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<th>NE10 MEN’S TRACK ATHLETE OF THE WEEK</th>
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| **Dage Minors, Franklin Pierce**  
*Senior, Hamilton Parish, Bermuda* | @TheNortheast10 |

Minors won the 800 meters at the STAC Spartan Invitational with a time of 1:52.97. The mark is the fifth-fastest time in the nation, met the NCAA provisional and NEICAAA qualifying standards, and was good for first in the NE10. On Saturday at the Great Dane Classic, he ran a 4:16.49 to finish seventh in the mile, meeting the NEICAAA mark. The mile time is 11th in the nation and second in the NE10.

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| **Becky Celorio, Adelphi**  
*Graduate, Scotia, N.Y.* | @TheNortheast10 |

Celorio posted a 9:59.19 in the 3k at the Great Dane Classic. She broke the Adelphi school record, ran a lifetime best, and hit the NCAA provisional time. It’s also the top time in the NE10 so far this season.

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| **John Braga, Merrimack**  
*Senior, North Reading, Mass.* |

Braga qualified for the NCAA Indoor Championships in the heptathlon at the Harvard Multi Meet, winning five of the seven events, while setting a school record in the pole vault (4.25m). His school-record score of 5343 points gave him the win at the meet and an automatically qualified for NCAA’s. It is the third best score in Division II this season.

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| **Destiney Coward, Southern Connecticut**  
*Junior, East Haven, Conn.* |

Coward broke her own school record in the weight throw for the second time in less than a week, this time with a NCAA automatic qualifying mark of 19.76 meters. Her toss was good for first place, as was her figure of 13.87 meters in the shot put, also a NCAA provisional qualifying mark.

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<th>NE10 MEN’S TRACK ROOKIE OF THE WEEK</th>
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| **Justin Ireland, Assumption**  
*Freshman, Norton, Mass.* |

Ireland set a new school record in the 200 meter dash at the Spartan Regional Preview Meet on Friday, placing fourth with a time of 22.55 seconds. It’s the fifth-fastest time in the NE10 this season.

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| **Anna Lastra, Stonehill**  
*Freshman, Bridgton, Maine* |

Lastra competed in her first collegiate track and field meet finishing eighth in the mile run with a time of 5:10.95 behind seven Division I competitors. The time is third-best in the NE10 this season.

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| **Kevin Hack, Assumption**  
*Freshman, Uxbridge, Mass.* |

Hack registered a new school record in the high jump at the Spartan Regional Preview Meet on Friday, placing second with a leap of 6 feet, 4-inches. The jump puts him in the top five of the NE10 so far this season.

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| **Victoria Major, Adelphi**  
*Freshman, Deer Park, N.Y.* |

Major won the Spartan Invite High jump with a jump of 1.70m, tying her season’s-best mark. It’s also an NCAA Provisional mark and puts her a top the NE10 this season.

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**SCSU 4x400 Relay**

The 4x400 relay team of Sachin Manning, Orrin Parke, Luke Velez and Jack Brown won the event at the Spartan Regional Invite in 3:20.11.

**SCSU 4x400 Relay**

The 4x400 relay team of Adriana Carrasco, Christine Volz, Emily Maffeo and Georgette Nixon won the event in a time of 3:58.24 at the Spartan Regional Invite.
Mike Grady, Adelphi
(So., East Meadow, N.Y.)
Grady finished 3rd in the mile at the Great Dane Classic, with a time of 4:15, which tops the NE10 so far. Also doubled-back a few hours later to run the 1k in 2:30, which is #3 in the NE-10 so far this season.

Lilian Baah, Franklin Pierce
(So., Danielson, Conn.)
On Friday at the STAC Spartans Invitational, Baah finished third in the triple jump, with a mark of 11.31 meters. On Saturday at the RCC Tigers All Comers Meet, won both the long jump (5.08m) and the triple jump (11.00m).

Mark Josselyn, Franklin Pierce
(Sr., Halifax, Mass.)
Josselyn broke his own program record in the weight throw twice in as many days over the weekend. On Friday, at the STAC Spartan Invitational, posted a throw of 14.86 meters to finish sixth. On Saturday, at the RCC Tigers All Comers Invitational, he tallied a heave of 15.14 meters to finish second. The latter throw is good for second in the NE10 on the season.

Valerie Hinds, Saint Rose
(So., Kingston, N.Y.)
Hinds set a school indoor shot put record with a second place toss of 12.44 meters at Saturday’s Pioneer Invite hosted by Utica College. She also recorded a sixth place distance of 14.23 meters in the weight throw, the second longest effort in school history.

Kyle Saunders, Southern Connecticut
(Sr., Massapequa, N.Y.)
Saunders recorded an NCAA provisional qualifying mark of 17.92 meters in claiming the top spot in the weight throw at the Spartan Regional Invite.

Shatajah Wattely, Southern Connecticut
(Sr., Uncasville, Conn.)
Wattely captured first place in the 400 meters (57.75s) and second in the 200 meters (25.81) at the Spartan Regional Invite.

George Murray II, New Haven
(Sr., Newark, Del.)
Murray won both the triple jump and the long jump at the Yale Collegiate Invitational with distances of 14.39 and 6.83 meters respectively. His mark in the triple jump narrowly missed an NCAA provisional qualifying standard.

Roxie Redwood, New Haven
(Sr., Millstone, N.J.)
Redwood won the triple jump at the Yale Collegiate Invitational on Saturday with a jump of 10.96 meters. She also placed fourth in the long jump with a distance of 5.17 meters.

Alicia Bousa, Saint Rose
(Sr., Colonie, N.Y.)
Bousa ran the 2nd-fastest 60-yard dash and 200 meter times in school annals with a fifth-place time of 8.18 in the former and second-place 6.46 clocking in the 200m at Saturday’s Pioneer Invite hosted by Utica. She also anchored the 4x200m relay quartet that ran the second swiftest time ever for Saint Rose with a winning time of 1:49.44.