



2024 Outdoor Championships Technical & Information Sheet

INTRODUCTION

This sheet outlines the important technical procedures for competition and information on championship events for the 2024 NAIA Men's and Women's Outdoor Track and Field Championships.

QUALIFIER INFORMATION SURVEY

Fill out the [qualifier information survey](#) by **Thursday, May 16th at 5:00pm CST**. This is how you will submit head coaches, assistant coaches, and manager credential requests.

COACHES MEETING – MANDATORY

A mandatory coaches meeting will take place on **Friday, May 17th at 12:00 pm CST**. [Join the Zoom here](#)

ENTRY FEES

\$150 per team entered (each gender is a separate team), plus \$15 per athlete on the team roster. Entry fees for an institution (combined men's and women's programs) are capped at \$500. Payment must be submitted prior to packet pick-up on Tuesday, May 23rd.

Payment link: *Coming Soon*

TEAM CHECK-IN

Coaches must pick up packets between 10:00 am – 2:00 pm on Tuesday, May 21st at the Student Center Commons.

TEAMING UP FOR CHARACTER EVENT – REQUIRED

Monday, May 20th

9:30 am – 1:30 pm

Wildcat Track and Field Complex

There will be a Special Olympics track and field meet with area competitors. Schools will send all student-athletes to help in 1-hour blocks. Volunteer positions will include escorting competitors from the clerk table to their events, assisting at water stations, and cheering in the stands to provide an exciting environment for the athletes. Sign-up blocks will be issued on a first come basis.

STUDENT-ATHLETE EXPERIENCE EVENT – REQUIRED

Tuesday, May 21st

5:00 pm – 6:00 pm

Chapel Auditorium

All competing teams' official party are invited and required to attend the National Championship Student-Athlete Experience to be held at the Chapel Auditorium on Indiana Wesleyan's campus. We will be honoring USTFCCA Regional Award Winners, Champions of Character Individual Award Winners, and having a guest speaker.

Please note that there is no meal associated with the event. Teams can order meal tickets to eat in the cafeteria or make plans to eat off campus following the event.

GENERAL RULES

Follow NCAA rulebook except where specific exceptions are noted.

1. **Honest effort**, effective 2008 – refer to TFCA coaches manual and is in the coaches packet.
2. **DNF** – Recertification through the meet medical personnel. Bring the medical reinstatement form from the meet medical personnel to the Games Committee area.
3. **DNS** – Did Not Start – assumes withdrawal from the meet. Requires recertification through the meet medical personnel. Bring the medical reinstatement form from the meet medical personnel to the Games Committee area.

PROTESTS AND APPEALS

Form must be filed within 30 minutes after results are official. Official results will be posted by the Games Committee on the wall under the timing area (behind the finish line). These results are the only final results, not online live results. The 30-minute appeal window will be applied to time posted on each official results paper. When appealing a referee's decision, the Games Committee (serving as the Jury of Appeals) will review and issue the final decision. The head event referees will handle photo appeals and live stream as replay requests. Appeal fees are cash only and will be refunded if the appeal is won. Forms are available at the Games Committee Table. Appeals/protests cost \$50. Live stream and photo finish is an additional \$25 fee.

If appealing a field event attempt, the head event official must be notified of your intent to appeal prior to the next attempt being taken in the competition. After the head event official is notified, a coach from your staff must fill out and return the appeal/protest form with fees within 10 minutes of the official being notified. If you request live stream assistance, it will cost \$75 total at the time of the appeal being filed. In a best effort to maintain the flow of the event and meet, the head referee will review the live stream as quickly as possible. A dark mark will be taken if questioning a foul in the throwing and horizontal jump events once the head event official is notified.

False starts are not reviewable. Please remember that the live stream is being used in these requests. Depending on the camera location or angles at the time of the incident, in the field events specifically, it might not be caught on camera.

If filing an appeal and requesting video assistance, the only video to be reviewed will be the live stream provided in the Games Committee area. Coaches will not be able to view video or finish line photos with the committee. No personal video/photo can be submitted for review.

PRACTICE TIME

Practice will be available on both the outdoor and the indoor tracks. Due to multiple events on the infield, there will be controlled practice times for pole vault, javelin, and discus. This is for the safety of all student-athletes and coaches involved in these events. Student-athletes will not be able to practice these events on the infield outside of assigned times. Student-athletes participating in these events are welcome to utilize the indoor track or adjacent football field to warm-up, cool-down, or technical work outside of the assigned infield times. Access to Shot Put and High Jump will not be restricted.

Wildcat Track and Field Complex (Outdoor)

- Sunday, May 19th 12:00pm – 8:00pm
 - Discus and Pole Vault (NO JAVELIN) 12:00 pm to 2:00 pm
 - Javelin only (NO DISUCS OR POLE VAULT) 2:00 pm to 6:00 pm
 - Discus and Pole Vault (NO JAVELIN) 6:00 pm to 8:00 pm
- Monday, May 20th 8:00 am to 9:30 am AND 1:30 pm – 8:00 pm
 - Javelin only (NO DISUCS OR POLE VAULT) 8:00 am to 9:30 am
 - Discus and Pole Vault (NO JAVELIN) 1:30 pm to 4:00 pm
 - Javelin only (NO DISUCS OR POLE VAULT) 4:00 pm to 6:00 pm
 - Discus and Pole Vault (NO JAVELIN) 6:00 pm to 8:00 pm
- Tuesday, May 21st 8:00 am to 4:30 pm
 - Discus and Pole Vault (NO JAVELIN) 8:00 am to 11:00 am
 - Javelin only (NO DISUCS OR POLE VAULT) 11:00 am to 2:00 pm
 - Discus and Pole Vault (NO JAVELIN) 2:00 pm to 4:30 pm
- Wednesday, May 22nd 7:30 am to 9:30 am
 - No Javelin practice, Discus and Pole Vault only
- Thursday, May 23rd 7:30 am to 9:30 am
 - No Javelin practice, Discus and Pole Vault only
- Friday, May 26th – NO PRACTICE ON OUTDOOR TRACK

Troyer Fieldhouse

- Sunday, May 19th 12:00 pm to 8:00 pm
- Monday, May 20th 8:00 am to 8:00 pm
- Tuesday, May 21st 8:30 am to 4:30 pm AND 6:00 pm to 8:00 pm
- Wednesday, May 22nd 7:30 am to 9:00 pm
- Thursday, May 23rd 7:30 am to 9:00 pm
- Friday, May 24th 7:30 am to 5:30 pm

CERMONIES AND AWARDS

1. The Official Opening Ceremonies will be held **Wednesday at 2:30pm** and will consist of the introduction of Dignitaries, Organizing Committee Members, and Meet Officials. This will be followed by the National Anthem.

2. The top 8 finishers in each event will be taken to the awards stand after the event. The Announcer will say when it is time for the awards ceremony (immediately after the appeal window closes). Coaches - Please make sure that all athletes are available for these ceremonies. Your cooperation is appreciated.
3. The Closing Award Ceremony is scheduled for **Friday, May 26th at approximately 6:00 pm.** attendance is required. If your team, coach, or athlete is not present to receive awards, they will be *reprimanded*. These ceremonies are important to the overall image of the sport.

EVENT CHECK-IN

RUNNING EVENTS

All competitors in running events must report to the Clerk of the Course (located on the football field) no later than thirty (30) minutes before the start of the event or they will be scratched. Hip numbers will be picked up from the Clerk at check in. Clerk of the Course will escort athletes from warm-up area to starting area approx. 5 minutes before start of respective heats.

Running Event Check-in Procedures

1st Call - 45 minutes prior to start time

2nd Call - 40 minutes prior to start time

Last Call - 30 minutes prior to start time **(all athletes must have checked in at this time regardless of heat).**

Proceed to Venue - 10-5 minutes prior to start time; Clerk of the Course will escort athletes from warm-up area to starting area.

FIELD EVENTS

All competitors in field events (except Pole Vault and High Jump) must report to the Clerk of the Course (located on the football field) no later than thirty (30) minutes before the start of the first flight or be scratched. Clerk of the Course will escort athletes from warm-up area to the event area approx. 15 minutes before start of respective flights. **Pole Vault and High Jump will check in at their event areas.**

Field Event Check-in Procedures

1st Call - 90 minutes prior to start time (Pole vault athletes will be allowed to check-in and begin warm-up at this time.)

2nd Call - 60 minutes prior to start time

Last Call - 30 minutes to start time **(all athletes must have checked in at this time regardless of flight).**

Proceed to Venue - 15-10 minutes prior to start of flight warm-ups; Clerk of the Course will escort athletes from warm-up area to competition area.

COACHES BOXES

Only one coach per school will be allowed in the coaching box.

Pole Vault – Designated box near the pit

High Jump – Designated box near the pit

Long/Triple Jump – Gated area just outside the fence

Shot Put/Discus/Javelin/Hammer – Designated boxes near the respective throwing areas

RESTRICTED COMPETITION AREA

Coaches who are not serving on the Games Committee are not allowed on the track in any competition area (Except designated coaching boxes for field events). Disqualification may result from violation of this policy. No spectators will be allowed in competition areas. During the meet, athletes who are not competing should not be in the competition areas.

Athletic trainers in the competition area may only consult with an athlete if diagnosing or treating an injury.

Media/SIDs are not allowed to speak to athletes in competition areas.

HORIZONTAL JUMP BOARDS

Men's Long Jump and Triple Jump will be run off the South runway.

- LJ board – 10 feet
- TJ boards – 36 and 40 feet (runway approx. 161 ft with 40 ft board)

Women's Long Jump and Triple Jump will be run off the North runway.

- LJ board – 10 feet
- TJ boards – 28 and 34 feet (runway approx. 168 ft with 34 ft board)

STARTING HEIGHTS/PROGRESSIONS – *Released the week prior to the championship*

Pole Vault:

Men's PV Starting Height:

Women's PV Starting Height:

Pole Vault Progression:

High Jump:

Men's HJ Starting Height:
Women's HJ Starting Height:
High Jump Progression:

IMPLEMENT WEIGHT-IN

Implement weigh-in will take place on North side of the football field. Implements will be held and taken to venue by officials. Impounded implements will be held and can be picked up at the conclusion of the event. Implement weigh in will close 90 minutes before the start of a field event. Implements are delivered to the venue 30 minutes before an event begins.

Wednesday – 7:30 a.m. – 5:00 p.m.
Thursday – 7:30 a.m. – 3:00 p.m.
Friday – 9:00 a.m. – 1:00 p.m.

HEAT SHEETS AND LANE ASSIGNMENTS

Athletes must compete in the heats/flights they are assigned or be disqualified from the meet. Any appeals pertaining to this issue must be submitted in writing by a head coach to the Jury of Appeals/Games Committee within thirty minutes of the infraction.

Heat sheets will be available the week of the championship meet from the national office. Thursday and Friday heat sheets will be e-mailed to all head coaches when they are created. Results & Heat Sheets will be available online at Crossroads Timing Company.

BIBS

Bibs must be worn on all competitors and will be required to enter the competition facility. Competitors must wear bibs on the front. High jumpers and pole vaulters may wear numbers on front **or** back. Runners must wear hip numbers denoting their lane assignments. Hip numbers will be given to the competitors when they check in with the Clerk of the Course.

RELAY CARDS

Relay cards must be turned into the Clerk of Course at least 30 minutes prior to the start of the preliminary heats and again for each subsequent round or the team will be scratched. Competitors will not be allowed to check into the event without the relay card. Details regarding the check-in procedures will be provided in the coach's packet at team check-in. Extra relay cards will be available at the Clerk of Course station and the Games Committee station.

UNIFORMS

In all competition, competitors must wear the proper uniform of the institution they represent in the championships. All applicable rules as printed in the *NCAA Track and Field Rule Book* shall be followed. Uniform rules apply to all events, and should not be rolled, cut, or altered. Please instruct athletes NOT to remove uniform tops during any event.

CREDENTIALS

Student-athletes will need to use their assigned credential and/or bib to gain entry into the facility. Coaches and official party staff will be issued credentials to gain entry into the facility. Only use credentials issued to you, do not share with others.

SPIKES

Pyramid spikes a maximum of ¼ inch in length only. Spikes will be checked by the clerks at check-in.

IAAF QUALIFICATION

The 2024 NAIA Outdoor Track and Field Championship can be used as a qualifying meet for IAAF, World Athletics, and USATF track and field meets. At the conclusion of the meet, times and marks will be submitted to IAAF by meet management.

To use NAIA National Championship performances toward IAAF qualification, every student-athlete should be prepared to have competition shoes checked and logged at any point during the meet.

SCRATCHES

If scratches alter heats, the Games Committee has the authority to redraw that event.

WARMUP AREA

During the meet athletes will warm up on the football field east of the track. There will be NO warm-ups on the track. Hurdles will be available at the warm-up area.

TEAM TENTS

Teams are not permitted to bring their own tents. Tents and team camp area will be on the football field in the football stadium adjacent to the track and field complex. There will be a large available for all teams and student-athletes to use. **Tent registration closes Wednesday, May 8th.** If you'd like to rent a private tent for your team, please see the tent information link on the [Potential Qualifier website](#).

ATHLETIC TRAINING

Team medical personnel should always have credentials visible. Athletic Training is located in the building to the south of the track.

POLES/SHIPPING EQUIPMENT

All equipment being shipped to IWU must be sent to campus. Teams must pick-up their own equipment and poles. Equipment and poles can be left in the competition venue during the championship. At the end of the meet, all schools who have brought pole vaults to return the pole vaults back to the package and ready to go, with a return label on them. Coaches can purchase return labels on campus.

Address to:

IWU Facilities
ATTN: Nathan DeLong
Indiana Wesleyan University
4853 S. Western Ave
Marion, IN 46953

LOST ITEMS

Remind your athletes that they should not leave anything of value unattended in the building. IWU and the NAIA are not responsible for lost or stolen items. Please check the concessions for items lost in the stands and the announcers table for items lost in the competition area.

ELECTRONIC DEVICES

No cameras or electronic devices (cell phones/headphones, etc.) will be allowed in the warm-up and competition areas.

JURY OF APPEALS/GAMES COMMITTEE

Will be stationed on the viewing deck of the timing booth. All appeals must be filed directly with the Games Committee. Appeal forms will be available at the Games Committee area.

GAMES COMMITTEE CONTACT

Matt Paxton
mpaxton@rio.edu
Office: 740-245-7487