Charles River Basin 2k Course

General River Rules

- Keep to the right side (1/3) of the river—especially on turns
- Overtake on the left (port)
- Turn quickly, only where visible
- Move to shore to stop or drill

For full details, see the Charles River Traffic Patterns and Safety Rules

2k Course Notes

Warm Up

- Warm up along the Boston shores as you proceed to the starting line.
- Once you pass the starting line, you may not return upstream of the starting area.
- Follow a counter-clockwise warm-up pattern downstream of the Longfellow Bridge.
- Do not use the center arch of the Longfellow Bridge.

Harvard Bridge (Mass Ave) Arches

- Lanes 3 and 4 share the racing arch that is marked with white abutments on the Harvard bridge.
- Lanes 2 and 5 have their own arches located to the right and left of the racing arch.

Steering Targets

- Line up the small targets on the bridge above each lane with the large striped land targets on the Boston shore past the finish line.
- There are also white lines painted on the Cambridge wall at the 500-meter marks.
- The finish line is marked by two poles along the Cambridge shore.

Upstream: stay well to the outside of the turn, along the Boston shore.

Downstream: stay well to the outside of the turn, along the Boston shore.

BU Bridge
BU Sailing

Lane Targets
Pedestrian Overpass

Finish

Horizontal Arrows: Normal Traffic

Vertical Arrows: Use only if necessary

Caution: see notes

Do not use

Guide to Basin Arches
(View looking upstream)

BU Bridge
BU Sailing

Lane Targets
Pedestrian Overpass

Union Lane
BU Boathouse

Next to MIT: Stay clear of upstream crews on the 2K race course.

Launching from MIT: Stay along shore, watch out for upstream crews on the 2K race course and downstream crews returning to MIT.

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Harvard Bridge (Massachusetts Avenue)

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- Overtake on the left (port)
- Turn quickly, only where visible
- Move to shore to stop or drill

For full details, see the Charles River Traffic Patterns and Safety Rules

Bridge Traffic

- Normal Traffic
- Use only if necessary
- Caution; see notes
- Do not use

North Beacon Bridge

- Downstream: Keep right of all buoys (Watertown)—very shallow

Arsenal Bridge

- Downstream: Cross into upstream traffic to avoid, but not excessively.

Eliot Bridge

- Downstream: Keep right. Watch for boats crossing to/from BCRC.

Anderson Bridge

- Downstream: If needed, use center arch to avoid Weld Boathouse traffic

Weeks Footbridge

- Downstream: Keep right. Watch for boats crossing to/from BCRC.

Western Avenue Bridge

- Powerhouse Stretch: Use center arch only if with coach; NOTE: Center arch is upstream ONLY between 5am–1pm from Labor Day through Thanksgiving

BU Bridge

- Downstream returning to MIT: Continue along the Boston shore until just past the Storrow Drive footbridge or the Hyatt Hotel before crossing over into the MIT lane.

Downstream:

- Keep well to the outside of the turn, along the Boston shore.

BU Boathouse

- HOCR start

- 1200m Finish

- No stopping

Powerhouse Stretch: No stopping

HOCR 1 mi.

HOCR 2 mi.

Weeks Footbridge

- Powerhouse Stretch: Use center arch only if with coach; NOTE: Center arch is upstream ONLY between 5am–1pm from Labor Day through Thanksgiving

River Street Bridge

- Powerhouse Stretch: Use center arch only if with coach; NOTE: Center arch is upstream ONLY between 5am–1pm from Labor Day through Thanksgiving

Harvard Bridge

- Downstream: Aim on the gold dome (Beacon Hill), then at the Boston corner of the Longfellow Bridge.

Downstream:

- Keep both oars NO MORE than one oar length from the center arch as you come around the turn.

Harvard (Mass Ave.)

- BOSTON
- CAMBRIDGE

- Union Lane
- 8 downstream arches total
- (4 on each side of the lighted platform)

- Racing Lanes
- White arch: Lanes 3-4

- Longfellow Bridge

- Downstream

- Do not use center arch

- Caution: crews on upstream side of bridge

- Shallow!