NE10 MEN’S TRACK ATHLETE OF THE WEEK
Dage Minors, Franklin Pierce
Senior, Hamilton Parish, Bermuda

Minors met the NCAA automatic qualifying mark in the 800 meters, as he put together a time of 1:48.97 to win at the Boston Univ. Valentine Invitational. He added an NCAA provisional mark in the 400 meters, running a time of 48.87 seconds to finish 21st. The time met the NEICAAA qualifying mark and moved Minors up to second in the NE10 on the season.

NE10 WOMEN’S TRACK ATHLETE OF THE WEEK
Carly Muscaro, Merrimack
Senior, Ashland, Mass.

Muscaro posted the top time in the nation in the 200m at the Boston Univ. Valentine Invite at 23.60, breaking her school record and automatically qualifying for the NCAA Championships. She added another school record in the 60m dash, finishing fourth and posting a NCAA provisional qualifying time of 7.64, ranking 17th in Division II.

NE10 MEN’S FIELD ATHLETE OF THE WEEK
George Murray II, New Haven
Senior, Newark, Del.

Murray led all Division II competitors and finished fourth overall in the triple jump at the Boston Univ. Valentine Invitational with a season-best leap of 14.83 meters, improving on his NCAA provisional qualifying mark. He also competed in the long jump, finishing with a distance of 6.45 meters.

NE10 WOMEN’S FIELD ATHLETE OF THE WEEK
Roxie Redwood, New Haven
Senior, Millstone, N.J.

Redwood came in with a distance of 11.57 meters in the triple jump at the Boston Univ. Valentine Invitational, giving her an NCAA provisional qualifying mark and a 13th place finish out of 44 competitors. She also recorded a distance of 5.37 meters in the long jump to place in the top half of the field.

NE10 MEN’S TRACK ROOKIE OF THE WEEK
Justin Ireland, Assumption
Freshman, Norton, Mass.

Ireland set a new school record in the 200 meter dash at the Boston Univ. Valentine Invitational, finishing with a time of 22.08 seconds, good for a 30th place finish out of 230 competitors. He also competed in the 60 meter dash where he placed 25th with a time of 7.10 seconds.

NE10 WOMEN’S TRACK ROOKIE OF THE WEEK
Anna Lastra, Stonehill
Freshman, Bridgton, Maine

Lastra finished the 3000-meter run with a new personal best time of 10:04.55, crossing the line 58th at the Hemery Valentine Invitational hosted by Boston Univ. It’s the third-fastest time in the event this year by an NE10 student-athlete.

NE10 MEN’S FIELD ROOKIE OF THE WEEK
Patrick Whyte, Merrimack
Freshman, Bloomfield, Conn.

Whyte posted a fourth-place finish in the high jump at the Gordon Kelly Invite at MIT with a personal-best jump of 1.93m. His effort currently ranks eighth in the NE10 this season.

NE10 WOMEN’S RELAY TEAM OF THE WEEK

SCSU Distance Medley Relay

The distance medley relay quartet of Steven Cugini, Luke Velez, Collin Reilly and Dieter Gutbrod finished fourth overall with a NCAA provisional qualifying time of 9:51.48 at the Valentine’s Invite. Their time was the seventh fastest in Division II this winter.

NE10 WOMEN’S RELAY TEAM OF THE WEEK

4x400 Meter

The team of Carly Muscaro, Olivia Downey, Michaello Pernell and Savanna Spencer won the event at the Boston Univ. Valentine Invite, posting the best time in the nation this season at 3:44.93
Chad Miller, American International
So., Spanish Town, Jamaica
Miller placed third in the 400 meters at the Valentine Invitational, hosted by Boston Univ. He posted a time of 47.31 seconds, with just .08 seconds separating the top three finishers. That time currently ranks as the fifth-best in the nation and the best in the NE10 (by more than 1.3 seconds), and is just .01 off the national automatic qualifying time.

Gwen Sawyer, Assumption
Sr., North Yarmouth, Maine
Sawyer won the shot put at the Gordon Kelly Invitational on Saturday with a toss of 41 feet, while also competing in the weight throw and finishing in tenth place, registering a distance of 42 feet, 2.5-inches.

Stephanie Mattson, Bentley
So., Smithfield, R.I.
During the Valentine’s Invitational, Mattson broke a seven-year-old school record in the 400 meters, placing 46th of 159 overall in 58.51. It bettered her PR by 2.18 seconds and is just .01 off the national automatic qualifying time.

Nicole Galewski, Franklin Pierce
Sr., Weymouth, Mass.
Galewski finished 19th in the long jump on Friday at the BU Valentine Invitational, with a leap of 5.33 meters, which moved her up to the first attempt.

Jordan Sullivan, Stonehill
Sr., North Yarmouth, Maine
Sullivan turned in the top finish of the day for the Skyhawks at Saturday’s Valentine Invitational with a personal-best time of 49.70-seconds. In addition, she also ran a leg of the 4x400 relay that ran a season-best time of 3:49.32, a NCAA provisional qualifying mark (ninth-best in Division II). In addition, she also posted a personal-best time of 25.29 in the 200m, just .23 off the NCAA provisional mark, at the Valentine’s Invite.

Tori Daigle, Merrimack
So., Daytona, Maine
Daigle posted a victory in the long jump at the Gordon Kelly Invite at MIT with a personal-best jump of 5.33m to qualify for the NE10 Championships.

Phil Harris, Merrimack
Sr., Plymouth, Mass.
Harris posted a school record at the BU Valentine Invite in the 5000m with the second-best time in the NE10 this season at 14:55.71 to qualify for NE10’s and New England’s.