TO: Mr. G. Thomas Lawson  
Director of Athletics  

Date: May 19, 1994  

From: Terry Aldrich  
Head Cross Country Coach  

Subject: 1993 Cross Country Year End Report  

OVERVIEW:  
The 1993 Cross Country season was one of the most successful in the school's history. The men's team was third in the ECAC Championships and 7th in New England and the women's team finished 2nd in the ECAC's, third in New England, and made history by qualifying for, and competing in the NCAA Div. 3 Cross Country Championships in Grinnell Iowa.  

Participation:  
Women's team - 21  
Men's team - 13  

MEN'S RESULTS  

Dual Meet Record: 1-2  
Williams 15 - Middlebury 50  
Tufts 26, Middlebury 53, U-Mass Dartmouth 54  

VERMONT State Meet:  
1st Middlebury 39  

INVITATIONALS:  
Williams 6th/12 teams  
Albany 9th/34 teams  

NESCACS  
1. Colby 86  
2. Wesleyan 86  
3. Tufts 104  
4. Bowdoin 109  
5. Williams 113  
6. Hamilton 121  
7. Bates 127  
8. Middlebury 139
9. Conn College 208
10. Trinity 219
11. Amherst 315

ECAC CHAMPIONSHIPS:
3rd - 25 Teams

DIV. 111 NEW ENGLANDS
7th - 26 Teams

INDIVIDUAL HONORS:
All NESCAC - Ryder Clifford (2nd!)
All ECAC - Ryder Clifford (4th)
"MOST IMPROVED" - Ryder Clifford

WOMEN'S RESULTS

DUAL MEET RECORD: (W-3, L-0 )
MIDDLEBURY 27, WILLIAMS 28
MIDDLEBURY 26, Tufts 48, Bates 50

VERMONT STATE MEET:
1st MIDDLEBURY 22

INVITATIONALS:
Williams: 2nd/15 teams
Albany: 1st/24 teams

NESCAC CHAMPIONSHIPS:
1. WILLIAMS 54
2. MIDDLEBURY 140
3. COLBY 103
4. TUFTS 118
5. BATES 131
6. CONN. COLLEGE 173
7. BOWDOIN 181
8. AMHERST 189
9. WESLEYAN 193
10. HAMILTON 252
11. TRINITY 259
ECAC CHAMPIONSHIPS:
2ND/27 TEAMS

DIV. 111 NEW ENGLANDS:
3RD/28 TEAMS

NCAA CHAMPIONSHIPS:
19TH/21 TEAMS

INDIVIDUAL HONORS:
ALL NESCAC: KRISTIN DALY, LESLIE ST. LAWRENCE
ALL ECAC: KRISTIN DALY, LESLIE ST. LAWRENCE
ALL NEW ENGLAND: KRISTIN DALY, LESLIE ST. LAWRENCE
"MOST IMPROVED" - LESLIE ST. LAWRENCE
DENHARTOG AWARD - KRISTIN DALY

PROGRAM NEEDS:

SCHEDULE:
I feel the schedule has improved dramatically with the
inclusion of the Williams and Albany Invitationalis. Both the men's
and women's teams get an opportunity to see teams early in the
season that we normally wouldn't see until the Championship meets.
On the "downside" we've lost an opportunity to host a home meet on
alternate years by dropping Plattsburgh and Johnson State. It would
be great to pick up a quality team i.e. Bowdoin or Wesleyan for a dual

PRESEASON
The preseason camp continues to be a very essential part of
our program, if for nothing else, to provide legitimacy to the sport.
It's difficult enough to compete early against Williams. To do so
without a preseason would be asking alot from our athletes.

RECRUITING
Because of the recent success of both programs, I spent more
time recruiting runners this year than ever before. Admission's was
very supportive of my efforts and ended up admitting several
runners who, in the past, might not have made it. Overall, the
program is very healthy and I am optimistic about our chances next
fall.