NE10 MENS TRACK ATHLETE OF THE WEEK

Keith Steinbrecher, Merrimack

Junior, Wading River, N.Y.

Steinbrecher posted a seventh-place finish in the 1500m at the Black and Gold Invite at Bryant with a time of 4:02.68, ranking third on the school record board.

NE10 WOMENS TRACK ATHLETE OF THE WEEK

Rebecca Celorio, Adelphi

Graduate, Scotia, N.Y.

Celorio helped Adelphi to a first place finish at the Roadrunner Invitational for her performances in the 800m and 1500m events. She placed first in both, with a time of 2:20.93 in the 800m and 4:45.52 in the 1500m.

NE10 MENS FIELD ATHLETE OF THE WEEK

Holt Sihvonen, Bentley

Junior, Lebanon, Conn.

Sihvonen posted the sixth-best javelin throw in Division II, a school record 214’10”, finishing second at Bryant’s Black and Gold Invitational. He shattered his own Bentley record by 14 feet, two inches, and provisionally qualified for the NCAA.

NE10 WOMENS FIELD ATHLETE OF THE WEEK

Destiney Coward, Southern Connecticut

Junior, East Haven, Conn.

Coward placed first in the hammer throw at the Young Invitational at Yale this past weekend, tossing 58.60 meters for the victory. It’s an NCAA Provisional mark and is tops in the NE10 so far this season.

NE10 MENS TRACK ROOKIE OF THE WEEK

Max Michaud, Assumption

Freshman, Northboro, Mass.

Michaud had a standout day for the Hounds as he placed third with a new school record in the 800 meter with a time of 1:54.29, and was a member of the 4x800 relay that broke the school record in 8:05.59.

NE10 WOMENS TRACK ROOKIE OF THE WEEK

Emily Roxo, Assumption

Freshman, Uxbridge, Mass.

Roxo broke the school record in the 100 meter hurdles at Bryant, placing eighth with a time of 15.87 seconds. She was also a member of the 4x100 relay that placed fourth with a time of 50.94 seconds.

NE10 MENS FIELD ROOKIE OF THE WEEK

Kevin Russo, Merrimack

Freshman, Wakefield, Mass.

At the Black and Gold Invite at Bryant, Russo posted a school record in the javelin with an NCAA Provisional throw of 59.06m, earning a fourth-place finish. The throw ranks second in the NE10 this season.

NE10 WOMENS FIELD ROOKIE OF THE WEEK

Shayla Lyons, Stonehill

Freshman, Westerlo, N.Y.

Lyons competed in two events at the Tufts Snowflake Classic - the shot put where she posted a mark of 12.46m to place second and the discus - tossing a distance of 36.11m, earning seventh in her first outdoor meet.

OUTDOOR TRACK & FIELD

Week 3 - April 4, 2017

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NE10 MENS RELAY TEAM OF THE WEEK

4x800 Relay

Stonehill turned in a fifth place finish, at Saturday’s Colonial Relays, with a time of 7:45.11. Senior Duncan Burleigh ran the lead leg in 1:56.5, before handing off to sophomore Alexander Demeule for a 1:56.1 split on the second leg, with classmate Riley Dowd running the third leg in 1:57.8, before sophomore Stephen Vercollone completed the anchor leg in 1:53.6. The Skyhawks were the first non-Division I program to finish the relay.

NE10 WOMENS RELAY TEAM OF THE WEEK

4x800 Relay

Bentley’s 4x800 relay team of junior Marianne Bartolotta, freshman Abbie Newman, and sophomores Tina Touri and Stephanie Mattson finished in 10:05.32, a Northeast-10 season-best. They finished third overall, behind Bryant and Rhode Island.
### NE10 CHAMPIONSHIP

**2017 Outdoor Track & Field Championships**  
Friday-Saturday, May 5-6  
Host: American International College

### NCAA CHAMPIONSHIP

**2017 DIVISION II OUTDOOR TRACK & FIELD CHAMPIONSHIPS**  
BRADENTON, FL

**NCAA Selections:** Tues, May 16  
**NCAA Championship:** Thur-Sat, May 25-27  
Host: Bradenton, FL

### NE10 HONOR ROLL - WEEK 3

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**Patrick Sheehan, Adelphi**  
Jr., Massapequa, N.Y.  
Sheehan was the only member of the Adelphi program to take home a first-place finish at the 8th Annual Roadrunner Invitational, hosted by Ramapo. He threw 45.86m in the discus to earn first place.

**Shelby Smith, Adelphi**  
Sr., Lindenhurst, N.Y.  
Smith helped Adelphi to a first place finish at the Roadrunner Invitational, for her individual performance in the hammer. Her farthest throw landed at 40.74m, good enough for second place.

**Alex Cerbo, Assumption**  
Jr., Cranston, R.I.  
Cerbo recorded two top-five finishes at Bryant on Sunday, placing second in the shot put with a distance of 44 feet, 5.5-inches, before finishing in fifth in the hammer throw with a distance of 156 feet, 6-inches.

**Gwen Sawyer, Assumption**  
Sr., North Yarmouth, Maine  
Sawyer won the shot put at Bryant on Sunday, finishing with a distance of 40 feet, .75-inches. She also finished eighth in the hammer throw, recording a distance of 120 feet, 5-inches.

**Greta Scott, Assumption**  
So., Little Compton, R.I.  
Scott had a fantastic showing at the Black & Gold Invitational on Sunday, winning the 400 meter dash with a new school record time of 57.04 seconds, before placing third in the 200 meter dash with a time of 25.49 seconds.

**Josh Gettings, Bentley**  
Fr., Lowell, Mass.  
Gettings ran the 400 meter hurdles in 58.98 to finish first among Division II competitors and fifth overall at Bryant’s Black and Gold Invitational. It was the second best time registered in the NE10 so far this season.

**Krista Fernandes, Stonehill**  
So., Taunton, Mass.  
Fernandes ran in the 200-meter dash and the 400-meter sprint at the Tufts Snowflake Classic, placing second in both events. The sophomore clocked in at 26.56 in the 200m and 59.05 in the 400m, a personal best.

**Matthew Shaw, Stonehill**  
So., Goffstown, N.H.  
Shaw led the Skyhawks at Sunday’s Tufts Snowflake Classic as he finished second, but earned first place points as the top attached runner, in the 1500-meter run with his personal-best time of 4:03.14.

**Hunter Stokes, Southern Connecticut**  
Jr. Madison, Conn.  
Stokes opened up the 2017 outdoor season by competing at the Mark T. Young Invitational at Yale. He competed in the javelin throwing it 57 meters - good for first place in the event.

**Ashley Elder, Southern New Hampshire**  
So., Bristol, Conn.  
Elder turned in top-10 finishes in three throwing events, which included a win in the discus, to help SNHU top the Division II field and generate a third-place showing at the Tufts Snowflake Classic. She finished first in NCAA Divisions I, II and III in the discus after a hurl of 41.10 meters, which was nearly three meters better than her closest competitor. Elder’s hammer throw of 39.12 meters was good enough for fifth overall, and she capped her day with a 10.92-meter heave in the shot put to slot in at No. 10 overall.

**Kylie Lorenzen, Southern New Hampshire**  
So., Holliston, Mass.  
Lorenzen helped lead Southern New Hampshire to a third-place showing at the Tufts Snowflake Classic, as she turned in a pair of individual top-10 finishes to go along with two top-10 relay performances. Lorenzen completed the 400-meter dash in 1:01.58, which was good enough for sixth overall, before finishing second in DII in the 100-meter dash with a time of 13.61. She then ran the second leg of the 4x100-meter relay which compiled a time of 52.27 to finish atop the Division II ranks and seventh overall. She closed her day racing on the Penmen 4x400-meter relay team that was second in Division II and eighth overall in 4:28.59.

**Margaret Byrne, Merrimack**  
So., West Hartford, Conn.  
Byrne posted the top finish for Merrimack at the Black and Gold invite at Bryant on Sunday, finishing fourth in the 800m at a time of 2:26.36.