Endicott College Department of Athletics Drug Testing Policy

Endicott is concerned with the health, safety, and welfare of the student-athletes who participate in its programs and represent the College in club and intercollegiate athletics. Substance abuse is one of the most important issues facing college and university campuses and society today. The use of illegal drugs, misuse of legal drugs and dietary supplements, improper or illegal use of alcohol, and student-athlete use of tobacco, are in violation of the student-athlete code of conduct for Endicott and also in violation of NCAA regulations.

For the purposes of this policy, “student-athlete” shall mean any student at Endicott who is an active member of a club varsity or intercollegiate athletic team.

Purpose of the Program

- To encourage student-athletes to avoid improper use of banned substances.
- To insure that student-athletes are properly educated and informed about drugs and substance abuse.
- To detect possible drug use of specific illegal drugs via random screenings throughout the academic year.
- To assist in the rehabilitation and education of student-athletes who have been found to be using or misusing banned substances.

Participation on an intercollegiate team at Endicott is a privilege, not a right. To become and remain a member of club varsity and intercollegiate athletics team at Endicott, each student-athlete agrees to comply with the terms of the Endicott College Department of Athletics Drug Testing Policy. As a proactive student-athlete, each of the requirements of the policy should be read and understood prior to signing the consent form. Permission to participate will be revoked upon non-compliance or unwillingness to sign or abide by said policy.

Policy

The Endicott Department of Athletics Drug Testing Policy is separate and distinct from the substance abuse testing and procedures outlined by the NCAA. The unauthorized use of any substance that is prohibited by state and or federal law as well as any substance listed on the NCAA list of banned substances is expressly prohibited by any student-athlete participating in club varsity or intercollegiate athletics at Endicott. See Appendix A for a list of NCAA banned drugs and substances. This policy encompasses the entire academic year. The policy and procedures will be distributed and explained to each student-athlete during his/ her pre-season compliance meeting or at the time that a student-athlete is added to a roster. A student-athlete will be subject to testing throughout the calendar year for illegal and banned drugs, which will include but not be limited to the following categories:

Amphetamines
Opiates
Cocaine
THC
Benzodiazepines

Non-Compliance

Non-compliance with the Endicott Drug Testing Policy or failure to report for a drug test will result in a positive test and will result in punishments and sanctions appropriate for a positive drug test as listed below.
**Voluntary Disclosure Program**

Endicott values proactive actions taken by students and student-athletes. A student-athlete, who uses drugs or has a drug problem, may voluntarily notify their coach, the head athletic trainer, or the director of athletics of the problem. The Voluntary Disclosure of a substance abuse or drug problem must take place prior to notification of being randomly tested in order to be eligible for this program.

The student-athlete will be removed from the athlete pool for drug testing for a period determined by a team including the director of athletics, head athletic trainer, and when available, a representative from counseling services (the “administrative team”). The student will be referred for mandatory counseling at the time of disclosure. The administrative team will, in its discretion, develop a treatment plan specific to the student-athlete. At all times, the student may not be permitted to continue participation in athletics if the administrative team determines that there is an associated health risk.

Upon completion of the treatment plan and after the student-athlete meets with the administrative team, the administrative team will determine if the student should remain with the team or be removed indefinitely until the student-athlete is fit to return. If allowed to remain with the team, the student athlete will be subject to a mandatory drug test within a period of time decided upon by the administrative team. If the results are positive, the student-athlete will be subject to the sanctions as outlined in the Endicott Drug Testing Policy.

Should any violations occur after reinstatement, as the student-athlete will be re-entered into the random drug testing pool, the student-athlete will be subject to the sanctions as outlined in the Endicott Drug Testing Policy.

Notwithstanding entry into the Voluntary Disclosure Program, a student-athlete remains subject to sanction by the NCAA or the conference if the student-athlete tests positive for a banned substance during an NCAA administered test. Additionally, a student-athlete will not be permitted to enter the Voluntary Disclosure Program thirty (30) or fewer days prior to the conclusion of a season or before an NCAA championship event.

Nothing within this section will limit the College’s ability or responsibility to pursue disciplinary or legal action in situations which may warrant further action based on the circumstances surrounding or related to the disclosure.

**Reasonable Cause or Suspicion**

In addition to random screenings, Endicott reserves the right to screen a student-athlete based upon reasonable cause or suspicion. Reasonable cause or suspicion is defined as, information given in good faith, by a trusted source, to the coaching staff, athletic training staff, and/or athletic administrator regarding a student-athlete’s use of a banned substance. This can also include, but is not limited to, observations of irregular symptoms and or behaviors by member(s) of the Athletics Department and or members of the Endicott community that are consistent with drug abuse of a banned substance.

**Procedure**

All student-athletes will sign a drug testing consent form that must be completed prior to participation. Testing will be done in a random, unannounced manner, and will be conducted up to four-times within the academic year. Any student-athlete who is enrolled at Endicott and on an official roster may be selected for testing. Evidence of any banned substance will be determined from the athlete’s provided urine specimen. The drug testing will be administered in a supervised manner to ensure the integrity of the specimen.
Selection and Notification of Student-Athletes

- Student-Athletes will be randomly chosen by a generated list for each drug testing session.
- Additional student-athletes may be added based upon reasonable cause or suspicion.
- The student-athlete will be notified the time, date, and location of testing by electronic mail, phone call, and/or face to face conversation. The student-athlete will be required to confirm receipt of said information via electronic mail reply, or signature confirmation and make himself or herself available for testing within 24hrs of notification. If in the opinion of the director of athletics circumstances exist that make reporting for the test within 24hrs impracticable, such as the student participating in out of town athletic competition, then arrangements shall be made for the student to be tested within 7 days of notification. Failure to comply will result in a positive test.
- The director of athletics or his/her designee will notify the student-athlete of the time, date and location of the testing.
- The student-athlete will be required to bring a photo ID and a list of any current medications they are taking.
- It is the responsibility of the student-athlete to provide a valid phone number where they can be reached in case of a notification problem.

Specimen Collection

- Specimens will be collected and analyzed by the contracted drug testing firm.
- The student-athlete will report to the specified location at the specified time.
- A current photo ID will be presented at the testing site.
- The student-athlete will provide a list of any medication they are currently taking and compare that with what had been recorded to our athletic training staff.
- The student-athlete will choose a sealed collection container and labels and fill in any pertinent information on the labels.
- The student-athlete will then provide a specimen that will be observed by an official of the same sex in a manner that ensures the integrity of the specimen.
- The student-athlete will remain at the testing site until an adequate specimen is provided.
  - Exceptions to this will be made if a student-athlete is unable to provide a reasonable specimen within a significant amount of time and must attend class – they will be expected to return to the drug testing site immediately after class to attempt to provide an adequate specimen.
- *If the specimen provided by the student-athlete yields a dilute result the student-athlete will be notified of the result. As one dilute reading cannot be conclusively identified as either a positive or negative result, the test can be repeated at the expense of the student-athlete. This testing must be completed within 48 hours of notification. Two consecutive dilute tests will be deemed a positive test and all sanctions will be applicable.
  - If the student-athlete refuses to submit for a repeat test, the test will be considered positive.
- Test results will be maintained within a secured and locked location at the contracted firm and will be destroyed after the student-athlete has graduated or his/her eligibility has been terminated or expired.
- The results of all drug tests will be reported to the director of athletics and head athletic trainer.
- Once results are reported, the student-athlete and the head coach will be notified of the results.
If the student-athlete is under 18, the student-athlete’s parents will be notified of any positive drug test. The positive test will result in punitive actions as spelled out in the sanctions section below. A positive test is one which indicates the presence of 1 or more banned drugs in the student-athlete’s urine. The director of athletics and the head athletic trainer, with the support of the contracted firm, will have the final determination regarding a positive test.

Positive Findings and Sanctions
In the event of a positive test, the following actions will occur.

1st time offense:
- A meeting will be set up with the student-athlete, coach, and appropriate administrator to establish the appropriate course of action.
- The student athlete will be suspended from competition for at least 50% of the scheduled contests in their traditional segment.
  - This percentage may carry over into the following season if less than 50% of the traditional season is remaining.
- The student-athlete will have to complete a mandatory substance abuse education program at his/her own cost
- The student-athlete will have to complete mandatory substance abuse counseling sessions
- The student-athlete will be required to pass another test before they may resume competition. The test is at the student-athletes expense and can be done either on campus during the next round of testing or at an approved off campus facility.
  - If the re-test is positive, regardless of substance found, it will result in the punitive actions outlined for a 2nd positive test.

2nd time offense:
- A meeting will be set up with the student-athlete, coach, and appropriate administrator to establish the appropriate course of action.
- The student-athlete will be suspended from participation in all athletic activities for a minimum time period of 365 days from the date of the positive test.
- The student-athlete will have to complete a mandatory substance abuse education program at his/her own cost
- The student-athlete will have to complete mandatory substance abuse counseling sessions
- The student-athlete will be required to pass another test before they may resume competition. The test is at the student-athletes expense and can be done either on campus during the next round of testing or at an approved off campus facility.
- The student-athlete will be required to be re-tested during the next round of testing
  - If the re-test is positive, regardless of substance found, it will result in the punitive actions outlined for a 3rd positive test.
- The student-athlete may be allowed to rejoin the team after he or she has completed the above steps and has retested negative for all banned substances.

3rd time offense:
- The student-athlete will no longer be able to represent Endicott Athletics in any varsity capacity for the remainder of their collegiate career at Endicott.
All suspensions will be explained as a “violation of department rules” unless made public by the student-athlete.

**Appeals**
Should a student athlete have a positive test he/she feels was in error, he/she has the option of appealing the test. The appeal process will include the student-athlete submitting in writing within 1 day of the positive test notification viable reasoning as to why the test result may have been incorrect. If the written appeal is accepted for further evaluation, the student-athlete will be asked to complete another test that same day.

- If the test remains positive, the student athlete will incur the monetary charges of the re-test
- If the re-test remains positive, the student-athlete will be subject to all of the punitive actions set forth above for a positive test
- If the results of the re-test show a dilute samples, this will be deemed a positive test and the student-athlete will be subject to all of the punitive actions set forth above for a positive test

**NCAA Banned Drug Classes 2014-2015 (See Appendix A)**
The NCAA list of banned-drug classes is subject to change by The NCAA Executive Committee. Contact NCAA education services or [www.ncaa.org/health-safety](http://www.ncaa.org/health-safety) for the current list. The term “related compounds” compromises substances that are included in the class by their pharmacological action and/or chemical structure. No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example. Many nutritional/dietary supplements contain NCAA banned substances. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore, purity and safety of nutritional dietary supplements cannot be guaranteed. Impure supplements are at the student-athlete’s own risk. Student-athletes should consult Drug Free Sport, or contact their institution’s team physician or athletic trainer for further information.
The following is a list of banned-drug classes according to the NCAA, with examples of substances under each class:

The NCAA bans the following classes of drugs:

a. Stimulants  
b. Anabolic Agents  
c. Alcohol and Beta Blockers (banned for rifle only)  
d. Diuretics and Other Masking Agents  
e. Street Drugs  
f. Peptide Hormones and Analogues  
g. Anti-estrogens  
h. Beta-2 Agonists

Note: Any substance chemically related to these classes is also banned.

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

Drugs and Procedures Subject to Restrictions:

b. Local Anesthetics (under some conditions).  
c. Manipulation of Urine Samples.  
d. Beta-2 Agonists permitted only by prescription and inhalation.  
e. Caffeine if concentrations in urine exceed 15 micrograms/ml.

NCAA Nutritional/Dietary Supplements Warning: Before consuming any nutritional/dietary supplement product, student athletes should review the product with the athletics department staff.

- Dietary supplements are not well regulated and may cause a positive drug test result.  
- Student-athletes have tested positive and lost their eligibility using dietary supplements.  
- Many dietary supplements are contaminated with banned drugs not listed on the label.  
- Any product containing a dietary supplement ingredient is taken at your own risk.

It is the student-athlete's responsibility to check with the appropriate athletics staff before using any substance.

Some Examples of NCAA Banned Substances in Each Drug Class

NOTE: There is no complete list of banned drug examples

Check with your athletics department staff before you consume any medication or supplement.
**Stimulants:** amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); methylhexaneamine, etc. 

*Exceptions:* phenylephrine and pseudoephedrine are not banned.

**Anabolic Agents (sometimes listed as a chemical formula, such as 3,6,17-androstenetrione):**
- boldenone;
- clenbuterol;
- DHEA (7-Keto);
- nandrolone;
- stanozolol;
- testosterone;
- methasterone;
- androstenedione;
- norandrostenedione;
- methandienone;
- etiocholanolone;
- trenbolone;
- etc.

**Alcohol and Beta Blockers (banned for rifle only):** alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

**Diuretics (water pills) and Other Masking Agents:** bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

**Street Drugs:** heroin; marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (eg. spice, K2, JWH-018, JWH-073)

**Peptide Hormones and Analogues:** growth hormone (hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.

**Anti-Estrogens:** anastrozole; tamoxifen; formestane; 3,17-dioxo-etiochol-1,4,6-triene (ATD), etc.

**Beta-2 Agonists:** bambuterol; formoterol; salbutamol; salmeterol; etc.

**Any substance** that is chemically related to the class of banned drugs is also banned! (unless otherwise noted)
Endicott College Department of Athletics Drug Testing and Substance Abuse Policy

Student-Athlete Consent Form

I, ______________________________, hereby acknowledge that I have read and been given the opportunity to ask questions regarding the Drug Testing and Substance Abuse Policy implemented for the Department of Intercollegiate Athletics at Endicott. I understand the policies, procedures and my responsibilities as described in this policy.

As a condition to my participation in intercollegiate athletics at Endicott, I consent to participate in the Drug Testing and Substance Abuse program. I understand that my participation in this program includes the collection and testing of my urine at various times during the academic year for drugs, alcohol, and/or other banned substance.

I further consent to the release of the results of any drug test to the Director of Athletics or his/her designee, Associate Director of Athletics, my Head Coach, the Head Athletic Trainer and/or Assistant Athletic Trainers, Team Physician, Appeals Committee and/or my parent(s) or guardian(s). I acknowledge and understand that a copy of this consent form may be sent to my parent(s) or guardian(s) along with a copy of the Drug Testing and Substance Abuse Policy. To the extent set forth in this document, I waive any privilege I may have in connection with such information.

I fully understand that the Endicott Department of Athletics Drug Testing and Substance Abuse Policy is separate and distinct from the NCAA drug-testing program and its sanctions; however, I also understand that sanctions may be imposed by Endicott College under its Department of Athletics Drug Testing and Substance Abuse Policy upon a positive result under the NCAA drug-testing program.

Endicott College, its officers, employees, and agents are hereby released from legal responsibility and/or liability for the release of any information and/or record as authorized by this consent form. I fully and forever release and discharge the aforementioned parties from any claims, demands, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated or unanticipated, resulting from my participation in Endicott College’s Department of Athletics Drug Testing and Substance Abuse program including those claims, demands, rights of action, or causes of action arising out of any positive result under such Drug Testing and Substance Abuse program.

________________________________________________   __________________________
Student-Athlete Signature       Date

________________________________________________    __________________________
Printed Name of Student-Athlete       Student ID Number

________________________________________________   ___________________________
Sport(s)                             Date

________________________________________________
Parent/ Guardian Signature   (If a minor)

________________________________________________
Printed Name of Parent/ Guardian
Endicott College Department of Athletics Drug Testing and Substance Abuse
Reasonable Suspicion Reporting Form

I, ____________________________________under the reasonable suspicion clause that is outlined in the Endicott
Drug Testing Policy, report the following objective sign(s), symptom(s) or behavior(s) that I
reasonably believe warrant ______________________________________________ be referred to the Director of
Name of Staff Member
Name of Student Athlete
Athletics or his/her designee for possible drug testing. The following sign(s), symptom(s) or behavior(s)
were observed by me over the past _____ hours and/or ______days.

Please check below all that apply:
The Student-Athlete has shown:
___ irritability       ___ weight loss
___ loss of temper       ___ weight gain
___ poor motivation       ___ failure to follow directions
___ verbal outburst (e.g. to faculty, staff, teammates)       ___ emotional outburst (e.g. crying)
___ physical outburst (e.g. throwing equipment)       ___ sloppy hygiene and/or appearance

The Student-Athlete has been:
___ late for practice       ___ missing/skipping meals
___ late for class       ___ missing appointments
___ not attending class       ___ staying up too late
___ receiving poor grades

The student-Athlete has demonstrated the following:
___ dilated pupils
___ constipated pupils
___ red eyes
___ smell of alcohol on the breath
___ constantly running and/or red nose
___ withdrawn and/or less communicative
___ recurrent bouts with a cold or the flu (give dates ______)
___ recurrent motor vehicle accidents and/or violations (give dates ______)
___ recurrent violations of Endicott College Student Code of Conduct

Other specific objective findings include:
_____________________________________________________________________________________________________
_____________________________________________________________________________________________________
_____________________________________________________________________________________________________
_____________________________________________________________________________________________________
_____________________________________________________________________________________________________
_____________________________________________________________________________________________________

Signatures
________________________________            __________________________                    _________________
Signature of Staff Member                                   Printed Name of Staff Member                   Date

Reviewed By: ____________________________   Counselor Consulted: __________________________
_________________________  ____________  ______________________ __________
Signature of Athletic Director/ Designee                 Date   Signature of Counselor Consulted                   Date

Review Decision:
_____ Reasonable suspicion finding upheld          _____ Reasonable suspicion finding denied

Signature: ________________________________            ___________________________  ______________
President of Student Affairs/ Dean of Students                                      Print Name                Date