



## Respect Group Activity 4: Swamp Island Maze

### Respect — Treating others the way you want to be treated.

- **BE ACCPETING:** Support everyone's worth & dignity, regardless of background, abilities or beliefs.
- **BE VISIONARY:** Always be aware of & honor others' rights & feelings.
- **BE INTERCONNECTED:** Be ready to learn from coaches, officials & other contestants.
- **BE GENEROUS:** Demonstrate concern for the growth & development of all others.
- **BE ENERGETIC:** Value the guidance of supportive adult & student leaders.

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### Problem Solving: Respect

**Summary:** Each member of the team must make it all the way across the swamp, stepping only on the mandatory 14 steps. Students are not allowed to communicate by talking, and may only cross one person at a time. If there is any verbal communication or step on the wrong square, they must go back to the end of the line and start over.

**Equipment:** 20 Number squares (2 sets)

**Time:** 10 minutes total

Brief the group: 2 minutes

Exercise: 6 minutes

Reflection: 2 minutes

**Maze Represents:** Classes, Relationships, Job, Family, Friends, Coach, Role on the Team, etc...  
Everything that can add to the stress struggles throughout a season.

### Directions:

- Split the group up into two teams, each at the starting line.
- One person at a time from start, each team member will need to take the appropriate numerical steps, 1 thru 14.

- Taking turns crossing on the safe path, students are not able to speak to communicate.
- The first team to get every member across the finish line wins.

### Facilitator Notes:

- There is only one solution, just make sure that they do not miscount and take the incorrect path.
- If they take a wrong step, that one person must go back to the end of the line and try again.
- Although it may be difficult at first, they are still not able to speak.
- Only one person can cross at a time.

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### Processing the Ideas:

- Discuss the importance of respect: treating others the way you want to be treated. How did this group do in demonstrating respect to all members of the team as they tried to navigate their way from start to finish? • How does this relate to a team setting? (miscommunication, frustration, time management, etc..) • How will RESPECT look on your team? Identify 3. Refer to Respect checklist.
- One team member writes and reports later.



