Let the Games Begin!

Welcome to another chapter of Amherst College Women’s Lacrosse! The squad has had a phenomenal semester of training, service, and bonding – but we all excitingly await February 15 when we start practicing and preparing for our official season. As we build an atmosphere of respect, teamwork, and excellence, my goal always is to remind my players to celebrate success, practice gratitude and mindfulness amidst the chaos of competition; and to remember to appreciate their time in our program. Enjoy our February newsletter, and I hope to see you this spring!

GO MAMMOTHS!

All the best,

Friends of Lacrosse Day: Please join us on our Tufts weekend for our Friends of Lacrosse celebration. We would like to offer the opportunity to play in an alumnæ game against our squad on Sunday, April 15 if we have enough interest. Be on the lookout for an e-mail soon, or RSVP to Natalie Moore at njmoore@amherst.edu. If we do not have enough players, we will host an alumnæ event on Saturday!

Spring Break: We were planning to travel to Puerto Rico until the devastation of Maria hit the island. Now we have decided to travel to Orlando and attend Disney Sports with Stevens Tech and Fairleigh Dickinson University. If you are in the area, please let us know, as we would love to see you!

Want to Support our Team? Support comes in many forms – attending a game, hosting a meal, or giving to our program. All are equally meaningful. If you would like to give to our program financially, please CLICK HERE.

FIND US on….

FACEBOOK @ACWLAX
TWITTER @AmherstWLax
INSTAGRAM @amherst_wlacrosse

Sunday Football Game in the Fall
Coaching Staff: Natalie Moore returns to our staff and moves into the first assistant position with the departure of Maggie Tamasitis who spent two years in our program. Having played at Bowdoin and one year under her belt last season, Natalie brings incredible experience and knowledge to our program. In addition, joining us this spring is Maggie Waxter, who is an All-Conference standout from Washington & Lee and played under former Amherst All-American Brooke Diamond. Fresh off a Final Four last spring, she will bring a wealth of knowledge to our midfield. We are fortunate to have such great coaches in our program!

Dakota Foster earns prestigious Fellowship: Our senior captain Dakota Foster is the recipient of a Marshall Scholarship for the 2018 year. Only 43 students across the country received this prestigious scholarship. This award funds American students with high intellect to pursue a graduate degree in the United Kingdom. Dakota plans to get her Master’s degree in war studies from King’s College and then a second Master’s in International Relations from Cambridge University. At Amherst, she has studied national security and the Middle East. We look forward to seeing a bright, professional career post-Amherst but first her spring lacrosse season as an outstanding student-athlete.

Community Engagement: This fall we continued our relationship with Addy Hart, a vibrant nine-year-old who joined our team last fall through Team IMPACT, an organization that works to connect children facing life-threatening and chronic illnesses with college athletic teams. Addy is part of a dance troop and between dance, school, and trips to Boston Children’s Hospital she is quite the busy girl. She and her family come to games often and visit campus when they can, and over winter break, we initiated a snail mail chain in order to stay connected. Team IMPACT has provided our team with the chance to make a positive impact in both her and her family’s lives – and she certainly has in ours!

2018 Outlook: We graduated five top players in 2017, but much talent returns from last year’s line-up to bring stability and leadership on the field. Spearheading our defense is senior captain Rowena Schenck, who has great talent and leadership abilities. With Schenck, we will look to Kate Burns, Sabrina Solow, and Shannon Tierney who as juniors should prove to be significant impact players. Sophomores Kat Krieg and Kelly Siebert return with experience, and Nicole Frontero and Eliza Beebe look to have more of an impact in the defensive zone. In the midfield, we have senior captain Kelly Karczewski leading the charge, and will look to junior Lindsey Call, and sophomores Katherine Malone and Hannah Fox to step up to contribute. At the other end of the field, we have senior captain Dakota Foster, as well as seniors Mary Grace Cronin and Julia Crerend who are dynamic and skilled in the attacking zone. Adding depth and talent are juniors Annie Cohen, Kaitlyn Haase, and Haley Henriksen as well as sophomores Caroline Shim and Dani DiTommaso. Two goalies will vie for the spot between the pipes – Talia Land ’20 and Katie Savage ’19. We are super excited about our first-years – Isabelle Sennett, Rebecca Wistreich, Maia Noyes, Ali Jordan, Claire Dunbar, Hannah Gustafson, Cammie Cho, Leah Ritterband, Natalie Landau, and Bella Edo. There is incredible optimism about this spring!