory. The storybook season came to a close in the next round, when Cabrini dealt F&M a hard-fought 17-9 loss on Tylus Field.

The Diplomats’ dynamic offense tallied the third-most goals in F&M’s regular-season history with a total of 238. Mollihan, a first-year attacker and newly minted CC Rookie of the Year, tied the program record with a CC-leading 63 scores. Teammate Sean Rogers ’18, who garnered the CC Offensive Player of the Year award, was another key cog in F&M’s powerful attack unit. The junior tallied 84 points on the season, which also led the conference and placed fourth in the program’s single-season history.

The duo joined George Briggs ’19 and Nick Zenobio ’17 on the United States Intercollegiate Lacrosse Association (USILA) Division III All-America Team, giving the Diplomats their most selections since 1995. Head coach Todd Cavallaro was recognized by his peers as the CC Coach of the Year for the second time, and also was named ECAC Coach of the Year.
Here is a complete list of 2017 accolades team members collected:

- **Sean Rogers '18**
  - All-America Third Team
  - CC Offensive Player of the Year
  - All-CC First Team

- **Kevin Mollihan ’20**
  - All-America honorable mention
  - CC tournament MVP
  - All-CC First Team
  - ECAC Rookie of the Year
  - All-ECAC Second Team

- **George Briggs ’19**
  - All-America Honorable Mention
  - All-CC First Team

- **Nick Zenobio ’17**
  - All-America Honorable Mention

- **Tucker McBride ’19**
  - All-CC First Team

- **Jarrett Donaghy ’20**
  - All-CC Second Team

- **Anthony Dougherty ’17**
  - All-CC Second Team
Men’s Rowing

The men’s rowing team made solid progress throughout 2016–17, holding their own against some of the nation’s top competition in premier regattas.

Franklin & Marshall closed out its year at the 2017 Mid-Atlantic Rowing Conference (MARC) championship April 29, placing seventh out of nine teams with 12 points and a victory in the varsity 8+ petite final. The Diplomats dominated the race, which featured four boats, with a time of 6:39.7. Mary Washington was the next-closest finisher at 6:45.1.

During the regular season, F&M was successful at several events, including the Head of the Occoquan Regatta Nov. 4, when a pair of Diplomat boats registered first-place showings. James Nelson ’17 competed in the lightweight single race and took the win in a field of eight competitors with a time of 19:36.59, nearly six seconds ahead of the second-place finisher, while F&M beat out three boats in the lightweight 4+ race with a time of 17:57.27.

Nelson was named to the All-MARC varsity list for the third time in his career, joining Tim Smith ’15 as just the second member in program history to accomplish that feat. Jonathan Munro ’17 accompanied Nelson on the varsity list, while Ben Carroll ’20 received All-MARC novice recognition. Four Diplomats were honored for their work in the classroom when Nelson, Trexler Hirn ’18, Sean Hyland ’18 and Ngoun Lay ’19 all earned a spot on the MARC Academic Honor Roll, the most F&M has ever had earn the distinction.
Women’s Rowing

Another year of strong showings in prestigious regattas awarded Franklin & Marshall continued recognition among Division III’s top programs as the Diplomats became a fixture in the USRowing/Collegiate Rowing Coaches Association (CRCA) National Poll, reaching as high as No. 15.

For the second straight season, F&M’s women’s team displayed itself as a legitimate contender for a Mid-Atlantic Rowing Conference (MARC) championship, falling just short of the program’s first title after accumulating 52 points April 29 to place second.

Both varsity 8+ boats delivered points to the Diplomats’ total as the first group placed fourth in the grand final at 7:30.6 and the second boat finished second in its race with a time of 7:55.82. That consistency allowed F&M to tie the program’s best-ever MARC championship finish by placing second for the second year in a row, behind only No. 13 Washington College (63 points).

The first varsity 8+ boat was impressive throughout the season, producing notable finishes that included fourth place out of 13 competitors at the Murphy Cup (March 25), second place at the Knecht Cup (April 9), and second at the Kerr Cup (April 15).

Kathryn Benedetto ’17 and Sarah Nelson ’17 were named to the 2017 All-MARC varsity list, while Paige Alexander ’20 earned a place on the All-MARC novice team. Five Diplomats were honored for their work in the classroom, as Teresa Chappell ’18, Jillian Goss-Holmes ’19, Leah Issokson ’18, Helen Nelson ’19, and Margaret Stoner ’19 all made the MARC Academic Honor Roll. The five Diplomats also earned places on the CRCA Scholar-Athlete list.
Women’s Tennis

Women’s tennis proved to be one of the Centennial Conference’s (CC) best teams with a permanent position near the top of the standings throughout the spring while earning the program’s fourth straight CC tournament appearance. The Diplomats reached the conference semifinals for the third time in four years, falling to No. 40 Swarthmore by a 5-0 score to close out the season with a 12-5, 8-2 CC record.

F&M put together a perfect 3-0 stint on its Florida spring-break trip to kick-start a 10-match winning streak from March 12 to April 14. Coincidentally, the run featured six 9-0 shutouts, including four consecutive from March 15 to April 1.

**Allison Wolters ’19** produced the most singles wins in the conference with a 15-5, 9-1 CC record, becoming just the fourth player in program history to earn CC Player of the Year accolades and the first since Leah Rubin in 2000. She was named the CC Player of the Week on three occasions when Wolters, who also was a unanimous first-team singles selection, was in the midst of a 13-match winning streak that spanned from Feb. 19 to April 22.

**Nicole Russo ’17** joined Wolters on first team singles, becoming just the ninth player in CC history to accomplish that feat four times after registering a 12-6, 7-3 CC record. Wolters and Russo teamed up to form one of the most daunting doubles duos in the CC, putting together a 13-8, 7-3 CC mark at No. 1 to earn a spot on the first-team doubles list. **C.J. Rummelsburg ’17** and **Sarah Haas ’18** were also recognized for their stellar doubles play, garnering second team honors with an 11-4, 7-1 CC record at the No. 2 position.
Men’s Tennis

Franklin & Marshall battled throughout an always difficult Centennial Conference (CC) men’s tennis schedule to reach its sixth straight tournament semifinal, where the Diplomats’ season ended with a 7-10, 5-4 CC record after a hard-fought 5-1 loss to No. 17 Johns Hopkins.

Entering the postseason as the No. 5 seed, F&M defeated No. 4 Washington in the first round, avenging a narrow 5-4 loss in the regular season finale April 29 with a dominant 5-1 win over the Shoremen just four days later.

The Diplomats got off to a torrid start in CC competition, winning their first four conference matchups by a combined score of 34-2. Even in defeat, F&M pushed its opponents to the brink, falling by 5-4 scores in five of the team’s 10 losses on the year.

Jack Rothman ’18 and Inigo Flores ’17 led the way as the Diplomats’ steadfast No. 1 doubles duo. The pair earned a spot on the CC first team after recording a 14-3, 6-2 CC mark, which included a six-match winning streak from March 29 to April 12.

Rothman was also honored in singles play with a spot on the CC second team. He garnered All-CC honors for the second time after finishing with a 4-4 CC record at the No. 1 position in the order. Teammate Zack Levin ’19 joined him on the second team, tallying a 10-5 overall singles record and a 6-3 mark in the CC.
Men’s Outdoor Track & Field

Five medals and a fifth-place finish at the Centennial Conference (CC) championship May 5–7 rounded out a strong 2017 campaign for the Franklin & Marshall men’s track and field team.

Logan Lewis ‘18 tallied two of F&M’s three gold-medal performances at the CC championship, including the first-ever CC crown in the hammer throw. The junior began the weekend by throwing the hammer 45.7 meters (149 feet, 11 inches), taking gold by more than five feet in the first time that the conference contested the event.

Lewis added another dominant performance in the shot put, winning the event for the third time in three years, as his distance of 15.41 meters (50 feet, 6.75 inches) made him the only competitor to surpass 15 meters. A third-place effort in the discus (45.36 meters, 148 feet, 10 inches) gave him three medals on the weekend and led to him being named the CC Outstanding Field Performer.

A.J. Bates ‘20 also topped the podium for the Diplomats, taking gold in the 110-meter hurdles with a time of 15.55. He also took sixth in the 200-meter dash with a time of 22.74.

Tanner Erisman ‘19 and Ryan Kozloski ‘17 each recorded high finishes in the javelin as F&M continued its dominance in the throws. Erisman’s throw of 56.91 meters (186 feet, 8 inches) was good for a silver medal, while Kosloski’s effort of 54.39 meters (178 feet, 5 inches) earned him fourth place.

The Diplomats hosted Gettysburg and Dickinson for the Little Three Meet March 25, narrowly missing out on winning the competition as F&M collected 146 points on the day, just 4.5 points behind winners Dickinson with 150.5. Lewis, Kozloski, Erisman, Bates, Michael Whalen ‘17, and Jabari Benjamin ‘18 all earned at least one individual victory on the day.

Other season highlights included Lewis competing in the shot put at the Penn Relays April 28, finishing 17th out of 44 competitors and breaking a 24-year-old school record with a distance of 16.03 meters (52 feet, 7.25 inches).

F&M finished off the season at the ECAC championship May 17–18, with Whalen earning third in the 3,000-meter steeplechase (10:00.09) and Erisman taking third in the javelin (56.67 meters).
Women’s Outdoor Track & Field

Five gold medals at the Centennial Conference (CC) championship and an athlete competing at the NCAA championship for the eighth consecutive year amounted to another successful season for Franklin & Marshall women’s track and field in 2017.

Rachel Wylie ’20 put together a stellar campaign during her first year in Lancaster, winning the 400-meter hurdles May 7 at the CC championship. With a time of 1:02.22, she not only broke the school record for the third time in as many weeks, but also won the event by almost two seconds and secured her place at the NCAA championship. She joined Alyssa Ward ’18, Kaitlin Muccio ’19 and Aleksandra Kiszka ’18 to win the 4x100-meter relay with a time of 49.98, and for those two victories earned Rookie Performer of the Year honors from the conference.

At the NCAA championship, Wylie just missed out on a shot at gold as her preliminary time of 1:03.29 gave her 16th place, just outside of the top nine finals qualifiers.

Ward accounted for three individual gold medals at the CC championship, sweeping the jumping events in addition to running the anchor leg for the 4x100-meter relay to total four gold medals on the weekend. The junior began conference action May 6 by winning the long jump with a distance of 5.61 meters (18 feet, 5 inches), destroying the school record by 10.25 inches and bettering her season best by more than half a meter. That same day, she topped the podium again in the high jump, adding another season-best effort of 1.62 meters (5 feet, 3.75 inches).

The following day, Ward completed her sweep in the triple jump, winning by more than a foot with a distance of 11.24 meters (36 feet, 10.5 inches) before finishing the weekend in the 4x100. She was named the CC Outstanding Field Performer of the Year, marking the second consecutive year that a Diplomat has won the award (Rebecca Swisher earned the distinction in 2016).

Muccio’s silver medal in the 400-meter dash and a third-place performance by Muccio, Kiszka, Wylie and Chelsea Frantz ’20 in the 4x400-meter relay rounded out a solid weekend for the Diplomats, who finished sixth out of 10 teams in the overall standings.

Ward and Wylie also placed at the ECAC championship May 17–18, with Wylie taking first in the 400-meter hurdles (1:02.49) and Ward taking third in the triple jump (11.11 meters, 36 feet, 5.5 inches).

Muccio, Kiszka, Wylie and Sabrina Piccinini ’20 provided another highlight March 25 at the Little Three Meet, hosted by F&M. The team clocked a time of 49.87 in the 4x100-meter relay, taking first place and setting the school record in the process.

Up Next: Student Profiles ➔
Ellie Ezekiel

For college athletes, putting on the uniform is a great honor. It represents years of preparation for the chance to play a beloved sport. But when your hard work changes the industry that produces those uniforms, it is a different level of achievement entirely.

Ellie Ezekiel has accomplished a lot during her time at Franklin & Marshall College. Her achievements as a student and member of the volleyball team would be enough to fill any student-athlete with pride. But through her exploits at the forefront of an environmental movement within athletics, she leaves a legacy that goes beyond the impressions she has made on members of her teammates and the F&M community.

She calls the project “greening athletics,” a movement that sprang out of her time working on campus as an intern at the Center for the Sustainable Environment.

“My main campaign and project was to bring 100 percent recycled uniforms to our school,” said Ezekiel, an animal behavior major and Chadds Ford, Pa., native. “My boss had seen a school that had promotional recycled uniforms, and we decided that we should attempt to have them for official, year-round jerseys.”

It turns out that Ezekiel played on the first team, collegiate or otherwise, to use recycled jerseys on a full-time basis. This past season, the Diplomat volleyball team wore pregame warm-ups as well as blue jerseys for away contests that were made completely out of recycled water bottles.

And now the idea is spreading. Ezekiel said that she is working with five other teams on campus to switch to sustainable jerseys, and that the innovation has gained traction in parts of New England and even reached the West Coast.

For her efforts, Ezekiel was recognized as a 2016 Campus Sustainability Champion by the Pennsylvania Environmental Resource Consortium (PERC).

“It is my proudest non-athletic achievement,” she said. “It was an honor to attend the PERC conference and talk about all that I have done with ‘greening’ athletics, and being able to spread awareness about my project was a definite bonus.”

The potential scale for her idea is massive, as she is truly leading a spreading environmental movement that is both impactful and replicable for others.

It’s not the only project that Ezekiel is currently tackling. She also is in the midst of working on her honors thesis. She is studying North American river otters in four zoos around the Lancaster area to understand more about the evolution of cooperation, or how organisms learn to function in groups. That’s in addition to past research that includes studying avian malaria at the Smithsonian’s Center for Conservation and Evolutionary Genetics, measuring territoriality in wild damselfish, and preliminary studies on captive red panda welfare.

“I used to play as a kid by wandering around the woods with a backpack and a notebook, writing nonsense ‘observations’,” Ezekiel said. “I have always been fascinated by nature, and now I am involved in learning how to preserve and protect it.”
Head coach Mary Kate Boland, who just finished her 14th season in charge of the Diplomats, said Ezekiel’s drive for excellence is at the core of all that she has accomplished.

“Ellie is motivated by things she really cares about,” Boland said. “She knows what she wants and focuses on what she needs to do to perform at her best.”

That attitude has served Ezekiel as well on the court as it has off it. At the end of her four seasons playing as an outside hitter for F&M, she ranks fourth in program history in kills, owns the sixth-highest kills-per-set average in program history, and has made an impact in almost every other statistical category. This season, she surpassed the 1,000-kill and 1,000-dig milestones, making her one of just two players in program history to reach 1,000 kills, 1,000 digs, 100 aces and 100 blocks.

For her accomplishments, she was widely and rightfully recognized. She leaves the program as one of just five players to be named All-Centennial Conference (CC) in four consecutive seasons (honorable mention in 2013, second team in 2014, and first team in 2015 and 2016), and is one of just four Diplomats to garner All-America honors after receiving honorable-mention status from the American Volleyball Coaches Association in 2014.

“It was Ezekiel’s unwillingness to give less than her best that caused her to not run for team captain entering her senior season. “I knew that the captain needed to be someone who was readily available for her teammates, and I knew that I was going to be spending a majority of my time holed up in a library,” Ezekiel said. “I never worried that my voice or influence would go unheard, and I knew that I had teammates that were just as strong, or even stronger, candidates for captain than myself.”

Her commitment to academics has worked out well, as she was twice named to the Honors List and twice named to the Dean’s List during her time at F&M. In 2015 and 2016, she was tabbed for the CC Academic Honor Roll, awarded to athletes who have a cumulative GPA of 3.4 or higher.

The formula also worked out positively for the Diplomats, who finished the 2016 season with a record of 19-9, 7-3 CC and with the program’s ninth-consecutive playoff appearance.

“It’s an attitude that Boland is sure will linger for others, but also will carry Ezekiel forward in life. If the growth of her athletic greening movement is any indication, she will rock the boat in her next location, wherever that might be. “My current plans for after graduation are not set in stone, but I hope to go to graduate school and eventually pursue a career as a field biologist,” Ezekiel said. “Right now, I am looking for research experience opportunities around the world, to not only continue building my resume, but also to satisfy my urge to travel.”

While the exact nature of her future remains uncertain, some aspects are more certain. Undoubtedly, she will leave an impression wherever she goes, but you can also count on her making waves outward. Because that’s what she has done at F&M, and that’s what a legacy is. Part of you is left behind to be remembered, but more important, what you did and how you did it sets an example and a precedent for others.
Nine seconds remained on the clock before the Franklin & Marshall College women’s soccer team would cement a 2-0 road win against Penn State-Harrisburg Sept. 2, 2016. All the remaining time allowed for was a routine play by the Lions—a throw in toward the box for a listless attempt at a goal, which eluded them through the opening 89 minutes of action.

The result was routine as well, with defender Sarah Mischianti displaying her relentless competitive drive by making a tough, hard-nosed play on the ball—leaving her feet and rising up to use her head for a clearance attempt.

An opposing player, who timed her jump too late and missed the ball, met her in the air. Their heads collided and both players were injured, with Mischianti ending up on the worse end of the exchange. A significant gash opened above her left eye, one that required a drive to Lancaster General Hospital by the Diplomat coaching staff, a four-hour wait to see the plastic surgeon and a total of 22 internal and external stitches to mend.

But the Diplomats had a game in three days, and Mischianti was determined to suit up.

The senior captain was not one to miss a game, having started in every contest she appeared in through the previous three years and all but one of the team’s total competitions. Overall for her career, she ended up being the program leader in games played (65) and was second in games started (63), part of the reason why the senior from Greenwich, Conn., was named to the All-Centennial Conference (CC) honorable mention list twice.

F&M’s athletic training staff was skeptical but supportive, minimizing the risk of repeat trauma opening the wound by customizing a protective facemask for her to wear in the next game, wrapping Mischianti’s head and making her promise to avoid any more headers.

The last was not a realistic request of a competitor who prides herself on playing aggressively along the back line.

“My teammates and I quickly established a communication system, both verbal and nonverbal, that allowed me to play my game, while knowing that my teammates would cover for me on a header or any play that would put my head at risk,” Mischianti said.

A surprise to no one who has spent any amount of time around the hard-working, dedicated leader of the women’s soccer team, she ended up starting that following game against Ursinus, as well as the next nine contests to close out her final season.

The situation was not unique for Mischianti, who has been a captain at every level she has played while battling an extensive list of injuries during her time on the pitch. In high school, she endured surgery on each knee, and near the end of her junior year at F&M, she sustained an avulsion fracture when she tore her quadriceps from her hip bone.

“I am not sure there are many other players out there who would still be in the game if they faced the physical challenges Sarah has during her career,” said second-year head coach Heather Kemp. “I’ve never seen her allow pain to limit her play.”
Mischianti’s style of play is accentuated by her toughness, as well as what her head coach describes as “a fierce pursuit of excellence.”

“She just flat out wants to be better than you, and that’s the mark of a true competitor,” Kemp said. “Her gutsy play and physical sacrifice is inspiring, and her courage in the face of adversity is contagious.”

That same perseverance to push through obstacles on the field is what naturally allowed Mischianti to take on a leadership role in the team’s coaching transition that followed her sophomore season, when Kemp’s selection was announced.

“The uncertainty that accompanies a coaching change is naturally unsettling to the team dynamic, as well as individual players,” Mischianti said. “You are dealing with a new coach who did not recruit you, who is unfamiliar with each player and is implementing a different team philosophy and style of play.”

Members of the team were asked to commit to this process, to completely change the culture of the program, their work ethic and overall mentality. The evolution did not occur overnight, but thanks in large part to Mischianti’s leadership, both on and off the field, the improvement has been evident.

The 2016 Diplomats produced a 7-9-1 overall record—the highest win total since 2010—registered the lowest goals against average mark in program history (0.80) and tied the single-season mark with eight shutouts.

Mischianti’s competitiveness and passion for the program was the embodiment of what Kemp wanted to instill in the team.

“As we were changing the way we trained and played, Sarah’s efforts never wavered,” Kemp said. “Her reliability and discipline guided the team, and when I personally challenged them, she was there to push her teammates to meet the challenge.”

Her poise and determination has carried over to her success off the field. She was one of the first students to design her own curriculum as a joint studies major in biology and business, organizations and society, and she has been a consistent member of the Dean’s List and Delphic Society.

With the goal of pursuing an occupation in the health care field, Mischianti has worked as a research assistant in the biology department, conducting genetic research on the development of plant embryos, while also spending this past summer interning at Curemark, a biopharmaceutical company headed by F&M alumna Dr. Joan Fallon ’79 that is developing and introducing cutting-edge therapies to treat autism and other neurological diseases.

“Sarah is passionate about being the best at everything she does,” Kemp said. “That attitude translates to studying hard for her next test, meticulously logging hours in the lab and doggedly pursuing her real-world experience in order to maximize her potential.”

As all student-athletes at Franklin & Marshall College know, being great both on the field and in the classroom or lab requires the ability to balance your responsibilities.

“To succeed in both academics and athletics, you must be a fierce time manager,” Mischianti said. “You must keep track of rapidly approaching deadlines, always stay organized and on top of readings, which sometimes includes bringing textbooks and laptops on bus rides to away games.”

Those commitments also required sacrifices. She elected to stay on campus all eight semesters in order to satisfy her joint major requirements, instead of studying abroad as many of her classmates enjoyed that experience.

Fortunately for Mischianti, being a part of the women’s soccer team provided her a chance to take a once-in-a-lifetime trip outside the United States, when she and her teammates traveled to South Africa in May.

Modeled after a trek that the F&M’s men’s soccer team makes every three years, Mischianti and her teammates made the trip for the first time as a program. While there, the Diplomats competed against local women’s teams, conducted youth soccer clinics, and went sightseeing during their 12-day adventure across Port Elizabeth, Cape Town and Johannesburg.

“This exceptional opportunity provided the perfect sendoff for Mischianti, resulting in yet another lasting memory with her teammates.”

“It is hard to put into words how much I have gained from my time on the F&M women’s soccer team,” Mischianti said. “It is more than the wins and losses. At its core, it is about being part of something bigger than yourself and the pride in playing for the person next to you and that Diplomats logo on your jersey.”
On a Monday morning in mid-November, Josh Young sat up—hesitantly—in bed, his mind willing an aching body. Through the exhaustion and soreness, his muddled brain eked out a thought that rarely occurs to him: “I don’t want to do anything today.” It’s a pretty reasonable thought for a two-sport athlete and exceptional student coming off a taxing weekend.

“I had so many assignments that Monday, I was mentally exhausted, and because we had another wrestling tournament the upcoming Sunday, we had practice in the afternoon... that was the hardest part,” Young said.

Forty-eight hours earlier, Young played in his final football game of the season against Albright in the Centennial Conference- MAC Bowl Game. He had several receptions throughout the contest, in addition to contributing on special teams, but ultimately Franklin & Marshall College lost a close battle, 28-23.

The next day, Young was scheduled to wrestle in the Keystone Classic at the University of Pennsylvania. So, after the football game, he made a long two-hour car ride from Albright with his mother to Penn’s campus, where he immediately jumped into wrestling practice with the team Saturday evening.

Young always knew he wanted to wrestle in college. A football recruit out of Bethlehem, Pa., he aspired to walk on to the Division I wrestling team at Franklin & Marshall since his first year, but chose not to in order to be with his family during winter break.

“I was homesick my freshman year, and it was a big transition for me,” Young said. “I wanted to be home.”

Family plays a big role in Young’s life. He is the man of the house, assuming the role after his father passed away in a car accident. Young was six. His mother, who works a night shift caring for sick patients at a nonprofit, raised Young and his two younger brothers with the help of his grandparents.

“My mom is my hero; I don’t know how she does it,” Young said.

Sports provided an outlet for the active brothers. At home, Young and his siblings occupied themselves playing sports all day, from basketball to in-house wrestling. In high school, all three brothers played football, wrestled and participated in a spring sport. Young and his next youngest brother were often wrestling partners in practice.
“The coach used to split us up because we would get too competitive during practice,” he said. “We would stop drilling and start live wrestling all the time.”

It wasn’t until his little brother went to Columbia (which, like F&M, competes in the Eastern Intercollegiate Wrestling Association Conference) to play football and wrestle that Young finally decided to try out as a grappler for the Diplomats.

“We would have been in the same weight class, and we were going to have an opportunity to wrestle each other again,” Young said, smiling. “I had to do it.” Unfortunately, Young’s brother broke his ankle in his final football game of the season and was unable to wrestle his freshman year at Columbia.

At the Keystone Classic, an already exhausted Young took the mat against a talented Virginia Military Institute wrestler. Through two periods, he trailed by only a takedown in a 4-2 match. His opponent chose bottom as his position to start the third period. He managed an escape and didn’t get a takedown. Seven grueling minutes of battle drained Young for the rest of the tournament. In his consolation match, he got pinned in the second period.

It was a tough day, physically and mentally, but it was far from over. After 20 minutes of rehydrating and recuperating from his matches, Young reached into his backpack, flipped through his agenda, and began to work on one of the several papers due that week.

As impressive as Young is athletically, he also excels academically. A double major in business and philosophy, Young is as committed in the classroom as he is on the football field, on the mat and in the gym. He has explored the finance industry, turning down internships in New York and taking one in Harrisburg with The PFM Group so he could stay and wrestle over the summer at F&M.

“Josh is the model of what we want all our student-athletes to be with his commitment to being the very best on and off the field,” said head football coach John Troxell. “It’s incredibly difficult to be a two-sport athlete in college, especially while maintaining a high GPA.”

A typical day for Young starts at 8 a.m., but twice a week it starts at 6 a.m. in the pool and weight room with the wrestling squad. The morning workout is quickly followed by breakfast. During football season, his first meal consists of eight eggs and 15 pieces of toast, and when he is maintaining weight for wrestling, he “eats like a regular person.” He rushes to his first class following breakfast. Afterward, he hurries to his football lifting session, and an hour later he is sprinting back to class. A quick lunch before wrestling practice at 4:30 p.m. and the toughest part of the day is under way.

“Josh has an amazing work ethic, especially competing in two sports,” said Mike Rogers, head wrestling coach at F&M. “He makes everyone around him want to be a better person.”

At 7:30 p.m., Young is refueling in the dining hall with his teammates, and after, he takes some rare leisure time to hang out with his roommates. “I need a break at that point,” he admits. Around 9:30 p.m., Young turns his focus to the books.

On a good day, he can crawl into bed around midnight, but most days stretch into long nights. Once a week, they take him into the morning hours, and Young gets to watch the sun rise twice in 24 hours.

The Sunday after the Keystone Classic was one of those nights. Young returned to F&M’s campus and hit the library, typing away about Phillip L. Quinn and other philosophers through the wee hours. Before he knew it, it was Monday morning, and he was off to his 8 a.m. class.

To try and understand what makes Young tick, one only has to take a short walk from the wrestling mat in the Mayser Gym, to the Hall of Fame suite down the hall. There, at 5:30 p.m. on Sunday nights, Young leads a bible study for the Diplomat Christian Fellowship.

He attends the Lancaster County Bible Church behind College Row on Sunday mornings, and when he can’t make that service, he attends Tuesday night service at the Worship Center.

“We all deal with short and long-term struggles and setbacks, and for me, my faith has helped me realize that everything is working for your good,” Young said. “I’ve gained perspective from this, and I am a more positive and happy person because of it.”

It is family, particularly his memories of his father, that has inspired his faith and helped mold his positive outlook, exceptional passion and even-keeled perspective. His father was an adventurous spirit. He moved Young’s family to five different states over the summer at F&M. A typical day for Young starts at 8 a.m., and twice a week it starts at 6 a.m. in the pool and weight room with the wrestling squad. The morning workout is quickly followed by breakfast. During football season, his first meal consists of eight eggs and 15 pieces of toast, and when he is maintaining weight for wrestling, he “eats like a regular person.” He rushes to his first class following breakfast. Afterward, he hurries to his football lifting session, and an hour later he is sprinting back to class. A quick lunch before wrestling practice at 4:30 p.m. and the toughest part of the day is under way.

“Josh has an amazing work ethic, especially competing in two sports,” said Mike Rogers, head wrestling coach at F&M. “He makes everyone around him want to be a better person.”

At 7:30 p.m., Young is refueling in the dining hall with his teammates, and after, he takes some rare leisure time to hang out with his roommates. “I need a break at that point,” he admits. Around 9:30 p.m., Young turns his focus to the books.

On a good day, he can crawl into bed around midnight, but most days stretch into long nights. Once a week, they take him into the morning hours, and Young gets to watch the sun rise twice in 24 hours.

The Sunday after the Keystone Classic was one of those nights. Young returned to F&M’s campus and hit the library, typing away about Phillip L. Quinn and other philosophers through the wee hours. Before he knew it, it was Monday morning, and he was off to his 8 a.m. class.

To try and understand what makes Young tick, one only has to take a short walk from the wrestling mat in the Mayser Gym, to the Hall of Fame suite down the hall. There, at 5:30 p.m. on Sunday nights, Young leads a bible study for the Diplomat Christian Fellowship.

He attends the Lancaster County Bible Church behind College Row on Sunday mornings, and when he can’t make that service, he attends Tuesday night service at the Worship Center.

“We all deal with short and long-term struggles and setbacks, and for me, my faith has helped me realize that everything is working for your good,” Young said. “I’ve gained perspective from this, and I am a more positive and happy person because of it.”

It is family, particularly his memories of his father, that has inspired his faith and helped mold his positive outlook, exceptional passion and even-keeled perspective. His father was an adventurous spirit. He moved Young’s family to five different states over the summer at F&M. A typical day for Young starts at 8 a.m., and twice a week it starts at 6 a.m. in the pool and weight room with the wrestling squad. The morning workout is quickly followed by breakfast. During football season, his first meal consists of eight eggs and 15 pieces of toast, and when he is maintaining weight for wrestling, he “eats like a regular person.” He rushes to his first class following breakfast. Afterward, he hurries to his football lifting session, and an hour later he is sprinting back to class. A quick lunch before wrestling practice at 4:30 p.m. and the toughest part of the day is under way.

“Josh has an amazing work ethic, especially competing in two sports,” said Mike Rogers, head wrestling coach at F&M. “He makes everyone around him want to be a better person.”

At 7:30 p.m., Young is refueling in the dining hall with his teammates, and after, he takes some rare leisure time to hang out with his roommates. “I need a break at that point,” he admits. Around 9:30 p.m., Young turns his focus to the books.

On a good day, he can crawl into bed around midnight, but most days stretch into long nights. Once a week, they take him into the morning hours, and Young gets to watch the sun rise twice in 24 hours.

The Sunday after the Keystone Classic was one of those nights. Young returned to F&M’s campus and hit the library, typing away about Phillip L. Quinn and other philosophers through the wee hours. Before he knew it, it was Monday morning, and he was off to his 8 a.m. class.

To try and understand what makes Young tick, one only has to take a short walk from the wrestling mat in the Mayser Gym, to the Hall of Fame suite down the hall. There, at 5:30 p.m. on Sunday nights, Young leads a bible study for the Diplomat Christian Fellowship.

He attends the Lancaster County Bible Church behind College Row on Sunday mornings, and when he can’t make that service, he attends Tuesday night service at the Worship Center.

“We all deal with short and long-term struggles and setbacks, and for me, my faith has helped me realize that everything is working for your good,” Young said. “I’ve gained perspective from this, and I am a more positive and happy person because of it.”

It is family, particularly his memories of his father, that has inspired his
Students at Franklin & Marshall College, upon telling someone that they attend a school in Lancaster, Pa., are almost always asked what it is like to study among the Amish. At which point the student will likely sigh and explain that the Amish reside outside of the city, mostly to the south and east, and that Lancaster is a small modern city with a vibrant and diverse population.

The fact is, Franklin & Marshall and Lancaster are inextricably bound to each other. What is good for Lancaster is good for F&M, and vice versa. As a result, it has become central to F&M’s mission that the campus be a launching point for students to do good in the local community, rather than be a bubble that exists independently from its surroundings. And while F&M draws students from around the world, those that hail from Lancaster County have a special perspective on the College’s role locally. One of those students is Sarah Haddon.

Haddon ’17, a psychology major and member of the women’s basketball team, grew up in nearby Ephrata, just 15 minutes north of Lancaster via Route 222.

“At first, I told my mom I didn’t even want to visit,” Haddon said. “F&M was way too close to home. But after looking into it more and visiting, I loved it and I realized that I lived far enough away that I was in a new place, but close enough that my mom could support me at all of my games, which was really important to both of us.”
Haddon has enjoyed the support of many, in addition to family, since beginning her time at F&M.

“It has always been nice to see people from Ephrata come to watch me play, and it feels like they’ve been with me for my whole basketball career,” she said. “It made me realize how lucky I was to be a student from the community.”

Earning and maintaining that hometown support is part of F&M’s aim to connect with the local area through Diplomat athletics.

“Our team strives to be involved in Lancaster through various service projects and by having youth groups attend our games,” said seventh-year head coach Kirsten Richter ’03.

“It’s a special connection back to the community when we have a local player, like Sarah, on our team.”

Haddon, in turn, has given back in abundance. Her impressive record of civic service includes helping to rebuild the Trauma Informed Care Center at the Community Action Program in Lancaster, serving meals to the homeless, participating in the Adopt-a-Family Program during the holiday season, and helping to organize area activities such as Lancaster’s Girls on the Run 5K and the Firecracker 5-mile run in Ephrata.

“It is important to give back, especially as an athlete, which makes you someone the kids in the community can watch and look up to,” Haddon said. “It’s fun to be able to get involved and show how much you care. There is so much we can do to help others because of the opportunities we have been given at F&M.”

According to Richter, giving back is central to Haddon’s personality.

“Sarah is compelled to be a part of something bigger than herself and make contributions to that end,” Richter said. “It is evident in a team setting, and it carries over to community service.”

It is an inclination that also led Haddon to serve her fellow F&M student-athletes and the local community as co-president of the Student Athletic Leadership Council (SALC). Through SALC, Haddon worked to optimize the experience of F&M’s student-athletes, including organizing the council’s service projects. In early March, she was instrumental in running SALC’s 4L Day, welcoming nearly 80 local high school student-athletes for a day of leadership training on campus.

For all of the time she has given to others, Haddon has not failed to collect a multitude of personal achievements. Academically, she has earned a place on the Dean’s List or Honors List every semester. She was named to the Centennial Conference (CC) Academic Honor Roll every semester that she was eligible for the award, and is a member of the Psi Chi National Psychology Honor Society. She has also been able to conduct her own research, studying the mental health of registered sex offenders.

On the basketball court, Haddon’s last three seasons saw the Diplomats steadily add to their win total, just missing out on a conference tournament berth this past season. And in her final collegiate game, a 65-61 victory on Senior Day against Swarthmore Feb. 18, she surpassed 1,000 career points, becoming just the 16th player in program history to reach that milestone.

“I’m really proud of this past basketball season. It showed the value of all the hard work that our team puts in and the building years that we’ve gone through,” Haddon said. “But scoring 1,000 points is up there in my proudest moments, too... I was so overwhelmed with support and love on Senior Day.”

The extended cheers that filled the Mayser Center when she scored that landmark basket were just the first indicator of how many people were glad to see a local student-athlete succeed. As someone that has given so much to the community and nurtured the relationship between F&M and the surrounding area, she can be sure that the support she felt that day will endure for as long as she calls Lancaster County and F&M “home.”
Melissa Epstein's parents were hesitant to allow their youngest daughter to attend Franklin & Marshall College.

On the surface, that statement appears counterintuitive. Both Jay Epstein ’80 and Stephanie Simon ’81 graduated from the school. Jay was a captain and No. 1 on the men’s squash team’s ladder, while Stephanie competed on the women’s tennis team. They met at Spring Arts, one of the College’s most cherished traditions held annually on Hartman Green.

Their oldest daughter, Laura Epstein, graduated in 2011 and was active in student government. To make it a perfect four-for-four, their middle child, Nancy Epstein ’15, also attended and thrived as a captain on the women’s soccer team.

So why discourage their youngest daughter from attending a place so obviously ingrained in the fabric of their family?

“My parents did not want their past choices and those of my sisters dictating my decision regarding school,” Epstein said. “They wanted me to have my own college experience, and not one influenced in any way by their pasts.”

Athletics have played a significant role in the Epstein family’s experience at F&M and is ultimately the reason Melissa won over her parents when deciding to attend—just not for the sport she grew up playing.

She was a star basketball player in high school, receiving several college offers to compete at the next level. However, two serious concussions in a span of four days during her senior year derailed her plans. Epstein was forced to step away from basketball, a sport she participated in every season of every year, and was left with severe concussion symptoms for several months. When she recovered, her neurologist encouraged her to give up competitive basketball.

Athletically, there was a void to fill in her life, and squash seemed to be the natural, albeit unlikely, fit.

“I still don’t remember how or why it happened, but later that year, I somehow ended up on a squash court with my dad and quickly became interested in the sport,” Epstein said. “I started hitting every day, and squash soon replaced basketball for me.”

Suddenly, squash began to play a role in Epstein’s college-search process, as she started to speak with coaches and look at courts when going on campus visits. She didn’t think playing collegiate squash would be an option given her lack of experience, so Epstein did not let it become a determining factor when looking at schools.

When she toured F&M in the spring of her senior year, she asked to meet with head squash coach Gavin Jones, arranging a time to talk with him at the Mayser Center courts while the women’s team was practicing.

“As soon as we left the courts, I remember my mom turning to me and saying, ‘That’s it, isn’t it? That just made the decision for you.’ She was right,” said Epstein, a native of Marblehead, Mass.

“My conversation with coach and seeing how the players interacted with each other made me want to be a part of the program. Leaving the courts that day, I knew I wanted to go to F&M.”

Jones took a chance on Epstein as a walk-on for the 2015–16 season. He noticed the athleticism that obviously runs in her family’s genes, believing that her natural ability would allow her to succeed at the collegiate level.

“Melissa had the talent, drive, and hunger to improve,” said Jones, who recently concluded his sixth year with the program. “I have found that students who start playing the game of squash later in life are easier to coach because they are so eager to get better.”

Many of her teammates had been playing squash since they were old enough to swing a racquet. She described the first handful of captain’s practices during her first year as some of the most nerve-racking and intimidating hours of her life. She didn’t know the rules or the techniques and was just “winging” it. However, the F&M squash family made her feel welcomed and encouraged her to stick with the sport.

“Both my teammates and coach made me so excited to play and to work hard, and they drove me to try my hardest,” Epstein said. “I wanted to get better, not only for myself, but also for coach and my teammates as well.”

Her original goals were modest. Unlike some teammates who came to school eyeing the No. 1 position on the ladder, Epstein was focused on learning the sport, trying her hardest and hopefully making great friends. Competing primarily in exhibition matches during her first year, Epstein began to see progress in her game through hard work and her dedication toward improving. She was named the team’s Most Improved Player.

“Melissa has a great work ethic,” Jones said. “She always arrives at practice early and always leaves late. Melissa is the type of person who knows...
what she wants and is not afraid to put in the hard work needed to achieve her goals.”

By her sophomore year, Epstein was rewarded with a spot in the top nine. She steadily got better as the season went along and eventually finished with six wins at the No. 8 spot in the order.

“Due to my lack of prior squash experience, I felt as if I have something to prove to everyone,” Epstein said. “I need to work hard, need to take being on the team seriously, because I want to show everyone that I deserve my place on the team and that coach made the right decision letting me join.”

Tenaciously placing all her effort behind an aspect of her life that she focuses on is the same mentality Epstein carries into the classroom.

She is a standout student who has made the Honors List every semester and is a Marshall Fellow—a program designed to award high academic achievement and provide support for academic enrichment. The fellowship provides funds that will allow Epstein to participate in an activity or program to advance her learning.

A government major, Epstein is interested in international relations and law, but doesn’t want to look too far ahead to life after graduation. “Right now, I am focusing on continuing to do well in school, enjoying my next two years here at F&M, and improving my squash skills,” she said.

Jones also expects the rising junior to continue her upward trajectory the next two years as a vital member of the team—one who leads others by example with her work ethic and high standards both on and off the court.

“This coming season, Melissa will have a bigger role on the team, and I expect her to step up to the next level with her squash play,” Jones said. “I am confident that Melissa will work hard over the summer to continue her improvement.”

As a former walk-on, Epstein has already exceeded expectations. Being a part of the squash team has helped her discover some of her closest friends while growing her appreciation for a new sport that she has learned to love. None of this had seemed possible just a few short years ago when touring a school her parents were hesitant about giving their blessing to attend.

“I’m glad I ‘fought’ them on letting me come here,” she said.
In fall 2016, Franklin & Marshall inducted six new members into its Athletic Hall of Fame. Amy Abernathy ’04, Jack Bailey ’69, Steve Coulson, Eve Dintino ’83, Leah Rubin ’00 and Jack Savage ’89 were honored at an October ceremony during Homecoming and Family Weekend.

The class was the 35th to be inducted since the F&M Athletic Hall of Fame was formed in 1969 and raised the total number of members to 240 individuals and 13 teams.

HERE IS A SNAPSHOT OF EACH NEW INDUCTEE:

**Amy Abernathy ’04, Women’s Basketball**

Abernathy was a three-time All-Centennial Conference (CC) member as a center and the 2004 CC Player of the Year for women’s basketball. She was also one of only seven members in program history to be named an All-American following her senior season and one of 15 women’s basketball members to score more than 1,000 points during her career. Abernathy’s name remains scattered throughout the program record book, where she places fifth with an average of 14.9 points per game, fourth in rebounds per game (11.5), first in blocks per game (2.7) and 11th in steals per game (1.7).

**Jack Bailey ’69, Men’s Track & Field**

More than 45 years since his graduation, a pair of Bailey’s F&M track & field records still stand. On May 7, 1968, at the Little Three Meet, Bailey ran the 100 meters in a time of 10.5 seconds and the 200 meters in a time of 21.5. Transferring from Tougaloo College in Mississippi in 1967, Bailey had to sit out a year before first competing at F&M as a junior. A co-captain his senior season, he led the team to back-to-back Mid-American Conference championships in 1968 and 1969, placing second in both the 100 and 220 meters in 1968, and was a member of the 1,600-meter relay team that placed second.

**Steve Coulson, Volleyball Coach**

Coulson guided the volleyball team for 12 seasons and was one of the program’s most successful head coaches. He compiled a 251-149 (.630 winning percentage) record, registering the most victories in program history. He guided the Diplomats to four Centennial Conference crowns. On the national level, he led his teams to six NCAA playoff appearances. His final season in 2000 remains one of the best in volleyball’s history. The squad accrued a 34-6 overall record and a perfect 10-0 mark in conference play, advancing to the NCAA Sweet 16 for the first time in program history. He continued to aid F&M as an assistant on the staff of head coach Mary Kate Boland ’01, one of his former players and a Hall of Fame Class of 2013 inductee.
Eve Dintino ’83, Women’s Lacrosse/Field Hockey

Dintino concluded her career as one of the lacrosse program’s most prolific stars, exiting Lancaster with 104 goals, which at the time of her graduation was first on the program’s list. She also added 48 assists, for a career total of 152 points. She was named an All-American in 1982 and a two-time All-Region member by the Association for Intercollegiate Athletics for Women (AIAW), which served as a predecessor of the NCAA for women’s collegiate competition until 1981–82. She helped lead her team to three Mid-American Conference championships and a pair of AIAW/USWLA national runners-up finishes.

Leah Rubin ’00, Women’s Tennis

Rubin remains one of just four women’s tennis players in Centennial Conference (CC) history to be named Player of the Year twice, earning the honors in 1999 and 2000. She was elected to the all-conference first team all four years in singles and earned a spot on the first team for doubles three times. Rubin and Katie G. Rouff-Ward ‘99 formed one of the most formidable doubles teams in program history, accumulating a record 36 wins and a pair of all-conference first team nods. The Diplomats won four consecutive CC Titles (1997–00) during her tenure, as Rubin accumulated a career record of 74-13 in singles, fourth on the all-time list, and 51-16 in doubles, tied for sixth all time.

Jack Savage ’89, Football/Wrestling

Savage, a 5’ 9”, 195-pound defensive tackle, was the only defensive player in Centennial Conference (CC) history to be named Player of the Year, earning the honor in 1988. An All-American in both 1987 and 1988, Savage ranks 10th in program history with 17 career sacks and recorded a total of 223 tackles, including a career-high 102 in 1988. He captained the team during his senior season and garnered all-conference accolades in his final two years. Savage was a member of three conference championship teams, including the 1987 squad, which was the last to go undefeated in CC play at 7-0.
Giving Back

Giving back is a fundamental facet of being a Diplomat. Each year, through various volunteer programs, Franklin & Marshall College student-athletes commit their time and effort to the surrounding community. Here are a few highlights from 2016–17:

**Track-or-Treat**

Students from the College’s 27 varsity sports were involved with the planning and facilitating of the annual Track-or-Treat event, an indoor Halloween celebration aimed at providing the surrounding community a safe environment to trick-or-treat. Kids were entertained with games that were organized by the student-athletes, as well as prizes, a balloon artist, face painting, fresh-popped popcorn and much more.

**F&M William Marshall and Terry Greene Tournaments**

Joining forces with the Lancaster Rotary, the Department of Athletics and Recreation raised $32,618 for local charities with proceeds from the 2016 F&M William Marshall Tournament and Terry Greene Memorial Basketball Tournament. Proceeds from the tournaments were designated primarily to support the United Way of Lancaster’s City Youth Summer Program Initiative. The 15-year partnership has raised more than $500,000 for charities.

**Go 4 the Goal**

The baseball team raised money and awareness for the Go4theGoal Foundation’s Lace Up 4 Pediatric Cancer campaign, completing its most successful campaign to date by raising nearly $5,500 for the cause. Go4theGoal Foundation is a nonprofit organization founded in 2006 by Dr. Richard and Beth Stefanacci, whose oldest child was diagnosed with Ewing’s Sarcoma, a rare form of bone cancer.

**Lauren’s First and Goal**

Members of the F&M football team, coaching staff and their families volunteered their time at the annual Lauren’s First and Goal camp in June, helping raise more than $130,000 through registrations and donations. Now in its 14th year, the foundation has raised $2.2 million toward pediatric research, patient services, as well as assisting families.
**Little Dips Diaper Drive**

The football team donated 13,620 diapers to the Water Street Ministries Shelter in October, enough to provide children with diapers for three months. The diapers were collected Oct. 15 when the Diplomats defeated McDaniel 25-7 on Homecoming Weekend.

**Tennis and Squash Aces**

The pair of ACES programs—Athletics, Community, Excellence and Scholarship—continued to combine athletic training and mentoring to help develop the leadership and intellectual potential of hundreds of Lancaster middle-school and high-school students.

**Cancer Awareness**

Multiple teams held game-day fundraisers to benefit such organizations as Colleges Against Cancer, the Kay Yow Cancer Fund, and the American Cancer Society.

**4L Day**

In March, F&M’s Student-Athlete Leadership Committee (SALC) hosted the fifth annual Lancaster-Lebanon League Leadership Workshop for a group of nearly 80 local high school student-athletes from 21 member schools. SALC organized and presented a variety of sessions on the topic of leadership to the participants, giving them an opportunity to exchange information and ideas on the subject. Exercise topics included communication, goal setting, types of leadership and leaders, personal/team values, and how to conduct oneself on and off the field.

**TeamWork**

During the 14th annual TeamWork event, hundreds of Diplomats from F&M’s varsity and club athletic teams, as well as Greek organizations, the Weis College House and the Black Student Union (BSU) grabbed their rakes, shovels, plastic bags, gloves, clippers and T-shirts to head out into the community with beautification projects and a trash sweep. There were more than 30 projects. Some included yard cleanup for neighbors and friends who were unable to get out themselves.

**Softball Thinks Green**

In the fall, the softball team planted more than 300 trees throughout Lancaster. The event, organized by the City of Lancaster’s Stormwater Bureau, aimed to “restore the riparian buffer” on Riverside Avenue, an area owned by the city.

**Soccer Africa Project**

The men’s and women’s soccer teams traveled for two weeks in South Africa during late May. The highlight of the trip was a celebration of the CTC10 Foundation’s 10-year anniversary, held at the Chris Campbell Memorial Field in Khayelitsha, during which F&M President Dan Porterfield announced a $25,000 gift to the foundation. The journey marked the first time that Porterfield made the trip, the first time the women’s team traveled to South Africa, and the fourth time that the men’s team undertook the excursion.

The teams came together at the field along with Porterfield to learn about CTC10’s partner Amandla and the day-to-day programming at the field.

The final leg of the trip provided a new segment: building a relationship with an organization called Ubuntu. Ubuntu is a nonprofit organization focused on giving talented South African soccer players the academic and athletic training necessary to gain admission to colleges and universities in the United States. F&M soccer alumnus Jeremy Levine ’17 stayed behind at the end of the trip to begin working with Ubuntu.
The Franklin & Marshall College Diplomats hosted 196 home events in 2016–17, including 12 Centennial Conference and NCAA postseason competitions. F&M participated in 504 games, meets and matches overall.

The Department of Athletics and Recreation’s communications office continued adding to the fan experience with more comprehensive online coverage and high-definition video broadcasts than ever before, providing improved graphics and distinctive camera angles.

Nearly 160 home events were streamed live, and the department continued its trend of reaching its largest audience ever. A record 43,757 viewers tuned into Diplomat sporting events through GoDiplomats.com/Live, an average of 277 unique viewers per contest and an overall increase of 20 percent from 2015–16. An additional 9,854 viewers watched contests on demand.

GoDiplomats.com totaled more than 3.5 million site visits in the year, an increase of 1 million viewers from a year ago, and an average of 292,426 per month. Visitors logged more than 22 million page views—an average of 1.84 million per month—as the athletic communication-staff produced more than 900 stories on F&M student-athletes and teams.

A record 118 videos were posted on the Athletics and Recreation YouTube channel, including preseason videos for all 27 sports, as well as single-game recaps and season-summarizing highlight reels. The channel totaled 61,766 views, an 18 percent increase from the previous year. Fans also registered an estimated 119,603 minutes of viewing time, an average of 1:59 per video.

### Fan support at a glance:

<table>
<thead>
<tr>
<th><strong>LIVE EVENT</strong></th>
<th><strong>196</strong></th>
<th><strong>12</strong></th>
<th><strong>504</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>events hosted</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>postevent events hosted</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>total events</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>STREAMING</strong></th>
<th><strong>158</strong></th>
<th><strong>43,757</strong></th>
<th><strong>277</strong></th>
<th><strong>9,854</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>home events streamed live</td>
<td></td>
<td>number of viewers</td>
<td>average viewers per contest</td>
<td>on-demand views</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>GODIPLOMATS.COM</strong></th>
<th><strong>3.5 million</strong></th>
<th><strong>292,426</strong></th>
<th><strong>22 million</strong></th>
<th><strong>1.8 million</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>total site visits</td>
<td>average per month</td>
<td>total page views</td>
<td>average per month</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>YOUTUBE</strong></th>
<th><strong>118</strong></th>
<th><strong>61,766</strong></th>
<th><strong>119,603</strong></th>
<th><strong>2 minutes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>number of videos posted</td>
<td>total views</td>
<td>minutes watched</td>
<td>average viewing time</td>
<td></td>
</tr>
</tbody>
</table>
Field Hockey

MELANIE CONSIGLIO '17
CC Sportsmanship Team
BRENT FALCONE '17
Longstreth/NFHCA All-America First Team
SYNAPSE Sports All-America First Team
All-Region First Team
All-CC First Team
ECAC South All-Star Team
ANNIE HORSLEY '18
All-Region First Team
All-CC First Team
KATHERINE KISTLER '17
CC Academic Honor Roll
EMILY NAGLE '19
CC Academic Honor Roll
SARAH POWELL '17
CC Academic Honor Roll
ILIANNA SANTANGELO '19
All-CC First Team
ECAC South All-Star Team
SARAH SCHANNAUER '18
All-CC Second Team
JENN SILVERMAN '17
CC Academic Honor Roll
Football

ZACHARY BRADLEY '18
CC Academic Honor Roll

KARSTEN BRATT-PPOTENHAUER '17
CC Academic Honor Roll
BRENDAN DALY '17
All-CC First Team
ECAC South All-Star Team
ANDREW DESTEFANO '17
CC Sportsmanship Team
STEVEN ELF '17
All-CC First Team
LUKE FOUKAS '17
All-CC Second Team
TATIBIL GERALD '18
All-CC Honorable Mention

STEVE GEROVASILIS '19
CC Academic Honor Roll
JOE GRANAHAN '19
All-CC First Team
ECAC All-Star Team
MATTHEW HLAIVINKA '17
All-CC Honorable Mention
CODY HUBBS '17
All-CC Honorable Mention
CoSIDA Academic All-District Team
BRENDAN KILKENNY '19
CC Academic Honor Roll
JEFF LEONE '18
CC Academic Honor Roll
VINCENT MOFFETT '18
All-CC First Team
JON NAJI '17
All-CC Honorable Mention

Fall Academic All-Centennial
CC Academic Honor Roll
MARK OPIALSKI '17
All-CC Second Team
MICHAEL REALBUTO '17
CC Academic Honor Roll
DAN RIORDAN '17
CC Academic Honor Roll
TYLER SCHUBERT '19
CC Academic Honor Roll
MICHAEL SULLIVAN '18
All-CC Second Team
JOSHUA YOUNG '17
CC Academic Honor Roll
BILLY ZwICHAROWSKI '17
All-CC Honorable Mention
Fall Academic All-Centennial
CC Academic Honor Roll

Men's Soccer

ALEX BILODEAU '19
All-CC Honorable Mention
CC Academic Honor Roll
Fall Academic All-Centennial

JIM CONNOLLY '19
CC Academic Honor Roll

WYATT FABIAN '18
NSCAA All-America Third Team
DSoccer.com All-America Third Team
All-Region First Team
All-CC First Team
ECAC All-Star Team
JOSH GOTLIB '19
CC Academic Honor Roll
JEREMY LEVINE '17
All-CC Honorable Mention

COLE NIGGEMAN '19
CC Academic Honor Roll
UGO OKOLIE '19
NSCAA All-America Third Team
All-Region First Team
All-CC First Team
MATT REGUERIO '17
CC Academic Honor Roll
DAVID REINGOLD '17
All-Region Third Team
All-CC First Team
ECAC All-Star Team

JANSE SCHERMRHORN '18
CC Academic Honor Roll
JASON TONELLI '18
All-CC First Team

BEN WILD '17
All-Region Second Team
All-CC Second Team

Women's Soccer

MARY FRANCO '17
CC Academic Honor Roll
SHANNON JOHNSON-FINN '17
CC Academic Honor Roll
HANNAH KOWALEWSKI '18
CC Academic Honor Roll
CC Sportsmanship Team
LAUREN KRAMIS '19
CC Academic Honor Roll
REANNA LEONI '18
All-CC Honorable Mention
SARAH MISCHIANTI '17
All-CC Honorable Mention
NICOLETTE RUNKO '20
All-CC Honorable Mention
NICOLE SAVIDGE '17
CC Academic Honor Roll

Volleyball

ALLISON EDELSTEIN '17
All-CC Honorable Mention
CC Academic Honor Roll
ELLIE EZEKIEL '17
All-CC First Team
CC Academic Honor Roll
CASSIE GARRISON '18
CC Academic Honor Roll
EMILY GERARD '17
CC Sportsmanship Team
MARY LENEWEAVER '17
All-CC Honorable Mention
SHAENA MURPHY '18
CC Academic Honor Roll

Men's Cross Country

RYAN KIGER '19
CC Academic Honor Roll
J.T. PAGANELLI '17
CC Academic Honor Roll
IGNACIO PICADO-FALLAS '17
CC Sportsmanship Team

Women's Cross Country

AMELIA CADWELL '19
CC Academic Honor Roll
CAROLINE KEARNEY '17
CC Academic Honor Roll

Women's Basketball

CAROLINE KEARNEY '17
CC Academic Honor Roll
AMELIA CADWELL '19
CC Academic Honor Roll
CAROLINE KEARNEY '17
CC Academic Honor Roll

Women's Swimming

KEITH KAMONS '19
CC Academic Honor Roll
ERIC LANG '18
All-CC Honorable Mention

Women's Rowing

BEN CARROLL '20
All-MARC Novice
TREXLER HIRN '18
MARC Academic Honor Roll
SEAN HYLAND '18
MARC Academic Honor Roll

HONORS LIST / conference, regional and national
NGOUN LAY ’19
MARC Academic Honor Roll

JONATHAN MUNRO ’17
Ali-MARC Varsity

JAMES NELSON ’17
Ali-MARC Varsity
MARC Academic Honor Roll

Women’s Rowing
PAIGE ALEXANDER ’20
Ali-MARC Novice

KATHRYN BENEDETTO ’17
Ali-MARC Varsity

TERESA CHAPPELL ’18
CRCA Scholar-Athlete
MARC Academic Honor Roll

JARRETT DONAGHY ’20
CRCA Scholar-Athlete
MARC Academic Honor Roll

Men’s Golf
STEPHEN COLODNY ’17
All-American Scholar
Mid-Atlantic All-Region Team
CC Player of the Year
Ali-Conference Team
CC Sportsmanship Team

BYUNG UK LEE ’19
CC Academic Honor Roll

Ben Mitchell ’18
Mid-Atlantic All-Region Team
Ali-Conference Team

Women’s Golf
ANELISE BROWNE ’20
Ali-Conference Team

MEGAN WHITTIER ’19
CC Sportsmanship Team

Baseball
JAKE AMORELLO ’19
CC Academic Honor Roll

MIKE ANDROCONIS ’18
Ali-CC Second Team

LUKE BENGEL ’17
CC Academic Honor Roll

Casey Bulik ’17

CC Sportsmanship Team

Cory Hecht ’17
CC Academic Honor Roll

David Iacobucci ’17
ABCAl Mid-Atlantic All-Region
Second Team
D3baseball Mid-Atlantic All-Region
Second Team
Ali-CC Second Team

Kengo Kawahara ’18
CC Academic Honor Roll

Chris Vincent ’17
Ali-CC Second Team

Reed Williams ’17
Ali-CC Second Team

Softball
Sam Clemens ’19
CC Academic Honor Roll

Crystal Good ’18
CC Academic Honor Roll
CC Sportsmanship Team

Lexi Piccinich ’20
Ali-CC First Team

TayLor Long ’19
Ali-CC Second Team

Izzy Schaefer ’18
CC Academic Honor Roll

Katie Wenger ’18
CC Academic Honor Roll

Men’s Tennis
Inigo Flores ’17
Ali-CC First Team (Doubles)
Academic All-Centennial
CC Academic Honor Roll

Zack Levin ’19
Ali-CC Second Team (Singles)

Jack Rothman ’18
Ali-CC First Team (Doubles)

Ali-CC Second Team (Singles)
Academic All-Centennial
CC Academic Honor Roll

Will Samuel’s ’18
CC Academic Honor Roll
CC Sportsmanship Team

Women’s Tennis
Sarah Haas ’18
All-CC Second Team (Doubles)
CC Sportsmanship Team

C.J. RumMelsburg ’17
All-CC Second Team (Doubles)

Nicole Russo ’17
All-CC First Team (Singles)
All-CC First Team (Doubles)

Allison Wolters ’19
CC Player of the Year
Ali-CC First Team (Singles)
Ali-CC First Team (Doubles)

Men’s Lacrosse
George Briggs ’19
All-America Honororable Mention
All-CC First Team

Jarrett Donahgy ’20

All-CC Second Team

Anthony Dougherty ’17
All-CC Second Team

Sam Garges ’19
CC Academic Honor Roll

Tucker Mcbride ’19
All-CC Second Team

Kevin Mollihan ’20
All-America Honororable Mention
CC Tournament MVP
CC Rookie of the Year
All-CC First Team

Mike Rama ’17
CC Academic Honor Roll
CC Sportsmanship Team

Sean Rogers ’18
All-America Third Team
CC Offensive Player of the Year
All-CC First Team

Nick Zenobia ’17
All-America Honororable Mention
All-CC First Team

Daniel Zlevor ’19
CC Academic Honor Roll

Women’s Lacrosse
Vanessa Budd ’17
IWLCA Defender of the Year
Inside Lacrosse Defender
of the Year
IWLCA All-America First Team
All-Metro Region First Team
CC Defensive Player of the Year
All-CC First Team
IWlCA Senior All-Star

Sarah Bozzo ’17
IWLCA All-America Third Team
All-Metro Region First Team
All-CC First Team

IWLCA Senior All-Star

Taylor Freud ’17
CC Academic Honor Roll

Maggie Hansche ’20
CC Sportsmanship Team

Maddie Hughes ’19
All-Metro Region First Team
CC Tournament MVP
All-CC First Team
Academic All-Centennial
CC Academic Honor Roll

Julia Mckay ’19
CC Academic Honor Roll

Jasmine Pain ’18
IWLCA All-America First Team
All-Metro Region First Team
All-CC First Team

Aly Saliba ’18
CC Academic Honor Roll

Danielle Wilson ’19

CC Academic Honor Roll

Men’s Outdoor Track & Field
Abhishek Anand ’19
CC Academic Honor Roll

A.J. Bates ’20
Ali-CC First Team

Tanner Erisman ’19
Ali-CC Second Team

Adam Fishbein ’18
CC Academic Honor Roll

Ryan Kiger ’19
CC Academic Honor Roll

Ryan Kozloski ’17
CC Sportsmanship Team
CC Academic Honor Roll

Logan Lewis ’18
CC Field Performer of the Year
Ali-CC First Team
All-CC Second Team

Alexandra KisZka ’18
CC Academic Honor Roll

Kaitlin Muccio ’19
All-CC First Team
All-CC Second Team
Academic All-Centennial
CC Academic Honor Roll

Sabrina Piccinini ’20
CC Sportsmanship Team

Allyssa Ward ’18
CC Field Performer of the Year
All-CC First Team (4X)

Jasmin Wright ’19
CC Academic Honor Roll

Rachel Wylie ’20
CC Rookie Performer of the Year
All-CC First Team (2X)

Women’s OutdooR Track & Field
Caroline Kearney ’17
CC Academic Honor Roll

Men’s Outdoor Track & Field
Another year has passed, and more records have been broken. Thanks to a record 2,431 dedicated alumni, parents and friends, giving to Franklin & Marshall College via the Diplomat Athletic Club (DAC) totaled $732,640 (as of July 13).

“DAC enables us to create a one-of-a-kind student-athlete experience for our team. We value growth and learning on and off the court. DAC gives us the opportunity to compete and excel at both.”

—Kirsten Richter ’03, Head Women’s Basketball Coach

Another year has passed, and more records have been broken. Thanks to a record 2,431 dedicated alumni, parents and friends, giving to Franklin & Marshall College via the Diplomat Athletic Club (DAC) totaled $732,640 (as of July 13).

### Athletics Donors via DAC

<table>
<thead>
<tr>
<th>donors</th>
<th>FY13</th>
<th>FY14</th>
<th>FY15</th>
<th>FY16</th>
<th>FY17</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1,703</td>
<td>1,924</td>
<td>2,081</td>
<td>2,239</td>
<td>2,431</td>
</tr>
</tbody>
</table>

### Giving for Athletics via DAC

<table>
<thead>
<tr>
<th>giving</th>
<th>FY13</th>
<th>FY14</th>
<th>FY15</th>
<th>FY16</th>
<th>FY17</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$488,383</td>
<td>$628,207</td>
<td>$602,492</td>
<td>$655,969</td>
<td>$732,640</td>
</tr>
</tbody>
</table>

*As of 7/13/17

### Raise Our Game

1,054 donors. $153,145. 31 days.

A large part of this year’s Diplomat Athletic Club success is thanks to the amazing response to March’s Raise Our Game campaign. F&M’s 27 varsity teams challenged their supporters to help raise their game by meeting specific fundraising goals that each team set. Diplomat Athletics fans came together for an extraordinary show of support—1,054 donors raised $153,145 in 31 days. DAC Chairman Al Ingraham ’72 announced two matching-gift challenges, both of which were reached in less than five days, generating more than $40,000. Many teams surpassed their individual goals thanks to the dedication of alumni, parents and friends.