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PLYMOUTH STATE UNIVERSITY
FOOTBALL
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Plymouth State University (PSU) evolved from Holmes Plymouth Academy, a pioneering institution for teacher training that dates back to 1808. PSU’s 170-acre campus is located in Plymouth, NH, between the Lakes Region and White Mountains Region.

With more than 6,000 undergraduate and graduate students representing 44 states and 18 countries, PSU produces society’s global leaders within interdisciplinary integrated clusters, open labs, and partnerships, as well as through entrepreneurial, innovative, and experiential learning.

PSU connects with community and business partners to promote economic development, technological advances, healthier living, and cultural enrichment, with a special commitment of service to the North Country and Lakes Region of New Hampshire.

Plymouth State recognizes that athletics have much to offer the university community. The Panther sports programs afford students the opportunity to develop physically, emotionally, intellectually and socially. The athletic programs have given students many reasons to be proud of PSU while stimulating school spirit. Intercollegiate competition has provided valuable “laboratory experiences” to hundreds of young men and women who have gone on to coaching careers throughout New England and beyond.

With over 35 acres of playing fields adjacent to the Physical Education Center, which includes a field house, swimming pool, 2000-seat gymnasium, racquetball courts, athletic training facility and the Vailas Performance Center, athletics will continue to play an important role within the campus. PSU proudly sponsors 24 varsity teams (11 for men, 13 for women) and an accredited Athletic Training program. As a member of the NCAA Division III, the Panthers have consistently enjoyed individual and team success at both the regional and national levels.

### PLYMOUTH STATE ATHLETIC DIRECTORY

**Director of Athletics**  Kim Bownes  603-535-2771
**Associate Athletic Director**  Courtney O’Clair  603-535-2750
**Assistant Athletic Director**  Lauren Lavigne  603-535-2763
**Assistant Athletic Director**  Mark Legacy  603-535-2757
**Sports Information Contact**  Chris Kilmer  603-535-2477
**Assistant Athletic Trainer**  Eric Gibbe  603-535-2791
**Assistant Athletic Trainer**  Zach Caiselli  603-535-2792
**Assistant Athletic Trainer**  Sam Adams  603-535-2792
**Administrative Assistant**  Darcy Hoffman  603-535-2770
**Equipment Manager**  Geoff McGlone  603-535-2744
**Baseball**  Clay Jenkins  603-535-2756
**Men’s Basketball**  Andrew Novick  603-535-2753
**Women’s Basketball**  Allison Flynn  603-535-2769
**Men’s & Women’s Cross Country**  John Ostler  603-535-2752
**Field Hockey**  Bonnie Lord  603-535-2759
**Football**  Paul Castonia  603-535-2761
**Men’s Ice Hockey**  Craig Russell  603-535-2744
**Women’s Ice Hockey**  Mykal Haun  603-535-2766
**Men’s Lacrosse**  Gordon Webb  603-535-2764
**Women’s Lacrosse**  Sandy Bridgeman  603-535-3015
**Men’s & Women’s Skiing**  Geoff Ouellette  603-535-2773
**Men’s Soccer**  Rob Wright  603-535-2765
**Women’s Soccer**  Ryan Joy  603-535-2762
**Softball**  Bruce Addison  603-535-2765
**Women’s Swimming & Diving**  Al Switzer  603-535-2765
**Women’s Tennis**  Barbara Rawlsky-Willett  603-535-2768
**Men’s & Women’s Track & Field**  John Ostler  603-535-2752
**Women’s Volleyball**  Chris Kilmer  603-535-2778
**Wrestling**  Ryan Schading  603-535-2774

**Athletic Department Office**  (603) 535-2770  
**Fax**  (603) 535-2777

**Sports Information Office**  (603) 535-2477

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**PLYMOUTH STATE UNIVERSITY UNIVERSITY PANTERS**

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**PSU Broadcasting**

- Plymouth State Broadcasting is a student run department representing 44 states and 18 countries, PSU produces society’s global leaders within interdisciplinary integrated clusters, open labs, and partnerships, as well as through entrepreneurial, innovative, and experiential learning.

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**2017 SCHEDULE**

**SEPT.**
- Sat. 2  Castleton  1:00 pm
- Sat. 9  at Mount Ida  1:00 pm
- Sat. 16  at Western Connecticut  4:00 pm
- Sat. 23  UMass Dartmouth  1:00 pm
- Homecoming
- Sat. 30  at Worcester State  1:00 pm

**OCT.**
- Sat. 7  Bridgewater State  1:00 pm
- Sat. 14  Framingham State  1:00 pm
- Sat. 21  at Mass. Maritime  1:00 pm
- Sat. 28  Westfield State  1:00 pm
- Senior Day

**NOV.**
- Sat. 4  at Fitchburg State  12:00 pm

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**Editor:**  Mac Fullerton  
**Photography:**  Matt Risley, SportsPix  
**Design:**  Mac Fullerton  
**Printing:**  True Colors Print and Design
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Paul Castonia has found a home at Plymouth State. After moving around the college football world for 15 years and gaining experience at all levels, Castonia is now in his 15th year at Plymouth State in 2017 and has re-established the Panthers as one of the top programs in New England small college football.

Castonia has coached the Panthers through the final season in the Freedom Football Conference, two years of being a Division III Independent, seven years in the New England Football Conference, and most recently helped usher Plymouth State in as a member of the Massachusetts State Collegiate Athletic Conference (MASCAC) in 2013.

The Joe Yukica Chapter of the National Football Foundation recognized Castonia’s impact on New England college football, presenting him with the Andy Moosman Award for Outstanding Contribution to Amateur Football in 2015 and he was named the MASCAC Champions Choice Coach of the Year in 2016.

PSU enjoyed four straight winning seasons under Castonia from 2007-10, including three straight post-season berths from 2007-09. Plymouth State captured the New England Football Conference championship in 2008 and competed in the NCAA Division III Championship Tournament.

Castonia turned the program around after joining the Panthers in 2003. Inheriting a team that was winless in 2002, he was 9-29 in his first four years before guiding the team to four straight winning seasons with a combined record of 33-10 and three straight post-season berths. Castonia has a combined record of 59-82 at Plymouth State and a 60-11-1 head coaching record.

The Panthers posted a 9-1 record in 2007 and a championship victory in the ECAC North Atlantic Bowl. They followed that with a 10-2 mark in 2008, including the Big Ten Division title (7-0), the NEFC Championship and a berth in the NCAA Division III Tournament. Castonia led the Panthers to an 8-3 record in 2009 with a third straight post-season berth in the ECAC Northern Bowl.

Castonia was named NEFC Boyd Division Coach of the Year in 2007 and New England Division II/III Coach of the Year in 2008. They were well-deserved honors for a coach who had long paid his dues with previous stints at Divisions I-A, I-AA, 2 and 3.

When Castonia arrived in 2003 as the 11th head coach in the program’s history, he brought experience from previous coaching stops at the University of Rhode Island, University of Maryland, Hartwick College, Ferrum College, the University of Massachusetts Boston and Bryant University.

The Panthers have shown progress every season since Castonia arrived, and have built a solid foundation for success. But Coach Castonia is about more than wins and losses. While the Panthers no doubt aim to having a winning program year in year out, being good students and quality citizens are equally as important.

"We recruit young men who want to graduate, and who are willing to work hard to be successful in the classroom and on the football field," says Castonia, a 1986 graduate of Trinity College (Conn.) who earned a Master’s degree from the University of Rhode Island in 1989. "We try to put them in a position to succeed both as students and as football players."

Castonia says the biggest rewards for him don’t come on Saturdays in the fall, but on graduation day in the spring.

"It’s very gratifying when a guy graduates and is excited about pursuing his chosen career," says Castonia, "and he is using the habits and lessons he learned and developed on the football field in those endeavors."

Coach Castonia and his wife Leslie reside in Ashland.

PANTHER ASSISTANT COACHES

DEVIN ZEMAN
Plymouth State '10
Associate Head Coach

Defensive Coordinator / Safeties

Devin Zeman is in his 15th season on the Panther Football staff in 2017, including his tenth as Defensive Coordinator and ninth as Associate Head Coach. He has also coached the defensive backs and quarterbacks for several years each, as well as special teams. A native of Nashua, NH, he is a former Panther defensive back who turned to coaching while earning his undergraduate degree.

ZACH PARSONS
Norwich '11
Offensive Coordinator

Running Backs Coach

Zach Parsons is in his sixth season as an assistant for the Panthers in 2017, marking his third season as Offensive Coordinator. He is also in his third year coaching the running backs after two years with the defensive backs and one season with the receivers. Parsons is a former captain and four-year starting DB for PSU who earned three All-NEFC honors, including First Team in 2009. He was a three-time NEFC All-Academic team selection and a National Football Foundation Academic Honor Roll recipient. Parsons started his coaching career as an assistant at Northampton (Mass.) HS.

ZAC ANGELOS
Norwich '11
 Receivers Coach

Zac Angelos joins the PSU staff for his first season in 2017, working with the wide receivers. Angelos was a quarterback at Norwich University from 2007-11. Angelos spent last season as the receivers coach at Nichols College and was a Graduate Assistant at Anna Maria from 2013-15, working with receivers, quarterbacks and tight ends/ fullbacks. He started his coaching career in 2012 at Bainbridge (Mass.) High School. He graduated from Norwich in December 2011 as a History major and Education minor.

ALEX SOBOLOV
Plymouth State '11
Quarterbacks Coach

Alex Sobolov is in his second season as a PSU assistant coach in 2017, coaching the quarterbacks. A native of Danbury, N.Y., Sobolov spent four years on the Panther football team as a reserve quarterback from 2007-10. He served as the quarterbacks coach at Danbury HS in 2015, when the team won the state championship.

SEAN SALISBURY
Castleton '13
Linebackers Coach

Sean Salisbury is in his third season as a PSU assistant coach, working with the linebackers in 2017 after coaching the cornerbacks in 2016. Salisbury also worked with the linebackers in 2015. A former four-year linebacker at Castleton, Salisbury started his coaching career at his alma mater. He also worked as an assistant at the high school level in his hometown of Simsbury, Conn.

LOU DESLOGES
Southern Conn '59
Defensive Tackles Coach

Lou Desloges has been involved with Panther Football since 1976. He was an assistant from 1976-85, and served as head coach from 1986-93, winning four NEFC championships, while compiling a 55-15-3 record. After stints as an assistant at Bentley College and Dartmouth College, Desloges returned to Plymouth State as an assistant in 2001.

TOM MANLEY
Castleton '13
Defensive Tackles Coach

Tom Manley is in his fifth season on the PSU staff in 2017, working with the defensive ends. He also spent 2016 with the defensive line after three years of coaching the offensive line. Manley was a four-year starter on the offensive line at Castleton, earning All-Conference honors. Manley coached South Football for three years, and has also been involved with officiating lacrosse and wrestling. He graduated from Castleton with a minor in coaching.

DEVIN ZEMAN
Plymouth State '10
Associated Head Coach

Defensive Coordinator / Safeties

Devin Zeman is in his 15th season on the Panther Football staff in 2017, including his tenth as Defensive Coordinator and ninth as Associate Head Coach. He has also coached the defensive backs and quarterbacks for several years each, as well as special teams. A native of Nashua, NH, he is a former Panther defensive back who turned to coaching while earning his undergraduate degree.

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Norwich '11
Offensive Coordinator

Running Backs Coach

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Castleton '13
Linebackers Coach

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KEY PANTHER RETURNERS

#3 ZACK EDWARDS
Junior  QB
Brookfield, Mass. / Tantasqua Regional Biotechnology
2015: 10 games; 142-223 (63.7%), 1530 yds, 7 TD, 8 INT
2016: 10 games; 107-201 (53.2%), 1215 yds, 13 TD, 6 INT

#27 MITCH BANUSKEVICH
Junior  RB
Milford, N.H. / Milford Exercise & Sport Physiology
2015: 10 games; 43 att, 175 yds, TD, 36 rec, 441 yds, 3 TD
2016: 10 games; 153 att, 588 yds, 3 TD, 24 rec, 342 yds, 3 TD

#11 CAM MCGHEE
Junior  DE
Winchester, Mass. / Winchester Exercise and Sport Physiology
2015: 10 games; 142-223 (63.7), 1530 yds, 7 TD, 8 INT
2016: 10 games; 107-201 (53.2), 1215 yds, 13 TD, 6 INT

#23 ZACH ZIEMBA
Senior  DB
Manchester, N.H. / Manchester West Social Studies Education
2014: 3 games; 11 tackles, 1 BrUp, 1 Blk
2015: 9 games; 44 tackles, 1 FR, 2 INT, 3 BrUp, 3 Blk
2016: 10 games; 71 tackles, 1 FR, 1 INT, 4 BrUp, 2 Blk

#8 BLAIR ZIENTEK
Senior  DB
Simsbury, Conn. / Simsbury Business Management
2014: 10 games; 52 tackles, 2 FR, 9 BrUp, 2 Blk, 15 KR, 307 yds
2015: 10 games; 39 tackles, 2 FR, 1 INT, 3 BrUp, 1 Blk, 10 KR, 209 yds, TD
2016: 7 games; 32 tackles, 1 FR, 3 INT, 2 INT TD, 3 BrUp, 12 KR, 246 yds

#9 JACOB SZULC
Sophomore  WR
Concord, N.H. / Concord Finance
2016: 10 games; 35 rec, 390 yds, 4 TD

#72 BRANDT O’HARA
Sophomore  OL
Feeding Hills, Mass. / West Springfield Health & Physical Education
2016: started all 10 games

2016 SEASON REVIEW

INDIVIDUAL HONORS

Champion's Choice Coach of the Year:
Paul Castoria

MASCAC Defensive Rookie of the Year:
Prince Gbaley, DB

All-MASCAC (First Team):
Zach Ziembra, DB
Brad Drewek, DL

All-MASCAC (Second Team):
Blair Zentek, DB
Brandon Mitchell, DL
Brandt O’Hara, DG

New England Football Writers Division II/III All-New England:
Zach Ziembra, DB

National Football Foundation – Hampshire Honor Society:
Alton George, DL
Brandon Mitchell, DL
Ricky Ordway, DL
Brady LaFrance, DB
RJ Ramsden, DB
Ryan Waldecker, K

MASCAC All-Academic Team:
Mitch Banuskevich
Tucker Burt
David Carlson
Emil Cedarblad
Collin Collins
Joe Esposito
Alton George
DJ Hensom
Colin Leidy
Dave Lyons
Mark Madigan
Tyler Mahoney
Grant McGregor
Brandon Mitchell
Ricky Ordway
CJ Pennino
Joe Raymond
Ri Ramsden
Leo Shutts
Jacob Szulc
Teagan Tirabassi
Trent Tougas
Ryan Waldecker
Joe Walsh

RUSHING ATT YDS AVG. TD LONG
Mitch Banuskevich* 153 588 3.8 3 39
David Hamilton* 125 403 3.2 4 18

PASSING COMP-ATT-INT PCT YDS TD LONG
Zack Edwards* 107-201-6 53.2 1215 13 61

RECEIVING REC. YDS AVG. TD LONG
Jacob Szulc* 35 390 11.1 4 48
Mitch Banuskevich* 24 211 12.4 4 31
Brandon Drumgoole 17 170 10.0 1 37

PUNT RETURNS RET. YDS AVG. TD LONG
Blair Zentek* 12 246 20.5 0 50
Brady LaFrance* 10 141 14.1 0 32
Mitch Banuskevich* 5 119 23.8 0 41

FIELD GOALS ATT GOOD PCT. LONG
Arif Madden* 11 6 55.0 44

PUNTING ATT YDS AVG. TD LONG IN 20
Ryan Waldecker 31 1054 34.0 66 7
Nick Dangora 22 763 34.7 56 1

DEFENSIVE LEADERS

Zack Ziembra* 62 9 71 4 0 5 4 1 1
Ri Ramsden 47 15 62 3 0 2 0 3 0
Joe Esposito* 43 13 55 13 5 1 4 2 4
Matt Shea* 49 5 54 3 0 0 0 1 0
Joe Walsh 41 6 47 6 0 0 1 0 1
Brady LaFrance* 39 7 46 2 0 1 9 0 1
Blair Zentek* 24 8 32 0 0 6 3 3 1
Prince Gbaley* 24 4 28 1 0 6 5 1 0
Cam McGhee* 21 3 24 7 7 0 0 1 2

* - Returning for 2017 season
PSU’s visionary approach to education is tearing down academic silos and creating seven interdisciplinary academic clusters that promote an integrated educational experience. The Integrated Cluster approach prepares students to be 21st century marketplace standouts.

At the core—the heart—of each cluster is the critical need for Open Laboratories: transformational spaces for students and faculty to promote an integrated educational experience. The Integrated Cluster approach prepares students to be 21st century marketplace standouts.

This exciting strategic initiative lets us maximize the benefit of PSU’s splendid natural resources,” says Don Bix, president of Plymouth State University. “The new, world-class facilities will enable students to develop their academic and athletic prowess, while linking outdoors, indoors, tourism, health care, sports, hands-on learning, and regional economic growth. Thanks to the New Hampshire State Legislature, Plymouth State will receive $3 million toward the construction of this Open Lab.”

UPGRADES OF THE ALLWELL COMPLEX FEATURE

• Two artificial turf playing fields to extend outdoor activities year-round
• Stadium seating and lighting to expand outdoor operational hours
• Six tennis courts to replace courts that were eliminated with the construction of ALLWell North
• Grass field enhancements to improve the fields’ longevity
• Strength & Conditioning Open Lab to be co-located with the stadium and turf fields

RECRUITMENT AND RETENTION

Among PSU’s high-level priorities are recruiting and retaining top students, particularly those who are committed to active lifestyles. PSU’s lack of turf fields is a huge challenge in attracting first-class student athletes in all sports.

BENEFITS OF ARTIFICIAL TURF FIELDS:

• The University estimates that 90% of all students will use the stadium and turf field for academic instruction as well as recreational, intramural, and club sports.
• PSU’s construction of facilities supporting ice hockey and track and field, for example, ushered in large enrollment increases. PSU projects similar increased enrollment with the new facilities and upgrades of the ALLWell Complex.
• The turf fields will serve as Open Laboratories for academic programs and will be located immediately adjacent to the Strength and Conditioning Open Lab.
• Turf fields offer top-quality playing surfaces year-round
• One-third of student athletes enrolling at PSU graduated from high schools with turf fields. To competitively recruit these potential PSU students, the University needs similar facilities at the collegiate level
• Without a turf field, PSU is unable to host NCAA playoff games. Field hockey teams practice and compete off-campus because they cannot play on grass. Similarly, the lack of a turf field rarely allows spring teams to host home games.

ACADEMIC AND REGIONAL TRANSFORMATIONS

The Strength and Conditioning Open Lab offers transformational opportunities to students, the community, and the region. It will be an academic hub, integrating knowledge gained in the classroom with hands-on expertise refined in the Open Lab. “This new Open Lab will encourage real-world teamwork,” says Gail Mears, dean of the College of Education, Health and Human Services. “It will incorporate multiple perspectives and solutions, create partnerships with industries, organizations and communities, and address gaps in the region’s economy.”

• Students enrolled in athletic training, physical education, outdoor recreation, physical therapy, exercise and sports physiology and other allied health fields will use top-notch equipment and work in state-of-the-art facilities.
• The facilities will attract high quality student athletes, faculty and coaches who will enhance the academic rigor of programs and performance of athletic teams.
• The interdisciplinary perspectives gained by the Strength and Conditioning Open Lab will aid in making PSU a renowned center of excellence in New Hampshire and beyond.
• New and upgraded facilities enable new training grounds and programmatic opportunities for faculty and students to serve special populations, such as Special Olympic athletes, Wounded Warriors, and other under-served groups.
• Enlarging students’ cache of real-world skills, complemented by gaining a network of strong professional connections, addresses local employers’ needs for a highly-qualified workforce. It also enables New Hampshire natives to stay and live in New Hampshire—a benefit both for students and regional economic development.

For additional information about supporting this new initiative through a philanthropic investment or bequest, please contact Vice President of University Advancement Paula Lee Hobson or Director of Development John Scheinman.

(603) 535–2805, jcscheinman@plymouth.edu
(603) 535–2901, phobson@plymouth.edu
WHERE ARE THEY NOW?

Numerous PSU Football players have gone on to enter the work force with outstanding positions. Below is a sampling of some of the professions entered by Panther Football Alumni.

EDUCATION / COACHING / ATHLETIC ADMINISTRATION

President, Bedford Ambulatory Surgical Center
Nicholas Vailas, PSU 1975
Portsmouth, NH

President and Owner, D.P. Fuccillo Concrete
Dave Fuccillo, PSU 1982

Construction, Methuen, MA
Owner, Avedesian Landscaping L.L.C.
Adam Avedesian, PSU 2013

ENTREPRENEUR / BUSINESS OWNER

Coach, Bishop Guertin High School, Nashua, NH
John Trisciani, PSU 2009

Coach, Dover High School, Dover NH.
Physical Education Teacher / Head Football
Ken Osbon, PSU 1985

Director of Athletics, Physical Education and Student Activities, Belmont, MA Public Schools
Kevin Hebvet, PSU 2000

President, PSU 1975
Chris Bellmont, PSU 2005

Director of Athletics, Physical Education and Student Activities, Belmont, MA Public Schools
Kevin Hebvet, PSU 2000

President, PSU 1985
Don York, PSU 1975

President, PSU 1985
Jim Paltanawick, PSU 1981

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WHERE ARE THEY NOW?
PLYMOUTH STATE FOOTBALL HONORS

ECAC PLAYER OF THE YEAR
1994 – Joel Perry (DB)
1995 – Matt Jozokos (QB)
1996 – Nick Fuccillo (QB)
1997 – John DeStefanis (DE)
1998 – John Sullivan (OL)
1999 – Nick Provost (P)
2000 – John Tucce (RB)
2001 – Tim Boothroyd (LB)
2002 – Butch McCarthy (LB)
2003 – John McLaughlin (LB)
2004 – Lou Desloges (OL)
2005 – Jamey Funk (LB)
2006 – Jamey Funk (LB)
2007 – Ric Deignan (LB)
2008 – Sean Murphy (DE)
2009 – Alex Battaglino (OL)
2010 – Brian Castellucci (OL)
2011 – Zach Ziemba (OL)
2012 – Kyle McLaughlin (LB)
2013 – Brian Castillucci (OL)
2014 – Zach Ziembra (DB)
2015 – Jake Matis (QB)
2016 – Brian Castillucci (OL)

MASCAC ROOKIE OF THE YEAR
1992 – Walter L. Murphy
1993 – Charles Lenahan
1994 – Jose Raymond
1995 – Rick Ordway
1996 – Ric Deignan
1997 – Sean Murphy
1998 – Charles Currier
1999 – Butch McCarthy
2000 – Eric Lawless, Doug Martin
2001 – Eric Lawless
2002 – Jay Foster
2003 – Eric Lawless
2004 – Nick Vailas
2005 – Tom Pabst
2006 – Kyle McLaughlin
2007 – Dan Fallon
2008 – Mike McLaughlin
2009 – John Boesness
2010 – Tim Marcell
2011 – Dan Kelly
2012 – Kyle Wilson
2013 – Zac Jovanella
2014 – Doug Carroll
2015 – Zach Ziemba
2016 – Zach Ziembra

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1993 – Charles Lenahan
1994 – Jose Raymond
1995 – Rick Ordway
1996 – Ric Deignan
1997 – Sean Murphy
1998 – Charles Currier
1999 – Butch McCarthy
2000 – Eric Lawless, Doug Martin
2001 – Eric Lawless
2002 – Jay Foster
2003 – Eric Lawless
2004 – Nick Vailas
2005 – Tom Pabst
2006 – Kyle McLaughlin
2007 – Dan Fallon
2008 – Mike McLaughlin
2009 – John Boesness
2010 – Tim Marcell
2011 – Dan Kelly
2012 – Kyle Wilson
2013 – Zach Jovanella
2014 – Doug Carroll
2015 – Zach Ziemba
2016 – Zach Ziembra

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1994 – Jose Raymond
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1997 – Sean Murphy
1998 – Charles Currier
1999 – Butch McCarthy
2000 – Eric Lawless, Doug Martin
2001 – Eric Lawless
2002 – Jay Foster
2003 – Eric Lawless
2004 – Nick Vailas
2005 – Tom Pabst
2006 – Kyle McLaughlin
2007 – Dan Fallon
2008 – Mike McLaughlin
2009 – John Boesness
2010 – Tim Marcell
2011 – Dan Kelly
2012 – Kyle Wilson
2013 – Zach Jovanella
2014 – Doug Carroll
2015 – Zach Ziemba
2016 – Zach Ziembra

FRED MADORE AWARD
Presented to the player who best epitomizes the hard-nosed tradition, gritty determination and competitiveness of Plymouth State Football.
2016 – Rick O’Chesee
2017 – Tony Scudder

WALTER L. MURPHY COACHES AWARD
Presented in recognition of outstanding leadership and dedication as a teacher, motivator and mentor.
2016 – Tyler Scudder
2017 – Zach Parsons

JAMES HAMILTON AWARD
Presented annually for outstanding contribution to the defense and for displaying spirit, enthusiasm and desire.
2016 – Zach Ziembra
2017 – Zach Williams
2018 – Kyle Wilson
2019 – Josh Morgan
2020 – Wyatt Hanton
2021 – Ray Bowdy
2022 – Brian Keenan
2023 – Jeff Etherer
2024 – Tim Butler
2025 – Jake Mozervi
2026 – Luke Larson
2027 – Eric Lawless, Doug Martin
2028 – Erik Stanley
2029 – Jamie McFly
2030 – Tim Steacy
2031 – Tim Steacy
2032 – Tim Steacy
2033 – Tim Steacy

THANK YOU TO OUR SPONSORS

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Plymouth State University (PSU) evolved from Holmes Plymouth Academy, a pioneering institution for teacher training that dates back to 1808. PSU's 170-acre campus is located in Plymouth, NH, in the North Country and Lakes Region of New Hampshire.

PSU proudly sponsors the Massachusetts State Collegiate Athletic Conference (MASCAC), which includes a field house, swimming pool, and partnerships, as well as through entrepreneurial, innovative, and experiential learning. Plymouth State recognizes that athletics have much to offer students many reasons to be proud of PSU while stimulating school intellectually and socially. The athletic programs have given the North Country and Lakes Region of New Hampshire.

The Panthers have consistently enjoyed individual and team success at both the regional and national levels. Intercollegiate competition has provided valuable "laboratory experiences" for students.

PSU connects with community and business partners to promote economic development, technological advances, healthier living, and experiential learning.

After winning their first regular season title last season, Bridgewater State has been picked to win the 2017 Massachusetts State Collegiate Athletic Conference Football Championship as voted on by the nine coaches in the league.

The Bears earned five of the nine first place votes for 61 points after finishing a perfect 8-0 in conference play last season. Framingham State was picked second after accruing the final four first place votes and a total of 59 points. The Rams went 6-2 in the MASCAC last fall.

Bridgewater State was picked third (46 points), with UMass Dartmouth (23 points) finishing just ahead of Plymouth State. Western Connecticut was picked fourth (21 points), with Fitchburg State (19 points) finishing just ahead of Primary Gbaley, the team Second Team All-Conference defensive back Blair Zentek and 2016 D.C. (38 points) finishing just ahead of Plymouth State. The Rams went 6-2 in the MASCAC last fall.

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Plymouth State Broadcasting is a student run department for Plymouth State University Athletics. PSU Broadcasting brings fans complete coverage of every Panther sport with live coverage of every home game, meet and match with Panther Pre-Game leading up to every start. In addition to our live coverage, our staff conducts player and coach interviews for an in-depth look behind the scenes of each team and our weekly Panther Rewind show wrapping up the previous week around Panther Nation.

Find us on our other social media pages:

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YouTube: Plymouth State University Broadcasting

Plymouth_State_Broadcasting

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