



### WEDNESDAY – MARCH 1

2:00 P.M. - PRELIMINARIES			
	3 Meter	Diving	(M)
5:00 P.M. - FINALS			
	200	Yard Medley Relay	(W)
	200	Yard Medley Relay	(M)
1 Hour Break*			
	3 Meter	Diving	(M)
	800	Yard Freestyle Relay	(W)
	800	Yard Freestyle Relay	(M)

\*During the 1 Hour break set-up, warmup, and diving finals will occur

### THURSDAY – MARCH 2

9:00 A.M. - PRELIMINARIES			
	500	Yard Freestyle	(W)
	500	Yard Freestyle	(M)
	200	Yard Individual Medley	(W)
	200	Yard Individual Medley	(M)
	50	Yard Freestyle	(W)
	50	Yard Freestyle	(M)
20 Minute Break**			
	3 Meter	Diving	(W)
5:00 P.M. - FINALS			
	500	Yard Freestyle	(W)
	500	Yard Freestyle	(M)
	200	Yard Individual Medley	(W)
	200	Yard Individual Medley	(M)
	50	Yard Freestyle	(W)
	50	Yard Freestyle	(M)
20 Minute Break**			
	3 Meter	Diving	(W)
	200	Yard Freestyle Relay	(W)
	200	Yard Freestyle Relay	(M)

### FRIDAY – MARCH 3

9:00 A.M. - PRELIMINARIES			
	400	Yard Individual Medley	(W)
	400	Yard Individual Medley	(M)
	100	Yard Butterfly	(W)
	100	Yard Butterfly	(M)
	200	Yard Freestyle	(W)
	200	Yard Freestyle	(M)
	100	Yard Breaststroke	(W)
	100	Yard Breaststroke	(M)
	100	Yard Backstroke	(W)
	100	Yard Backstroke	(M)
20 Minute Break**			
	1 Meter	Diving	(M)

### FRIDAY – MARCH 3 (CONT.)

5:00 P.M. - FINALS			
	400	Yard Individual Medley	(W)
	400	Yard Individual Medley	(M)
	100	Yard Butterfly	(W)
	100	Yard Butterfly	(M)
	200	Yard Freestyle	(W)
	200	Yard Freestyle	(M)
	100	Yard Breaststroke	(W)
	100	Yard Breaststroke	(M)
	100	Yard Backstroke	(W)
	100	Yard Backstroke	(M)
20 Minute Break**			
	1 Meter	Diving	(M)
	400	Yard Medley Relay	(W)
	400	Yard Medley Relay	(M)

### SATURDAY – MARCH 4

9:00 A.M. - PRELIMINARIES			
	200	Yard Backstroke	(W)
	200	Yard Backstroke	(M)
	100	Yard Freestyle	(W)
	100	Yard Freestyle	(M)
	200	Yard Breaststroke	(W)
	200	Yard Breaststroke	(M)
	200	Yard Butterfly	(W)
	200	Yard Butterfly	(M)
	1650	Yard Freestyle (Timed Final)	(W, M)
20 Minute Break**			
	1 Meter	Diving	(W)
5:00 P.M. - FINALS			
	1650	Yard Freestyle (Fastest Heat)	(W)
	1650	Yard Freestyle (Fastest Heat)	(M)
	200	Yard Backstroke	(W)
	200	Yard Backstroke	(M)
	100	Yard Freestyle	(W)
	100	Yard Freestyle	(M)
	200	Yard Breaststroke	(W)
	200	Yard Breaststroke	(M)
	200	Yard Butterfly	(W)
	200	Yard Butterfly	(M)
20 Minute Break**			
	1 Meter	Diving	(W)
	400	Yard Freestyle Relay	(W)
	400	Yard Freestyle Relay	(M)

\* All times are EST.

\*\*All breaks will be a minimum of the time listed. In the event the diving event takes less than the allotted time break or that there is no diving event needed, we will not start up competition until the full time for the break has expired.